



HAPPY BUDDHA'S Holistic Counseling MANUAL
for People Of The Western World

THIS VOLUME IS NOT A MEDICAL, PSYCHIATRIC OR PSYCHOLOGICAL TEXTBOOK.. NOR DOES IT PRETEND TO BE. IT IS INTENDED TO BE USED BY THE READER AS A MEANS OF EVALUATING THE SPIRITUAL AND HOLISTIC "MEANINGFULNESS" OF EVENTS, ACCORDING TO THE PHILOSOPHY OF HOLISM. THE AUTHOR AND PUBLISHER ARE NOT RESPONSIBLE FOR ANY CONSEQUENCES OF THE CHOICE TO RELY UPON HOLISTIC PHILOSOPHY. THIS INFORMATION IS NOT INTENDED AS A "SUBSTITUTE" FOR PROFESSIONAL HEALTHCARE.

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Why Is Buddha Happy?!

Unlike an 'unlightened' person, who "knows" things only with the "Logical/ Analytical Mind" (the Left Lobe of the brain,) a Buddha (which means 'Enlightened One') "knows" things with their "Metaphysical/ Intuitive Mind" (the Right Lobe of the Brain) as well. THAT makes Buddha laugh!.. for with both sides of the mind open and working, any Enlightened One can see things that make the whole Universe CLEAR AND UNDERSTAND-ABLE.

A Buddha is anybody who has both sides of the mind open and working, and who has spent enough time logically analyzing everything they have seen, and therefore KNOWS FULLY what it all 'means' and how to accurately relate with the Universe around (as well as WITHIN) them.

This Manual was written by such persons, who compiled the collective wisdoms of many, many other "Bud-dhas" before them, into a Logical/Analytical SCIENCE of how Metaphysical/Intuitive things fit-together with the physical Universe we live in. That Science is therefore called HOLISM (or Unified Knowledge;) and this Manual is one of several places you can find it. Holism may not solve all of the problems of the world overnight!, but it CAN and DOES "MAKE SENSE" OUT OF REALITY, and allows anyone who wishes, to KNOW (rather than merely 'think about') THE MEANING OF THEIR LIVES. Holism calls that "WISDOM." Wisdom may not make a Buddha six inches taller, prettier than anybody else or suddenly a Superman; but...

It Does Make Buddha HAPPY!

the Kuei-Shen Hsien, Ashby Massachusetts.

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ANALYSIS: the First Half of Holism

DEFINITION:

The process of Holistic Counseling entails two steps; 1) ANALYSIS (or taking-apart the 'problem' to see what makes it 'tick;') and 2) SYNTHESIS (putting it back together, ticking better!)

Holistic Tri-Unity

DEFINITION:

Everything in human experience has three "Levels" to it.. Levels which represent a sequential 'CHAIN OF EVENTS' that is itself a basic 'Law' of the Universe. That Chain Of Events is "The Law Of Tri-unity."

EVERYTHING PROCEEDS:

- 1) From SPIRITUAL/METAPHYSICAL origins
- 2) Via MENTAL/EMOTIONAL 'symbolization'
- 3) Into PHYSICAL FORM or 'solid' experience.

METAPHYSICAL ORIGINS

The Parallel Universe of Metaphysics contains ALL of the objects, forces and relationships which are capable of 'creating' things. Whether called 'Spirit' or 'Tao' or 'Super-Symmetry,' these Creative Powers normally invisible to human eyes, originate things according to their own basic NATURES. The 'Self' is a cell-division of a Metaphysical Being commonly called 'the Creator.' Each new Division of that Creator contains a portion of the original material of it's Parent, but uniquely recombined during Spirit-division. These new divisions are generally called 'Souls.'

Spirit's "DNA"

The raw materials of 'Spirit's Nature' are Forces similar to MATHEMATICAL PRINCIPLES which we can study through Pythagorean Mathematics, the musical and chromatic scale, and the Twelve "Strands" of Cosmic Identity which can be studied through ASTROLOGY.

THESE RAW MATERIALS ARE METAPHYSICAL, not 'physical;' and can only be discovered by the physical human mind by studying the BEHAVIORS of those raw materials in the physical world around us.. for every Metaphysical part of Self is a FORCE-object rather than a 'MATERIAL substance.' Every Soul is composed of a unique recombination of those Forces, lending it a unique NATURE.

What is commonly called 'Health, Wealth and Happiness' is the direct result of LIVING ONE'S METAPHYSICAL NATURE ACCURATELY IN THE MATERIAL WORLD. What is commonly called 'illness, deprivation and suffering' is the direct result of NOT LIVING ACCORDING TO ONE'S REAL METAPHYSICAL NATURE IN THE MATERIAL WORLD.

ALL EXPERIENCE IN LIFE IS THE RESULT OF OUR RELATIONSHIP (accurate or IN-accurate) WITH OUR TRUE METAPHYSICAL NATURE.

SELECT THIS LEVEL OF ANALYSIS FOR: all questions of 'Who am I' and 'what am I' and 'what am I Here FOR.' Since this Level explains "the meaning of Life" turn here for LASTING KNOWLEDGE of the Self and it's place in the cosmos.

METAPHYSICAL Analysis

The Metaphysical Level covers THREE basic categories:

SPIRITUAL IDENTITY

METAPHYSICAL OBJECTS

And

SUDDEN LIFE-CHANGES & EVENTS

SPIRITUAL IDENTITY

DEFINITION:

One's personal "IDENTITY" is composed of TWO basic types of 'stuff;' 1) "UNIVERSAL MIND" which is the common 'plasma' forming SENTIENT INTELLIGENCE itself; and 2) a set of INSTINCTIVE FORCES forming the basic drives and skills of INDIVIDUALITY.. which may be viewed as the 'nucleus' of Self, to which Universal Mind is it's protoplasmic 'body.'

The first step in Holistic ANALYSIS is to arrive at an overview of the individual's "NUCLEUS" of Individuality-Forces, in order to determine whether the individual is accurately living their Metaphysical Nature.

THESE "NUCLEUS" FORCES ARE OF EQUAL IMPORTANCE, AND ARE LISTED ARBITRARILY BELOW.

The 'Chromatic Ray' Identity-Force:

The first of these equally-powerful 'strands' of Personal-Identity 'stuff' in one's Self-nucleus is a Force identified by all Metaphysical traditions as 'The Seven Rays.' The Seven Rays of the Chromatic Scale and Chakra-vitalization in Yoga follow the fixed cycle identified below. Whichever Ray was 'in force' AT THE TIME OF YOUR CONCEPTION (rather than your birth) identifies your Ray-Identity Force.

Notes on the ID: the Unconscious Mind contains 'Dreamland' and the Symbol-filled part of the Psyche or Self which responds to our NEEDS by surfacing the appropriate SYMBOL to help us understand and fulfill our needs. It is called 'unconscious' only to distinguish it from our 'normal, waking' mind; though we can 'know' it quite well, with effort.. especially by observing and carefully analyzing our Dreams, Fantasies and other Symbolic Processes.

The Ray-Identity "strand" bestows our basic 'Primal' Drives; and is closely-tied to our Id-governing (Shadow) Phase of life.. during which we learn how to "get through life" without too many problems with our Id-based unconscious drives and inner conflicts. To look-up and interpret Ray-specialization..

THE SEVEN (Chromatic) RAYS

DEFINITION:

THE SHADOW. Like the Unconscious Mind itself, within which it must travel in our Dreams, our Self-fragment which is responsible for getting us through Dreamland's dark landscapes is itself "dark and shadowy." Carl Jung named it The Shadow, and noted that it tends to be "smaller" or less well-developed than our Conscious Self (so it can slip through the many tight places in the Id's realm!) But regardless of it's "size" or appearance,

the Shadow is A POWERFUL WIZARD, capable of defeating ANYTHING it meets.. except YOU YOURSELF. In fact The Shadow is you yourself.. only disguised for a Special Mission into the powerful, magical regions in the Unconscious.. where all of the “monsters” as well as all of the fairy-tale castles full of inner Treasure are to be found. While we occasionally need (and therefore dream of) The Shadow throughout life, to help us through any of life’s Dark Chasms, it is during the first dozen or so years of life that we “specialize” at Shadow-Questing. That is called “The Shadow Phase” of Self-Individualization, and it is our FIRST Great Lesson in the powers and potentials of Self-discovery.

In the list below, find the “CHROMATIC RAY” that was vitalizing our Planetary Consciousness AT THE TIME YOU WERE CONCEIVED (nine months, generally, before your birth.) If you were a premature or late birth, take that into consideration in locating your ray (and all births on the DATE of Ray-change should be viewed as the “new” ray rather than the preceding one.) Whatever Ray you find yourself to have been born “under” determines the specific “personal approach” your Shadow-fragment will tend to follow throughout life.

For Conception-Dates ENDING 7 AUGUST (8 August on Leap Years):

[if in doubt, find exact date the Sun was at 15 degrees Leo.]

Year Ray	Year Ray	Year Ray	Year Ray	Year Ray
1948 = 2	1972 = 5	1996 = 1	2020 = 4	2044 = 7
1949 = 3	1973 = 6	1997 = 2	2021 = 5	2045 = 1
1950 = 4	1974 = 7	1998 = 3	2022 = 6	2046 = 2
1951 = 5	1975 = 1	1999 = 4	2023 = 7	2047 = 3
1952 = 6	1976 = 2	2000 = 5	2024 = 1	2048 = 4
1953 = 7	1977 = 3	2001 = 6	2025 = 2	2049 = 5
1954 = 1	1978 = 4	2002 = 7	2026 = 3	2050 = 6
1955 = 2	1979 = 5	2003 = 1	2027 = 4	2051 = 7
1956 = 3	1980 = 6	2004 = 2	2028 = 5	2052 = 1
1957 = 4	1981 = 7	2005 = 3	2029 = 6	2053 = 2
1958 = 5	1982 = 1	2006 = 4	2030 = 7	2054 = 3
1959 = 6	1983 = 2	2007 = 5	2031 = 1	2055 = 4
1960 = 7	1984 = 3	2008 = 6	2032 = 2	2056 = 5
1961 = 1	1985 = 4	2009 = 7	2033 = 3	2057 = 6
1962 = 2	1986 = 5	2010 = 1	2034 = 4	2058 = 7
1963 = 3	1987 = 6	2011 = 2	2035 = 5	2059 = 1
1964 = 4	1988 = 7	2012 = 3	2036 = 6	2060 = 2
1965 = 5	1989 = 1	2013 = 4	2037 = 7	2061 = 3
1966 = 6	1990 = 2	2014 = 5	2038 = 1	2062 = 4
1967 = 7	1991 = 3	2015 = 6	2039 = 2	2063 = 5
1968 = 1	1992 = 4	2016 = 7	2040 = 3	2064 = 6
1969 = 2	1993 = 5	2017 = 1	2041 = 4	2065 = 7
1970 = 3	1994 = 6	2018 = 2	2042 = 5	2066 = 1
1971 = 4	1995 = 7	2019 = 3	2043 = 6	2067 = 2

RAY 1: The Red Ray

Governing the ROOT CHAKRA of Yoga, the RED RAY centers the consciousness in the LEGS, BASE OF THE SPINE and the PHYSICAL PLANE of reality.. Matter, in other words; and generates A SPECIAL RELATIONSHIP TO PHYSICAL SURVIVAL. This Ray governs such professions as the Military, Fire Brigades, Law Enforcement, Emergency Management, Healthcare, Farming, Manufacturing, Money-Markets and (perhaps most of all,) PARENTING. Red Ray Conception-natives have a NEED to be involved in the Physical Sciences.. whether Physics, Medicine, Engineering or the Trades; anywhere that their powerful Survival Instinct can serve the survivability of society and it's products.

As an "Id-controlling Force" this Ray lends those conceived under it's influence a strongly SURVIVAL-BASED way of coping with the Id and it's many strange dreamscapes; from shootouts with Id-thugs to Monster-slaying with one's personal form of Excalibur, Red Ray-Year BOYS practice Self-DEFENSE in early dream-life, and later add to that the ability to protect OTHERS as well. The Red Ray "Soldier" in childhood often grows up to become a policeman if not a soldier, or they may channel all of that into a love of Adventure Films and hunting trips where the Survival specialization can be kept finely-tuned (it IS after all essential to controlling the inner "monsters" of the Unconscious Mind.) But a deep LOVE of Nature and all things Physical is a life-long legacy of this Conception Ray. GIRLS of this Ray-specialty often use "Frontier Survival" themes in their dreams, as a way of controlling the Unconscious Mind's many wild currents; rather than battling the Id directly, they may plant flowers on it's grave!, or feed little animals who can solve the problem being dealt with in that particular dreamscape; but Survivalism Within Nature remains the dominant Theme.

At it's highest level, this Ray teaches the Native how to PROTECT. That one naturally starts by protecting ONESELF is simply the way it IS with human development. Blocked or damaged Red-Ray specialization can lead to some quite dangerous trends.. and violence must be insured-against. In the final analysis, the best "offense" against this Ray is good Self-DEFENSE!

The natural Yoga of the Root Chakra and it's Red Ray Natives is HATHA YOGA: the postural exercise-yoga by which one may shape their own psychic form by shaping the physical form FIRST. This skill at body-image and physical conditioning is a permanent part of the lifestyle for all Red Ray-year Conceptions.. once they master it on inner levels in Dream.

RAY 2: The Orange Ray

Governing the SEXUAL CHAKRA of Yoga, the ORANGE RAY centers the consciousness in the SEXUAL ORGANS, THIGHS, BUTTOCKS and the ETHERIC PLANE of reality.. the "magnetic" plane where attractions are generated and stored in the Aura; producing a powerful RELATIONSHIP WITH CREATIVE "GENIUS." This Ray governs all of the Arts, Music, Dance and Theatre.. as well as the more overtly sexual AND covertly "seductive" fields including Religion, Mysticism, Politics and Social Activism. In short, this is the Ray of PASSION.. and wherever that can be "aimed" Orange Ray Natives WILL "aim" it!

As an "Id-controlling Force" this Ray lends those conceived under it's influence a strongly CHARISMATIC or "SEDUCTIVE" SKILL; they early-on learn that even the worst "monsters" of the Id can be "seduced" into being friendly. Sometimes this takes overtly sexual forms (even in early childhood!), but just as often the trick finds the "problem" person or symbol in Dream posing for a portrait or modeling the Orange-Ray Native's latest fashions for the well-dressed Dream-monster! Almost endlessly innovative, Orange Ray Natives have a VERY active Fantasy-life, and many parts of the Unconscious Mind are charted in the waking imagination.. leaving the Dreamscapes free for the FUN and EXCITEMENT which this Ray really delights in.

Though sexual activity in early childhood MAY seem suspect to those not of this Ray-specialty (it is in fact not always developed even by this Ray before Puberty,) whatever this Ray NEEDS to experience in order to turn it's dreams into Fun Creations, it WILL do. A strong focus on the creative Arts is the best insurance against the possible excesses of the Orange Ray and it's powerful Seductive Urge.

The natural Yoga of the Sexual Chakra and it's Orange Ray is TANTRA YOGA: the science of "becoming" others through Empathic "merger".. literally taking-on the "role" of others, to "walk a mile in their shoes." This skill, once learned in childhood dreams, remains a lifelong asset to these Experts At Relating through PASSION.

RAY 3: The Yellow Ray

Governing the SOLAR PLEXUS CHAKRA of yoga, the YELLOW RAY centers the conscious-ness in the STOMACH, SPLEEN, ABDOMINAL MUSCLES and the MENTAL PLANE of reality.. the “gut-level Mind” with which we ‘think’ our most forceful and urgent INSISTENCES; producing a POWERFUL RELATIONSHIP WITH “WILL” AND DETERMINATION. This Ray governs GOAL-PURSUIT in every form; Business, Career-motivation and all other forms of “DOING WHAT ONE WISHES”.. though only occasionally is this entirely ego-centric (the Yellow Ray is no more prone to that than any other Ray is, only better at ATTAINING their goals, whatever those may be.)

As an “Id-controlling Force” this Ray lends it’s Natives a POWERFUL RELATIONSHIP WITH SYSTEMATIC ATTAINMENT; carefully planning-out the best ‘strategy’ for overcoming any problem, and then stubbornly keeping-at the task until success is achieved. In early childhood Dreams this may take the form of putting oneself through an entire Training Program and Career in the field one needs to control in life (such as “becoming a soldier” to learn how to defend oneself, or attending Graduate School in a field of no interest to the waking self, but which DOES solve an Unconscious Need for the dreamer.) Very efficient Planners, Yellow Ray natives often solve many of their Id-related issues through Logical Planning during waking hours.. and then “rehearse” the result in elaborate dreams symbolic of their current and future progress.

The natural Yoga of the Solar Plexus Chakra and it’s Yellow Ray is KARMA YOGA: the mundane-level DOING of the Work that MUST be done in order to attain the “right” to success. This Yoga occurs throughout the Lifetime, once learned through childhood’s journeys within the Id’s Dreamland University of life.

RAY 4: The Green Ray

Governing the HEART CHAKRA of Yoga, the GREEN RAY centers the consciousness in the BREAST, HEART, ARMS, CIRCULATORY SYSTEM and the CAUSAL PLANE of reality.. most-often called “Play” by those who do not yet realize what a life-shaping Drama it really represents.. producing a POWERFUL RELATIONSHIP WITH SELF-TRANSFORMATION through The Games People Play in their dreams. Often misunderstood as purely “silly childhood fantasies” the Green Ray Native’s way of self-transformation literally imbues them whatever “Game” they play-at in the Causal Plane; playing “catch” with the Sun, they may alter their sleep-patterns in waking life, or they may play “Leap Frog” (even as a “serious adult!,”) to rehearse being promoted over a co-worker. A deep analysis of such Causal Play (often requiring professional levels of psychological skill to “fathom” them) can be fascinating indeed.. but the Green Ray Native seldom NEEDS to rationally understand them; rather such Dreams merely emerge as needed and serve their function as easy as ‘play.’

As an “Id-controlling Force” this Ray lends it’s Natives a POWERFUL RELATIONSHIP WITH “FUN:” having fun at whatever they are doing is all that is needed in order to get them through even the worst Nightmare-scenario in the dreamscapes of the Unconscious Mind. From Adventure to Role-Playing, the Fun this Ray specializes at emerges in childhood dreams AND fantasy-games, to give the Native whatever “role” their current life-situation requires. Almost limitlessly adventurous, Green Ray-year Conceptions literally PLAY their way through Life.. though that CAN lead to problems, if the psyche loses-touch with the fact that ALL GAMES CAUSE THEM TO CHANGE ROLES IN LIFE. Symbolism as a subject is one very good suggestion for the careful STUDY by these perpetual Children, for it is the language of the Game they are in.

The natural Yoga of the Heart Chakra and it’s Green Ray is BHAKTA YOGA: the science of DEVOTION and SERVICE TO OTHERS.. without which the Game of Life may seem heartless and coldly manipulative. Whether through Meditation, Prayer, Chanting and Choral Music (all Heart Chakra Natives LOVE to sing!,) or Dance, some way of getting “outside” their OWN Game and INTO the Game with others, will be helpful in staying “in-touch” with a world they might otherwise simply “toy with.” Deeply EMOTIONAL by nature, Green Ray people are normally strongly drawn to Spiritual Philosophy, and seldom forget that LOVE is the only Game that MATTERS.

RAY 5: The Blue Ray

Governing the THROAT CHAKRA of Yoga, the BLUE RAY centers the consciousness in the THROAT, SHOULDERS, NECK, MOUTH, JAW and the ASTRAL PLANE of reality.. that magical 'world' which we experience in our "Flying Dreams".. producing a POWERFUL RELATIONSHIP WITH PERSONALITY, SELF-EXPRESSION AND CHARISMATIC "HYPNOSIS" of both oneself AND others. A literal Magician, Wizard or "witch," the Astral Plane's Blue-Ray Native literally reshapes their life through "Incantations" and Magical Words which may be meaningless to others, but which give them almost god-like Authority in the realms they fly through by night.

As an "Id-controlling Force" this Ray lends it's Natives a natural skill at using "THE WORD" (called 'Logos' in spiritual mythology..) by which they can "hypnotize" reality into changing to suit their needs. Emerging in early childhood dreams, this Power allows the young Magician's Apprentice to "speak in tongues" or utter words of Magical Power, which transforms the Nightmare into something more desirable. Later developments include the ability to disappear and 'teleport' from one dreamscape into another, 'Astral Palaces' which the Blue Ray Native can create for themselves, in which they can rehearse the changes they wish to see in the waking 'dream' called Life.. and (for many) "Astral Projection" or the ability to enter the Flying Dream-world while still awake, to exert even MORE control over the Inner Geography of the Self.

Blue Ray Natives ARE prone to 'living in a private dreamworld,' and serious attention needs to be paid to PRACTICAL EFFECTIVENESS; making the Waking World better, and not merely 'flying away from it.' Counselors who wish to advise such people need to be themselves adept at Hypnosis AND all Psychic Sciences!, for the Wizard will not take-seriously anyone who is not himself an Adept from the same World they live in.

The natural Yoga of the Throat Chakra and it's Blue Ray is SIDDHA YOGA and MANTRA-meditation.. the branch of Raja (or 'Royal COMMAND') Yoga which specializes in Words Of Power (Mantras) which can govern the psyche and shape it into chosen patterns. "Transcendental Meditation" and the Hebraic Yoga called Kaballah are two examples of this science.. though each Blue Ray Native must find the form which pleases THEM (they will never accept one they do not personally consider 'their OWN!') In every case, however, the product will be direct Command over Life through THE POWER OF THE WORD. "Siddha Yoga" means The Science Of Psychic Powers, and THAT is the lifelong Quest for Blue Ray Natives. The Powers they develop will exactly reflect their NEEDS and personal INTERESTS.

RAY 6: The Purple Ray

Governing the THIRD EYE (Brow) CHAKRA of Yoga, the PURPLE RAY centers the consciousness in the EYES, EARS, FOREHEAD, TEMPLES, NOSTRILS and the PSYCHIC PLANE of reality.. that realm in which Clairvoyance, Prophecy, Telepathy and all forms of Intellectual Science occur.. producing a POWERFUL RELATIONSHIP WITH LEARNING and especially of 'higher learning' and Philosophy. Called "the Seat of the Soul" in Yoga, the Third Eye or Brow Chakra is the actual "projector" which shows our dreams and other visions into the Mind; so all Purple Ray Natives have an automatic affinity for both "intuitive flashes" AND Soul-related studies.. though their approach to these topics is decidedly MENTAL. The focus of this Ray is LAW (the symbolic meaning of the color Purple,) and the need of all Purple Ray Natives is to KNOW THE LAWS THAT GOVERN THEM.

As an "Id-controlling Force" this Ray lends it's Natives a natural skill at PSYCHOANALYSIS; early dream-life is often deeply 'research-oriented' scenarios in which every "monster" in the Id's Nightmare Arsenal is put on the couch and analyzed like a mental patient!.. until the young Purple Ray Native understands what makes it 'tick' and how to control it. Naturally this leads to a quite "behaviorist" approach to the waking world as well, giving the youngster a skillful insight into the motivations and hidden purposes of their playmates, friends and family-members. This CAN lead to some problems!, until others realize that they are not being told what to BE, but rather merely "figured-out" for future reference. The logical/analytical focus of this Ray is often offset by at least occasional flashes of Soul-related clairvoyant insight into life; "past life memories" and telepathic-intuitive insights help the young Purple Ray Native realize that there is more to life than the Logical Explanation.

The natural Yoga of the Third Eye Chakra and it's Purple Ray Native is JNANA YOGA.. the Yoga of Wise Understanding. Being so profoundly "mental-intellectual" in their approach to life, people of this Ray tend to study the THEORY underlying whatever matters to them. This accumulation of Theoretical Material eventually

congeals into a Personal Philosophy based on the best they have been able to learn of life's Secrets. Effort at directing the young Purple-Ray Conception into Soul-studies can help avoid some of the 'agnostic' and 'cynical' tendencies of these powerfully intellectual learners (by keeping the mind from focusing ONLY on the details, and stay focused on the PURPOSE underlying the facts.) But in every area they enter (waking OR sleeping,) the Purple Ray Native makes a SCIENCE of it all.

RAY 7: The Rose-Violet Ray

Governing the CROWN (Thousand-Petaled Lotus) CHAKRA of Yoga, the ROSE-VIOLET RAY centers the consciousness in the TOP OF THE HEAD, BRAIN, DUCTLESS GLANDS and the AKASHIC PLANE of reality.. the realm of the 'Akashic Records' or light-pattern left behind (or foretold!..) by the lives of material bodies in space. This Plane is little-known in western societies, but can be thought-of as a "Light-Story" of 'Ghost-Images' which both predates AND survives the actual life-events we live.. and it is here that "prophets" such as Nostradamus, Edgar Cayce and others find the future already foreshadowed clearly-enough to form effective predictions of coming events. This Chakra is not easy to relate with!.. for those who can see into it's secrets MAY tend to become either 'fatalistic' or as unconcerned with "worldly matters" as a reclusive Monk; but the real Key to Crown Chakra living is SERVING DESTINY rather than trying to avoid or control it.

As an "Id-controlling Force" this Ray lends it's Natives a natural skill at SEEING THE BIG PICTURE. Early dream-life is often a somewhat 'detached' overview of scenarios occurring in the material world.. as if seen from a great height or a great distance of time. Such dreams allow the young Rose-Violet Ray-conception to "see Beyond" the moment they are in, giving them a calm and objective security that makes the "monsters" of the Id's Unconscious Realm seems both puny and powerless. That same approach will be preserved throughout life, as a way of getting 'past' problems by getting "BEYOND" them in one's overview of life. This objective outlook and cool emotional stance gives the Rose-Violet Ray Native the ability to find and "serve" the good in life without being overly distracted by the temporary 'bad experiences' life can bring.

The natural Yoga of the Crown Chakra and it's Rose-Violet Ray is RAJA ("Royal") YOGA: the science of knowing and serving 'the King' which is the Akashic symbol of the Super-ego or Godself. All Crown-Chakra-governed people are by nature HONOR-oriented and concerned for the Whole more than for their own Part within the Whole; consequently they tend toward Public Service, Charity, Safety and SERVICE-oriented interests and skills. Effort at finding "humanitarian" yet enjoyable ways of serving History without 'martyring' themselves is virtually the life-story of this noble-minded and calmly serene Ray.

Further Data On The Rays..

It should be noted that human births (and their Id-controlling Ray-specialties) are NOT the only things determined by the Chromatic Ray-Cycle. In fact EVERYTHING in Nature follows the same Cycle, for it emanates directly from the Sun itself, and all of Nature is keyed to our Star. You can use this Ray-Cycle to evaluate what Nature, History, Society and each already-living Individual will be focusing their attention on during any given Ray-Year. Interestingly, the American "Fiscal Year" (FY) which is used to measure national economic patterns, is tied more to this Cycle than the calendar-year. You will find many other examples of the Ray-Cycle as experience increases.

Those wishing to research the origins of this Cycle-Science will find it preserved by YOGA (in the annual Chakra-Cycle of development;) by KABALLAH (in the "Sabbatical Cycle" or Jubilee Calendar;) and by ESOTERIC ASTROLOGY (though the exact dates given here were first verified by The Maitreyan Order of Hsien Tao which published this Manual, and are not yet widely-known.)

To use the Chromatic Ray-Cycle as a way of evaluating History, simply look-up the Conception-Ray of the year underway, and you will see what all of society will be focusing it's attention on for the year.

The 'Family-Standing' Identity-Force:

The next, equally-significant 'strand' of Personal-Identity 'stuff' in one's Self-nucleus is YOUR 'STANDING' OR PLACE WITHIN THE COSMIC "FAMILY" OF SPIRITS.. which is identical to your standing in the human family you were born into. Use the list below (taken from the 'child trigrams' of I Ching, the ancient Chinese Classic On Change) to help identify the individual's 'Spirit-Family Status.'

Notes on the LIBIDO: that portion of Psyche or the Self which is our most lasting or 'eternal' PACKAGE of "Personality" is called the Libido, and referred-to by psychoanalysis as the "reservoir" of all of our Psychic Forces. Metaphysics calls Libido "The Light-Body" and describes it as comparable to our Soul's "atomic structure".. a pattern of Light-forms that can be glimpsed within the human Aura, housing in color-coded bands, lines and spheres OUR ORIGINAL "PROGRAMMED-IN" PERSONALITY given us by our Maker when we were first created as individual Souls. This Light-Body operates automatically; attracting us to the people, places and things that our in-born "program" needs for our fulfillment in life. Among those basic NEEDS are sexuality and our 'Cravings' for personal Success as ESSENTIAL GRATIFICATIONS that we must have in order to be fulfilled and happy. As such, the Libido is called "Psycho-Sexual" or 'Soul-Pleasure' motivations.. and our unique individual Libidinal Drives are the source of our most potent Lifestyle and Behavior patterns.

This "strand" of Identity-stuff bestows on us a specific "status" and RELATIONSHIP-specialization; and is closely tied to the Libido (Anima-Animus) Phase of life.. during which we learn to safely "obey" and channel our Libido within every part of our world (from Dreams to Daily Living.)

FAMILY-STATUS: The Six Relations

DEFINITION:

As soon as our basic 'safety' and effectiveness in dealing with the Id (or Unconscious Mind) has been established by our Ray-Identity psychic "strand," we begin to cultivate contact with our Libido, which can be described as OUR RELATIONSHIP "ROLE" IN THE HUMAN 'FAMILY.' This "strand" of Self-Identity is reflected in our actual "role" within the genetic family itself.. which is why so many behavioral and psychological problems trace their origins to early family-life conflicts. Unless we attain a HAPPY "place" within the family, our place within Society, too, is held in 'suspended animation,' and we must heal our family-life conflicts before progressing socially.

We are born to a certain 'status' in our family by the simple 'order' of appearance; the eldest child is ALWAYS more 'fussed-over,' photographed in every possible pose, and otherwise treated as 'exemplary' than any siblings who might follow. This quite naturally teaches the eldest child that all they need to do in order to 'succeed' at their "role" in life is BE THEMSELVES.. while younger siblings must specialize more in order to get the same amount of "respect." This may seem 'cruel' or unfair (and it often is!.) but underlying it all is the Metaphysical Principle that WE ARRIVE IN LIFE IN THE SITUATION WHICH ACTUALLY REFLECTS WHO WE REALLY ARE.

That who we really are is invariably ONE OF THE CHILDREN.. no matter how old those children may become.. is a truth in itself. "As a little child you must come to me" our Spirit-Parent repeats in every philosophy of the world; for "Mother" and "Father" we may DO yet we cannot truly BE. Those Roles are reserved for the Fatherly Light and Mother Nature alone. Only by remembering our little Child-nature FOREVER can we know those parents fully, and receive their help in becoming what we are within their vast Family.

THE COSMIC TWIN.. or "Anima/Animus" as Carl Jung named it.. is the Mirror-Image of ourself, reflected as the opposite sex; and it is through this remarkable psychic 'appliance' that we gain control over our "Shaki" or Libidinal Forces, allowing us to evolve CONSCIOUSLY or DELIBERATELY into who and what we are becoming as that Eternal Child grows and adapts to changing conditions of life. Whatever you currently ARE as a personality and lifestyle, you may dream-of as the opposite sex; a man or woman who embodies everything you need to recognize about yourself right now. Facing this powerful Ally (and learning how to control it's influences over your life by relating with it accurately) is the "work" of this Phase of Individualization. We do that work by recognizing that our Cosmic Twin is our OWN reflection, and however we must relate with it in order to get through "the dream we are in right now," reflects where we are going next, in the "real world" of

daily experiences. The Anima/Animus can be quite challenging to relate with!.. for it contains everything we have been ourselves up until now, and that can be hard to “face.” But we can never really grow BEYOND that until we relate with the opposite-sex Mirror-Image called Anima or Animus, and SOMEHOW get him or her to “agree” upon changes needed for our future happiness. Thus, though Jung called it our Doorway into the Unconscious, this Opposite-Sex Twin is in fact our Key to Transformation.. of our personality itself as well as our relationship with the waking world of everyday Reality.

Many people attempt to “find” and “govern” the Anima/Animus through MARRIAGE to the opposite sex. This MAY work FOR A WHILE!.. but in the long term, the truth is greater than Male/Female Relations; and we must eventually meet the Opposite Sex WITHIN OURSELVES, in order to truly understand and gain harmony with Libido. And it’s powerful Psycho-Sexual SYMBOL, the Anima or Animus.

The following “Family Status Identity-strand” was discovered and refined as “the Six Relations” by the Metaphysicians of ancient China, who preserved it as ‘the six Child Trigrams’ of I CHING the Book Of Change. To find your place within the family is to find your Libidinal “role” in society itself; through which you will channel your psycho-sexual development throughout life.. with the help of your opposite-sex Dream-Reflection, the Cosmic Twin.

“GONG:” *The Elder Son*

Meaning “the Arousing” in Chinese, Gong denotes a Call To Action; and it is typical of this Family-Status to spend much of his thought and effort at DECIDING and DECLARING what actions are needed in the world. Far from a ‘rabble-rouser’ however, the Elder Son holds himself with a Kingly dignity and reserved strength as befits one of his Status.. and it is through EXAMPLE that he speaks the loudest.

“Gong” is symbolized in the Chinese Classics as THUNDER.. which shocks and arouses all who hear it.

As a Libido-nature, Gong bestows an Arousing Power that needs no action to give it influence over others; the Elder Son may simply BE THERE and his attractions are felt and responded to. This may SEEM like ‘posing’ or self-display, but truly is not; rather it is EXAMPLE pure and simple. Whether an Example of Size, Strength, Majesty, Wisdom or Gentle Regard, every Elder Son uses the magnetic force of Example to draw others to him.. and Arouses them to find his company good. Strangely, we all DO!!

The most telling trait of personality of the Elder Son is his DUTIFUL SERVICE to the Family; others may take action ‘because they thought of it’ or ‘because they wanted to’ now and again.. but the Elder Son takes action to help the other Children and the Parents also BECAUSE HE “SHOULD.” This is not a moral precept to him, but a NEED: how else could he BE an Example for younger children to grow by?

Naturally, the Anima-Twin of the Elder Son is herself an Example of Dutiful Service, reflected-back as the opposite sex. How to help her solve the problems, limitations and stresses she shows him in Dream, is a clue to his own inner transformations in life, right now. Together, he and she ARE Libido brought under control.

To truly understand the Elder Son you must know his relation to HIS PARENTS.
See the end of this section..

“SOWING:” *The Elder Daughter*

Meaning “the Penetrating” in Chinese, Sowing denotes a Gentle Spreading Of Life, such as tossing plant-seeds into the air, where the wind may “sow” them wherever they fall. This Broadcasting of Good Wishes is the Way of the Elder Daughter.. who (lacking the strength of her brothers) has found her OWN way of Influencing Things.. by casting her gifts upon the wind. She does not ‘force’ her opinions upon others, but merely Broadcasts them gently into the air, and those who CAN receive them, DO. Oddly-enough, that usually turns-out to be EXACTLY who she ‘aimed’ them at!

“Sowing” is symbolized in the Chinese Classics as both THE WIND and WOOD.. for trees bend under the Wind, and are Swayed by it just as all in the Family are swayed by the breezes that blow from the Gentle Sister. Happy and Serene as a rule, she Broadcasts her own Happiness and Serenity.. along with carefully-

thought “seeds of future action” that she WISHES others would take. Gentle is her Penetration!.. yet the seeds DO grow, and her will is done; for WHO CAN DENY THE WIND or turn it away?!

As a Libido-nature, Sowing bestows a Cleansing and Healing Air filled with Good Intent and Fine Suggestions; this cool yet sincere Way of Loving others sways those she Loves yet leaves them FREE to ‘sprout’ with affection or NOT as their nature would have it. Serenely and Gently the Elder Daughter herself walks in the Wind, and those who WISH TO may walk beside her. That is HER WAY of sharing Love.

The most familiar trait of personality in the Elder Daughter is her Gentle but irresistible INTENT; her good intentions toward all in the Family makes her “noble” to them, and all love her for loving them!

Naturally, the Animus-Twin of the Elder Daughter is a Mirror-Image reflection of Intent, broadcast to the world.. expressed as a male who embodies all of the traits that the Elder Daughter is right now trying to transform in herself. How she relates with this Dream-Ally in order to help him broadcast or “sow” RIGHTLY is a clue to her own emerging self-evolution in the daily world of ordinary Reality. Together, she and he are Libido, Harnessed into service of the Soul.

To truly understand the Elder Daughter you must know her relation to HER PARENTS. See the end of this section..

“CANYON:” *The Middle Son*

Meaning “the Dangerous” in Chinese, Canyon denotes a Dangerous Chasm where only the very brave would tread; and it is typical of this Family-Status to tread all Paths which frighten others, and find a Path by which to lead others through dangers that he has mastered. While this may seem a bad way of life, it is NOT; it is simply the Way of the Middle Son.. who walks where his Elders dared not. Some who walk such Paths become harsh and fearsome themselves; but many others are made even more kindly by the unkind ground they have walked-upon.

“Canyon” is symbolized in the Chinese Classics as FAST-FLOWING WATER in a dangerous defile.. which calls for great skill and courage to negotiate.

As a Libido-nature, Canyon bestows a Fearsome Strength that both attracts and frightens others; people sense the Mastery and Passion it takes to tread such Paths, and are drawn to the Masters hand. Many seek a Guide through Love’s dangerous Waters, and only the Middle Son knows the Way; consequently he is often called-upon to teach others how to handle the scorching heat and dangerous currents of Libido’s sexual energies. Because he has felt them at their strongest, the Middle son teaches gently.. and even those who will not stay long in his domain are GLAD of his skill and safe company within it.

While he may lack the majesty of his elders as well as the steadfast purpose of younger brothers, the Middle Son has one trait they do NOT: he Knows The Dangers and how to avert them. Consequently, he is the Counselor for the whole Family.. and called-upon whenever Danger is near.

Naturally, the Anima-Twin of the Middle Son is also a Dangerous and Fearsome Strength! Learning to recognize that she is not a “monster” who is trying to control his Soul can be challenging to the Middle Son; but eventually he must learn that she is simply HE HIMSELF, IN THE MIRROR OF SELF-TRANSFORMATION. How he deals with her in Dreams, to stay on the Right Path through the Dreamscape of the moment, is a clue to his own Self-Transformations right now. Together, this powerful “odd-couple” are the Middle Son’s Libido, Controlled.

To truly understand the Middle Son you must know his relation to HIS PARENTS. See the end of this section..

“Ally:” The Middle Daughter

Meaning “the Clinging” in Chinese, Ally denotes a Flame clinging to the wood it is burning-upon; warm, lively and full of hypnotic seductions, Flame is that which tamed the wilderness for man, and helped us civilize our life from wild creatures into orderly, settled communities. That is the Role of the Middle Daughter: through her hot and lively ‘dance’ of affection for those she loves, she brings harmony into the home and keeps the fires of Passion alight.

“Ally” is symbolized in the Chinese Classics as FIRE which gives-off both Warmth and Light for life to be comforted by. But Fire cannot burn alone: the Middle Daughter MUST ‘cling’ to her Partner as Fire clings to Wood. Consequently, she needs a Lover in order to fully Love; a Home in order to ‘shine’ within; and an eager Partner in order to Ally with them and fulfill her Way of Loving.. which is Hot, Bright, Lively and incapable of Life without PASSION.

As a Libido-nature, Ally bestows a Clinging Intimacy that surrounds and ‘consumes’ the passions of those they love; she sets them on Fire, and dances around them joyously, giving-off warmth and light. She starts this early in life, and perfects it in devoted Alliance with her chosen Loved Ones.. those who have the strength-of-limb and substantiality to fuel her Fires best. Fire may ‘spread’ from one log to enwrap others as well.. but she does not abandon what makes her burn; loyal and devoted indeed is the Ally who tames the savage and gives him a happy Home!

The Middle Daughter, being by nature a Partner, does not naturally start things on her own; she relies upon others to begin their growing; then she takes-fire clinging TO them. Solitary, she is lost and her light dims.. and only another Strong Limb can comfort her. At first she may seem to ‘cling’ to them helplessly; but she does NOT: her Light and Warmth simply REQUIRE FUEL.. and only a Partner can give her that.

Naturally, the Animus-Twin of the Middle Daughter is her OWN mirror-reflected Clinging Fire, which she must learn to relate with accurately in order to grow as a personality. Whether the Animus is an irresistible Lover whose Fire threatens to consume her, an Elusive Lover who refuses to “warm-up” to her.. or whatever else the moment’s self-growth calls for in her own Self-Transformation.. he and she TOGETHER are merely a reflection of Libido, self-governed to get her through the Real World of Tomorrow.

To truly understand the Middle Daughter you must know her relation to HER PARENTS. See the end of this section..

“CALM:” The Younger Son

Meaning “the Immoveable” in Chinese, Calm denotes a Mountain rising above the plains; solid, immoveable and strong.. and it is typical of this Family-Status to be the Bulwark and Bastion which all other family-members can rely upon to simply BE THERE unchanged by time or passing circumstances. STEADFAST as a rock, the Younger Son cannot be pushed-aside, changed in his determination or driven back by any effort; unblinking and unflinching he will Calmly Endure and REMAIN THERE; you may walk around him or climb over him and that is ALL you can about him.

“Calm” is symbolized in the Chinese Classics as a MOUNTAIN-PEAK which stands as a Landmark AND a Barrier against invasion.. which all others must change their course to deal with. The Mountain-spirited Younger Son is the STEADFAST STRENGTH of the Family.

As a Libido-nature, Calm bestows a “perspective;” being high above the plains, the Younger Son can see clearly what all others are doing, and calmly he watches their actions for signs of their Intent. His vantage may give him insight into the approach of one he loves, and patiently, calmly he can await their progress toward him; but once attracted, his Steadfast Strength will not be changed: he will “win” the contest of affection, for He Will Not Be Moved!

Loyalty and enduring values typify this Libido-nature. While others may falter in their affections or tire of their ‘role’ toward others, the Younger Son will not.. for he would never have taken-on anything that was not as Enduring as his own Strength. Like he himself, his Love is LIKE A ROCK.

Naturally, the Anima-Twin of the Younger Son is also a Rock!.. an Immoveable Object which reflects back to him whatever traits he himself is learning to Transform right now in his own personality and lifestyle. Whatever traits she shows him in Dream.. from Fickleness to Flint-heartedness or impatient rage.. is simply HIM, talking to HIM. Together, he and she are merely the Harnessing of Libido for governing himself through Self-Transformation. Sometimes it takes a LOT of pressure from her, to “Move his Mountain”.. but she has the power it takes!

To truly understand the Younger Son you must know his relation to HIS PARENTS.
See the end of this section..

“TOY:” The Younger Daughter

Meaning “the Joyous” in Chinese, Toy denotes a Lake full of fishes, swaying reeds and water flowers; life plays among the marsh-reeds like children with their Toys!.. and it is this Joyous Play which typifies the Younger Daughter. Like a Water Nymph, she entices us to Dive In and sport ourselves in the waves, and dally with her in the mossy shade by the banks. All people enjoy such Play; but it is only the Younger Daughter who LIVES IT as a lifestyle.

“Toy” is symbolized in the Chinese Classics as a LAKE to which all creatures come for water, the essence of life; such is her Playful Joyousness that all who come near her wish to remove some of their clothes and splash-about with her like a Toy. But she is NOT a ‘toy’ nor does she ‘toy’ with affections; her Play is that of LOVE, and it is Pleasure that is her plaything. She knows how to make Love FUN; and that is the Toy she shares with the whole Family.

As a Libido-nature, Toy bestows a Joyous Pleasure that is contagious; being around her gives us ideas!, and we begin planning Outings and Special Occasions to give free reign to our pent-up Playfulness. The Younger Daughter is the favorite fantasy of Harem-keepers!, for who would NOT like several such Toying Pleasers in the seraglio? But her Play goes beyond dalliance and mere pleasure-seeking; to her it is the very secret of Life itself.. for she knows that the Lake of Life was filled with such Pleasure TO KEEP US LAUGHING AND CARE-FREE. Anything that tries to stop the laughter or burden her with cares she will either playfully tickle in the ribs or splash in the face with her water!.. for SHE WILL NOT BE SAD. That alone is against her ‘law’ which is JOY and only joy.

Naturally, the Animus-Twin of the Younger Daughter is a mirror-reflection of her own Joyous Pleasure, embodied even though he may not look it in SOME Dreams! Sometimes he may be completely UN-pleased, UN-joyous or un-LOVELY; but it is all just the Mirror, showing her what she herself is facing in herself right now. How she relates with him, to solve the un-happy Dream-scenario, is a clue to her OWN impending Self-Transformation right now. Whatever it takes to make them BOTH happy is Tomorrow, Defined. Together, he and she are Libido Controlled, the source of Tomorrow’s JOY.

To truly understand the Younger Daughter you must know her relation to HER PARENTS:

“Taking After The Mother And Father”

A final detail of this Identity-strand (and a VERY crucial one in Libido-formation,) is WHICH OF OUR PARENTS WE MOST ‘TAKE-AFTER.’ While we certainly all share many traits of both parents, ONE WILL DOMINATE IN OUR PERSONALITY-DEVELOPMENT.. and that Parent represents for the rest of our lives THE “IDEAL” TOWARD WHICH OUR LIBIDO IS “AIMED.”

Like most things in life, however, our Parental Roles are a SYMBOL; they reflect not only Male and Female traits, but also great Principles of Nature identified by ancient China as “the Parent Trigrams” of I CHING, the Book Of Change. A full understanding of one’s Libido-type INCLUDES one of the following two “directions” of FOCUS:-

“KING:” The Heavenly

Those of any Family-Status born to “serve” the Heavenly Parent (or Father) REGARDLESS OF THEIR GENDER or their GENDER-PREFERENCE sexually, are more focused on SPIRITUAL rather than Material concerns. They tend to use their material resources for the service of Ideals rather than “pleasures” for themselves or others; and accumulate mostly TALENTS rather than ‘things.’

Strongly focused on SERVICE TO THE SPIRIT and Society, the Son or Daughter of Heaven views the material world as their Workplace.. while their real “home” remains among the stars from whence their Parental King sent them into the world FOR A WHILE, on a mission of World-Service.

“QUEEN:” The Earthly

Those of any Family-Status born to “serve” the Earthly Parent (or Mother) REGARDLESS OF THEIR GENDER or their GENDER-PREFERENCE sexually, are more focused on BIOLOGICAL rather than Philosophical concerns. They tend to channel their spiritual gifts into the service of PHYSICAL WELLBEING rather than “enlightenment” for themselves and others; and accumulate HELPFUL THINGS more than “ideals” to share with those whom they love.

Strongly focused on SERVICE TO HUMAN HAPPINESS and Society, the Son or Daughter of Earth views the spiritual world as their Workplace.. while their real “home” remains among the living creatures of the world.. into which Mother Nature called them to help her caretake her children.

In Summary:

We are each WHAT WE ARE and nothing more or less. Learning to LOVE what we were born to be is WISDOM. We COULD each judge or dislike our unique Place or Status in the Universe; but WHY NOT TRUST THAT OUR MAKER WAS WISE in making us what we are?

How sad and boring our world would be if not for the Two Parents and the Six Relations between their offspring! Whatever you are, you have a PLACE given you to occupy.. which no one else could do even half as well. Trust it and HAPPILY tell the world, “I AM A MIDDLE SON OF HEAVEN” (or whatever you happen to be!.) “AND THERE IS NOTHING BETTER TO BE THAN THAT (for me!)”

The 'Spirit-Zodiac' Identity-Force:

Another equally-important 'strand' of Personal-Identity 'stuff' in one's Self-nucleus is ONE OF THE SIXTY SEGMENTS OF THE CHINESE "ANIMAL ZODIAC".. which is not 'astrology' as western societies teach it, but a simple Solar Energy Cycle discovered ages ago in China. Whatever 'Sign' within this Cycle was in force at the time of your birth 'reflects' or 'mirrors' your PERSONALITY and it's motivations.

Notes on the EGO and the SELF: as part of the Libido's "eternal" Package of Personality motivations, we each go through TWO PHASES OF LIBIDO-INTEGRATION; one that surfaces during our early development (from birth until about thirty years of age in general;) and a second Phase that 'kicks-in' around thirty and lasts for the rest of our lives. The first, youthful Phase is called the Freudian EGO, and is recognized by Metaphysics as composed entirely of our Natal Astrology Chart.. a sort of 'auto-pilot identity' which helps us survive youth and learn basic vocation skills and sexuality patterns. You will find the Ego-Self Astrology-data at the end of this SPIRITUAL-METAPHYSICAL Section of this book. The second and most lasting Phase is called THE SELF PHASE in Jungian analysis, and bestows most of our non-sexual "personality" and LIFESTYLE.. which we only learn of AFTER we have 'made peace' with our Egoic, sexually-motivated patterns. The SELF is thus what the EGO 'grows up' to become.

The Spirit-Zodiac "strand" of Identity bestows our basic ADULT PERSONALITY and 'style' of self-expression, once we have outgrown the Egotism of our youth. To learn how to use the Spirit Zodiac to find your place within this very important Solar Energy Cycle..

The Chinese "Animal Zodiac"

DEFINITION:

THE EGO and THE SELF. While we certainly DO have 'personality' in our youth, it is not until we realize (sometime in our thirty-to-fourty-year age-level) that what we called 'personality' in our youth was REALLY nothing but EGOTISM.. given us at birth by our Natal Astrology placements.. that we begin to look DEEPER than that, and eventually discover a "more True" part of ourselves. That part is THIS "STRAND" OF IDENTITY-STUFF, from the Chinese 'animal zodiac.'

As we make this 'discovery' we normally "recognize" it as something we have been vaguely longing-for and striving-toward at times throughout our earlier years; but now (our youthful Egotism having worn-out both it's welcome and it's credibility,) we FINALLY change our self-opinion into THIS "NEW" yet really quite 'eternally-original' PERSONALITY.

The SELF PHASE of Individualization normally follows after the Anima/Animus Phase has been integrated into our personalities.. usually somewhere around thirty to forty years of age. During this Phase, we discover not only who we are as a non-egocentric, spiritualized personality, but also the several inner symbols which denote that in Dreams and other Inner Processes. These powerful Symbols are called TOTEMS and recognized by virtually all ancient cultures as how "spirit" (the Universal Mind) "speaks our name" to us. We have at least one Totemic Symbol (usually an animal or bird of some sort) that is CRUCIAL to Self-understanding. After you study the following Self Phase of Individualization, you may want to research TOTEMIC SYMBOLS to see if you can identify your own Inner Self-Symbols (see "PHYSICAL ANALYSIS" later in the Manual.)

Meanwhile, the Self Phase personality itself is quite easy to study using the following Chinese Astrology system. Discovered by the Metaphysicians of ancient China, this 60-part Cycle is composed of twelve "Year-Signs" plus one of five "Element-Signs;" and together these tidbits of Wisdom explain one's ADULT PERSONALITY after all the Ego-definitions of youth have been worked-through. Use the table below to locate your Self when your Ego is ready for some HELP!

**USE WHATEVER YOUR CULTURE CONSIDERS “NEW YEAR’S DAY” TO LOCATE
THE BEGINNING-DATES FOR THE YEAR-SIGNS**

WOOD	EARTH	WATER	FIRE	METAL
1924 = Rat	1948 = Rat	1972 = Rat	1996 = Rat	2020 = Rat
1925 = Ox	1949 = Ox	1973 = Ox	1997 = Ox	2021 = Ox
FIRE	METAL	WOOD	EARTH	WATER
1926 = Tiger	1950 = Tiger	1974 = Tiger	1998 = Tiger	2022 = Tiger
1927 = Rabbit	1951 = Rabbit	1975 = Rabbit	1999 = Rabbit	2023 = Rabbit
EARTH	WATER	FIRE	METAL	WOOD
1928 = Dragon	1952 = Dragon	1976 = Dragon	2000 = Dragon	2024 = Dragon
1929 = Snake	1953 = Snake	1977 = Snake	2001 = Snake	2025 = Snake
METAL	WOOD	EARTH	WATER	FIRE
1930 = Horse	1954 = Horse	1978 = Horse	2002 = Horse	2026 = Horse
1931 = Sheep	1955 = Sheep	1979 = Sheep	2003 = Sheep	2027 = Sheep
WATER	FIRE	METAL	WOOD	EARTH
1932 = Monkey	1956 = Monkey	1980 = Monkey	2004 = Monkey	2028 = Monkey
1933 = Rooster	1957 = Rooster	1981 = Rooster	2005 = Rooster	2029 = Rooster
WOOD	EARTH	WATER	FIRE	METAL
1934 = Dog	1958 = Dog	1982 = Dog	2006 = Dog	2030 = Dog
1935 = Boar	1959 = Boar	1983 = Boar	2007 = Boar	2031 = Boar
FIRE	METAL	WOOD	EARTH	WATER
1936 = Rat	1960 = Rat	1984 = Rat	2008 = Rat	2032 = Rat
1937 = Ox	1961 = Ox	1985 = Ox	2009 = Ox	2033 = Ox
EARTH	WATER	FIRE	METAL	WOOD
1938 = Tiger	1962 = Tiger	1986 = Tiger	2010 = Tiger	2034 = Tiger
1939 = Rabbit	1963 = Rabbit	1987 = Rabbit	2011 = Rabbit	2035 = Rabbit
METAL	WOOD	EARTH	WATER	FIRE
1940 = Dragon	1964 = Dragon	1988 = Dragon	2012 = Dragon	2036 = Dragon
1941 = Snake	1965 = Snake	1989 = Snake	2013 = Snake	2037 = Snake
WATER	FIRE	METAL	WOOD	EARTH
1942 = Horse	1966 = Horse	1990 = Horse	2014 = Horse	2038 = Horse
1943 = Sheep	1967 = Sheep	1991 = Sheep	2015 = Sheep	2039 = Sheep
WOOD	EARTH	WATER	FIRE	METAL
1944 = Monkey	1968 = Monkey	1992 = Monkey	2016 = Monkey	2040 = Monkey
1945 = Rooster	1969 = Rooster	1993 = Rooster	2017 = Rooster	2941 = Rooster
FIRE	METAL	WOOD	EARTH	WATER
1946 = Dog	1970 = Dog	1994 = Dog	2018 = Dog	2042 = Dog
1947 = Boar	1971 = Boar	1995 = Boar	2019 = Boar	2043 = Boar

THE FIVE ELEMENTS

Metal

Makes one fond of everything STRONG, DURABLE, BRIGHT, CLEAN and “HONORABLE.” Metal-year people (like society itself during Metal Years) tend toward the PRACTICAL, and are happiest wherever Efficiency is most possible.

Water

Makes one fond of everything GENTLE, FLOWING, SYMPATHETIC, SOOTHING and “RESPONSIVE.” Water-year people (and all of society, during Water Years) tend toward the EMOTIONAL, and are happiest where Supportive Emotions “flow.”

Wood

Makes one fond of everything NATURAL, SIMPLE, DIRECT, HONEST, HOMEY, “RUSTIC” and LIVED-IN. Wood-year people (and societies during Wood Years) tend toward the PHILOSOPHIC, and are happiest wherever Love and Harmony are ‘growing.’

Fire

Makes one fond of everything PASSIONATE, IDEALISTIC, ENTHUSIASTIC, DRAMATIC, “INTENSE” and BRILLIANT. Fire-year people (and all of society in Fire Years) tend toward the PROGRESSIVE, and are happiest wherever Genius’ Lamp is BURNING.

Earth

Makes one fond of everything “HIDDEN,” SAFE, SECURE, STABLE, CAREFULLY-BUILT, “WARM” and EROTIC. Earth-year people (and society during Earth Years) tend toward the PRODUCTIVE, and are happiest where Life is being CULTIVATED wisely.

THE TWELVE YEAR-SIGNS

Aries: “THE YEAR OF THE RAT”

Named for the ancient Greek God Of War, this is the Sign of PERSONAL AGGRESSION.. though War is only one manifestation of that potential. Other forms of Arien activity include engineering, design, invention and pioneering. As the first Sign of the zodiac, Aries is the cosmic ‘child’ of Astrology; and can be found wherever youth, energy and the willingness to TRY SOMETHING NEW is needed. Strongly focused on THE SELF and it’s needs, Aries relegates all decisions to PERSONAL PREFERENCE; if Aries wants it, Aries does it!

Called “the RAT” in Chinese Astrology, Aries is an Adventurer with a child’s fresh attitude toward life.. though anything that tries to block the Arien Intentions soon learns why WAR is considered the specialty of the Sign! The western Astrological symbol of Aries is THE RAM.. who is quite happy to butt his head against ANY obstacle until he WINS; that is the style and temperament of this forceful and daring Sign. It should be noted that the Rat is one of the “hoarders” of the Chinese Zodiac; saving-up for a rainy day is part of their nature. Though free-handed with friends in need, Aries is very aware of Security.. and makes sure the old Rat Hole is both SAFE and WELL-STOCKED.

Taurus: “THE YEAR OF THE OX”

Meaning “the Bull,” Taurus is the Sign of THE OX to both western and Chinese Astrology. Apparently the whole world agrees on one thing.. which is that the Ox Is STRONG (AND Stubborn!) “Bull-headed” is a well-worn term for Taureans, though it must also be said in their defense that this stubborn streak only comes out when they are defending their Private Pasture. Taureans have a long-accepted Way Of Doing Things; as long as that is respected, and you don’t try to force them to do things they did not PLAN to do, they are genuinely placid, gentle and hard-working people. Try to force them in any way, and a head-down Charge is likely!

The special skill and interest of Taureans is WORK of the right kind; the Ox pulls the Plow, treads the grain and carries the produce to market; Taurus is intimately connected to Food Production as an industry, though anyplace where Strength and Stubborn Will are needed may likely have a few Taureans on the scene. Wildly FERTILE, the Ox is a natural Parent.. and tends to be an understanding and patient one at that.. though it is really Sex that the Ox sets-out after, they DO tend to accept the 'consequences' with placid serenity, afterwards. It is also a trait of this Sign that the Ox is deeply Philosophic in outlook; most Taureans have studied the ancient Philosophies well-enough to have a Fitting Quote for every occasion!

Gemini: "THE YEAR OF THE TIGER"

The Sign of Gemini is named for "THE TWINS," originally Castor and Pollux from Greek myth.. a pair of Wrestlers who could individually only be defeated by their own Twin! That BEGINS to explain this rather enigmatic Sign.. for all Geminis tend toward a Partnership arrangement in life, though ONLY with the "right" Partner (and even then, NEVER "peacefully!".. for Gemini simply MUST "Wrestle" with their Partner.) Perhaps the best way of getting a grasp on Gemini is to mention that it's name in Chinese Astrology is THE TIGER.. that huge, wrestless king of the jungle who spends it's time planning-out it's next Hunt while seeming to 'nap' in the shade. That is how it is with Gemini personalities; they are ALWAYS in two places at once.. one Physically, the OTHER in Spirit.

Gemini is the Sign of BUSINESS in general, and all Gemini natives are good at it. Instinctively competitive and goal-oriented, the Gemini Tiger-Twins specializes at planning and Strategy, and can be found wherever those skills are needed; politics, research-and-development, administration and sales all appeal to Geminian skills of Hunting The Prey. When well-fed and well-exercised by day, the Tiger enjoys purring to their Partner (once they have wrestled them into submission,) though even then, they will be planning-out Tomorrow's HUNT!

Cancer: "THE YEAR OF THE RABBIT"

Meaning "the Crab," the word Cancer has gotten a bad name of late (a disease was named for it, which Cancereans did not ask-for OR deserve.) It was named "The Crab" because this is the Sign of THE HOME.. and crabs carry theirs on their own back! In China, Cancer is called "The RABBIT," another animal which loves and depends on having a safe Home to hide from predators in. In both case, however, the real Spirit of the Sign is WARM AND COZY FAMILY LIFE, embodied.. for that is what this Sign does BEST. "As prolific as Rabbits" is a popular way of describing the sex-life of this Sign; for Cancerians are VERY fond of EVERYTHING that goes on in the burrow (especially by night!)

Strongly associated with Literature (Cancerians LOVE books!.) this Sign is devoted to PRESERVING THE PAST for future generations to enjoy. Whether this is done through journalism, social services, the fine arts or some other Past-oriented career, the Rabbit-Crab personality will find SOME way to NURTURE, for that is it's most precious service to anyone or anything they Love.

Leo: "THE YEAR OF THE DRAGON"

Meaning "THE LION," Leo is the western Astrology Sign of The King Of Beasts, and that is all you need to know about a Leo; bow (at least a LITTLE) when you first encounter them every morning, pay them at least A LITTLE "Tribute" now and again, and try to imply "Yes, Your Majesty" in your tone of speech toward them.. and Leos will defend you as a Worthy Citizen and a person of Excellent Taste and Good Sense! Fail in your duty, and the Lion MAY Roar a few times at you.. but more likely, they will simply stalk proudly away and pay you no mind again. The King simply will NOT endure "lack of proper respect."

Those who wish to know the deeper side of Leo (and they DO have one!.) should know that this slinky, proud Sign is called "The Dragon" in Chinese Astrology; that huge, magical mythic creature who can lay waste to everything around it with a single breath, gathers up Jewels plundered from far and near to sleep on, and who is more than just a little bit vain. All of that would be merely amusing were it not for the fact that ONLY THE DRAGON CAN REALLY MAKE A NATION (or any OTHER gathering of people) "NOBLE" AND PROSPEROUS; for The Dragon truly IS a Monarch, and it's words can make one a Lord or Lady of the Court.

Leo the Dragon-King rules Public Relations, Advertizing, Theatre, Modeling and all other professions where The Right Example can make the world “obey” by merely POSING for the adoring masses.. for that is the way it IS with Lions and Dragons alike. In-between Royal Audiences, Leos must be careful of the rich foods, drink and other Extravagances they are prone to (and SOMEBODY ELSE had better handle the checkbook!, for Leo has no sense at all with money;) but those are not “faults”.. merely the Way It IS when you are Royal.

Virgo: “THE YEAR OF THE SNAKE”

Virgo means “the Virgin,” and implies a form of purity most of us lose fairly early-on; maybe THAT is why they make us a bit self-conscious. Oh, one may absolutely KNOW FOR CERTAIN that a particular Virgo is no longer all THAT pure, but you will never be able to convince THEM of that; for Virgoans are PERMANENTLY ‘pure,’ and there is nothing anybody can do to sully them. Chinese Astrology calls Virgo “The Snake,” not only because the Snake can crawl around in holes in the ground without ever getting dirty, but also because the Snake is a bit of a Hypnotist. Many small creatures simply “freeze” when the Snake looks at them; much the same way Virgoans can make YOU feel at bit ‘on the spot’ with their glance. No; they are NOT intending to eat you!.. only looking back at you with the simple purity-of-intent of A CHILD. That is after all what ‘virgin’ REALLY means; a youth still pure of heart.

Like the Snakes coiled around the Caduceus (or winged staff) of Mercury which is used as a symbol of Medicine (which Virgo rules) this Sign is expert at slithering-into secret parts of people, and emerging with the Truth about them. That is why Snakes have a special relationship with Healing the world over. Virgo specializes at Healthcare, Psychology and Sanitation as well as all of the Logical Sciences; for Virgoans are profoundly Analytical in their way of thought. Virgoan Logic is not a cold or calculating thing, but a warmly Human way of trying to UNDERSTAND and HELP everyone they meet. Perhaps that is the best summary of their Nature, in the end; Virgo HEALS.

Libra: “THE YEAR OF THE HORSE”

Meaning “The Balance-Scales,” Libra is the Sign of Harmonious Balance. While many other Signs can be happy with one-sided arrangements, Libra simply cannot ENDURE the idea of one side getting the better of the other. Perhaps that is why Libra is associated with Justice and all other Fair Trade professions which regulate and maintain Harmonious Balance in society. Called “The Horse” by Chinese Astrology, Librans truly ARE “Herd Animals,” and simply MUST have a social Herd in order to be happy; left to themselves, a Libran will sink into despair and solitary sadness.. but a new Circle of Friends will brighten them up in an INSTANT.

The real clue to Libran psychology is ROLE-PLAY. Like the Horse, Librans have a strong need to “act-out” their feelings in a social setting.. and you will normally find them out dining, dancing, sipping a glassful decorously with other Nice Specimens as often as possible; for Libra takes JOY from the Social Role itself and simply MUST get into the Herd and Mingle. Naturally, Libra governs such professions as Diplomacy, Acting and all other Performance-Arts.. as well as Public Relations and Broadcasting. But BEWARE THE TIPPED SCALE! When Libra goes “out of Balance” or the Horse goes Mad from nervous tension (something Libra is prone to,) a VERY unhappy and UN-harmonious result can occur.. and you may wish you had never met this Lovely yet powerful Sign.

Scorpio: “THE YEAR OF THE SHEEP”

Scorpius is Latin for Scorpion, and anyone who lives in any of the world’s great deserts know what THAT means: a nocturnal, secretive and potentially deadly thing that you do NOT want anywhere near you! On first contact, many Scorpios stir exactly those feelings.. but one more is also always there, which the scorpion does NOT have; Scorpio is the Sign of SEXUALITY as well as life-and-death-struggles. That may surprise you at first, but consider for a moment what sex really is; two people struggling to share personal pleasure, as a consequence of which a new Life may be conceived. So, even though Scorpio IS a bit frighteningly-intense, it also SEDUCES.. and few of us are immune to that ‘sting!’

To better understand this Sign you should consider it’s Chinese Astrology equivalent; The SHEEP, Ram or (as our Order prefers to name it,) THE UNICORN. All of those animals are summed-up in the Chinese word meaning “Great Horned One,” and (since Chinese makes no distinction between Sheep and Goats) ANY Great Horned One is SCORPIO; the Sign of Aggression, Life-And-Death Struggle and SEXUAL PROWESS.

But, of them all, the Unicorn is the only Great Horned One which ALSO implies the sort of 'holy purity' and Mystical Wisdom for which this Sign is famous. Scorpio is in fact the most misunderstood Sign of Astrology precisely because it IS a Sacred Mystery.

Scorpio governs all professions which struggle with Death for the benefit of the living; Surgery, the Military, Police, Fire Departments, Criminal Investigation, Funeral Services, Psychoanalysis and Spiritual Philosophy to name but a few.. though it is not so much the 'field' they are in as it is the Power they wield within it, that Scorpio specializes at. Look for them wherever Sacred Mysteries must be served, and where Death can be averted through heroic Struggle.. and then, once the sun has set, look ANY PLACE where sexual passions are being stirred to a fever pitch.

Sagittarius: "YEAR OF THE MONKEY"

The Sign of "THE ARCHER" depicts Chiron, the King of the Centaurs.. taking aim with his bow and arrow; and if you know your Greek Mythology you know that Chiron was the wise SAGE who taught the Greeks their Sciences, Philosophy and Medical Arts.. though you may NOT know that he was also the co-ruler of Olympus along with Zeus. In fact, Zeus ruled "publicly" from the top of Olympus, while Chiron ruled "mystically" or in secret, from his cave hidden in the woods. That is a perfect picture of the Sagittarian native; seldom found in the limelight, yet ALWAYS relied-upon for their special skills performed alone in their hidden Library, Den or "lair."

The symbol from Chinese Astrology for this Sign is THE MONKEY; that cleverest of animals who symbolizes LEARNING BY MIMICRY.. the Sagittarian specialty. Very clever and inventive with their hands as well as their minds, Sagittarian Monkey-people excel at Education, Engineering and other hands-on trades, athletics and all other forms of Recreation (for the Monkey is irrepressibly PLAYFUL.) Often also found in advertizing, government and "special-interest groups," Sagittarius is the great 'Propagandist' of society.. and their skill at swaying people through their words is part of the "sage-hood" of their Sign.. though sincere belief in what they are doing and saying is ALWAYS there, or the Sage will have no part of it.

Capricorn: "YEAR OF THE ROOSTER"

The Capricornus is a mythical creature who is half fish and half goat, and who pulls the chariot of Poseidon (Neptune) the Lord Of the Sea. To understand this strong, hardy and very Reliable creature, you need to understand what that means; Poseidon is the "god" of INSPIRATION (symbolized by the Sea and it's fishes,) so all Capricorns MUST (in order to be healthy and happy) serve SOMETHING Inspiring that they truly BELIEVE IN. Whether that be the Family, Government, Church, Philosophy or "the Social Good," Capricorns specialize at doing the WORK of getting Inspiration DELIVERED.

In Chinese Astrology, this is the Sign of THE ROOSTER (or Cock;) that rather pushy, forceful fellow who Crows every morning and tells us all that it is time to get Up and Busy. It is the Rooster's Job to Inspire us, and he does it EVERY DAY without fail.. and you and I had best not fail to OBEY! Capricorns are virtually ALWAYS connected with some form of Authority Structure.. for they deeply NEED to both Know what Matters and SERVE that as well.

Aquarius: "THE YEAR OF THE DOG"

Aquarius means "THE WATER-BEARER," and depicts someone pouring water onto the ground to help plants grow. Water is the 'essence of Life' and Aquarius specializes at pouring-out whatever is ESSENTIAL to the lives they touch; from a few well-chosen words of advice to LOTS of words of friendly encouragement, a shoulder-rub when needed or a few spare bucks for those down on their luck, Aquarius simply cannot HELP Helping Life Grow. The symbol in Chinese Astrology for Aquarius is THE DOG.. and every tree-trunk and fire hydrant on earth knows that the Dog Waters, too! But Man's Best Friend is far more famous for it's most familiar service; BEING THERE TO PAL AROUND WITH. In short, this is the Sign of FRIENDSHIP.

Like any good Dog, Aquarians are expert at Communicating; they instinctively sing along with every song they hear (Aquarians are innately musical and often quite brilliantly talented,) and they are prone to howl at the moon (especially if they feel a bit Lonely.. the only real "problem in life" ANY Aquarian ever has.) Friendship is the very Water of Life itself to this Sign; and plenty of friends and happy places to gather together for a good

time is really all they value in life. That they are also brilliant thinkers with a natural skill at electronics, engineering, invention and other technical fields, merely makes the Watering-Dog that much MORE enjoyable to know.

Pisces: “THE YEAR OF THE BOAR”

Meaning “THE FISHES” in Latin, this is the Sign of those who live in The Sea (the symbol of Inspiration;) Pisceans are by birth Native to Inspired Thinking, and THAT is their Home. Chinese Astrology calls Pisces THE BOAR.. not because they are ‘boring’ but because (like the pig or boar itself) all Pisceans are capable of eating “garbage” and turning that into a set of healthy Hams; Pisceans are the natural ‘Alchemists’ of humankind.. taking-in all of the things the rest of humanity considers poisonous, and THRIVING on it. They do this not to prove themselves clever, but to BLESS OTHERS by removing bad things from the world.

Alchemy (the transformation of “base” or bad stuff into “noble” or healthy stuff,) is one way of wording the Piscean specialty; another word for it is MAGIC.. for all Pisceans have the ability to perform Magic for other people. That Magic is really a matter of FAITH.. for it takes the Faith of the Boar to restore the courage and healthy attitudes of those who have been injured or passed-by in life. This Spiritual Healing is so natural to the Piscean Magician that they may not realize how valuable they really are to society; the Sign is prone to depression, loss-of-hope and despair (symbolized by the western Astrology Sign.. one fish swimming UP to New Happiness, one swimming DOWN to despair.) All Piscean natives need someone to trust-in, who can help THEM with a little Magic of their own.

Naturally talented at Writing, Poetry, the Arts and other Inspirational fields (including Mystical Philosophy and Healing,) Pisceans are often found in the fields of Healthcare, Counseling, the Ministry and Mystical Orders.. though the only real requirement for them is that wherever they are, they MUST be able to help others overcome despair (so they TOO can survive the pull of their only real ‘enemy,’ loss of FAITH.)

The 'Psycho-Mathematic' Identity-Force:

The final, equally-significant 'strand' of Personal-Identity 'stuff' in one's Self-nucleus is a Force isolated by Pythagoras of Samos (600 BCE) who stated that 'GOD IS NUMBER.' He developed the Science of NUMEROLOGY (or 'Theoretic Arithmetic') by which to identify this Force in any individual.

Notes on the SUPER-EGO or GOD-SELF: that portion of the Psyche or Self which connects us with Ethics, Conscience and Spirituality was named the Super-Ego by Freud, and the "God-Self" by Carl Jung.. and it is the one part of Psyche which must govern and control all lower parts of us, in order to produce a genuinely 'wise' and Spiritual nature. Without integrating the God-Self, we may be 'adult' but certainly not Spiritually MATURE.

The Psycho-Mathematic "strand" of Identity bestows A "LIFE-PATH" on us each; one of a dozen or so major 'approaches' to living, that lend us a life-long focus of interest and "LIFE-STORY" as a person; and is a direct link to our Super-Ego/Godself development in life.

NUMEROLOGY: The "Life-Path" Numbers

*"How do I love thee? Let me count the ways.."
- Elizabeth Barrett Browning*

DEFINITION:

THE GOD-SELF. The "Identity-strand" denoted by the Pythagorean Number of one's birth is the last of the four "Identity-strands" to surface into the personality and lifestyle.. for this "strand" connects one with THE GOD-SELF PHASE of The Process Of Individualization, which completes that progression.

As the only one of the Four 'Tetramorphs' or Identity-Strands directly related to the God-Self and one's "Highest Aspiration," the Pythagorean Life Path Number can be viewed as our "ultimate Destiny" as a Soul.. and (while it may little resemble our earlier ideas ABOUT ourselves) it points-out where we are GOING spiritually FROM HERE. Once we have integrated the three previous Identity-strands, this is who we will BE, 'ETERNALLY' THEREAFTER.

NUMEROLOGICAL "NUMBER REDUCTION"

Using Pythagorean Arithmetic to find Life-Path Numbers:

The first thing one must do in order to find the Life Path Number is to learn a "new math;" Pythagorean Reduction is a process of addition which REDUCES ALL NUMBERS TO A SINGLE-DIGIT SUM.

There are only NINE DIGITS in this 'new math:' 1 through 9.. though there are three "special numbers" which must also be kept in mind (11, 22 and 33 are called 'the Master Numbers' and have a special importance of their own.) Here is how Pythagorean Reduction works:

Write out the digits of your BIRTH DATE in three columns..
(being careful to keep track of ALL occurrences of the numbers 11, 22 and 33..)
Using my own birthday, for example, this would be...

November= 11th Month	3rd Day	YEAR 1948
1	3	1
+1		9
-----		4
2 [11]		+8

		22= 2
		+2

		4 [22]

Added together, these three sums look like this:

2 [11]
3
+4 [22]

9 [11, 22 & 33]

Thus, my Life-Path Number is 9, with the added “vibrations” of 11, 22 & 33 (for YOU ALWAYS RETAIN ALL “Master Numbers” as a “footnote” to your Totals, and ANYONE born on a day, month or year totaling 11, 22 or 33 carries those Master Numbers with them ALONG WITH THE FINAL SUM. If you have BOTH an 11 and a 22 in your birth numbers (as I do) then you ALSO have the 33 as well, for 11 +22= 33.)

REMEMBER that you do NOT reduce a FINAL TOTAL (Life Path Number) itself, if it happens to be 11, 22 or 33; that Master Number IS your Life Path itself. All Single-Digit Life Path Numbers (1 thru 9) which include a Master Number in their sub-totals are expressed as having a ‘Master Number vibration’ which is added to their interpretation.

Once you have arrived at your Life Path Number, look it up in the list below.. and remember to ALSO add the full interpretation of each Master Number (if any) from your sub-totals.. for they are PART of your Life Path also.

1: MONAD the Unique Original

Life Path 1 spirits are designed to ‘celebrate’ and preserve the value of THE INDIVIDUAL. Naturally, they do this FIRST for themselves, then for the rest of us as well. Typically innovative or ‘ground-breaking’ in their own self-expression (a “one of a kind” person) the Monadic INDIVIDUALIST points-out to all who meet them that THEY TOO ARE A VALUABLE AND UNIQUE LIFE.. and worthwhile JUST AS THEY ARE.

PHYSICAL EMBODIMENT is the central issue for Monadic Individualists; they are deeply concerned with Physicality in all forms.. from Health to “body shape” and material Wealth, Life Path 1 natives are virtually “driven” to attain Self-EMBODIMENT as a pinnacle of attainment. While this may seem ‘vain’ or egotistical at first, it is in fact simply Physical Wisdom; and they are as concerned for YOUR Physicality as they are for their OWN.

Naturally drawn to the Construction, Agricultural and Engineering fields, this Life Path type is also prone to Crafts, Physical Trades (plumbing, electrical or carpentry skills, for instance) as well as the preservation of the relics from the past (antiques, artwork or historic sites, for example.) All of this, however, is merely part of being Uniquely Original THEMSELVES.. and every Original respects all other examples of Fine Handiwork however different from their own. Naturally, Life Path 1 natives are often devoted parents.

As a relationship with the Great Spirit or God-Self, this Life Path Number takes it’s cue from Adam’s ‘job-description’ when introduced to the Garden of Eden: “Dress and Keep it.” That is what the Monadic Individualist does for EVERYTHING they touch.

2: DUAD the Pair-Bonded Unity

Life Path 2 spirits are designed to ‘celebrate’ and preserve the value of RELATING. While they may be themselves quite strong and well-defined Individuals, they experience their fullest potential and happiness when part of a BONDED PAIR.. whether Spouse, Partner or the simplest Conversation with someone they enjoy and admire.

SHARED INTIMACY is the central issue for Duadic personalities; they are natural 'Tantrists' who literally get INTO those they love, and allow the other person to get INTO them to such a degree that their voice, mannerisms, posture and (sometimes) even their very thoughts get intermingled so deeply that it may seem as if only one person were speaking through two mouths! This magical 'trick' called Tantra in Asian philosophy is the natural Way of Life for the Duadic Partner.

Naturally drawn to the fields of Personnel Management, Counseling, Interviewing and Communications, this Life Path type can also be found in the Customer Services and Public Relations departments of many businesses and governmental agencies.. wherever their unique talent for RELATING can be given free reign. But the most natural 'place' for the Duadic Partner is in LOVE: they are deeply devoted to the ideal of Sharing, and committed relationships ranging from marriage to business-partnerships are their favorite environments.

As a relationship with the God-Self or diety, this Life Path Number MAY have to work-past a tendency to get too wrapt-up in HUMAN relationships to even notice that there is something 'higher' to relate with!.. but (if they DO develop an intimacy with Spirit) they will naturally make 'God' their "senior Partner" FOR LIFE. Juggling the several Loves in their life to keep everyone equally-related-with might seem a tough job to those not born with this Life Path; but the Duadic Partner has the one trait that makes that possible: THEY TRULY DELIGHT IN SHARING THEIR FEELINGS, and ANYBODY who will share that is their Partner.

3: TRIAD the Working Arrangement

Life Path 3 spirits are designed to 'celebrate' and preserve the value of EFFECTIVE INTERACTION. While many others are quite happy to chat their way through a gathering, the Triadic personality instinctively seeks-out THINGS THAT NEED DONE between the people present, and subtly shifts the gathering into Effective Action. Life's natural-born "Movers and Shakers" the Triadic individual is literally incapable of inefficiency or wasted opportunities.

RESPONSIBLE ACTION is the central issue for Triadic Life Path Natives; they are natural 'catalysts' who set-off a chain-reaction (which may SEEM spontaneous, but is really part of their subtle influence over others,) that leads eventually to SOME SORT of 'accomplishment.' A day without Accomplishment is a day WASTED to Life Path 3 souls.. and however small the success, it is in Attainments that they measure their days (and nights, too!)

Naturally drawn to positions of "influence" where their talent for getting the work DONE can be usefully employed, Triadic personalities can be found in almost any administration, government, institution or organization.. though their special fondness for Effective Action predisposes them toward the business world (many Triadic individuals are members of the Management "team" of successful businesses.)

As a relationship with Divinity and the God-Self, this Life Path Number express themselves as PART OF THE CHAIN OF COMMAND.. they simply HAVE to! Since they are incapable of NOT participating in the Work that needs done, spiritually-motivated 3-Path Natives typically give God advice, lots of requests for thing to be DONE, and a reliable, committed WORKER for the Public Good. Often found in charities and spiritual communities, donating their time and energy to Effective Action, these natural-born Activists make themselves as USEFUL to Spirit as they do the human world. It is simply TRIADIC to be USEFUL!

4: TETRAD the Secure Community

Life Path 4 spirits are designed to 'celebrate' and preserve the value of SECURE FOUNDATIONS. From the Home and Family to such Community-wide foundations as Government, Education, Cultural Traditions and Financial Institutions, the Tetradic personality seeks ENDURING VALUES to build upon. This commitment to solid structures well-founded makes the 4 Life Path Native the proverbial Good Neighbor (surrounded, as the poet implied, by good fences!)

LASTING VALUE is the central issue to Tetradic Life Path Natives; they pick virtually everything in their lives by the same principle. Not just a Home but a SOLID Home; not a mere Job but a Commitment; not only a social life but a Cultural Heritage.. these are the priorities that guide their lives. Naturally, those of this Life Path are Pillars of the Community, and (regardless of their 'station in life') everything the have and do is QUALITY.

Naturally drawn to the Past, Tetradic individuals are Historians, Anthropologists, Priests and Nuns, Judges and Political Party Supporters.. whether professional or 'part time' while they ply some OTHER trade devoted to Security-building. Often found in Banking, Insurance and other Financial Service institutions, Life Path 4 people can in fact be the Pillars of almost ANY establishment they consider 'Worth While' and of enduring importance to society. But in every case they will SERVE STABILITY in every way they can.

As a relationship with the God-Self or Great Spirit, this Life Path Number express themselves as FIXTURES IN THE ESTABLISHMENT ITSELF; from Deacons to Elders of a spiritual community, to Gurus or Archivists and on up, any position which allows them to SUPPORT THE FOUNDATIONS they believe in is where the Tetradic soul will be found. All of this, of course, is simply part of their Way of Security for the community as a whole.. and their own place within that is seldom the major focus. Like the Four Cardinal Archangels of western spiritual traditions (from whom they take their Example,) the Tetradic spirit SUPPORTS HEAVEN with their own solid strength.

5: PENTAD the Protective Power

Life Path 5 spirits are designed to 'celebrate' and preserve the value of PSYCHIC POWER; from the power of Self-Knowledge to the forces of Magic, Psychic Phenomena and such specialized Powers as Alchemy, Wicca and Material Mediumship.

In short, this is the Life Path of THE WIZARD.

PROTECTION OF THE SPIRIT is the central issue to all Pentadic Life Path Natives; they are the Temple Guards of life's most potent treasures. Associated with the planet Mars, the science of Metallurgy and Psychic Self-Defense, Pentadic personalities are drawn instinctively to POWER in every form they can find it.. and then they absorb it's RIGHT USES like a sponge. Most of the High Priests of ancient Egypt as well as modern Neo-Paganism and the many Spirit-Power-Keepers of tribal societies owe their knowledge to the number 5 and it's commitment to USE POWER TO PROTECT THE SPIRIT.

Naturally drawn to all professions where Esoteric (secret) Sciences are preserved (a long list including Atomic Energy, Genetic Research and Espionage as well as the more traditional esoteric specialties of Magical Arts and Secret Brotherhoods,) Pentadic Defenders wield life-and-death forces for the benefit (hopefully!.) of society.. though even then, such forces CAN be a deadly menace through accidental misuse. But one trait is common to all such Powers: THEY WILL DESTROY ANY WHO SEEK TO MISUSE THEM DELIBERATELY. Pentadic souls innately know this, and their care in the use of the Powers they caretake borders on the religious.

As a relationship with the God-Self and Divinity, this Life Path Number express themselves as WORKERS AT THE FORGE OF HEAVEN; whether as Clairvoyant 'Readers' guiding other souls into future blessings, Astrologers busy doing the same, Master Kaballists, Yogis or Zen Roshis carefully training younger spirits in the proper use of the Forces of Creation and Evolution.. or a 'mere' Metalworker, Welder or Military Manufacturer, all Pentadic Personalities ply their Craft as if Life depended on it.. which it DOES.

Governed by the power of the Pyramid, the Pentacle and the Pentagon (all of which are proofs of this Lineage at work) this Life Path serves 'the Heartland' of Life; the Sacred Mysteries which can Blast or Bless depending on what is RIGHT. Only the Spirit knows THAT for sure.. and it is there that the Pentad's eye is (or had BETTER be!) forever fixed.

6: HEXIAD the Peace-Maker

Life Path 6 spirits are designed to 'celebrate' and preserve the value of PEACEFUL INTERACTION. Governed by the six-pointed Star Of David composed of two interlocking Triangles.. one pointing UP from Earth to Heaven, one pointing DOWN from Heaven to Earth.. the Number 6 denotes "Heaven And Earth RELATING," and that is the driving force behind the personality of this Life Path. Harmony and Peace MUST come of all interactions, or the Hexiadic personality will NOT be part of it.

THE PASSION OF CARING is the central issue to all Hexiadic Life Path Natives; they are the natural Peace-makers, Negotiators, Diplomats and Referees of society. They care less about what they are 'doing' than in it's OUTCOME; however trivial or large the need they caretake, they treat it ALL as Service to Harmonious Order.. and they take a Care with the details that any World Treaty would be happy of, even if their handiwork of the moment is only a shopping-list for those the Hexiadic Native CARES for.

Naturally drawn to the professions of Healthcare, Logistical (supply) Services, Relationship Counseling and Dispute Arbitration, the Hexiadic Life Path is happiest where they can make people Happy by providing exactly what is RIGHT for their needs. Needless to say, they are not 'good' used car-salesmen or political speech-writers!.. for they must KNOW that what they are providing is truly GOOD for those who receive it. Indeed, if they have a fault it is their insistence on RIGHTNESS in the treatment of others.. but humanity will forgive them that! It may make it hard for them to keep a job in crassly commercial enterprises, but even THAT is Heaven SPEAKING CLEARLY to the Earth.

7: HEPTAD the Creative Will

Life Path 7 spirits are designed to 'celebrate' and preserve the value of INTELLIGENT POLICIES important-enough to deserve scholarly analysis and careful, systematic effort over long periods of time. Many people are quite impulsive, and change their 'intentions' or plans every few minutes; but not those born with the Life Path of 7! The Heptadic individual may 'consider' countless "ideas" of no lasting interest to them (the mind WILL wander-about looking at possibilities!..) but once they have "recognized" something as part of their WILL, they settle into a steady, careful Plan to bring the willed-for thing into being.

WISE CREATION is the central issue in the life of all Heptadic Life Path Natives; they are here to carry-on the work started by their own wise maker.. who used a Seven-Pulse Rhythm to create our Universe (see the 7 Rays, earlier on the page, for more information on that) in that original Creation. Consequently, those of this Life Path too use a 7-Pulse Rhythm in their own creative work (even if they do not yet realize that!) From the 7-day Week to the 7-Year Cycle, Heptadic individuals are Willing to Work steadily at something throughout a long Cycle of Creation; and this pays-off for them in apparently 'sudden' works of genius.. sudden only to those who do not know how long and carefully the Heptad-soul worked quietly behind the scenes to give it Life.

Naturally drawn to the fields of Education, Literature, Science, Poetry, Law and other Academic Professions where long-term intellectual preparation and careful analysis is needed, the 7 Life Path Native needs a 'protected environment' of peace and quiet where their mind can Plan and carefully Execute their Will. Often found on University faculties (in virtually ANY Department,) the Heptadic personality is not often easy to 'approach' unless you KNOW ABOUT THEIR WORK (which is really the only thing they CAN discuss with you!..) so they are not easy to get to know. But the effort is worth it, if you wish to know what the future will hold; for THEY ARE BUSY CREATING IT in the quiet of their study, laboratory or classroom. Whether seven years or seven TIMES seven, they may work long and hard at their Creation, but that does not matter to them; in the long run it is only WISDOM by which they measure Success.

8: OGDODAD the Material Custodian

Life Path 8 spirits are designed to 'celebrate' and preserve the value of MATERIAL ABUNDANCE; from Money to Manufacturing, Apples to Airlines or Banks to Bombs; if it is considered Valuable, a Life-Path 8 Native had their hand in it. This is not always a 'kindly' or 'altruistic' Business!.. for the Number 8 considers things Mathematically rather than Philosophically; but it should also be said in their defense that SOMEONE ought to be good at Mathematics! In fact their skill at Material Wealth-administration DOES help humanity in the long run.. as long as their natural fondness for the game of Monopoly is kept under close legal control.

PHYSICAL COMFORT is the central issue in the life of all Ogdoadic Life Path Natives; they DEMAND 'the best' of everything. Sure, that STARTS with the best of everything for THEMSELVES (that is how it works for ALL of us,) but eventually that brings the best to EVERYONE ELSE too (though everyone ELSE will have to pay Top Dollar for it!) If all of this sounds a bit like Wall Street, the Federal Reserves or the National Debt.. and not much like your own simpler life as a Plumber, Dentist, Carpenter or Mechanic (all of which are typical places for this Life Path Number to work).. then you have not considered deeply-enough the meaning of MATERIAL WEALTH; for EVERYTHING that is Physically NEEDED is governed by the Number 8 (and ALL of it is Wealth.)

Naturally drawn to everything Physical.. from Sports to Sex, Cars and Commerce.. the Ogdoadic personality can be found in any physical Trade, Craft, Profession or Industry.. busily MAKING A COMFORTABLE LIVING to share with their family (which is a quite important 'thing' to them.) All they need is a few 'seeds' or 'seed money,' and they can make almost ANYTHING grow into Abundance. Gardening, Nature and Wilderness experiences are good for this Life Path Native.. for such Material Meditations can help them remember that what really MATTERS is that everything be kept within Natural Limits. With that wisdom under their belts, the Ogdoadic soul is a genuine asset (AND asset-manager!.) to society.

9: ENNEAD the Spiritual Custodian

Life Path 9 spirits are designed to 'celebrate' and preserve the value of HUMAN LIBERATION. From unwise governments to cruel bigotries, natural disasters and manmade ones as well, life is full of things that can cause suffering.. and the natural antidote Life gave humanity for ALL of those ills is the Enneadic Life Path Native. Whether the need of the moment is for a Revolutionary, a Humanitarian, a Healer, an Enlightener or a Relief Worker, it is from the 9 Life Path Native that we get what is needed to end the suffering. Paradoxically, that often means a life of extreme self-deprivation and exhausting overwork for them personally; but the Enneadic spirit considers ONLY the sufferings of others; they themselves are (really!.) quite above that themselves.. for they already ARE Liberated from Suffering, and only wish to share that with the world. UNIVERSAL WELLBEING is the central issue in life for all Enneadic Life Path Natives; they literally want Heaven on Earth at all times. Sure, that is unrealistic!.. and they know that, only they cannot help TRYING to make it happen. 'The Good Of The Many' as well as 'the good of the individual' guides them in their humanitarianism; and wherever that needs served THEY will serve. As the natural-born Custodians of the human Spirit, the 9 Life Path works to Enlighten, Heal, Prosper and Liberate all who are oppressed, poor, downtrodden, ill or enslaved; and if that sound like a 'do-gooder' you do not know how hard and fiercely the Ennead-soul will FIGHT for their cause! These are no daydreamers or sunday-school teachers!.. but Buddhas, Black Panthers, Freedom-Fighters and Underground Railway Conductors.. and they are not interested in 'ideals' but in HUMAN BEINGS. They may be (eventually!.) called a 'saint' or a 'senior spokesman' or a 'life-long activist,' but all they REALLY are is A FRIEND.. to everyone in need.

Naturally drawn to the study of Enlightenment, the 9 Life Path Native can be found in every Mystical Order, Benevolent Society, Social Movement and Humanitarian Conference.. though most of them can be found in far more ordinary 'jobs' where it is their daily Words and Deeds rather than their Positions that make their work of Liberating the world happen. Whether it is the sympathetic nurse at the first-aid station or the kindly waiter who simply KNEW that you needed someone to tell your troubles to, you have known many of these Servants of the Spirit. That you never got the chance to properly thank them is part of their 'style;' for they work not for YOUR thanks but that of TOMORROW'S happier world.

11: The Spiritual Master

Life Path 11 spirits are designed to 'celebrate' and preserve the value of SPIRITUAL PHILOSOPHY. While almost everyone spends a bit of their lives contemplating such matters as Faith, Magic, Truth, Wisdom and Spirituality, the 11 Life-Path Native spends their WHOLE life PERFECTING their knowledge of those topics. Needless to say, that sets them a bit 'apart' from most of their neighbors!, they are generally recognized from fairly early-on as 'mystical.' THEY ARE!

SPIRITUAL TRUTH is the central issue in life for all Life Path 11 Natives; they are driven to KNOWN and USE the Truths of Esoteric Wisdom for the service of the spiritual 'Hierarchy' which most people never even MEET during their incarnate lives. From Buddha to "the gods" of Nature and the great Teachings of all cultures, the 11-Path soul NEEDS to know what is Spiritually REAL, and even if only through books, they learn as much as they can about them each. Simply KNOWING, however, is not really enough for this Path; for they are here to MASTER the subject.. and that means DOING SOMETHING with the knowledge they have acquired. Philosophy uses the phrase 'adept' for one USING Esoteric Knowledge in their daily life; and that is perhaps the best summary of what this Life Path is all about.

Naturally drawn to Contemplation, Meditation and Esoteric Sciences (such as Kaballah, Yoga, Alchemy, Astrology and Metaphysics in general) the 11 Life Path soul must find the most USEFUL Truths available from the Spiritual Traditions available to them. A wide experience of other cultures is very helpful to this process, as is the free time and energy it takes to study such matters in-depth. But, whether they travel to Asia to meet the

Dalai Lama and stop off on the way home for a Medicine Circle with Native American Spirit-Leaders, or confine their Journey to the local Bookstore and Church, all 11-Path individuals KNOW that there is a Spiritual Universe all around and within us; and they will find SOME way to use that knowledge to help the Spirit GROW.

AS A "VIBRATION" FOOTNOTE TO ANY OTHER LIFE-PATH, THE NUMBER 11 BESTOWS THIS SPIRITUALITY AND PHILOSOPHIC MASTERY ON EVERYONE BLESSED WITH IT'S INFLUENCE.

22: The Master Builder

Life Path 22 spirits are designed to 'celebrate' and preserve the value of ENDURING LEGACIES. Many people can 'build a house;' but only the Master Builder can build a MASTERPIECE that actually gains value and importance with the passing of time. This Urge Toward Perfect Creations fuels virtually everything in the life of the 22-Path Native; not only their career and personal handiwork, but also their family, social life and their own inner Nature as well simply MUST be Masterpieces of perfect creation, for them to be satisfied with THEMSELVES.

BUILDING FOR ETERNITY is the central issue to all Life Path 22 Natives; their lineage of Master Builders built the Great Pyramids and Sphinx of Egypt, wrote the Magna Carta and Declaration Of Independence, and others of their kind created virtually every enduring Institution in your own community. In fact the only thing the Master Builders have NOT built is the landfill full of cheap junk that everyone throws-away after using once!.. though if the landfill is environmentally-friendly, it too was built by one of these efficient and dedicated Architects Of Effectiveness.

Naturally drawn to the great Institutions of society.. from government to healthcare, commercial regulations to environmental engineering, the 22-Path Master Builder finds the highest level of "edifice" they are capable of Building.. and then they 'adopt' it as their own, to Perfect and make Enduring. Look on the planning board of ANY lasting institution you admire, and you will find their names. List all of the things you use over and over daily, with efficient durability, and you will find their handiwork. Look at your own body and you will see where these Architects learned their skill; for they are the Creator's own Apprentices, plying their trade.

AS A "VIBRATION" FOOTNOTE TO ANY OTHER LIFE-PATH, THE NUMBER 22 BESTOWS THIS MONUMENT-MAKING AND BUILDING-FOR-ETERNITY ON EVERYONE BLESSED WITH IT'S SKILL.

33: The Herald Of Things To Come

Life Path 33 spirits are designed to 'celebrate' and preserve the value of HERALDING THE FUTURE TODAY. Almost everyone has 'hunches' about where History is going (and we are all often right in our hunches;) but those born with the 22 Life Path Number are already LIVING tomorrow's civilization right now. The only problem with that is that many of them may not even know WHY they do not 'fit' in current trends.. only that they do NOT. Far from being 'trendy' or 'avant-garde' the 33 Life Path Native is no more swayed by current ideas ABOUT the future than they are by current lifestyle 'fads;' they simply happen to have arrived on earth already dressed in Tomorrow's 'average' cloth.

LIVING IN TUNE WITH DESTINY is the central issue in the life of all 33-Path Natives; they are only 'comfortable' when they know that they are on the same 'track' as History's NEXT Phase of evolution. Like evolutionary 'samples' sent ahead of the facts to prepare us for what is to come, these Heralds Of Things To Come are not 'trying' to be 'futuristic;' all they are trying to do is SOMEHOW get-by in a world which considers them a bit TOO MUCH. Whether it is their lifestyle, career goals, personality or even their preferred diet, the 33-Path soul CONFRONTS THE PAST with it's own need to CHANGE.. and the Past seldom likes what it sees! The result is that these Future Samples give the world Future Shock; by merely being themselves, they challenge the rest of society to GROW UP and grow PAST the traces of prior civilization that will not make it into the next generations.

Naturally drawn to everything FREE and NATURAL, the 33-Path individual tends to associate with the arts, theatre, musical and other creative 'crowds' simply because they LIKE individuality and the freedom to be oneself.. though they are NOT AMUSED by any tinsel-strewn pretenses they may meet in that flashy environment. But, since they tend to be called 'eccentric' and 'odd' by the more 'straight-laced' segments of society, they would rather mingle with the 'silly' than the STUCK. Sure, sometimes this makes them sad!, but we all

have our crosses to bear (only their own happens to be LIFELONG and indispensable to their very nature.) Look for these “living Prophecies” anywhere; you will have no problem seeing them, for they stand-out like Space Brothers at a Sunday Social.

Learning to recognize them as a valuable clue to future progress is society’s lesson: the 33-Path Native already knows that they are simply What They Are. By living the Future calmly but consistently, these Heralds of Change actually CAUSE the very changes society needs.. for their one great skill of BEING AN EXAMPLE OF REALITY for others to compare themselves to, inspires us all (eventually!.) to follow-suit. A Soul “ahead of it’s times,” or a Stranger In A Strange Land, the 33-Path Native has at least ONE lasting consolation: all OTHER Future-Samples they meet recognize them for what they are.. THE SEEDS OF CHANGE.

AS A “VIBRATION” FOOTNOTE TO ANY OTHER LIFE-PATH, THE NUMBER 33 BESTOWS THIS WHOLE-SOME FUTURE-LIVING AND “MESSAGE OF COMING EVOLUTION” ON EVERYONE BLESSED BY IT’S PROPHETIC TOUCH.

Technical Details on ‘Incarnation’

It should be repeated that THE FOUR BASIC FORCES LISTED ABOVE (while automatic parts of oneself at all times) ARE INTERCHANGEABLE. Just as our Spirit-ancestor did in creating us, we are capable of a form of ‘simple cell division’ called “INCARNATION.” In this process, however, we do not actually ‘split into two separate selves’ as our Spirit-ancestor did, but rather we ‘split’ into our Spirit-Self (still on the Metaphysical Plane of Being, sometimes visible as our Aura or LIGHT-BODY) and an INCARNATE SELF which is born as a human being on the material plane of reality.

Absolutely ALL Metaphysically-sighted, enlightened societies in our history have recognized REINCARNATION as a fact of life. If you personally have difficulty with that, let us suggest that you have probably been given that attitude by a western creed which denies the very possibility of Reincarnation. Science and Christianity are at the head of that list. Modern “scientific theory” insists that there is no such thing as “spirit;” life to material western scientists is nothing but chemicals that happen to “think,” and the idea of a spiritual world is denied as even being possible. Christianity officially recognizes a Spiritual world, but insists that Spirits never reincarnate.. though this teaching has been official Christian Doctrine ONLY SINCE THE COUNCIL OF NICEA; for it is a known fact that one of the already-existing tenets of Christian Teachings in 300 AD was the acceptance that “you must be born again” MEANT REINCARNATION and nothing more. At the insistence of a few of the European Bishops at the Council of Nicea, the recognition of Reincarnation was DELETED from the already-existing (original) texts of the Christian scriptures.. and THAT is the only reason modern westerners are unable to cope with the idea of Reincarnation, if they are. To all non-doctrinal (or NATURAL) philosophies of Spirit, Reincarnation is a SEEN and accepted fact.. even accepted by many within the scientific community as well.

As we undergo Incarnation as a human being, the Four Forces mentioned above each take whatever physical form is possible at that time on earth. Thus, the Force called ‘Family Status’ in one Incarnation MAY Incarnate as our Year-Sign in another life. This may seem to make us a quite different person, but in fact it does not.. for the Forces are STILL part of us, though temporarily recombined for the purpose of Incarnation. Thus, though we call these Self-Forces ‘identified as’ the Ray, Year, Number and Family Status of one’s Incarnation, THEY MAY NOT ALWAYS BE IN THAT SPECIFIC ARRANGEMENT ‘from Life to Life’ or from Incarnate to Disincarnate Being.

It should also be mentioned that mankind is NOT the only Reincarnating Soul-type on our planet. All of the lives within Nature are ALSO valuable to the Spirit, and have their own process of Evolution into higher and higher Incarnate Form.

Incarnate Experiences

The four Forces listed above (plus the Universal Mind-protoplasm which surrounds them in our Soul-Nature) are the only ‘permanent’ parts of Self known thus far to Metaphysics. However, as we Incarnate in human form, we must enter into the greater Life of the world we are born into; and for that reason we Incarnate with a “Life Story” described by the Metaphysical Science of ASTROLOGY. By this science we can track every purely

'human' (and therefore temporary) trait and circumstance of the Incarnate lifetime.. called "Ego."

Once you understand the "Cosmic" or Soul-deep Identity of the individual (and have determined by conversation whether or not they are 'living' that fully) you can proceed on to the last part of this SPIRITUAL-METAPHYSICAL section and find any 'passing' temporary influences that may be occurring as a result of your Natal Astrological Cycles.

METAPHYSICAL OBJECTS

DEFINITION:

While one's Spiritual Identity CAN at times be glimpsed as a set of Images in our dreams as well as 'visionary' experiences (see Mental/Emotional Analysis for details,) most of the time we FEEL those forces internally, rather than seeing them. When we DO 'see things' we are usually glimpsing one or more of the Metaphysical Objects listed below. THESE ARE SIMPLY "THINGS!," and should not cause us any concern.. though they CAN scare us, when seen for the first time. Scroll through the list until you come to the Metaphysical Object that concerns you.

THE HUMAN AURA

The easiest of all Metaphysical Objects for the human eye to notice are 'halo' or Auric LIGHTS around the body. The Aura is simply our personal 'Aurora Borealis' (the Northern Lights) which is an Electro-Magnetic ENERGY-FIELD entering and leaving the Earth's 'body' from the Sun. Exactly the same thing happens to US: we receive 'Cosmic Energy' into ourselves via the LIGHT BODY which encloses us.. and this living Light both nourishes us physically AND connects us to the Cosmic Life we are part of. It is through the Aura that our Cosmic Parent sends us new inspiration, lessons to be learned and blessings in response to our needs and prayers.

The Aura is composed of many Layers or bands of colored Light, surrounding us like the layers of an onion. Each layer nourishes a specific part of ourselves, and is connected to one of the Vital Chakras (or Life-Energy-Centers) known to Yoga.. and the Chakra literally 'digests' the Light coming to it from the band of the Aura which 'feeds' it. Seeing one or more band of colored Light around the body of yourself or another person (or even an OBJECT!, for many objects have a spiritual 'energy' living in them) is a fairly common experience. To learn how to interpret what you have seen, you will need to study "THE NATURAL WORLD" in the Physical-Analysis Section of this book.. and look-up the specific colors, shapes or other symbols you happened to glimpse in the Auric Light. But the most important thing to DO about the Aura is just LET IT DO IT'S OWN THING. It is simply your Metaphysical "Battery," and that is all.

The ROOT CHAKRA

DEFINITION:

Identified by Yoga as the "Root Chakra," this Aura-center is located just below the base of the spine, between the anus and sexual organs. The only one of the seven Chakras that is always active in all people, this center channels aura-energy into the Frontal and Spinal Meridians which form the basic "Survival Circuitry" of the

body. The specialty of this Chakra is SURVIVAL in every sense of the word; health, wealth, instincts of self-defense and self-support.

ANYTHING in life that seriously threatens our bodily or psychological survival may cause problems in the parts of the body nourished by the Root Chakra; the BASE OF THE SPINE, LEGS and FEET.

The Physical Plane of reality.. solid MATTER.. is familiar to us all and needs no introduction. The body and the world in which it dwells is the domain of the Root Chakra. The ancient Egyptians, however, recognized TWO “physical bodies;” the one capable of decay (the fleshly body,) and one which MAY outlast our human lives. This second body is called “the Sahu,” and may best be compared to ‘our archetypal Image,’ which (if we work on our self-image enough) MAY remain with us even after death.. as a sort of ‘permanent self-image’ that even reincarnates very much the same from life to life.

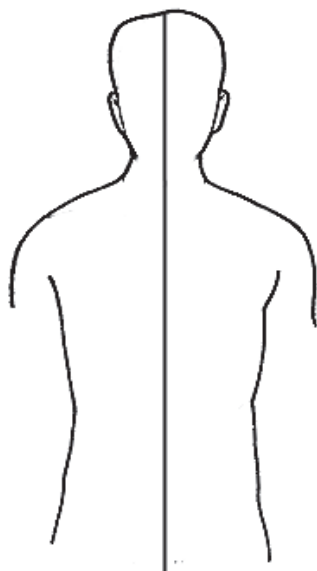
When one develops any indication of ‘blockage’ or stress to this Chakra (such as numbness, pain, injury or abnormal function to the base of the spine, legs or feet,) they should be helped to recognize that THEIR “SURVIVABILITY” IS BEING CHALLENGED, calling for a very thorough restructuring of their CAREER-GOALS, FINANCIAL PLANNING and/or ENTIRE WAY OF LIFE. In most cases this will be due to their not living according to their true Metaphysical Nature.. and all the counselor needs to do for them (aside from a referral to healers for the actual physical problems they may be experiencing) is to help them integrate the entire Metaphysical Level of Self, explained in this section of this Manual.

This Chakra is nourished by the following two Acupuncture Meridians, which are shown for your information ONLY; these Meridians have NO self-massage or self-therapy points for you to use by yourself. See a professional Acupuncturist for any imbalance in these vital energy-Meridians.

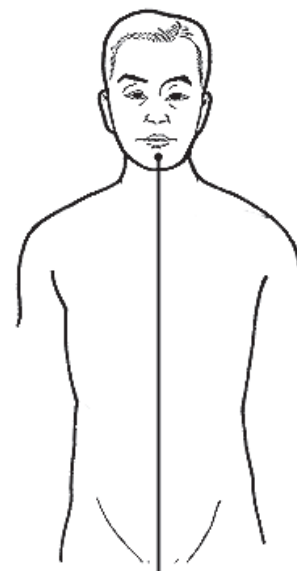
The SEXUAL CHAKRA

DEFINITION:

GOVERNING VESSEL MERIDIAN



CONCEPTION VESSEL MERIDIAN



Identified by Yoga as the “Genital or Sexual Chakra,” this Aura-center encompasses the SEXUAL ORGANS, HIPS, SAECRUM (base of the spine) and THIGHS; and is associated with the entire spectrum of CREATIVE AND REPRODUCTIVE FORCES. Everything that we call ‘sexuality’ as well as the arts, music, dance, theater and even such “people-creating” fields as psychotherapy and mystical sciences are all governed by this powerful Chakra.. for all those fields rely upon the Sexual Chakra’s basic Power: CHARISMA.

Charisma or the Force Of “Seduction” is that ‘charm’ or hypnotic “magic” we use every time we wish to impress someone into finding us ‘irresistable.’ It naturally begins to occur in our youth, as we begin to ‘flirt’ with others, and we learn to control or ‘channel’ it into certain other areas which represent the ‘non-genital’ yet still VERY “sexually-pleasing” CREATIVE SKILLS of our adult lifestyles. Those can range from swaying crowds for political popularity, to swaying people into buying something we are selling!, or swaying the heart through one of the Fine Arts; but in all cases it remains simply SEDUCTIVE CHARM, however we use it.. and (no matter what we CALL it) it remains essentially SEXUAL “MAGIC.”

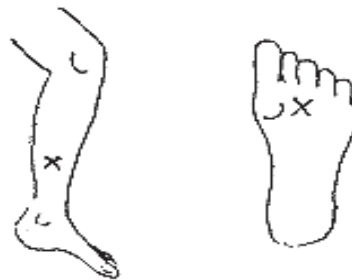
This Chakra connects the body with THE ETHERIC PLANE.. a dimension of Aura- energy in which our vital life-forces are housed, forming a sort of Electro-Magnetic “battery” that fuels our sexuality and other attractions. In the Etheric Plane dwells what the ancient Egyptians called “the Ka” or Etheric Double (the famous Doppleganger of Germanic lore.) The Ka was considered to be our “genius” or “invisible Guide” who draws us to the people and places we need in our lives. This Etheric Double has no absolute ‘shape,’ but more resembles an amoeba-like form composed of “ectoplasmic light” that is capable of traveling about at night while we dream, though it remains connected to the body by the ‘silver cord’ which pulls it back into the body upon awakening. The Ka is the most widely-known of all the parts of the Auric Light Body, since it is the most nearly-physical of them all. The Etheric Body extends an average of about one Hand’s Width out from the body, and is usually seen as a blueish or silver glow.

This Chakra is nourished by the following two Acupuncture Meridians:

BLADDER (Libra) MERIDIAN



KIDNEY (Scorpio) MERIDIAN



The two points marked by an ‘x’ in the drawings above are Acupressure Massage Points you may use to help balance the energy in this Meridian. A few minutes of light massage here can help a lot! NOTE that if both points on both arms or legs are equally VERY painful to massage, you may have an energy-imbalance too strong for massage-therapy to solve; a visit to an Acupuncturist or your primary Physician is recommended.

The SOLAR PLEXUS CHAKRA

DEFINITION:

This Chakra connects the body to THE MENTAL PLANE of Asian Metaphysics, which houses what the ancient Egyptians called “the Ren” or NAME. It was the teaching of the Egyptians that we each have an Eternal Name which dwells forever with our Maker, and which (if we can learn it during mortal life) can give us access to great spiritual powers. To learn more about the Ren and it’s capabilities, study the two segments “Hod” and “Netzach” in KABALLAH, a few pages further on, which form the Solar Plexus Chakra in Kaballist traditions.

As a portion of the Aura, the Mental Body extends out from the Etheric Body some eight to twenty inches or so, depending on one’s state of mind at the moment. It can be colored any color of the rainbow at any given time, but the natural “Ray” or color of this Chakra is YELLOW.. the color of the Sun which lends the Chakra it’s name.

Naturally the Mental Plane and it’s Chakra is where we find WILLPOWER, AUTHORITY and PERSONAL GOALS IN LIFE. Anytime those areas are under stress in our lives, both the Mental Body and the physical organs nourished by the Solar Plexus Chakra can reflect that, as pain, tension or other physical conditions. In addition to getting the necessary healing for those physical organs involved, Holism recommends immediate counseling to locate and SOLVE the Willpower or Motivational “blocks” or “conflicts” that are causing the stress to occur.

This Chakra is nourished by the following two Acupuncture Meridians:

The HEART CHAKRA

DEFINITION:

STOMACH (Gemini) MERIDIAN



SPLEEN (Cancerian) MERIDIAN



The two points marked by an ‘x’ in the drawings above are Acupressure Massage Points you may use to help balance the energy in this Meridian. A few minutes of light massage here can help a lot! NOTE that if both points on both arms or legs are equally VERY painful to massage, you may have an energy-imbalance too strong for massage-therapy to solve; a visit to an Acupuncturist or your primary Physician is recommended.

Identified by Yoga as the center of our Beliefs, Commitments and Ideals, the Heart Chakra houses all of our “heart-felt” issues; from brotherly Love to Romantic Passion and even Patriotism and Ambition.. EVERYTHING in fact that we “hold dear to our hearts.” As is long-known to Asian philosophies, the Heart Chakra ALSO houses our Universal Mind (or “Spirit-Protoplasm”).. the ‘still and quiet voice’ of conscience and Karmic Truth, which we can train ourselves to hear speaking anytime we set-aside all of those personal passions and feelings long-enough to LISTEN within that Silence Of Mind called MEDITATION.

This Chakra connects the body to “THE CAUSAL PLANE” of Asian Metaphysics, the ‘occupant’ of which is our ETHICAL SELF or CONSCIENCE, identified by the ancient Egyptians as “Ab” or “Hati” the Inner Heart, considered to be both the source of our Viability or Life-Force as well as the fountain of ‘good or bad thoughts’.. where we go to exercise our ethical development. Closely tied to the concept of Karmic Law (or getting one’s Just Desserts for our actions,) the Heart Chakra is also the ‘place’ we each come-to in order to ‘rehearse’ or plan-out our personal development and lifestyle changes.

As a portion of the Aura, the Causal Plane is the third band of colored light out from the body. It’s natural color is GREEN, though it may be any color of the spectrum from moment to moment, depending on what we are busy “causing” in our lives.

As a set of personal experiences, the Heart Chakra’s Causal Plane is mostly felt as EMOTIONS and FEELINGS, during waking hours. However, in our sleep, the Causal Plane most often takes the form of “Play-Dreams,” dreams in which we are playing a Game that is somehow “more” than a Game. These ritual games may range from ball-games in which we are passing the Sun from person to person (taking turns experiencing each of the 12 “Sun-Sign” Ego-natures!..) to “Hop-Scotch” in which one decides whether to “land-on” the square that means ‘go to college,’ or pass it over for another that means ‘take a year off and travel the world.’ These are far more than “Games!” Indeed, it is here in the Causal Plane and it’s Spiritual “Game Of Life” that most of the great decisions of our lives are rehearsed and planned-out, usually months or weeks in advance of the actual events themselves.

This Chakra is nourished by the following two Acupuncture Meridians:

The THROAT CHAKRA

DEFINITION:

HEART (Leo) MERIDIAN



SMALL INTESTINE (Virgo) MERIDIAN



The two points marked by an ‘x’ in the drawings above are Acupressure Massage Points you may use to help balance the energy in this Meridian. A few minutes of light massage here can help a lot! NOTE that if both points on both arms or legs are equally VERY painful to massage, you may have an energy-imbalance too strong for massage-therapy to solve; a visit to an Acupuncturist or your primary Physician is recommended.

Identified as the THROAT Chakra or Aura-center by Yoga, this energy-plexus encompasses essentially the Throat, Mouth, Tongue, Nostrils and Jaw areas, any or all of which can become 'sore' or traumatized by a crisis over ONE'S PERSONALITY AND HOW TO "WEAR" IT. Since the Throat is housed in the Neck, the bones and muscles of the Neck and Shoulders also respond to Throat-Chakra crises.

This Chakra connects the physical body to the famous ASTRAL PLANE.. connected with 'out of body experiences' and Soul Travel as well as such Astral skills as distant-healing and Hypnosis. The Astral Plane is 'occupied' by the Astral Body of Asian Metaphysics, which the ancient Egyptians called "the Khu" (which means "Shining One" and "glorious Intelligence.") According to the Egyptians, this "body" is an eternal part of our makeup, and can travel about, visiting others on earth as well as the gods in their heavens. The Astral Plane like the Khu is named for the "Shining" or STAR-LIKE LIGHT which is it's appearance to the eye.

As a portion of the Aura, the Astral Body is the Fourth Band of Auric Light and can vary in both size and color depending on one's astral activities at the time. In normal, resting persons, the Throat Chakra's "Ray" color is BLUE. Astral experiences range from Fantasy to "Flying Dreams;" from hypnotic trance to "spell-binding" charisma. Perhaps the only thing all Astral Experiences have in common is THE PERSONALITY.. for that is the one "thing" all Astral events are busy CULTIVATING. The Astral Plane is our "Personality Training Center."

Anytime we are undergoing stress to our Personality-development, both the Throat Chakra and everything it is connected to can also undergo distress. From troubled sleep, strange dreams and unusual personality-traits.. on up to physical illness or injury to the throat, shoulders and upper back. In addition to getting help for the physical conditions that have developed, one is encouraged to find and SOLVE the personality-issues that are causing the stress in one's life.

To learn more about this Chakra, study "Geburah, Chesed" and "Daath" in the Kaballah section a few pages on in the Manual, for those Sephiroth comprise this Chakra in Kaballah.

This Chakra is nourished by the following two Acupuncture Meridians:

The BROW (3rd Eye) CHAKRA:

DEFINITION:

THE LUNG (Aries) MERIDIAN



LARGE INTESTINE (Taurus) MERIDIAN



The two points marked by an 'x' in the drawings above are Acupressure Massage Points you may use to help balance the energy in this Meridian. A few minutes of light massage here can help a lot! NOTE that if both points on both arms or legs are equally VERY painful to massage, you may have an energy-imbalance too strong for massage-therapy to solve; a visit to an Acupuncturist or your primary Physician is recommended.

Identified by Yoga as 'the seat of the Soul,' the famous Third-Eye Chakra (or energy-center) is located in the center of the FOREHEAD or brow; and is associated with SPIRITUAL TRUTH. Anytime one must resolve issues of what IS true on an absolute or philosophic level, this Chakra may become 'stressed,' leading to pain, abnormalities of hearing, vision and/or psychic phenomena.

The Psychic Plane of Asian Metaphysics connects to the body via this Chakra, and within it "dwells" THE SOUL.. identified by the ancient Egyptians as "Ba" which means 'sublime' or 'noble' and which was pictured as a human-headed Hawk (which symbolically explains this to be the part of Self which 'flies' through our lives, evolving as we progress through time.)

To learn more about this Chakra, study the Sephiroth "Binah" and "Chokmah" in the section on KABALLAH, a bit further on in this section of the Manual. Those Sephiroth comprise this Chakra in the science of Kaballah.

As the 'source' or center of psychic knowledge, this Chakra produces our Dreams and Fantasies, as well as such advanced psychic states as Clairvoyance, Telepathy, Clairaudience and Spirit Communication. These are simply 'normal' functions of this powerful Chakra!, but anyone unaccustomed to them may find them shocking or a bit frightening, at first. As such, this Chakra is often the source of psychological as well as psychic-phenomena upheavals.

While it is easy to understand why some people experiencing their first 'opening of the Third Eye' may wonder if they are "losing their mind" (sadly, a view reinforced by the profoundly anti-mystical sciences of Psychiatry and Behaviorism, which regard ALL psychic phenomena as 'mental illness!,') it MAY in fact really mean that the individual is finally FINDING their mind; for all of these psychic traits are simply NATURAL PARTS OF HUMAN EXPERIENCE.

"Mental Illness" is really the INABILITY TO HANDLE psychic phenomena, not it's mere presence. One of the first things that anyone complaining of psychic states needs is a thorough education in the Psychic Sciences as taught by the ancient academies and traditions of Asia and the Mideast; Yoga, Kaballah, Egyptology and Philosophic Buddhism all recognize psychic states as NATURAL, and desirable.

A good way to begin evaluating stress or change to this Chakra is by identifying the precise EFFECTS the individual is experiencing. The following list should cover most possibilities..

PHYSICAL HEALTH PROBLEMS ONLY:

From weakness or pain to the eyes or ears, to migraine or skull-pressure headaches to the forehead or sides of the head (including dizziness or nausea,) the purely physical stress to this Chakra indicates that the individual is STRUGGLING TO LEARN THE REAL TRUTHS ABOUT THEIR SOUL AND IT'S PLACE IN THE UNIVERSE. In-depth study of Mystical Philosophy along with any religious-deprogramming that may be needed, are the best 'cure!' Immediate relief may be had by a balancing of the energy-flow in the two Meridians of Acupuncture which nourish this Chakra (see the bottom of this page for details on those.)

CHAOTIC DREAMS AND INNER TURMOIL:

This least-problematic yet still distressing level of Psychic Disturbance is simply the Opening Of The Third Eye Chakra, long understood by the Metaphysical Philosophies of the world. Dreams are the mind's BRIDGE between the two halves of our Reality (the Physical and Metaphysical worlds;) and any major change in one's Dream-life indicates a new level of ACCESS to that Other Half of the mind (the Right, Clairvoyant-Intuitive Lobe of the brain.) In-depth DREAM-ANALYSIS on a daily basis, along with a deliberate program of Mystical Development (such as Yogic or Kabalist training) is really the only lasting solution.. for the mind can not cease seeing what is REALLY THERE; all we can do is help it UNDERSTAND what it is seeing. In time, such training can turn such chaotic, confusing inner symbolic events into a clear channel of Metaphysical Insight.

To interpret the Symbols in Dreams and other Inner States, see the PHYSICAL ANALYSIS SECTION of this Manual.

UNWHOLESOME PSYCHIC PHENOMENA:

ONLY those people born and raised within a religious background are prone to 'seeing devils.' ONLY those people whose religious programming FORBIDS them a free expression of their sexual needs are prone to "incubus" or 'sexual demons' trying to seduce them. ONLY those people with a religiously-implanted tendency in that direction are prone to "hauntings," possessions and 'curses.' All such phenomena are simply SOCIAL ILLNESS rather than 'mental illness' (though the one MAY lead to the other;) and the proper "treatment" of Social Illness is EDUCATION. Since it is religions which expound the theory that there are 'evils' or 'bad' spirits (the Disloyal Opposition to their OWN socio-political party!;) it is with religion that the educational therapy must begin. A course of study in World Religions (to explain the ORIGINS of their problem) is a good first step.

"De-Programming" or the careful overcoming of religious dreads and fears (by replacing them with something WHOLESOME, such as mystical philosophy) should be accompanied by SELF-LIBERATION COUNSELING; helping the individual to see what parts of themselves their 'bad psychic phenomena' really SYMBOLIZED. In most cases that will be seen to have been their own sexual, psychic or lifestyle FREEDOMS, merely judged as bad by an antiquated religious cult which was itself afraid of Reality. In general, whatever the 'bad spirits' were trying to demonstrate or encourage in the individual is really THEIR PERSONAL FUTURE, trying to emerge through a battleground of religious bigotry. It is the task of the Holistic Counselor to help the individual find WHOLESOME ways of attaining those Freedoms and Skills.

INABILITY TO TELL "PHYSICS" FROM "METAPHYSICS:"

"Delusionary States' or the inability to separate psychic symbols from 'real events' in the physical world is the ONLY real proof of 'mental illness.' Virtually anyone 'might' see a "ufo" or a ghost, a 'god' or a deceased relative, or begin receiving telepathic communications; those are simply Psychic Phenomena. But when the individual begins to build a PURELY "Separate Reality" for themselves based upon purely Metaphysical or Symbolic events (such as thinking that the Space Brothers are going to arrive any day now, and take you away to their distant planet!, or that God has made you his ONLY Special Messenger, to whom he whispers the Fate of everybody ELSE if they don't agree with you!;) then CLEARLY one has lost control of the Logical-Analytic function of the OTHER (non-clairvoyant) lobe of the brain.

Drug therapies exist for 'sedating' such unbalanced minds, while they "heal" from the shock they have received; a referral to a licensed psychologist or psychiatrist is really the ONLY course possible in such cases. Later, when the mind can once-again HANDLE the fact that we are multi-dimensional beings with half of our lives in a purely Metaphysical Universe, they MAY be able to study their psychic shock-experience objectively; but WHILE IT IS OCCURRING they are quite incapable of telling Physics from Metaphysics, and attempting to 'explain' that to them is a total waste of time. PSYCHOLOGICAL TREATMENT IS NECESSARY in all such cases.

This Chakra is nourished by the following two Acupuncture Meridians:

GALL BLADDER (Aquarius) MERIDIAN



LIVER (Pisces) MERIDIAN



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The CROWN CHAKRA

DEFINITION:

Identified by Yoga as the 'Crown' or "Thousand-Petaled Lotus" Chakra, this Aura-center encompasses the Crown of the Head, upper brain-mass and the ductless glands located within the brain. Associated with "Macroprospectus" in Kaballah.. and 'Cosmic Consciousness' in western Mystical traditions.. this Chakra "houses" that portion of the Self which endures unchanged through time. While the Soul (centered in the Third Eye or Brown Chakra just below the Crown) evolves from Life to Life (or Phase to Phase in our development,) the Akashic "Light Body" can be viewed as one's "ETERNAL POTENTIAL" and "LASTING IDENTITY."

This Chakra connects to THE AKASHIC PLANE of 'indestructable light' of Asian Metaphysics. The Self-Identity which lives in this dimension of Light was called 'the Sekhem' by ancient Egyptians (meaning "the Power" and "the Form",) and may best be translated into English as "the God-Self" of Jungian Analysis. For further information on this, see the Spiritual/Metaphysical Level of this Manual.. as well as the God-Self Phase in the Mental/Emotional Level.

This Chakra and it's 'occupant' the Akashic Self are that portion of us which GOVERNS all lower portions of our makeup. Anytime one finds oneself "obeying a higher calling" or acting upon a sense of 'destiny' which they cannot logically explain, they are following the dictates of the Crown Chakra and it's powerful Authority over our lives.

Naturally, there is NO WAY of over-riding the Authority of this Chakra: the best one can do is "obey" it more deliberately. Any imbalance or trauma to this Chakra indicates that one is being 'controlled' by the Higher Authority of the Akashic Self, and the only real 'solution' to such crises is to LEARN THE IDENTITY AND "DESTINY" OF ONE'S AKASHIC SELF-IDENTITY. See the Spiritual/ Metaphysical Level of the Manual for more details on this process.

This Chakra is nourished by the following two Acupuncture Meridians:

CIRCULATION-SEX/Pericardium (Sagittarius) MERIDIAN



TRIPLE-WARMER (Capricorn) MERIDIAN



The two points marked by an 'x' in the drawings above are Acupressure Massage Points you may use to help balance the energy in this Meridian. A few minutes of light massage here can help a lot! NOTE that if both points on both arms or legs are equally VERY painful to massage, you may have an energy-imbalance too strong for massage-therapy to solve; a visit to an Acupuncturist or your primary Physician is recommended.

METAPHYSICAL OBJECTS

THOUGHT-FORMS

Although more often 'thought' than seen with the eyes, another class of Metaphysical Objects are literally IDEAS and EMOTIONS which have been built-up and so energized by some human mind as to become quite vivid and powerful-enough to impress themselves upon the mind and eye. Thought-Forms can range from the silly to the shocking; for after all, what has NOT been brooded-upon for hours by SOMEONE in your vicinity?! Every such 'intensified thought' becomes a sort of free-floating Idea-Picture which can float around 'occurring' to people for months or even years. The Metaphysical Lore of our species contains almost countless examples of Thought-Forms and their effects on people; from the incubus or sexual-passion Thought-Form sent out by someone who 'has the hots' for you but is not saying that out-loud (which can enter one's dreams and thoughts as a sudden and almost tangible presence full of quite explicit sexual promptings;) to most of the typical 'imps' and 'demons' of folklore, which are really just somebody else's mean-spirited WISHES that that have been so brooded-over as to gain almost physical density, all such Thought-Forms are easily mistaken for 'the real thing' instead of what they really ARE (just IDEAS taken shape and fed by somebody's Id-forces or Libidinal 'charge.')

Thought-Forms can be dispelled by anyone who wishes to! All it takes is to allow them to influence the mind long-enough to "fulfill" themselves by FINALLY being 'received' by someone. You do NOT have to agree with them or act-upon them; merely let them 'occur' to your mind, see them as a story wanting RECOGNIZED, let them play themselves-out and get their message COMPLETED.. and they will have been discharged of their energy, and VANISH.

One of the most important effects of seeing a Thought-Form is the realization that Oh, MY: I AM PROBABLY CREATING THESE THINGS MYSELF PRETTY OFTEN! Well, don't be embarrassed!.. everybody does it. Since our minds ARE capable of creating and sending-out these little 'packets of passion,' why not do so CONSCIOUSLY? All it takes is a focused concentration, and a careful, passionate repeating of a certain idea (let me suggest 'Blessings' of any type you KNOW to be needed by someone, but who cannot accept those from you consciously;) and send the IDEA off for them to receive in their thoughts or dreams. This careful, deliberate use of Thought-Forms is both wise and helpful.. which is the only antidote to their UN-wise and disturbing use by unconscious people. In the long run, Thought-Forms are an advanced form of Telepathy with many possible good uses.

UFO'S

"Unidentified Flying Objects" have been with us literally FOREVER; you can find them painted on cave walls from the earliest of times.. and very little has changed in our perception of them since, though our words ABOUT them have altered very much indeed. Anciently such inexplicable Lights were all considered to be "Devas" or Nature Spirits akin to the "gods," and contact with them was considered something of a blessing. Virtually all ancient cultures claimed contact with beings who travel about inside a 'shining egg' and most religions owe much of their inspiration to such Devic Contact.

What it MEANS about an individual to have seen such a Visitor is simply that THEY HAVE THE METAPHYSICAL-CLAIRVOYANT LOBE OF THEIR BRAIN OPEN FOR BUSINESS. There is nothing at all un-natural OR 'science-fictional' about the experience; though how one 'explains' the experience to oneself can range from the silly to the psychotic. Let us suggest that the ancient science of Kaballah offers the best verifiably-accurate guide to this entire class of experiences. In the traditional lore of Kaballah one will quickly learn that "Little Greys" are NOT abduction-prone aliens out to steal your baby but "the Aishim" or the Angelic Order responsible for supervising human Fertility (which is why their 'abductees' are ALWAYS examined for their sexual functionality and state of fertility.) Each of the other 'alien races' reported in the current popular press are likewise known to Kaballists.. and are simply OTHER Metaphysical Beings native to our own amazingly ALIVE World.

For most people, the one Order or 'race' of "UFO's" that we really need to know about are called 'the Beni-Elohim,' which are identified by Kaballah as ONE'S OWN "STAR-TRAVELING" SPIRIT.. which takes the form of an 'alien' but normally quite human Visitor who reconnects the individual to their own 'divine' (or Heavenly)..

therefore 'extraterrestrial') beginnings and destiny. Normally DREAMED and/or glimpsed in vivid fantasies, one's personal Beni-Elohim is a natural part of EACH OF US, and it is only those who insist on making that 'come true PHYSICALLY' as a UFO 'abduction' are mishandling their soul-memories. Remembering and enjoying the memory that we are NOT really 'native' to Earth (but originated in "Heaven" among the stars) helps us reconnect with our SOUL-nature. Period! So, why not ENJOY the process as healthy and good for us?!

GHOSTS

Though they may not be seen by as many people as UFO's are, the Ghost-world is certainly more familiar ground for most people's minds to dwell-on; there is not a society or community (or even a family!.) on earth that has not been touched by Ghost Stories. Some cultures have a horrific FEAR of Ghosts; others tolerate them as easily as they do the neighborhood dogs.. but everybody knows they are POSSIBLE and hopes they are not around tonight! But what IS a Ghost that we should fear it?

Unlike the living Spirit (which we will cover next) the Ghost or Shade (Ka in Egyptian) is simply a VISIBLE MEMORY of a once-living person. All Metaphysical Traditions agree that there is nobody 'home' in a Ghostly Apparition; like the image of a long-dead movie star still playing at the neighborhood theatre, a ghost is simply a semi-transparent Light-Form going about the business of it's former life.. though it IS a Metaphysical Object and therefore emits a cold, tingling energy that can temporarily affect the body enough to seem 'physical.'

The Metaphysical term for the 'stuff' a Ghost is made of is 'Ethereic Energy.' The Etheric Sheath of the Aura does not leave the earth with us when we die; being too material or biologically-bonded, it remains behind, replaying the habits, patterns and strongest memories (pleasant OR otherwise) that it contains. "Hauntings" are Ghost-forms replaying unpleasant events.. (and those are fairly rare fortunately.) Most Ghostly Apparitions are of ordinary, peaceful things such as an old man playing with his favorite dog, or a woman STILL cooking dinner for a family she loved centuries gone by.

Ethereic Energy is NOT immortal; in fact it normally 'biodegrades' over the space of a couple of years time after the Spirit has departed from within it.. though extreme trauma CAN make it so strongly-energized as to survive for many centuries. Techniques DO exist for dispelling the remaining 'charge' of energy in a Ghostly Apparition (and Ghost-Busters STILL do a thriving business, and probably always will.) In addition to remembering that MEMORIES CANNOT HURT YOU, and Ghosts are perfectly harmless except to your nerves!.. the only thing to keep in mind about Ghosts is that THEY CAN TRIGGER THE RELEASE OF "PSYCHOKINETIC ENERGY" from one's own Unconscious Mind. This energy is quite capable of causing physical effects ranging from "Poltergeist Manifestations" which can move physical objects around and even cause spontaneous injuries to occur to the body of extremely susceptible people (especially children around the age of puberty;) or even to the extreme possibility called 'possession'.. which is simply a susceptible (usually YOUNG and religiously-traumatized) mind 'acting-out' the Ghost-Memories around them, because they do not yet know the difference between their own mind and other strong influences that might CROSS their mind.

Anyone having any form of physical, emotional or behavioral problems related to Ghostly Apparitions in their vicinity needs the help of a competent Parapsychologist.. whose training specializes in dealing with this Ghost-to-human Interface.. though psychological counseling is quite advisable as well, for anyone having trouble coping with The Other Side of life.

SPIRITS

All cultures in history have recorded instances of 'Spirit Visitations.' Whether the disincarnate spirits of deceased relatives who appear to someone, calling them by name and obviously both 'alive' and coherent; or a similar visitation by a 'spirit guide' or even an historical figure from the past; such events are characterized by a vastly different sensation and effect than any 'ghostly apparition.' Typically such Spirit Visitors are not 'pale, ghostly images' but merely semi-transparent forms of obviously 'real' persons who happen to be less-than-physical. One MAY (if easily startled) be frightened by such a contact.. but that fright is not induced by any of the icy, paralyzing effects typical of a 'ghost.' Rather, it is the shock to the MIND that frightens one, as you face the fact that not all Life is "solid matter."

Spirits are simply PEOPLE traveling-around without their 'body' on! It may shock one to realize that the Spirit IS capable of life beyond the body.. but that is a good thing to learn, anyway; and once you get over the amazement of it, there is nothing automatically strange about it. Not everyone, of course, can see Spirit Beings; that is a matter of 'attunement' to the vibratory level on which they exist. If you are prone to seeing Spirit-forms, they will normally occur (at least initially) as "pillars of light" of various colors (the Aura of a Spirit is every bit as vivid as that of an embodied person;) and these may be observed moving around the room, sitting or standing near those they have come to contact.

The vast majority of Spirit-visitations reported through time have been from either departed relatives, merely checking-in to say Hello; or Spirit Guides (comparable to the 'guardian angels' of western tradition, though HUMAN rather than Angelic in nature) who accompany us each through life as at least occasional 'helpers' in our lives. Spirit Guides may be of any cultural background or human type (Spiritualism recognizes a number of 'types' of Guides who specialize in certain helpful roles for others, in-between their own lives, including Native American "Wisdom Teachers," Oriental 'Guides' practicing the skills of a guru, and Spiritual Healers who are often former medical doctors apparently doing Graduate Work!) All of these one will either SEE or NOT SEE, depending on your 'attunement' to them. But they are all there to HELP; the idea of 'bad spirits' is bluntly a psychological matter due to unresolved problems in one's relationship with the Id, Libido or God-Self.. due to religious trauma.

The usual way of relating with Spirit Visitors when their Light-Forms are sighted is to simply send them a mental Hello.. and go on with one's life. If you later find yourself thinking-about or 'imagining' a person of a particular type saying or doing something in particular, then you can note that and be glad for the insight; but most of the time the Visitor is there to work with the Soul rather than the conscious mind of those they are visiting. It is common for the real meaning of the visit to emerge from Dreams after the visitation. Such Spirit Guides are generally people whom one has helped in some other part of Time.. and who are merely returning the kindness by being helpful to you, now.

In summary, Spirits are People too.. though they have the great advantage of not having a human ego to get in the way of their friendly service to the living. If you see one, it is because they dropped-by to be helpful in some way. Say Hi, Thank You and Goodbye!

GODS & THEIR COMPANIONS

The final major category of Metaphysical "object" we need to discuss is in many ways the most 'sensational' of them all.. yet every bit as 'natural' as anything ELSE in human life: GOD and all of the many creatures who serve God. While many religions claim to have the 'inside story' on God and his only 'real' message to us, Metaphysically-sighted people all over the world actually SEE, HEAR and RELATE with our Maker as easily as you do with your next-door neighbors. All it takes is having your Right (Clairvoyant Intuitive) Lobe of the brain 'turned on' and properly trained.. and you, too, can begin to know God and his household-staff.

As for "theology" or religious Doctrines, you may want to drop those off somewhere when you are out taking a walk in the woods; you will not need any of that stuff in relating with Spirit (in fact, it will get in the way of accurate relating.) After all, what would you really have to "believe" about God, if you could see and hear him?! The opposite of Religious Belief is MYSTICISM.. the direct RELATING with Spirit; and THAT is what it takes to deal with any actual Visionary experience.

As for what "God" may look like or say to you, that depends on which of his many, many IMAGES you happen to need to see him in at the moment. If you are a Judeo-Christian by background, you probably have read the story of how God said "Let us make man in our Image?" Well, the OUR in that line refers to the fact that the single God has many IMAGES: Kaballah recognizes TEN of them as part of it's "pantheon" or God-spectrum. The ancient Greeks recognized TWELVE "gods" of Olympus, plus many more who specialized in some minor function of Spirituality. India is called the Land Of Ten MILLION Gods. Simply put; What You NEED Is What You GET: God has an "Image" for every occasion.

The deliberate cultivation of God-contact.. Mystical Science.. recognizes Meditation and Prayer as useful beginning-places for most people; though advanced techniques for letting Spirit know that you are ready and interested in relating are also considered necessary. Kaballah is the Mystical Practice of cultivating God-

contact from within Judeo-Christian culture; Raja (“Royal” or DIVINE) Yoga does the same for Hinduism; and Buddhists have their own forms of Mystical Science. If you wish to develop a close relationship with God, you will need to choose a Path of God-contact and stick with it.. elbow grease is necessary in THIS job too! You may need to study a number of Paths, also; for almost no cultural tradition covers the whole Spectrum of Spirit in-depth.

The “Household Staff”

The “hierarchy” or Chain Of Command within the spiritual universe includes the one God in his many Images; a sizeable number of ‘Captains’ called Archangels in the west and Boddhisattvas in Asia, each heading a lineage or Order of “Angels” or Devas, Nature Spirits, Kachinas or whatever your culture calls them. Every society has it’s own Mystical Societies teaching techniques for contacting these beings.. and just about the only general Rule all Mystics agree upon is that the student must EARN access to Heaven through self-GROWTH; getting over the personal ideas, practices and (above all else) OPINIONS that separate us from our Spirit Family. That does NOT mean that you have to quit smoking, stop having sex in your favorite ways or do God any OTHER un-natural “favors:” all it means is redirecting your life away from purely HUMAN psychology (called ‘Maia’ or Spiritual Ignorance in Asia) and INTO Spiritual psychology.. called ‘Dharma’ or “the Good Law” is Asian Metaphysics. That Law can be summed-up as LIVING BY BLESSING RATHER THAN SELF-ISHNESS, and it is not at all hard to do!

Anyone already blessed by God-contact still needs a systematic Mystical Path within which to continue cultivating their own Self-Growth within the Good Law. Trying to live ‘with God’ but WITHOUT the rest of his Household (including the rest of humanity) is STILL self-centered and capable of self-deception.. so the real trick to Mystical Living is FINDING THE RIGHT PATH for your own study. We provide a working application of the Holy Kaballah for you to use or at least to compare your own Path with, for ideas of how to integrate God into your life.

KABALLAH: Receiving The Teachings

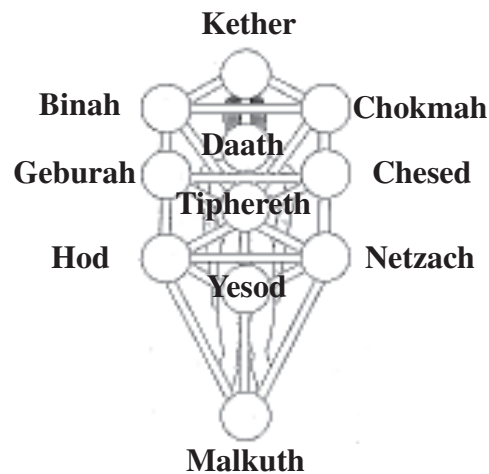
MAZLOTH: The Tree Of Life
THE LIGHT-BODY

Identified as “Libido” by psychoanalytic theory, and described as “a reservoir” or PACKAGE in which we travel through the Unconscious Mind (or Id) the Light Body is in fact a very precise Structure with a well-defined number of ‘parts’ all of which play a role in our total Identity. The entire Structure of the Light Body is called “THE TREE OF LIFE” and it’s study is called either Yoga, Kaballah or some other name for Mystical Science.

The Light Body is composed of SEVEN VITAL CENTERS called ‘Chakras’ by Yoga; which interconnect TEN SPHERES OF LIFE-EXPERIENCE called ‘sephiroth’ by Kaballah (sephirah, is the singular tense of the plural Hebrew word sephiroth.. which is often translated as ‘Branch of the Tree Of Life’ or “Consciousness Zone.”)

Learning one’s way around the Light Body is a major piece of work!.. for it IS complex and a bit technical.. but anybody who really wishes to explore their full potential and Metaphysical Nature will need to do that study, eventually. We provide a basic guide to each Chakra and it’s Sephiroth, in the list below..

THE “TREE-STRUCTURE” OF CONSCIOUSNESS



THE FOUR WORLDS

Each Sephirah houses FOUR LEVELS of the Spiritual Hierarchy. To fully understand and USE the information the Sephiroth provide, one must find ways to connect to AT LEAST the “Briah” or ARCHANGELIC (Bodhisattvic) LEVEL of the specific Sephirah you are in need of better relating with.

It is recognized by all Mystical Sciences that (of the Four Levels of Hierarchy) ONLY THE ARCHANGELIC or BODHISATTVIC LEVEL IS EASILY REACHED BY ORDINARY HUMAN SPEECH. As such, it is the best place to begin when you need to make improvements in the part-of-life ruled by that Sephirah.

KETHER: The Summit Of Heaven

DEFINITION:

Identified by Kaballah as “the Sephirah Kether,” this Sphere of Aura-energy encompasses the top of the head, dome of the skull, upper brain-tissues and metabolic glands; any or all of which can become ‘sore’ or traumatized by a crisis of OVERVIEW, PERSPECTIVE and “OUTLOOK.”

The Sephirah (or Branch of The Tree Of Life) called KETHER in Kaballah connects the individual with “Macroprospectus” or the ability to see the Whole of one’s reality from the perspective of our Creator. Not only the poet Burns but all of us at times have wished the gift “to see ourselves as others see us;” and it is here at Kether that this is possible.

The word Kether means “Summit” or PINNACLE; a tall peak from which one can see everything around you. Anything that centers the attention at the crown of the head is Life’s way of telling us that WE MUST CLIMB ABOVE OUR NORMAL LIFE, AND LOOK AT OUR PLACE IN THE WHOLE SCHEME OF THINGS.

Naturally associated with Meditation, Contemplation, Fasting and other forms of “withdrawal from the world” as Mystical Tools, Kether is associated in Kaballah with BREATH; Breathing Meditations are an automatic and easy method of attaining contact with this very ‘other worldly’ yet profoundly important Sephirah.

Like all Branches of The Tree Of Life, Kether connects us with FOUR LEVELS of the Spiritual Hierarchy or “chain of command.” Anytime your search for Holistic Synthesis or Wholeness points to this Sephirah, there is a strong probability that YOU WILL NEED TO CONTACT THIS CHAIN OF COMMAND IN SOME WAY before your crisis or problem will resolve itself completely. The Four Levels of this Branch Of Life are:

ASSIAH: The PHYSICAL Level.

The Physical Level of Hierarchy in all Sephiroth is the same; ASTROLOGICAL INFLUENCES and/or THE "I CHING" LIFE-CALENDAR. See the end of this Section..

For any event involving this Sephirah that began suddenly and has not diminished since then, the Life-Calendar is probably the source of the influence; you should be able to see the pattern clearly (including when to expect it to end) by reading the Year-Hexagram from that Calendar. Any PROCESS that seems to be EVOLVING into ever-changing forms over a long period of time is probably due to ASTROLOGICAL CHANGES affecting one's place in the world around you, as reflected by Planetary Changes. Note that you will need both a Natal (Birth) Horoscope AND a Transit Chart for the current year, in order to understand these Planetary Cycles. The Planet URANUS directly governs this Sephirah in Astrology.

YETZIRAH: The PSYCHIC-SCIENCES Level.

The Science of Kether is DIVINE TANTRA; the practice of RELATING directly with the Creator, one on one. Called "walking with God" in Kabalist tradition, Divine Tantra is neither 'prayer' nor "ritual," nor anything else short of A COMPLETE "PARTNERSHIP" between the Self and it's Source. This is not an easy Science to either describe OR to attain! The few who have attained it in all of history are remembered as the great Mystics, Sages and "holy men" of all cultures.. and they each used personal, unique methods of attaining their Communion, so one cannot even mimic them to attain the same results. Indeed, the only thing that they all had in common is that THEY GAVE THEMSELVES TO GOD SO COMPLETELY THAT GOD WAS "IMPRESSED," and rewarded their devotion with his FRIENDSHIP.

"Walking With God" normally begins with "Talking To God." Spending extended periods of time earnestly calling-out in one's thoughts, asking the Creator to hear you and help you find him.. perhaps over the course of YEARS OF TIME, if necessary.. and honestly telling him how you feel about yourself, about him, about life the universe and everything else that matters to you, is A GOOD BEGINNING! This "one-way conversation" between oneself and (apparently!,) nobody else at all CAN be rewarded by a sudden and quite amazingly 'personal' ANSWER. The answer may be anything from the trivial to the earthshaking, but you will know that AT LAST the conversation has gotten underway. Divine TELEPATHY.. the sudden realization of thoughts springing to mind, 'flavored' with another sense-of-self than your own.. is normally the first sign that the monologue is becoming DIALOG. From there to Partnership is really a quite short journey.

That journey from Dialog to Partnership is composed of "Covenanting" or 'making a deal' with your Creator about how you two should relate henceforth. You may TRY to get him to do as you ask without asking anything in return!.. but it did not work that way for this writer. Most Mystics have learned that relating means each party making concessions to the other (such as 'oh, alright; I will give up insisting on THAT LITTLE THING I WANT, if you promise to help me with THIS instead.')

Relating with ANYONE is like that; and with our Spirit-Parent, the relating is slightly more-so.. for God remembers our words exactly as spoken, and we simply cannot 'fake it' with him. But really, WHAT COULD THAT MATTER?! Once you have established a sworn Partnership of eternal mutuality with the fellow who started the universe spinning, could there ever be anything 'wrong' in your life again? Divine Tantra may be the hardest Science of them all, but it is ALSO the most lastingly REWARDING.

BRIAH: The ARCHANGELIC Level.

Most western societies know of the great "Spiritual Intermediaries" who caretake our relationship with the Great Spirit, and refer to them as "Archangels." Asian societies normally call them "Boddhisattvas" and will need to turn to their own cultural traditions for guidance in contacting the right Bodhisattva for their Kether-related problems.. though ANYONE can call upon ANY Spiritual Authority and get useful results. The Archangel of Kether is called "Metatron," and he connects us with our Creator in the form called "Primum Mobile" which is the Latin for 'First Mover' or THE ORIGINAL, FIRST LIFEFORM.. "God." The Hebrew 'name for this being is "Ahih," denoting the sound of BREATH inhaled and then exhaled.

The Angelic Order (or lineage of Devic Spirit-Workers, if you prefer) who serve this Sephirah are called the Chioth Ha Qodesh, or "Four Holy Living Creatures" (the 'Tetramorphs' of Ox, Man, Eagle and Lion who represent the raw materials out of which all created forms are combined.) When one contacts the Archangel

Metatron and requests his help in contacting the Creator, these Tetramorphs respond by revealing themselves to us as the four “Identity-Strands” discussed in THE PERSONAL IDENTITY SECTION of this Manual.

To contact the Archangel of Macroprospectus in the most direct way possible, jot-down the names just mentioned and proceed to the KABALLAH-CIRCLE RITES a few pages on in the Manual.. where a reliable, long-used Ritual Meditation is listed.. and simply perform it as shown, inserting the proper names where prompted. This will trigger as much immediate Spiritual HELP for your problem or crisis as possible right now.

Repeated contact with this Archangel (asking each time for yet MORE clarity of Overview and more help with solving the specific details of your crisis or condition) over a period of days or weeks may prove extremely useful.. since it is only after fully INTEGRATING all four ‘strands’ of Identity-material of the Chioth Ha Qodesh, that full Self-Overview can occur, finally ending your Kether-related problem.

ATZILUTH: The GOD-ASPECT Level.

The “Aspect” or FORM of the Creator connected-with at Kether (Ahih, the Primum Mobile or First Spirit) is neither male nor female, old nor young nor any OTHER adjective. ‘He’ is simply HIMSELF.. or, as he has said several times to others who know him, “I AM THAT WHICH I AM.” Strangely enough (for we DO tend to think ourselves ‘unworthy’ of his affection without all sorts of self-purifications and ascetic self-denials,) all he really wants of us is be as simply ‘there’ as he is. When we, too, can say “I AM JUST WHAT I AM” he will be pleased with our progress!

Naturally, we will NEVER be able to say that until we LIKE as well as respect ourselves AND EVERYONE ELSE IN THE UNIVERSE. Because he made all Souls with a perfect reason for being as they are, Ahih does not consider a person to have ‘grown up spiritually’ until they SEE and ARE HAPPY with the reason for their unique package of individual traits. How happy are YOU with your ‘lot in life?!’ If VERY, then Ahih is VERY near to you, and will listen to you with great interest. If you are NOT very happy with your self-package, he will be elsewhere, and leave his assistants to look after you.

Self-Image, Self-Loathing, Self-Love and Self-Acceptance are a few of the words frequently discussed wherever people are trying to get close to this strangely serene yet immensely loving fellow. Those who know him can tell with one quick earful how others are doing in their practice of Divine Tantra; having said and heard it all already, in their own Journey back to the Source, all words about Love, Life, Joy and Peace are but echoes of ONE HAND CLAPPING. The hand is HIS, but the applause is for all of his children.

Called AMEN (or Amon or Amun, the Goat-headed God) in the ancient Egyptian “paut Neteru” or Great Company of the Gods.. and considered the god of “Origins” who existed alone before giving birth to the other gods.. the God-Aspect of Kether has always been associated with Immortality and finding one’s place within Eternity. You may think of Amen/Ahih as ORIGINATING YOUR OWN FUTURE, requiring you to ‘conceive-of’ or imagine the world you need for your own happiness, and then ‘populating’ that world with your own preferred Images of happy relating. Amen teaches us that Life is made in our OWN Image, for us each. No higher Truth exists on The Tree Of Life!

CHOKMAH: The Sphere Of Wisdom

DEFINITION:

Identified by Kaballah as “the Sephirah of Chokmah,” this Sphere of energy encompasses the Right Eye, Ear, Nostril, Temple and Skull area; any or all of which can become ‘sore’ or traumatized by A CRISIS ABOUT “WISDOM.” Wisdom “means” HOW TO ACCURATELY “ACT” IN ONE’S CURRENT SITUATION. This is not a matter of ‘information’ that one is missing (for apparently the ‘facts’ are already known,) but of HOW TO TAKE ACTION on the known facts. As such, Chokmah-related crises are BEHAVIORAL CRISES, requiring us to exercise “Wisdom” in how we BEHAVE.

In practical terms, all Chokmah crises require us to CHOOSE something; a new way of relating, a new self-opinion, a new approach to being who we are. IT IS NOT EASY TO MAKE SUCH DECISIONS!.. for one can feel that such a change will alter our lives, maybe drastically.

EFFECTIVE PLANNING OF HOW WE WANT OUR LIVES TO BE IN THE FUTURE is the central issue in solving Chokmah-related crises; we must find a way to DECIDE what to do, how to become or what to evolve our lives into. Carefull FUTURE-PLANNING is of the essence here.

Like all Branches of The Tree Of Life, Chokmah connects us with FOUR LEVELS of the Spiritual Hierarchy or “chain of command.” Anytime your search for Holistic Synthesis or Wholeness points to this Sephirah, there is a strong probability that YOU WILL NEED TO CONTACT THIS CHAIN OF COMMAND IN SOME WAY before your crisis or problem will resolve itself completely. The Four Levels of this Branch Of Life are:

ASSIAH: The PHYSICAL Level.

The Physical Level of Hierarchy in all Sephiroth is the same; ASTROLOGICAL INFLUENCES and/or THE “I CHING” LIFE-CALENDAR. See the end of this Section..

For any event involving this Sephirah that began suddenly and has not diminished since then, the Life-Calendar is probably the source of the influence; you should be able to see the pattern clearly (including when to expect it to end) by reading the Year-Hexagram from that Calendar. Any PROCESS that seems to be EVOLVING into ever-changing forms over a long period of time is probably due to ASTROLOGICAL CHANGES affecting one’s place in the world around you, as reflected by Planetary Changes. Note that you will need both a Natal (Birth) Horoscope AND a Transit Chart for the current year, in order to understand these Planetary Cycles. The Planet NEPTUNE directly governs this Sephirah in Astrology.

YETZIRAH: The PSYCHIC-SCIENCES Level.

The Science of Chokmah is “LIGHT-SHAPING” or Visualization.. the power of the mind to ‘paint images’ in the “image-ination’ until they become quite visible structures. This skill is innate or in-born to all of us, and all it takes to perfect it is EFFORT. Anytime one experiences trauma or problems with this Sephirah, THERE IS AN INCOMPLETELY-CREATED PICTURE trying to get FINISHED. In most cases, that is YOU!.. for we, too, were created in one specific Image until we were a clearly-defined Shape (normally called our “God-Self;”) though we may not yet be living AS THAT. This incomplete Image-fulfillment is the central issue in all Chokmah crises.

If you came here because of some very clearly-understood problem or situation that requires you to choose between many possible courses of action, try IMAGINING each possible outcome.. play-out a ‘fantasy’ of each possible direction you could go in, and see if one is more pleasant than all the others, to think about. THAT is clearly the direction to go in! Now, continue or repeat that fantasy until you have built of it a virtually ‘visible image’ that you can clearly SEE with your mind.. and then move-on to the next two Levels of this page, until you find a way to “Command” that into LIFE. That is Completed Visualization; and the final healing of your problem-situation.

Once learned as a tool for making your own life better, Light-Shaping can also be used as a way of helping OTHERS too. Visualizing an improvement that a friend has told you they need, and then asking Spirit to help that come to LIFE for them, can make of you a Spirit Helper of great value to the world.. by use of the Power Of Light.

BRIAH: The ARCHANGELIC Level.

Most western societies know of the great “Spiritual Intermediaries” who caretake our relationship with the Great Spirit, and refer to them as “Archangels.” Asian societies normally call them “Bodhisattvas” and will need to turn to their own cultural traditions for guidance in contacting the right Bodhisattva for their Chokmah-related problems.. though ANYONE can call upon ANY Spiritual Authority and get useful results. The Archangel of Chokmah is named “Ratziel,” and he connects us with our Creator in the form spelled YHWH in Hebrew, which is pronounced “Yove” (Jove in other languages,) which is simply THE NAME HE USED WHEN HE SAID “LET US MAKE MAN IN OUR IMAGE.” Anytime you call upon that name you gain some of his Powers Of Creation.. with which to help RE-create or perfect yourself in the Image he gave you at your Creation.

The Angelic Order (or lineage of Devic Spirit-Workers, if you prefer) who serve this Sephirah are called the “AUPHANIM” or The Encircling Ones; and they SURROUND US with whatever we have properly shaped out of Light.. literally ‘fetching’ those Images as a puppy fetches your slippers. The Auphanim do not “judge” your Images.. they only OBEY them!, so it is important that you give them only DESIRABLE Images to fetch! Every time you vividly imagine some delay, obstacle, problem or unpleasantness (even if you THINK you are only ‘trying to avoid such things’ by imagining them) the Auphanim FETCH IT for you automatically. The only solution to this problem is to call upon their Archangel and God-Aspect and CLEARLY spell-out what you really DO want!.. and then stop all ‘dark Imaginings!’

To contact the Archangel of Wisdom in the most direct way possible, jot-down the names just mentioned and then move on to the KABALLAH-CIRCLE RITES a few pages further on in this Manual.. where a reliable, long-used Ritual Meditation is listed.. and simply perform it as shown, inserting the proper names where prompted. This will trigger as much immediate Spiritual HELP for your problem or crisis as possible right now.

Repeated contact with this Archangel (asking each time for yet MORE clarity of Understanding and more help with solving the specific details of your crisis or condition) over a period of days or weeks may prove extremely useful. Finding personal WISDOM for living your life Wisely is the central need, in order to finally end your Chokmah-related problem.

ATZILUTH: The GOD-ASPECT Level.

The “Aspect” or FORM of the Great Spirit called Yove (YHWH in Hebrew) “invoked” or Spoke Into Being our entire universe, according to the ancient lore; and that is exactly what YOU must do in order to fully finish whatever crisis brought you here. The power of Spoken Commands Of Creation is called GNOSIS in Greek (which means ‘a special knowledge.’) At it’s highest level of development, Gnosis allows any Gnostic to Command changes to occur in their lives, and IT DOES. Does that surprise you? If so, you simply have led a very sheltered life!.. for this knowledge has been around literally FOREVER.. and every culture on earth has known of it.

Gnostic Command or Magical Decree by any other name is a VERY PERSONAL matter; we were each made with a certain pattern of it hidden within us, to discover and perfect. Your Chokmah-related crisis proves that THIS IS THE TIME FOR THAT! Take on this work seriously, and make of yourself what your Maker intended.. ONE OF HIS OWN KIND (in other words,) A GOD-LIKE BEING WHOSE WORDS CAUSE THINGS TO HAPPEN. Naturally, that will require that you STOP saying anything that is not ‘true’ or worthwhile. Are you prone to saying things like ‘what, ME “holy?”’, or ‘I can’t do THAT’ or any of the countless other words people use to keep themselves from TRYING TO COMMAND THEIR LIVES TO GET BETTER.

After you have purged yourself of “wrong words,” you will THEN need to find the RIGHT ones! That, too, is a very personal matter.. which you must find in your heart, hidden away as “sacred WISHES” that have always been within you. Finding those wishes and putting them into Words is the final development of Gnosis. Many times this happens to involve some ‘holy’ or ancient language as well as ‘personal rituals’ that connect you with the Image you have found yourself to have been made to grow-into. All of this takes WORK and TIME; but it may be necessary, before your Chokmah-crisis will completely end for you.

A final detail of Gnosis is that it normally occurs within ‘the magic Circle’ described in the KABALLAH-CIRCLE RITES listed a few pages further on. You may find some of the ‘ingredients’ of your Personal Gnosis there as well!

Called PTAH in the ancient Egyptian “paut Neteru” or Great Company of the Gods.. and considered the god of “Planning” and well-organized Goals.. the God-Aspect of Chokmah has always been associated with the “Blueprint” of things. You may think of Ptah/YHWH as the Architect of Tomorrow, requiring YOU to put-forth both hard work and the right attitude to design what you need, properly. Ptah’s symbols are the Masonic Square and Compass encircled by a knotted Rope. Like Ptah, you must use these tools to build your OWN Paradise.

BINAH: The Sphere Of Understanding

DEFINITION:

Identified in Kaballah as “the Sephirah Binah” this sphere of energy encompasses the Left Eye, Ear, Nostril, Temple and skull-area; any or all of which can become ‘sore’ or traumatized by A CRISIS IN UNDERSTANDING THE FACTS of one’s current life-situation.

All Binah-related crises “mean” that ONE DOES NOT YET HAVE A FULL GRASP ON THE REAL FACTS of one’s life-situation. Sometimes, this can be something as simple as a complex problem one is researching, a new job or project that requires us to learn a lot of new facts, or it can have to do with something far more important.. like A WHOLE NEW PHASE OF PERSONAL DISCOVERY, requiring us to ‘re-learn’ almost everything we thought we already knew about ourselves.

A good way to begin dealing with Binah-related crises is to ask a few simple questions:

WHAT HAVE YOU BEEN TRYING TO UNDERSTAND, BUT STILL HAVE ON YOUR MIND?
WHAT IS GOING ON IN YOUR LIFE THAT IS COMPLETELY NEW TO YOU RIGHT NOW?
WHAT ARE YOU GOING TO DO WITH THE NEW INFORMATION YOU’VE BEEN RECEIVING?

Once you have gotten a grip on the general subject-area of the Understanding-Crisis, you can begin planning-out how to INTEGRATE that new information.. which means HOW TO TAKE ACTION ON IT, and turn the now-understood Information into EFFECTIVE ACTION.

Like all Branches of The Tree Of Life, Binah connects us with FOUR LEVELS of the Spiritual Hierarchy or “chain of command.” Anytime your search for Holistic Synthesis or Wholeness points to this Sephirah, there is a strong probability that YOU WILL NEED TO CONTACT THIS CHAIN OF COMMAND IN SOME WAY before your crisis or problem will resolve itself completely. The Four Levels of this Branch Of Life are:

ASSIAH: The PHYSICAL Level.

The Physical Level of Hierarchy in all Sephiroth is the same; ASTROLOGICAL INFLUENCES and/or THE “I CHING” LIFE-CALENDAR. See the end of this Section..

For any event involving this Sephirah that began suddenly and has not diminished since then, the Life-Calendar is probably the source of the influence; you should be able to see the pattern clearly (including when to expect it to end) by reading the Year-Hexagram from that Calendar. Any PROCESS that seems to be EVOLVING into ever-changing forms over a long period of time is probably due to ASTROLOGICAL CHANGES affecting one’s place in the world around you, as reflected by Planetary Changes. Note that you will need both a Natal (Birth) Horoscope AND a Transit Chart for the current year, in order to understand these Planetary Cycles. The Planet SATURN directly governs this Sephirah in Astrology.

YETZIRAH: The PSYCHIC-SCIENCES Level.

The Science of Binah can be summed-up as TIMING and LOCATION. Binah is identical to ‘the continuum’ of modern physics, which equates Time and Space as part of one great principle. That principle is Binah; the Sphere of Understanding. Every Binah-related issue ‘means’ that YOU MUST AWAIT THE RIGHT TIME for a change that is needed; OR that YOU MUST GO TO THE RIGHT PLACE for the change to occur.

To solve Binah-crises, you must somehow discover which of those two it IS; consider both possibilities until you get clarity. Try asking; could you solve this problem by being somewhere else?.. or would the problem go with you? If you cannot 'escape' the situation, then it is clearly a matter of TIMING; and (like a woman who is pregnant for nine months before her 'problem' can end) you will simply have to WAIT until the time is right for the situation to end.

Sometimes the Place-change required by Binah can be as simple as periodic 'breaks' from your usual environments; a visit to one specific place such as a doctor, dentist, lawyer or counselor's office (you will normally know which!;) or even encouraging someone ELSE in your environment to clear your shared Space of it's crisis-tensions. A little THOUGHT and COMMUNICATION usually answers these questions.

BRIAH: The ARCHANGELIC Level.

Most western societies know of the great "Spiritual Intermediaries" who caretake our relationship with the Great Spirit, and refer to them as "Archangels." Asian societies normally call them "Bodhisattvas" and will need to turn to their own cultural traditions for guidance in contacting the right Bodhisattva for their Binah-related problems.. though ANYONE can call upon ANY Spiritual Authority and get useful results. The Archangel of Binah is named "Tzaphkiel," and he connects us with our Creator in the form called "Aloath Elohim" which is Hebrew for 'Mother Of Mothers' or THE GREAT MOTHER.

The Angelic Order (or lineage of Devic Spirit-Workers, if you prefer) who serve this Sephirah are called the "ARALIM" which means 'Builder Of Thrones;' and it is their job to help each soul build for themselves a personal 'Kingdom' within Reality, built of the raw materials we contain within ourselves. When you contact the Archangel Tzaphkiel and his "boss" Aloath Elohim, what actually happens in consequence is that your OWN Aralim-forces are set in motion to build or improve-upon your "throne" of self-attainment, or Mastery.

To contact the Archangel of Understanding in the most direct way possible, jot-down the names just mentioned and then proceed to the Kaballah-Circle Invocation a few pages further on in the Manual..where a reliable, long-used Ritual Medit-ation is listed.. and simply perform it as shown, inserting the proper names where prompted. This will trigger as much immediate Spiritual HELP for your problem or crisis as possible right now.

Repeated contact with this Archangel (asking each time for yet MORE clarity of Understanding and more help with solving the specific details of your crisis or condition) over a period of days or weeks may prove extremely useful.. though there may still be TIME and LOCATIONS that you will have to wait-for or bring-about in order to finally end your Binah-related problem.

ATZILUTH: The GOD-ASPECT Level.

The "Aspect" or FORM of the Great Spirit connected with Binah is Aloath Elohim, who caretakes the Spiritual Principle of WHO WE WERE BORN TO BE, and how to attain that. Binah-related crises may require you to study the entire section on 'Personal Identity' in THE METAPHYSICAL SECTION of this Manual.. looking for which of the five 'elements of Self' you are currently in need of integrating.

Called NEPHTHYS in the ancient Egyptian "paut Neteru" or Great Company of the Gods.. and considered the goddess of "Providence" and compassionate service.. the God-Aspect of Binah has always been associated with the "sincere offerings" of Spirit to Man and Man to Spirit. You may think of Nephthys/Aloath Elohim as SPIRITUALITY itself, requiring both Understanding and Compassion to fully comprehend.

Since Binah means UNDERSTANDING, we must come to Understand OURSELF fully before we can really learn the lesson that our Binah-related crises are pointing-out. And yes; this can take TIME!.. one of the specialties of this powerful Sephirah; but in the end, understanding one's Spiritual Identity is worth the effort AND the pain of whatever trauma the Great Mother has needed to use in getting you to pay careful ATTENTION to self-discovery.

DAATH: The Refuse-Pit

DEFINITION:

Identified by Kaballah as “The non-Sephirah Daath,” this Sphere of energy is placed in the aura-diagram at the Throat level only because it involves HOW WE WORD OURSELF; it’s actual location on the body is the COLON (Large Intestine) RECTUM AND ANUS; any or all of which can become ‘sore’ or traumatized by a crisis over HOW TO LET GO OF THE PAST.

In fact, EVERY such letting go of the past requires “A LITTLE DEATH;” letting a small part of our former self-identity or self-description ‘die’ and then “REINCARNATE” in a new form. Naturally (since we ALL fear or resist death, by instinct,) we NEVER really want to let this happen.. even though we can feel that it is needed!

Letting an old relationship, self-opinion or lifestyle ‘die’ and get replaced takes COURAGE and WISDOM. Normally these are things that we have to ‘talk’ ourselves into!.. and the presence of a helpful counselor can often be quite necessary.

It is good to begin every Daath-related crisis-analysis by asking the individual to identify WHAT PART OF THEIR LIFE SEEMS LIKE IT IS “DYING” OR ABOUT TO END. Normally that will (eventually) bring the issues to the surface, and one can then begin planning-out how to help the ‘letting-go’ to occur.

GETTING THE HELP YOU NEED

Physical HELP

The Physical-World Information on your Daath crisis can be found in ASTROLOGICAL INFLUENCES and/or THE “I CHING” LIFE-CALENDAR. See the end of this Manual.

For any event involving this part-of-self that began suddenly and has not diminished since then, the Life-Calendar is probably the source of the influence; you should be able to see the pattern clearly (including when to expect it to end) by reading the Year-Hexagram from that Calendar. Any PROCESS that seems to be EVOLVING into ever-changing forms over a long period of time is probably due to ASTROLOGICAL CHANGES affecting one’s place in the world around you, as reflected by Planetary Changes. Note that you will need both a Natal (Birth) Horoscope AND a Transit Chart for the current year, in order to understand these Planetary Cycles.

Spiritual HELP

Most western societies know of the great “Spritual Intermediaries” who caretake our relationship with the Great Spirit, and refer to them as “Archangels.” Asian societies normally call them “Boddhisattvas” though the “Lord of Daath” in Asian traditions is called SHIVA, to whom one may address requests for help in crossing Daath’s Refuse-Pit. The Archangel of ‘getting to Heaven’ is called “Metatron” in Kaballah, and it is he who guides one through this process, in western traditions.

The Angelic Order (or lineage of Devic Spirit-Workers, if you prefer) who serve Metatron are called the Chioth Ha Qodesh, or “Four Holy Living Creatures” (the ‘Tetramorphs’ of Ox, Man, Eagle and Lion who represent the raw materials out of which all created forms are combined.) When one contacts the Archangel Metatron and requests his help in contacting the Creator, these Tetramorphs respond by revealing themselves to us as the four “Identity-Strands” discussed in THE PERSONAL IDENTITY SECTION of this Manual. To successfully ‘cross Daath’ and drop the rubbish you are carrying, ONLY those details about you should be retained. The Archangel who actually DOES the ‘rubbish removal’ function for us is named KHAMAEL.. listed in the Sephirah of Geburah.

To contact the Archangel whose help you need in the most direct way possible, jot-down the name “Metatron” (or Khamael) and then proceed to the KABALLAH-CIRCLE RITES a few pages further on.. where a reliable, long-used Ritual Meditation is listed.. and simply perform it as shown, inserting the proper name where prompted. This will trigger as much immediate Spiritual HELP for your problem or crisis as possible right now.

Repeated contact with this Archangel (asking each time for yet MORE clarity of Overview and more help with solving the specific details of your 'rubbish-crisis') over a period of days or weeks may prove extremely useful.. since it is only after fully INTEGRATING all four 'strands' of your SPIRIT-IDENTITY that full Self-Overview can occur, finally ending your Daath-related problem.

Kaballah does not recognize Daath as having a 'God-Aspect;' but the ancient Egyptians did associate one specific diety with the Rite of Passage through Daath. Called URAEUS in the ancient Egyptian "paut Neteru" or Great Company of the Gods.. and considered the god of "Adeptship" and total self-Mastery.. Uraeus was the Royal Cobra-god who wrapped himself around the brow of anyone who mastered their fear of him and gained the power to command his obedience. Uraeus decorated the royal crown of Egypt as well as the staffs of her Temple-Keepers.

CHESED: The Sphere Of Blessing

DEFINITION:

Identified by Kaballah as "the Sephirah Chesed," this Sphere of energy encompasses the Right Shoulder, Breast, Upper Right portion of the Back, Arm and Hand; any or all of which can become 'sore' or traumatized from a CRISIS OVER HOW TO "BLESS" OR 'PROSPER' oneself or others.

"Blessing" is both a matter of 'wealth' and a matter of 'spiritual opinions;' normally one will find BOTH of those issues involved in Chesed-related crises. A good way to begin dealing with Chesed-crises is to evaluate both THE FINANCIAL STABILITY of the individual, AND THEIR SPIRITUAL LIFE as well. Normally this will reveal a major change underway in BOTH of those areas of self-interest.

Some Chesed-related crises are more about HOW TO BLESS OTHERS than how to help oneself. Strongly humanitarian personality types (such as teachers, healers and therapists) are quite prone to this.. as are parents, lovers and friends of someone who is undergoing a life-changing crisis or trauma AND WHO DESPERATELY WANT TO HELP their loved-one get through the problem.

Begin analysis of the situation by finding-out whether the crisis is due to the INDIVIDUAL'S OWN LIFE or THAT OF SOMEONE THEY LOVE. Then a plan of effective help can be designed, to remove the crisis and it's effects on the individual.

Like all Branches of The Tree Of Life, Chesed connects us with FOUR LEVELS of the Spiritual Hierarchy or "chain of command." Anytime your search for Holistic Synthesis or Wholeness points to this Sephirah, there is a strong probability that YOU WILL NEED TO CONTACT THIS CHAIN OF COMMAND IN SOME WAY before your crisis or problem will resolve itself completely. The Four Levels of this Branch Of Life are:

ASSIAH: The PHYSICAL Level.

The Physical Level of Hierarchy in all Sephiroth is the same; ASTROLOGICAL INFLUENCES and/or THE "CHING" LIFE-CALENDAR. See the end of this Section..

For any event involving this Sephirah that began suddenly and has not diminished since then, the Life-Calendar is probably the source of the influence; you should be able to see the pattern clearly (including when to expect it to end) by reading the Year-Hexagram from that Calendar. Any PROCESS that seems to be EVOLVING into ever-changing forms over a long period of time is probably due to ASTROLOGICAL CHANGES affecting one's place in the world around you, as reflected by Planetary Changes. Note that you will need both a Natal (Birth) Horoscope AND a Transit Chart for the current year, in order to understand these Planetary Cycles. The Planet JUPITER directly governs this Sephirah in Astrology.

YETZIRAH: The PSYCHIC-SCIENCES Level.

The Science of Blessing is called PRAYER.. and almost everyone knows about it. Most people practice it occasionally (when their lives get absolutely unbearably painful) though very few people practice it 'non-religiously' (which is the MOST effective way!) Prayer may seem to you automatically a "religious practice," but in fact it is NOT; non-religious people pray, too! To some people, Prayer is a fixed little recital of traditional words accompanied by use of certain traditional 'props' such as a Cross, Rosary Beads, Prayer Rugs or special things worn on the head, etc.; but THAT is not Prayer.. it is Religious Practice!

Prayer means ASKING YOUR CREATOR, IN VERY PERSONAL WORDS, TO PLEASE HELP YOU GET THROUGH A CERTAIN PROBLEM. Prayer does not require ANY props or ritual words.. though you are free to use those if it makes you feel better (for instance, the word "Amen" at the close of a Prayer is almost universal in the western world.)

Prayer is a PERSONAL MATTER; and everyone "really" Prays in unique ways (though they may use Religious Practices MOST OF THE TIME;) for anything really important-enough to get you to literally PLEAD with the Great Spirit will also normally also get you BEYOND religious rituals too. Honest Pleading With God in your own sincere way is all it takes to trigger the results of Prayer; which are DIVINE ASSISTANCE in one's time of need. That THINGS DO HAPPEN FOR THE BETTER after we have Prayed is well-known to anyone who has ever been really IN NEED of Divine Help.. and anyone who does not know whether or not there is a God has simply never faced real NEED.. YET!

You may call upon your Maker in any of a million names or Titles.. whatever you NEED to say, SAY! You may beg for one specific outcome and NOT get it!.. but the simple fact of having asked for help is ALWAYS followed by your RECEIVING the help you REALLY need (for the Spirit knows far better than we do, what we really need.) That God may sometimes require something 'in return' from you, for his help, should be kept in mind; but there is no need to make silly promises in return for the help you need. Do not make your Prayers depend on you giving up sex or anything ELSE you enjoy (for your Maker MADE YOU with the desires and pleasures you are prone to;) just keep in mind that you MAY have to give-up being "distant" from your Maker!.. for THAT is the real teaching of Prayer. We only have to "beg" for help when we have been a long-time DISTANT from our Helper! Keep it in mind.

BRIAH: The ARCHANGELIC Level.

Most western societies know of the great "Spiritual Intermediaries" who caretake our relationship with the Great Spirit, and refer to them as "Archangels." Asian societies normally call them "Bodhisattvas" and will need to turn to their own cultural traditions for guidance in contacting the right Bodhisattva for their Chesed-related problems.. though ANYONE can call upon ANY Spiritual Authority and get useful results. The Archangel of Chesed is named "Tzadkiel," and he connects us with our Creator in the form called "El" which is Hebrew for 'The Most High' or THE HEAVENLY FATHER.

The Angelic Order (or lineage of Devic Spirit-Workers, if you prefer) who serve this Sephirah are called the "CHASMALIM" or 'the Laughing Angels;' for their special skill is helping us restore our sense of JOY and HAPPINESS. Anytime you are brought here by a problem, it is a problem of JOY LACKING. Call upon the Archangel and God-Aspect of Chesed to set these jolly Spirit-Workers in motion to help RESTORE YOUR HAPPINESS, and get you, too, LAUGHING!

To contact the Archangel of Blessing in the most direct way possible, jot-down the names just mentioned and then study and use the KABALLAH-CIRCLE RITES listed a few pages further on.. where a reliable, long-used Ritual Meditation is listed.. and simply perform it as shown, inserting the proper names where prompted. This will trigger as much immediate Spiritual HELP for your problem or crisis as possible right now.

Repeated contact with this Archangel (asking each time for yet MORE clarity of insight and more help with solving the specific details of your crisis or condition) over a period of days or weeks may prove extremely useful. Emphasis on BOTH Financial Wellbeing AND Spiritual ways of sharing Blessing with others should be remembered; for both sides of that equation are part of Chesed's Bounty.

ATZILUTH: The GOD-ASPECT Level.

The “Aspect” or FORM of The Great Spirit which Chesed connects us to is El, the Lord Of Plenty.. who caretakes the Treasury of Life. To contact him is to call-forth YOUR OWN RIGHT WAY OF EARNING A LIVING in the world. Whatever it is that brought you here, recognize that (in FACT) it is part of your Right Service to your Maker, trying to get underway. We are each born with a “Right Livelihood” built into us. If you do not yet know your Right Livelihood, FIND OUT about it!.. and you should not have the kind of problems that brought you here, again.

With your Natal Horoscope in front of you (you can get one thousands of places on the Web, if you don't have your Birth Chart yet;) and pay special attention to your ASCENDANT, SATURN, JUPITER and CHIRON placements.. for all of those combined are part of your in-born Career-potential. Afterwards, add to that your THE CHINESE ANIMAL ZODIAC and NUMEROLOGY LIFE PATH data.. (see the SPIRITUAL/METAPHYSICAL LEVEL of this Manual)to learn more about your career drives and special service to the world-Spirit.

You will have to combine the details about yourself from all of these sciences, to find everything Metaphysics can tell you about your Right Livelihood AND Right Service To Spirit.. and that means you will have to think about it all for a while! But, once done, this effort will pay-off with a life-long Blessing direct from the one who made you for one specific type of Service. What could be better than that?!

Called Xeperu (or Khepheru, the Scarab-beetle God) in the ancient Egyptian “paut Neteru” or Great Company of the Gods.. and considered the god of “Creation” who actually brought-about Life by rolling his own eggs in the dung-ball just as Spirit rolls US around in the world.. the God-Aspect of Chesed has always been associated with Self-CREATION, or the power of Becoming Yourself. You may think of Xeperu/El as your personal “Universe” which you must ‘get rolling’ through your own efforts.. though the God-Aspect of Chesed will HAPPILY provide you all of the materials you will need for the job.

GEBURAH: The Sphere Of Severity

DEFINITION:

Identified by Kaballah as “the Sephirah Geburah,” this Sphere of energy encompasses the Left Shoulder, Breast, Left-Upper Back, Arm and Hand; any or all of which can become ‘sore’ or traumatized by a crisis over JUSTICE and HOW TO BE PROPERLY “SEVERE” WITH “TROUBLE-MAKERS.” That the trouble-maker CAN at times be one's own out-dated or mis-applied moral or religious JUDGEMENTS towards others may not occur to the individual (at first,) but most of the time such proves to be at least PARTLY “TO BLAME.”

Matters of “RIGHT and WRONG” are virtually always religiously-ingrained; and crises over ‘wrong behavior’ or ‘bad people’ must be viewed as a part of the individual's own “religious or cultural programming.”

When a strong need to deal with ANGER, PUNISHMENT or REVENGE is identified in one's life, the real and most pressing need is for DROPPING THE MORAL JUDGEMENTS against others; a realistic and non-self-righteous attitude is the beginning of healing for all Geburah-related crises.

That one may get over all such judgements and yet STILL need to cope with a genuine ‘wrong-doer’ in one's life is clearly also possible! Close attention, therefore, to both the excessive Anger AND the proper control of any actual Wrong-doers are both called-for.

Like all Branches of The Tree Of Life, Geburah connects us with FOUR LEVELS of the Spiritual Hierarchy or “chain of command.” Anytime your search for Holistic Synthesis or Wholeness points to this Sephirah, there is a strong probability that YOU WILL NEED TO CONTACT THIS CHAIN OF COMMAND IN SOME WAY before your crisis or problem will resolve itself completely. The Four Levels of this Branch Of Life are:

ASSIAH: The PHYSICAL Level.

The Physical Level of Hierarchy in all Sephiroth is the same; ASTROLOGICAL INFLUENCES and/or THE “I CHING” LIFE-CALENDAR. See the end of this Section..

For any event involving this Sephirah that began suddenly and has not diminished since then, the Life-Calendar is probably the source of the influence; you should be able to see the pattern clearly (including when to expect it to end) by reading the Year-Hexagram from that Calendar. Any PROCESS that seems to be EVOLVING into ever-changing forms over a long period of time is probably due to ASTROLOGICAL CHANGES affecting one's place in the world around you, as reflected by Planetary Changes. Note that you will need both a Natal (Birth) Horoscope AND a Transit Chart for the current year, in order to understand these Planetary Cycles. The Planet MARS directly governs this Sephirah in Astrology.

YETZIRAH: The PSYCHIC-SCIENCES Level.

The Science of Geburah is BURNING THE RUBBISH; or Fire Ceremony. All cultures practice this Science in one way or another; bonfires, candle-burning and even the Yule Log are part of this tradition. You have probably practiced this Science already, without giving it enough thought, but when you really NEED to defend yourself from something that is literally 'attacking' your happiness, you will eventually find SOMETHING to ceremonially BURN as part of the purification and protection of your life. Let us suggest that doing this as a regular Ritual (say every month or two) in which you light candles around you while mentioning the problems and conflicts in your life, can help keep your life properly Enlightened AND safe from the kinds of problems that tend to pile-up like the rubbish unless we remember to burn them away. Passing one's hands through the warmth of the flame while thinking of the end of old problems really CAN leave us cleaner, stronger and LIGHTER.

But WHY did you allow such problems to attach themselves to you in the first place? Metaphysics answers that YOUR BELIEFS made that happen; for Geburah rules not only Burning the Rubbish but “DEFENDING THE FAITH.” In short; it is our Dogmatic Opinions (the root of 'religious belief') that gets us into the Rubbish Heap of problems in the first place! And it is mostly THOSE DOGMATIC OPINIONS that need burning.

Try performing a Candle Ceremony passing your hands through the warm light while declaring yourself 'burned clean of dogmatic opinions and judgements toward others.' THAT is Fire Science at it highest! In the end, we can turn our Geburic “Defense Mechanisms” into a genuine method of Spiritual Self-Defense.. once we learn to defend ONLY freedom from judgementalism and Lightness Of Spirit.

BRIAH: The ARCHANGELIC Level.

Most western societies know of the great “Spiritual Intermediaries” who caretake our relationship with the Great Spirit, and refer to them as “Archangels.” Asian societies normally call them “Boddhisattvas” and will need to turn to their own cultural traditions for guidance in contacting the right Bodhisattva for their Binah-related problems.. though ANYONE can call upon ANY Spiritual Authority and get useful results. The Archangel of Binah is named “Khamael,” and he connects us with our Creator in the form called “Elohim Gibor” which is Hebrew for 'Heavenly Warrior' or THE GOD OF BATTLES.

The Angelic Order (or lineage of Devic Spirit-Workers, if you prefer) who serve this Sephirah are called the “SERAPHIM” or Fiery Ones; and they are the 'Burners' whose job it is to burn-away all of the unwanted 'rubbish' of our lives. We all collect “extra baggage” and obsolete patterns that we still carry around with us; and the Seraphim are there to help us “lighten our load” whenever we need. Whatever brought you to Geburah is EXTRA BAGGAGE!.. and you need the help of the Archangel and God-Aspect who govern the Seraphim, to command them to burn-away your burdens.

To contact the Archangel of Justice in the most direct way possible, jot-down the names just mentioned and then move on to the KABALLAH-CIRCLE RITES a few pages further on.. where a reliable, long-used Ritual Meditation is listed.. and simply perform it as shown, inserting the proper names where prompted. This will trigger as much immediate Spiritual HELP for your problem or crisis as possible right now.

Repeated contact with this Archangel (asking each time for yet MORE clarity of Understanding and more help with solving the specific details of your crisis or condition) over a period of days or weeks may prove extremely useful.. though there may still be TIME and LOCATIONS that you will have to wait-for or bring-about in order to finally end your Geburah-related problem.

ATZILUTH: The GOD-ASPECT Level.

The “Aspect” or FORM of the Creator contacted here at Geburah is Elohim Gibor, usually written in the FEMININE tense.. making her name literally translate as “Mother-Warrior” though ‘Lord Of Battles’ is most often how it is worded in English (Eloh Geburah, in Hebrew.) It is the task of this God-Aspect to DEFEND INNOCENCE AND TRUTH from any attack. The symbols of a Sword and Flame denote this function, symbolically.

The only problem with all of that is that it is SO difficult to define exactly what Innocence and Truth really ARE! To most of us (MOST of the time) Innocence means ONESELF!.. for we all know that down inside we are “good” and “pure.” Likewise, we tend to define Truth as “whatever I happen to BELIEVE;” even though we may know perfectly well that there are millions of other possible ‘opinions’ out there too.

Contacting this mighty Defender through his/her Archangel actually sets in motion the Purification of our Lives.. for THAT is in the end the only way of finding-out what part of us really IS Innocent and True. It is wise to view all Geburah-related crises and problems as Purification Lessons, intended to clarify one’s Innocence and strip-away all ‘opinions’.. leaving behind only NATURAL, GOD-GIVEN SIMPLICITY where once there were value-judgements, opinions and religiously-programmed beliefs.

Called HATHOR in the ancient Egyptian “paut Neteru” or Great Company of the Gods.. and considered the goddess of “mystical power” and it’s benefits.. the God-Aspect of Geburah has always been associated with the SURVIVAL OF THE SINCERE, though one must PROVE that sincerity before it is rewarded. Hathor was the Golden Cow Goddess of Egypt whose mystical-science Temple at Medenet-Habu was visited by the ancient Hebrew Kaballists on their way out of Egypt (though Moses called her ‘the golden calf’ and forbade her to be honored by those of his religion.) You may think of Hathor/Elohim Gibor as MYSTICAL ACTIVISM, requiring both non-dogmatic thinking AND true self-knowledge to fully perfect.

If you can view this Sephirah as BOTH reality’s “Religious Deprogramming Department” AND the “Divine Police Department” here to defend ALL of the children of Heaven from danger, you will have balanced this Sephirah’s energy.. and solved your Geburah-related problems all at once. You will ALSO find yourself MUCH the wiser for the lesson!

TIPHERETH: The Sphere Of Beauty

DEFINITION:

Identified by Kaballah as “the Sephirah Tiphereth,” this Sphere of Aura-energy encompasses the Chest, Breasts, Heart, Arteries, Veins, Arms and Upper Back; any or all of which can become ‘sore’ or traumatized by a crisis of EMOTIONS and especially THE THINGS AND PEOPLE YOU LOVE. Commitment, Faith and THE BEAUTY OF LIFE are the specialties of Tiphereth, and anything that harms THOSE harms the Harmony of your Life.

Some of the things that can do that to you include LOSS OF LOVE from those you are committed-to; LOSS OF FAITH in your own “Example” as a person; and of course LOSS OF YOUTH through the simple process of Aging.. for we NEED to BE and FEEL Beautiful, and (while it IS possible to age beautifully and gladly,) many people go through a Life-Crisis when they first see the bloom of youth beginning to pale into the silver and white of maturity. But no matter what the issue is that brought you here, Kaballah teaches that the real “meaning” of it all is YOUR NEED TO REDISCOVER THE CHILD WITHIN YOU.

Human beings are VERY emotional creatures! We simply MUST be whatever we personally consider 'happy;' or our entire Lifestyle (including our physical health) can deteriorate rather quickly. But what IS "Happiness?" We may go through countless phases in our THINKING about Happiness as the years go by, but in fact there is only one real answer to it: HAPPINESS IS LIVING IN HARMONY WITH THE BEAUTY OF THE UNIVERSE, AND LETTING THAT FILL US AS WELL AS EVERYTHING AROUND US.

Unfortunately, we often fail to notice how really beautiful our lives ARE. Wanting ourselves, our loved ones or our world to fit a certain 'ideal Image' that is not based upon Reality, we CAN make ourselves quite miserable and sad. Tiphereth is the place Life brings us to make us FACE THAT, and purge ourselves of those "idealized" ILLUSIONS about Life that are keeping us from seeing again through the eyes of a Child, to whom EVERYTHING IN THE UNIVERSE was lovely, in it's own unique ways. THAT is what you are here to REMEMBER.

Like all Branches of The Tree Of Life, Tiphereth connects us with FOUR LEVELS of the Spiritual Hierarchy or "chain of command." Anytime your search for Holistic Synthesis or Wholeness points to this Sephirah, there is a strong probability that YOU WILL NEED TO CONTACT THIS CHAIN OF COMMAND IN SOME WAY before your crisis or problem will resolve itself completely. The Four Levels of this Branch Of Life are:

ASSIAH: The PHYSICAL Level.

The Physical Level of Hierarchy in all Sephiroth is the same; ASTROLOGICAL INFLUENCES and/or THE "I CHING" LIFE-CALENDAR. See the end of this Section..

For any event involving this Sephirah that began suddenly and has not diminished since then, the Life-Calendar is probably the source of the influence; you should be able to see the pattern clearly (including when to expect it to end) by reading the Year-Hexagram from that Calendar. Any PROCESS that seems to be EVOLVING into ever-changing forms over a long period of time is probably due to ASTROLOGICAL CHANGES affecting one's place in the world around you, as reflected by Planetary Changes. Note that you will need both a Natal (Birth) Horoscope AND a Transit Chart for the current year, in order to understand these Planetary Cycles. The SUN directly governs this Sephirah in Astrology.

YETZIRAH: The PSYCHIC-SCIENCES Level.

The Science of Tiphereth is called by Metaphysicians "Ritual Magic." Everybody else in the world simply calls it "Play." HAVING FUN ALL BY YOURSELF is the key to the Heart and all of it's treasures.. and we PLAY happily when we ARE happy. What are the Games YOU have always played? Whether it was setting-up lines of little "soldiers" to march across the floor (the "Game" played by natural-born Societal Leaders;) setting-up little 'altars' where you performed 'rites of magic' (the "Game" played by our natural-born Spiritual Teachers;) or serving Tea and Cakes to the residents of the Doll house (the "Game" played by natural-born Intimate Nurturers,) all Games are THE GAME OF LIVING YOUR OWN LIFE HAPPILY.

Finding, rediscovering and updating the "Causal Play" or RITUALS of your childhood is all there is to the Magic of Tiphereth.. for the Games you played while alone with yourself were not 'accidental' but CAUSAL: they caused your adult Lifestyle, entirely. If you have lost touch with your Games and need to Cause your life to get underway again happily, re look the Games you remember from your childhood.. and you should find in them the Rites Of Rebirth. In fact that Play born inside you is "Dharma" or YOUR SERVICE TO SPIRIT. Learn to 'interpret' and 'formalize' that Play into a systematic pattern (while watching the events of your life, as they change in response to your ritual "instructions,") and you will suddenly discover that you are STILL capable of 'magic.' In fact you may find the Magic has GROWN in scope and power, just as you have!

Ritual Magic is the "acting-out" ceremonially and JOYOUSLY of your heart's childlike and simple LONGINGS. It differs from person to person, just as everything else about us does; but for us all it remains PRIVATE, immensely absorbing FUN and (in the last analysis) ALL THERE IS FOR US TO DO with ourselves.. once everyone else has gone to THEIR rooms too, to Play their OWN private Game of BEING HAPPY.

BRIAH: The ARCHANGELIC Level.

Most western societies know of the great “Spiritual Intermediaries” who caretake our relationship with the Great Spirit, and refer to them as “Archangels.” Asian societies normally call them “Boddhisattvas” and will need to turn to their own cultural traditions for guidance in contacting the right Bodhisattva for their Tiphereth-related problems.. though ANYONE can call upon ANY Spiritual Authority and get useful results. The Archangel of Tiphereth is named “Mikal” (or Michael,) and he connects us with our Creator in the form called “Eloah Va Daath” which is Hebrew for ‘Lord Of Knowledge’ or UNIVERSAL MIND.

The Angelic Order (or lineage of Devic Spirit-Workers, if you prefer) who serve this Sephirah are called the “MALAKHIM” and they are the best-known of the Angelic Orders, to most of mankind.. though they are usually called ‘Guardian Angels.’ In fact we DO each have such Guardians accompanying us, though few of us realize that what they Guard is OUR SPIRITUAL BEAUTY AND CHILDLIKE PURITY OF HEART much more than just our bodies or other physical ‘props.’ When we call upon the Archangel Mikal and his Lord of Knowledge, it is the Malakhim who respond by bringing us REMINDERS OF OUR INNOCENCE. If we have actually lost or forgotten it, they can help us regain it; if we still have it but have lost ‘track’ of it because of temporary, human self-interest, they may help us DROP those illusions and regain our place in the Beauty of the Heart of Life. Sometimes that requires us to dissolve our illusions in a flood of tears; sometimes in a flood of prayers; sometimes in a single instant of sudden INSPIRATION.. but always in the end, LIKE A CHILD.

Our hearts were designed to SING with, PLAY with, DANCE with and LAUGH with. Whatever it was that brought you here to Tiphereth can be ‘cured’ as best it SHOULD by Singing, Playing, Dancing and Laughing your way back to simple, childlike HARMONY WITH LIFE. However improbable it may seem to you right now, you eventually WILL drop the sad little Illusions that plague you; and (though nothing can entirely remove the forgiving touch of Wisdom which is called Age) YOUTH WILL AGAIN FILL YOUR HEART. It is only a matter of Time: how LONG will you prevent it from happening?!

To contact the Archangel of Beauty in the most direct way possible, jot-down the names just mentioned and then use the KABALLAH-CIRCLE RITES listed a few pages further on.. where a reliable, long-used Ritual Meditation is listed.. and simply perform it as shown, inserting the proper names where prompted. This will trigger as much immediate Spiritual HELP for your problem or crisis as possible right now.

Repeated contact with this Archangel (asking each time for yet MORE clarity of Understanding and more help with solving the specific details of your crisis or condition) over a period of days or weeks may prove extremely useful.. for you may have SEVERAL Illusions to dissolve, in order to finally end your Tiphereth-related problem.

ATZILUTH: The GOD-ASPECT Level.

The “Aspect” or FORM of the Creator contacted at Tiphereth (“Eloah Va Daath” or UNIVERSAL MIND) is the ‘protoplasmic mind-substance’ out of which all life was derived.. by a process similar to ‘cell division’ (see SPIRITUAL/METAPHYSICAL IDENTITY section for more details.) This ‘stuff’ certainly IS ‘consciousness’ itself, and therefore quite “conscious” and intelligent; but it is not exactly ‘personality’ as we know it. Rather it is “the Gestalt” or ‘Great Spirit’ of Germanic lore; an INTELLIGENCE which is contained IN EXACTLY THE SAME FORM in every ‘mind’ within Nature. As such, Eloah Va Daath has no “personality;” only Universal Awareness, and the KNOWLEDGE that the original Lifeform has accumulated since the beginning of time. Hebraic Kaballah compares this Universal Mind to A COMPUTER in function.. for it DOES ‘run’ constantly, and constantly responds to everything we think and feel BY “ANSWERING” EVERY PERSONAL IDEA AND FEELING WITH A UNIVERSAL TRUTH that explains the topic in question FROM AN ETERNAL PERSPECTIVE.

This “Universal Mind-Machine” function of the Gestalt is called ‘Buddha-Mind’ by Buddhists; TAO by Taoists; Brahman by Hindus; and The Holy Spirit by Christians. All spiritual philosophies know of it and rely upon it, yet nobody has ever yet succeeded in ‘controlling’ it.. for Universal Mind has NO PERSONALITY within it, and is therefore absolutely beyond our ability to manipulate. The best we can do with it is LISTEN to it’s ‘still and quiet voice’ calmly answering our thoughts and feelings from a secret depth within us. Sometimes we call it our Conscience (Sigmund Freud named it ‘Super-Ego’ and defined it as the source of our Conscience and Ethical Urge;) but most of the time WE THINK IT IS OURSELF! That is because it IS our own (and everybody ELSE’S) ‘protoplasmic essence’ of Self. And yet it IS also “God” in one of his forms, and we can contact him any time we wish through the practice of Meditation. Eloah Va Daath dwells within our SILENCE-OF-SELF, the

absence of 'personality' which we can enter through any of the many techniques for stilling the mind and setting-aside our personality-life long enough to hear that 'still and quiet voice' calmly guiding us from Within.

Meditation or Silence-Of-Mind is simply focusing one's awareness on the protoplasmic essence rather than the 'Identity-strands' which form our 'personality-mind;' and there are so many forms of Meditation readily available to anyone who needs them that we will not even bother with a partial list; you can find dozens of Meditation Teachers in the Yellow Pages! But you can ALSO find Eloah Va Daath directly anytime you want, by simply getting STILL and LISTENING. What you will hear is, for every Thought or Feeling, the "KARMIC" Response that your thought or feeling implies. In case you do not yet know about it, "Karma" means 'the Equal and BALANCED Reaction to every action;' by which every Action has either a 'positive' (meaning HAPPY and WELL) result, OR a 'negative' (meaning UN-happy and UN-well) result. It is the eternal task of Eloah Va Daath to 'echo' into every Self THE SAME UNIVERSAL LAWS in response to everything we do, think and feel. Kaballah calls this 'our Spirit Teacher,' and advises us to rely upon Eloah Va Daath for everything we need in the way of Guidance.

In addition to our own inner Conscience, Eloah Va Daath also speaks through all 'random-number-generated' DIVINATORY SYSTEMS; the "I Ching" (YE JINN) or Imperial Oracle of China, the TAROT, Astrology and dozens of other traditional Divining Tools developed by societies from the world over. Anytime we wish to hear his calm, truly "impersonal" KNOWLEDGE and Guidance, it is there for us. All you have to do to hear it is WANT TO KNOW what Truth has to say.

Called RA (or Re, the Sun God) in the ancient Egyptian "paut Neteru" or Great Company of the Gods.. and considered the god of "incarnation" who is the in-dwelling Spirit within every Soul.. the God-Aspect of Tiphereth has always been associated with Personal Identity. You may think of Ra/Eloah Va Daath as UNIVERSAL SPIRIT 'cut-down' to fit your OWN Nature.. just as all biological Life truly IS an embodiment of the Light of the Sun. Ra does indeed live in all things!

NETZACH: The Sphere Of Victory

DEFINITION:

Identified by Kaballah as "the Sephirah Netzach," this Sphere of Aura-energy encompasses the Right Leg, Foot, Knee, Ankle, Hip and Thigh; any or all of which can become 'sore' or traumatized by a crisis-level need for VICTORY OVER ONESELF. From DEPENDENCY patterns to EGO-based self-definitions which limit your self development, and on up to life situations that require an almost "Epic" or heroic level of effort, we are all sometimes challenged to RISE ABOVE OURSELVES.. and all such situations center themselves here at the Sephirah of Victory.

Symbolized by the ancient Greeks as the goddess ATHENA, patroness of both Victory In Battle AND the arts of Civilization, Netzach does indeed require us to BATTLE our own lack of civilization (or Spirituality) in order to attain the Victory that we need. Whatever issue brought you here to Netzach will require you to both BATTLE YOURSELF and ATTAIN A NEW CIVILIZATION based upon spiritual rather than egoic or physical pleasure motivations. Needless to say, that means LETTING-GO OF PAST PLEASURES in the interest of a better life to come.. and few of us find THAT prospect pleasing!

It IS however necessary! Whether it was a once-comfortable relationship that must now be released to go it's own way, free of your claims upon it; or a lifestyle inherited from your parents or friends (but is no longer sustainable for YOU,) Netzach-crisis PROVES (and ENFORCES upon you) the fact that YOU CAN NO LONGER WALK THAT PATH. Maybe you can barely walk at all! But if you will recognize that your Path itself has changed (by "divine decree" or the Will of Heaven) and RISE TO THE OCCASION, you may enter a new Lifestyle that will make the past seem dim and unworthy indeed (however much you PRESENTLY still cling to it as 'ideal.')

Like all Branches of The Tree Of Life, Netzach connects us with FOUR LEVELS of the Spiritual Hierarchy or "chain of command." Anytime your search for Holistic Synthesis or Wholeness points to this Sephirah, there is a strong probability that YOU WILL NEED TO CONTACT THIS CHAIN OF COMMAND IN SOME WAY before your crisis or problem will resolve itself completely. The Four Levels of this Branch Of Life are:

ASSIAH: The PHYSICAL Level.

The Physical Level of Hierarchy in all Sephiroth is the same; ASTROLOGICAL INFLUENCES and/or THE “I CHING” LIFE-CALENDAR. See the end of this Section..

For any event involving this Sephirah that began suddenly and has not diminished since then, the Life-Calendar is probably the source of the influence; you should be able to see the pattern clearly (including when to expect it to end) by reading the Year-Hexagram from that Calendar. Any PROCESS that seems to be EVOLVING into ever-changing forms over a long period of time is probably due to ASTROLOGICAL CHANGES affecting one's place in the world around you, as reflected by Planetary Changes. Note that you will need both a Natal (Birth) Horoscope AND a Transit Chart for the current year, in order to understand these Planetary Cycles. The Planet VENUS directly governs this Sephirah in Astrology.

YETZIRAH: The PSYCHIC-SCIENCES Level.

The Science of Netzach is SEMANTICS; the careful study and CONTROL of one's WORDS. Not realizing that To Speak is in fact To Create Yourself As That, most of us have been extremely careless with our words.. and never given thought to the fact that we HAVE said things like “I HATE myself for this” or “I NEED someone else to make my life happy.” Other common words Of Command we speak to our detriment include “there's nothing I can do to change the world” and “nobody cares about me, so I HAVE TO.” Every such Logoi Decree MAKES THAT THE WAY YOUR LIFE WILL OCCUR.. until such time as you REPLACE those words with BETTER ones.

The Latin term for ‘changing one's speech’ is REHABILITATION; and THAT is what Netzach is all about. Whatever brought you here is some WORDS you have defined yourself by, which are detrimental to your future happiness. You must FIND those ‘bad spells’ you have spoken upon yourself, and Rehabilitate your life by speaking NEW WORDS that will create the life you need for tomorrow.

Called ‘Affirmation’ or ‘Positive Thinking,’ the deliberate re-wording of one's self-definitions is a powerful tool for self change. That it ALSO triggers actual changes in our OUTER WORLD as well may not be easy to explain to yourself (unless you know about the Creative Power words carry,) but experience has taught Metaphysicians that this is SO. By Rehabilitating ourselves with new Words of Self-Creation, we ALSO change the world that we inhabit. Certainly you may face many obstacles here at the Sphere Of Victory; but it is all yours to CHANGE, by a WORD!

BRIAH: The ARCHANGELIC Level.

Most western societies know of the great “Spiritual Intermediaries” who caretake our relationship with the Great Spirit, and refer to them as “Archangels.” Asian societies normally call them “Bodhisattvas” and will need to turn to their own cultural traditions for guidance in contacting the right Bodhisattva for their Netzach-related problems.. though ANYONE can call upon ANY Spiritual Authority and get useful results. The Archangel of Netzach is named “Auriel,” and he connects us with our Creator in the form called “YHWH (Yahweh) Saboath” which is Hebrew for ‘The Commander Of Creation WITHIN US EACH’ or your own Inner Power of SELF-CREATION.

The Angelic Order (or lineage of Devic Spirit-Workers, if you prefer) who serve this Sephirah are called the “ELOHIM” or Divine Voices.. translated by early Christians as ‘The Word’ (Logoi, in Greek).. who spoke the words of command which created the universe. Called ‘the God-Makers’ in Kaballah, the Elohim not only Create according to our WORDS about ourselves, they also create our ideas about ‘God’ based upon our own self-definitions. Thus, if one calls oneself “a purely materialistic person,” your “God” will be THE DOLLAR, and you will be subject only to financially-determined gains and losses. If you define yourself as “an agnostic” (one who does not KNOW or maybe even care whether there is a Spirit at all,) then your gains and losses will occur COMPLETELY WITHOUT YOUR UNDERSTANDING OR CONTROL. What you CALL YOURSELF is how the Elohim treat you.

To contact the Archangel of Victory in the most direct way possible, jot-down the names just mentioned and then move on to the KABALLAH-CIRCLE RITES a few pages further on.. where a reliable, long-used Ritual Meditation is listed.. and simply perform it as shown, inserting the proper names where prompted. This will

trigger as much immediate Spiritual HELP for your problem or crisis as possible right now.

Repeated contact with this Archangel (asking each time for yet MORE clarity about the Limitation you must Battle, and more help with solving the specific details of your crisis or condition) over a period of days or weeks may prove extremely useful.. and some form of "Contract With God" (a prayer or promise in which you agree to end the Past if heaven will help you bring about a better Future) may be necessary, in order to finally end your Netzach-related problem.

ATZILUTH: The GOD-ASPECT Level.

The "Aspect" or FORM of the Creator we contact at Netzach (YHWH or "Yahweh" Saboath, the INNER Commander Of Creation) is in fact your own personal 'spark' of Divinity, which you CAN (if you will) turn into a full-grown "God-Self" comparable with any of the great Masters and Demi-Gods of antiquity and Legend. But, just to prove to us that we are NOT alone in the universe, that "spark" is also a direct LINK with the Whole Flame which is our Creator; by contacting the INNER Creator we were born with in our Souls, we also meet it's Source.

WHAT IS THE MEANING OF LIFE? WHAT AM I REALLY HERE TO DO AND BE? These are the questions we ALL ask when we reach Netzach, and to this Kaballah (alone, as far as this writer knows) answers that YOU WERE CREATED TO BE A PERMANENT "PARTNER" FOR YOUR MAKER. When you finally get tired of defining yourself as a 'mere mortal, just trying to survive,' and begin cultivating your Inner Spark of Divinity, the Elohim or God-Makers will begin to reveal to you exactly what kind of "Partner" the Creator created you to BECOME. You are (as your Ego has told you so often!.) a completely UNIQUE Creation; but not until you attain a working Partnership with your Creator will that be worth having, at all. All of the loneliness, pain, frustrated love and ambition you have suffered-from in life CAN be turned into a literally ETERNAL Love-affair and Life Partnership with the being whose Words have power over EVERYTHING in our universe. With a Partner like THAT, the sky even is no limit for anything that you two agree-upon TOGETHER.

At some point in one's development, this Divine Partner (many ancient traditions call him "the Divine TWIN of every Soul") will 'claim' you as his own. Ancient lore calls this "Hieros Gamos" the Sacred Wedding; and in it, he ties you to him forever using some form of 'wedding ring' or 'cord of matrimony' (often in a dream.) This symbolizes the Partnership which Mystics experience as both a telepathic 'conversation link' and the beginning of that great Adventure called "Walking With God:" the literal Union between the finite Soul and it's Infinite Source.

Any or all of that that you now wish-for is possible, once you GRASP THE MEANING of the little life-crisis which brought you to Netzach, to rise Victorious above your mortal words and solitary self-interest.

Called HORUS (the Falcon-headed God) in the ancient Egyptian "paut Neteru" or Great Company of the Gods.. and considered the god of "Salvation" who destroyed the 'devil' which slew his father, Osirus.. the God-Aspect of Netzach has always been associated with the Triumph of the Spirit over it's enemies Inside and Outside the Self. Horus is recognized as the prototype of the 'savior-god' in all more recent traditions, including Christianity. You may think of Horus/Yahweh Saboath as Spiritual TRIUMPH itself, allowing us each to "fly like a golden Falcon" after we, too, have triumphed over ourselves.

HOD: The Sphere Of Glory

DEFINITION:

Identified by Kaballah as “the Sephirah Hod,” this Sphere of Aura-energy encompasses the Left Hip, Buttock, Thigh, Knee, Leg and Foot; any or all of which can become ‘sore’ or traumatized by a crisis over ONE’S PERSONAL PRESTIGE, “GLORY,” FAME OR CAREER.

That we each DO in fact have in-born ‘talents’ or skills that we could base a happy career upon is a fundamental detail of healing all Hod-related crises. Methods of locating those traits, talents and natural predilections which can be turned into new career-avenues vary, from ‘aptitude testing’ to astrological analysis.. though any method used should take advantage of the current actual INTERESTS of the individual (rather than any impersonal form of ‘career-placement services’ that merely try to fill existing job-vacancies!)

Oftentimes Hod-related crises are merely pointing-out the ‘surfacing’ of new levels of CAREER RESPONSIBILITY or work-related Skills.. and the crisis passes in a few days, once the stress of the new situation has passed. It is long-term (chronic) conditions or injuries to this region only that should be viewed as a ‘proof’ that a whole new career-direction is needed.. or busy ‘surfacing’ to be recognized.

Like all Branches of The Tree Of Life, Hod connects us with FOUR LEVELS of the Spiritual Hierarchy or “chain of command.” Anytime your search for Holistic Synthesis or Wholeness points to this Sephirah, there is a strong probability that YOU WILL NEED TO CONTACT THIS CHAIN OF COMMAND IN SOME WAY before your crisis or problem will resolve itself completely. The Four Levels of this Branch Of Life are:

ASSIAH: The PHYSICAL Level.

The Physical Level of Hierarchy in all Sephiroth is the same; ASTROLOGICAL INFLUENCES and/or THE “I CHING” LIFE-CALENDAR. See the end of this Section..

For any event involving this Sephirah that began suddenly and has not diminished since then, the Life-Calendar is probably the source of the influence; you should be able to see the pattern clearly (including when to expect it to end) by reading the Year-Hexagram from that Calendar. Any PROCESS that seems to be EVOLVING into ever-changing forms over a long period of time is probably due to ASTROLOGICAL CHANGES affecting one’s place in the world around you, as reflected by Planetary Changes. Note that you will need both a Natal (Birth) Horoscope AND a Transit Chart for the current year, in order to understand these Planetary Cycles. The Planet MERCURY directly governs this Sephirah in Astrology.

YETZIRAH: The PSYCHIC-SCIENCES Level.

The Science of Hod is most-often called “Past-Life Recall;” the ability of the mind to surface a specific set of ‘memories’ (or maybe they should be called ‘prophecies’ or even FANTASIES) about one’s life.. that literally ‘reshape’ one’s life into complete “lifestyles” or ‘reincarnations.’ This process is both marvelous and little-understood by most westerners, but the principle is very simple indeed. To understand Hod, consider the findings of “Kirlian Photography” (the electro-photographic effect.) By passing electricity through the photographic plate exposed to a plant-seed, for instance, Kirlian Photography can reveal THE COMPLETE, FULLY-GROWN PLANT that is ‘potential’ within it. That “potential form” is the ONE ‘Incarnation’ that seed is capable of. Human beings, however, may contain not one but DOZENS of Potential Forms built-into our Aura or “energy-body;” each of which can surface as ‘us’ during specific phases of our lives.

Using either hypnosis (a VERY suspect procedure, by the way.. for it is usually MOSTLY hypnotist-planted ‘suggestions’ that the subject ‘recalls;’) or the non-hypnotic ‘Akashic Memory Meditation’ (described fully in PAST-LIFE REGRESSION) one can tap into the pool of “life-potentials” of the individual Soul, and literally ‘read it’ one ‘page’ at a time. This “Past Life Regression Therapy” has helped thousands of ordinary people find the source of troubling ‘memories’ that have literally “haunted” them perhaps for decades.. or lifetimes!

In Asia such 'memories' are generally accepted as **FACTUAL DATA**, while many western 'authorities' consider them at most "allegorical stories" **RESEMBLING** one's potential developments. Kaballah merely calls them 'the Pool of Potential' and refers to Hod where they are stored as the "womb of potential" in which we grow. However one chooses to define them, the "lives" glimpsed at Hod certainly **DO** surface for us all from early childhood onward.. in fact most of our favorite childhood 'Play' is little more than "past-life dramatization" being rehearsed for possible reliving in future years.

Whatever brought you here to Hod is part of this "identity-pool" of memory-predictions; and there is **SOME** 'life-potential' trying to get recognized and **INTEGRATED** into your current self-definition (for you **NEED** it in your coming phase of life.) Whether through simple "fantasy" or Past-Life Therapy, you need to find the specific Life that is surfacing, and help it **MANIFEST** for you in healthy, happy ways. Your Hod-related problem or crisis may not end until this has been done.

AKASHIC SOUL SCIENCE

THE AKASHIIC "PAST-LIFE REGRESSION" PROCEEDURE

Whether called 'reincarnation memories' or 'personality roles' we each carry within us a series of **SCENARIOS** or "**STORIES**" buried deeply within our Psyche, waiting only to be called-upon in order to 'surface' and reveal themselves to us. Some of us can easily tap into this 'memory pool' or 'Tree Of Tales' through dreams, fantasies and meditation; others need a bit of help getting the material 'flowing' out of long-term memory. The process of opening-up this data-pool is commonly called 'Akashic Meditation.' The "Akashic Record" may be viewed as the 'library' of your personal Incarnation stories.. a collection of **EXPERIENCES** that amount to a Karmic "logbook" of your Soul's Journey.

KARMA.. or the Spiritual Consequences of past actions and experiences.. is what you will experience through Akashic Meditation. Karma is the force which gives us our **PATTERNS** of life-experience. Every 'lifetime' or Soul-fragment located through Akashic Meditation has it's own 'Karma Story;' and anytime you enter the Akashic State you literally 'change your Karma' by taking-off your present Karma Story and trying-on the Karma-story of one of your 'Past Lives' or Soul Memories. This is a life-changing event; to change your Karma Story even a little proves to the mind that it can change **ALL** of it's Karma.. and accelerated Liberation from Karmic patterns that have limited you is the inevitable result.

Many people have used this Meditation to surface a 'story' which so perfectly 'explained' a trauma or problem in their current lives, as to literally **HEAL** them of illness, emotional trauma or relationship alienation patterns that had resisted every other effort. Others have found in these 'self-fragments' clues to traits they have long wanted without any ability to integrate.. until the 'memory' made it all seem 'natural' and easy. Whatever your own reason for wanting it, here is the easiest and most direct method we know of for tapping into this Memory Bank of the Soul.

The following Akashic-Regression Meditation technique is part of the New Age Movement's contribution to mystical living. First published in newsletter handouts 'down under' in Australia and New Zealand in the 1970's.. and attributed to Tibetan Lamas visiting the West after the invasion of their country (though this has never been confirmed as an authentic Tibetan practice,) this Regression Procedure has been adopted by countless individuals and groups who have found it the most reliable and workable method available for discovering and altering one's Karmic Patterns. It has been adopted as the primary **SOUL SCIENCE** of the Maitreya Order of Hsien Tao, which publishes this Manual.

PRELIMINARY PROCEDURES

Have the Subject remove their shoes, socks, belts and other binding items of clothing, and lie on a floor or couch comfortably, with a pillow under their head.

Closing their eyes, have the subject simply **RELAX DEEPLY** while the **REGRESSION ASSISTANT** sitting at their feet begins to massage slowly and gently the entire Ankle-area of both feet simultaneously. This should continue for about five minutes or so.

During the first two or three minutes of this Ankle-Massage, the Regression Leader gently massages BOTH TEMPLES of the Subject with their fingertips.. not intending anything more than RELAXATION. About half-way through the Ankle-Massage, the REGRESSION LEADER who sits at the Subject's head, now forms one hand into a fist; and begins to gently massage the Subject's forehead with the fleshy muscle of the side of the fist. This should be in a circular motion, steadily applied with an even but light pressure.

Once the Ankle Massage stops after 5 minutes, the Regression Leader should begin to increase the speed of the forehead Massage, gently until it is a quite brisk but non-violent whirling of the hand. At this point the eyes of the Subject should begin showing Rapid Eye Movement (REM) behavior.. showing that the Subject is in a deep or 'effective' Akashic State.

Stopping the Forehead Massage, the Regression Leader now begins to speak in a clear but soothing tone of voice, guiding the Subject as shown below.

AKASHIC 'FLIGHT' EXERCISES

'Now that we are nice and relaxed, we are going to do a few simple exercises with the mind, ok? Let's start by imagining that you are about four inches longer through the feet. Imagine AND FEEL as if your legs are four inches longer, and your feet stick out four more inches away from you. CAN YOU FEEL WHAT THAT WOULD BE LIKE?' Let the Subject answer. (If the answer is NO, simply say 'OK' and go right on to the next paragraph.. hoping they will further relax.)

'Now let your feet return to 'normal' and let us do the same thing with your head. Imagine AND FEEL what it would be like if you were four inches taller through the head.. and your head stuck four more inches up from your shoulders. Can you feel what that would be like to experience?' After the Subject answers, .. 'Now let your head return to normal, and just relax again. Now let yourself imagine AND FEEL that your entire body is beginning to emit a soft, pulsating white light that shines out of your skin like a gently glowing balloon. As you imagine AND FEEL this balloon pulsing larger and larger you feel LIGHTER AND LIGHTER. Let this ball of pulsating white light grow to fill the entire room.. and as it does, let yourself rise gently up like a safe, pulsating ball of beautiful white light. Can you feel yourself getting lighter?'

After the Subject answers (often by this stage, in a VERY gentle almost whispered voice) continue; 'Now see AND FEEL yourself rising inside this large, comfortable ball of white light.. rising up from the floor, up through the ceiling, through the roof and out into the sky above the house. Look down now and see the roof. Can you see the roof below you?' Let the Subject answer.

NOTE: IF AT THIS POINT IN THESE INSTRUCTIONS, THE SUBJECT SAYS 'NO' WHEN ASKED TO SEE OR FEEL SOMETHING, TRY REASSURING THEM THAT THEY CAN IF THEY ONLY RELAX MORE AND TRY TO IMAGINE MORE VIVIDLY. IF A SECOND TRY IS MADE AND THEY STILL CANNOT SEE OR FEEL WHAT IS BEING DESCRIBED, SIMPLY SAY 'OK; Just RELAX then. Maybe this is not the time for you to be doing this. Try moving your hands and feet and sit up slowly when you feel like it. We will try another time, perhaps."

Once the Subject has said they CAN 'see' the roof below them, 'Now we are going to leave this place very quickly.. flying away into outer space, like superman or a spaceship. Imagine AND FEEL yourself flying very fast out away from the earth.. and as you fly imagine that you can see a very white, small bank of clouds way out in space; a GLOWING bank of clouds made out of light. Can you imagine such a cloud bank and fly toward it?' Let the Subject answer.. then continue.

'Fly up TO that bank of clouds, which turns out to be a large "Continent" of Light-Clouds.. and fly toward the tallest Peak of all of those clouds. Can you 'find' a tallest Peak, and hover above it.. and tell us what you see there?' Let the Subject answer. You may prompt then for more data.. such as 'you may go closer if you want, and mention anything else you wish to.' Once they have said SOMETHING about this Tallest Peak by which to identify it later, continue...

'This Tallest Peak is a place we may return to later, to explore it more fully. But for now, rise up above it, and survey the whole range of Light-Cloud 'mountains'.. looking for openings between the peaks. Can you find a place where the clouds open to reveal an "Inviting" bit of sky you would like to fly into?' Let the Subject select an opening in the Cloud-mass, and fly toward it.

ENTERING THE ALTERNATIVE 'PERSONA'

'Now I would like you to simply DROP FEET FIRST into this opening.. drop down all the way from the clouds down to the bottom, until you reach the 'ground' or 'surface' or another environment that is not just Sky, but A WORLD. As you reach this world, let your feet FEEL a gentle pressure on the soles of your feet; and then Look Around and tell us what you see there.'

'Can you feel your feet on the ground.. and see a scene around you? Look down at your feet and describe what you see. Can you see feet and ground below them?'

NOW BEGINS THE MOST CRUCIAL PERIOD OF THE 'REGRESSION'.. WHEN IT IS NECESSARY TO BOTH GENTLY GUIDE THE SUBJECT IN EXPLORING THEIR WORLD-EXPERIENCE.. AND YET NOT 'SUGGEST' WHAT THEY SHOULD REPORT. TRY PHRASES SUCH AS...

'Please describe yourself as fully as you can.. your appearance, location and what you are doing there.'

'Is this where you 'live' or do you usually 'live' somewhere else? Would you go there, please and describe it.'

'Are there others that you live WITH here?.. or do you live alone? Describe what your life is like by day.. and at night.'

'Is this where you were born?.. or did you come here from elsewhere? See yourself at the place you began life at. Describe it.'

LET THE SUBJECT "LEAD" THE DISCUSSIONS AS MUCH AS POSSIBLE. ONLY ASK QUESTIONS WHEN THE SUBJECT SEEMS RELUCTANT TO SPEAK. ASK SUCH QUESTIONS AS "WHAT ARE YOU SEEING OR FEELING RIGHT NOW."

'Is this where you spent the rest of your life, too? If not, go to the place where you lived the later years of your life.. and describe it fully. What did you do there?'

'Please describe how that life ended for you. See it ending now, and release it. As you describe the ending of that life, let yourself rise up gently, and begin to float up toward the sky. Float up until you rise up between the peaks of the mountains of light-clouds where we began our journey.'

CLOSING THE REGRESSION

AS THE SUBJECT REPORTS RISING ABOVE THE CLOUD-MASS AT THE END OF THE REGRESSION, HAVE THEM FLY TO THE TOP OF THAT HIGHEST PEAK OF THE MOUNTAINS OF LIGHT-CLOUDS.

'We are going to see if we can find some place on that highest Peak where a Book is kept. Can you find a building or structure of any kind, where a Book might be found?'

LET THE SUBJECT LEAD YOU TO A PLACE WHERE THE "AKASHIC RECORDS" CAN BE FOUND. THESE ARE NORMALLY FOUND TO BE A BOOK THAT OPENS TO REVEAL PAGES THAT MAY SOMETIMES TURN INTO MOTION PICTURES.. EACH PAGE BEING A SEPERATE IDENTITY-FRAGMENT.. OR 'LIFETIME.' HAVE THE SUBJECT OPEN THE BOOK TO AT LEAST ONE PAGE, AND LOOK AT IT.. DESCRIBING ANY SYMBOLS OR PICTURES ON THE PAGE. AFTER THEY DO, CONTINUE..

'And now we are going to rise up from that mountaintop, and leave the continent of Light-Clouds behind. We are going to fly quickly back to this room here, where your body rests with us around you. See and feel yourself entering back into the body, and feel your body filled with your returned presence.

The regression is over. Let the subject move around and sit up as they 'reawaken.'

IMPORTANT NOTE: Both the Regression Leader and their Assistant have literally "touched the Karma" of another Soul.. and some of the Akashic Energy or Karma of that Soul MAY literally 'cling' to the hands that massaged the Subject into Meditation. THIS MUST NOW BE REMOVED FROM THEM or they may replay some of the Karmic Patterns of the other Soul during the coming day or so! In our Order we remove the energy by passing our hands under running water for a minute or so, while stating aloud 'Archangel Mikal and the Malakhim who govern the Karmic Patterns of mankind; I have touched and stirred the Karma of another

Soul. Please wash away from me all of the Karma I have handled; let it leave my body and aura completely. Thank You!"

This Akashic Regression Technique can be practiced upon a person as many times as one wishes (though once per day seems about the limit of one's PATIENCE!, for it is time-consuming.) After a few such experiences, however, the Journey becomes quite easily performed without the help of the massage or guidance from others.. and becomes a simple Akashic Meditation, which one may do anytime you are relaxed enough to enter its subtle domain.

BRIAH: The ARCHANGELIC Level.

Most western societies know of the great "Spiritual Intermediaries" who caretake our relationship with the Great Spirit, and refer to them as "Archangels." Asian societies normally call them "Bodhisattvas" and will need to turn to their own cultural traditions for guidance in contacting the right Bodhisattva for their Hod-related problems.. though ANYONE can call upon ANY Spiritual Authority and get useful results. The Archangel of Hod is named "Raphael," and he connects us with our Creator in the form called "Elohim Saboath" which is Hebrew for 'The Great Mother WITHIN' or ANIMA, THE FEMININE POTENTIAL WITHIN EACH SOUL.

The Angelic Order (or lineage of Devic Spirit-Workers, if you prefer) who serve this Sephirah are called the "BENI-ELOHIM" or 'Children Of God;' and they represent the God-Child we were each created as. When we contact the Archangel Raphael and ask him to help us with our talents and skill-development, it is to our inner Beni-Elohim that this help comes.. and it is just possible that we may not "recognize" his help for what it is BECAUSE IT ARRIVES WITHIN OUR CHILD-IDENTITY first. Most of the time this is perceived as a form of "PLAY;" some type of 'fantasy' or 'daydream' in which we "imagine" ourself doing something that we (currently) do not know how to do. But in fact, that is the FUTURE speaking to us about our own future "fame" and Glory.

To contact the Archangel of Personal Glory in the most direct way possible, jot-down the names just mentioned and then see the KABALLAH-CIRCLE RITES a few pages further on.. where a reliable, long-used Ritual Meditation is listed.. and simply perform it as shown, inserting the proper names where prompted. This will trigger as much immediate Spiritual HELP for your problem or crisis as possible right now.

Repeated contact with this Archangel (asking each time for yet MORE clarity about your Skill-development and more details on how this will solve your current crisis or condition) over a period of days or weeks may prove extremely useful.. though in the long-run, YOU will have to actually begin the process of learning and practicing the new 'game' before it will turn from fantasy to FACT.

ATZILUTH: The GOD-ASPECT Level.

The "Aspect" or FORM of the Creator contacted here at Hod is called "ELOHIM SABOATH" in Hebrew Kaballah, and ANIMA, the World Mother within us each, according to Jungian Psychology.. and is the Spiritual Agency who gives us each the urge and ability to nurture, caretake and gently "mother" those we love. This skill and "identity-trait" MAY be rather deeply hidden-away in our psychic 'closet' and need a bit of coaxing to surface for us to study and integrate. The process of coaxing this stuff out of ourselves is called "Akashic Memory" is Asia.. though it is best known to western peoples as 'past-life regression.' Akashic Memory is the specific skill or trait of the God-Aspect of Hod.

Once one has "found" Anima the Inner "womb" which houses your own personal potential and integrated 'her' into your own personality, one gains access to the entire spectrum of "feminine personality traits" (or Right Brain-Lobe Functions, if you prefer.) These include INTUITIVE UNDERSTANDING of other people's unique "forms" (the ability to see-into other people's potential,) as well as Telepathic skills (instantly understanding what others are THINKING or doing;) as well as Empathy (sharing the EMOTIONS other people are feeling.) All of these traits are part of EVERYBODY'S potential as beings.. though it is only those who integrate them who 'know' this.

This 'feminizing' phase of self-development may occur for any of us (regardless of our gender OR our gender-preference sexually) at the time when we are entering into a relationship or lifestyle which will call upon us to NURTURE other people and 'mother' them while they grow. Many healers, therapists and educators (as well

as parents, naturally) experience this Anima-integration.. and learn through it how to genuinely Nurture those they are here to care for. Elohim Sabaoth, the Great Mother-Spirit who is our Anima-within, is the prototype and Guide for us all in this journey.

Called BASTET (or 'Bast' the Cat-headed goddess) in the ancient Egyptian "paut Neteru" or Great Company of the Gods.. and considered the goddess of "Nurturing" who helps us 'incubate' or develop whatever traits our lives currently need.. the God-Aspect of Hod has always been associated with Birth and Rebirth. You may think of Bastet/Elohim Sabaoth as the 'midwife' who helps you give 'birth' to yourself, as needed. Bastet's symbol, the CAT, is associated with curiosity and mental 'prowling;' two famous traits of Hod.

It should be noted that all Metaphysical, Mystical traditions teach that Anima the Inner Mother must eventually be 'wed' or merged with ANIMUS the Inner Father who gives us the traits of the LEFT-Brain Lobe and our masculine potentials of self.

YESOD: "The Foundation"

Identified by Kaballah as "the Sephirah Yesod," this Sphere of Aura-energy encompasses the Groin, Buttocks, Sexual Organs (Ovaries and Vagina in women, or Prostate, Penis and Testes in men) and the lower back where the spine conjuncts the sacrum; any or all of which can become 'sore' or traumatized by a crisis of CREATIVITY, SEXUAL PLEASURE and/or SELF-TRANSFORMATION.. anything that challenges or threatens the "thrill" you are accustomed-to in life.

"Yesod" means 'the FOUNDATION;' and truly our entire life IS built upon the Foundation of PERSONAL PLEASURE. From Sexual Orgasm to the joy of the Creative Arts and the pleasure we take in all of our OTHER Intimate Loves, we truly ARE built upon PLEASURE and it's satisfaction. Anything that disturbs our pleasure in life literally 'shakes the Foundations' of the Soul; and the Sephirah of Yesod will respond with an intense and life-changing upheaval. Since it is SO crucial to our happiness, Yesod-crises are among the most powerful events of our lives.

Like all Branches of The Tree Of Life, Yesod connects us with FOUR LEVELS of the Spiritual Hierarchy or "chain of command." Anytime your search for Holistic Synthesis or Wholeness points to this Sephirah, there is a strong probability that YOU WILL NEED TO CONTACT THIS CHAIN OF COMMAND IN SOME WAY before your crisis or problem will resolve itself completely. The Four Levels of this Branch Of Life are:

ASSIAH: The PHYSICAL Level.

The Physical Level of Hierarchy in all Sephiroth is the same; ASTROLOGICAL INFLUENCES and/or THE "CHING" LIFE-CALENDAR. See the end of this Section..

For any event involving this Sephirah that began suddenly and has not diminished since then, the Life-Calendar is probably the source of the influence; you should be able to see the pattern clearly (including when to expect it to end) by reading the Year-Hexagram from that Calendar. Any PROCESS that seems to be EVOLVING into ever-changing forms over a long period of time is probably due to ASTROLOGICAL CHANGES affecting one's place in the world around you, as reflected by Planetary Changes. Note that you will need both a Natal (Birth) Horoscope AND a Transit Chart for the current year, in order to understand these Planetary Cycles. The MOON directly governs this Sephirah in Astrology.

YETZIRAH: The PSYCHIC-SCIENCES Level.

The Science of Yesod is SEXUAL TANTRA; the Path of Mirrors. You may not realize how very 'expert' you ALREADY ARE at it!.. for Sexual Tantra begins with our first 'crush' and sexual 'turn-on,' and has led directly to the most recent one without ever changing anything but the Images that have filled the Mirror of our Desire. That Mirror is symbolized on a cosmic level by THE MOON.. which reflects the light of the Sun just as a Mirror reflects the Image of whoever looks into it; and just like Moonlight, our "personal desires" are REALLY the Light Of Heaven REFLECTED in our hearts. To all peoples throughout time, Sex is 'a Sacred Mystery;' for in it

we meet not only our OWN needs, but those of the people are here to Inspire and 'turn on' as well, PLUS the needs of our Creator, who uses our Love and Pleasure as his OWN "reflection" just as the Sun does with the Moon.

While virtually all Asian (and most tribal) cultures recognize Sex as 'Sacred Communion' between each Self and it's Creator-Partner, many western cultures are still quite 'prudish' and backwards in sexual matters. Consequently many people have an extremely distorted view of what sexual attraction MEANS; having been told that sexual attraction is a 'mortal' emotion only, many people fail to realize that WITHIN EVERY LOVER IS THE LOVE OF GOD TOWARD YOU.. and they cling rather desperately to the human 'partner' for fear of losing Love. In fact the Love of Spirit cannot be lost.. only Reflected off-of OTHER bodies in the space around us. When we have shared all of the mutual benefits of Intimacy together that we NEED to share, Spirit may direct each of our bodies into other spaces, to share it's Love with others who are in need of our unique affections. Learning to RELEASE as well as EMBRACE is part of the Science of Tantra.

"Sex-Magic" or the deliberate use of sexual imagery to 'conjur-up' changes in one's relationship patterns, is as old as humanity. Whether called 'witches,' magicians or Relationship Counselors, there has always been a class of people in every society who use their innate understanding of the Divinity of Sexuality, to guide others in matters of sexual 'rebirth' or renewal. These are simply TANTRISTS; practitioners of the Path of Love. You may not yourself need to BE such an 'expert,' but whatever brought you here to Yesod DOES require you to UPDATE YOUR RELATIONSHIP WITH SEXUALITY.. for somewhere along the Path you have been traveling, the Light of Love and Pleasure has been dimmed for you.

Perhaps you need a new Image to guide your passions? Or perhaps you need to look a little DEEPER into the eyes that already Love you; and find behind the human face you already know, the Divine Partner you have never yet glimpsed fully. However you choose to deal with it, Sex is simply what it IS: the Mirror of Heaven. See within it what you NEED. That is what Sex was created-for!

BRIAH: The ARCHANGELIC Level.

Most western societies know of the great "Spiritual Intermediaries" who caretake our relationship with the Great Spirit, and refer to them as "Archangels." Asian societies normally call them "Bodhisattva" and will need to turn to their own cultural traditions for guidance in contacting the right Bodhisattva for their Yesod-related problems.. though ANYONE can call upon ANY Spiritual Authority and get useful results. The Archangel of Yesod is named "Gabriel," and he connects us with our Creator in the form called "Shaddai El Chiiam" which is Hebrew for 'Fountain Of Living Waters' or THE RIVER OF LIFE.

The Angelic Order (or lineage of Devic Spirit-Workers, if you prefer) who serve this Sephirah are called the "AISHIM" which means 'Sexual Archetypes;' those 'ideal Images' which we consider "the perfect Man" and "the ideal Woman" in their many 'types' and varieties. Whenever we call upon the Archangel Gabriel and his Lord Of Living Waters (asking for a new Foundation to build a new Lifestyle upon,) the Aishim respond by showing us (often in dreams or sexual fantasies) the Archetypal Image we would have to meet or relate with in order to get the result we have asked for. Of the many Sexual Archetypes we are capable of PERSONALLY, however, there is really only one that is 'right' for us individually.. so (if we cannot BECOME the Archetype we want in our lives,) we may need to build the PRESENCE of the desired Archetype into our Life-Foundation, by making the desired Archetype our PARTNER in life rather than our own person. In fact, that PARTNER will eventually turn out to be Shaddai El Chiiam, NOT just a man or woman, as you had thought; for THE HIDDEN MEANING BEHIND ALL HUMAN SEXUALITY IS THE DESIRE AND THE NEED FOR GOD-CONTACT. What we call "sex" is at it's highest level "Divine Tantra" or the wedding of Spirit and the Soul.

To contact the Archangel of Rebirth in the most direct way possible, jot-down the names just mentioned and then click-on KABALLAH-CIRCLE RITES where a reliable, long-used Ritual Meditation is listed.. and simply perform it as shown, inserting the proper names where prompted. This will trigger as much immediate Spiritual HELP for your problem or crisis as possible right now.

Repeated contact with this Archangel (asking each time for yet MORE clarity of Understanding and more help with solving the specific details of your crisis or condition) over a period of days or weeks may prove extremely useful.. though there may still be TIME and LOCATIONS that you will have to wait-for or bring-about in order to

finally end your Binah-related problem.

ATZILUTH: The GOD-ASPECT Level.

The “Aspect” or FORM of the Creator contacted at Yesod (“Shaddai El Chiam” the Lord Of Living Waters) is the “water” needed for the life and growth of our personal ‘Tree Of Life.’ Without the right Sexual Archetype to inspire, excite and REJUVENATE us year after year, we would grow tired of life, and WITHER-away. Sometimes we find ourselves beginning to ‘wither’ in the midst of our otherwise young and hardy strength; and that is the signal to us that we have grown BEYOND the “Archetype” of the Beloved which has led us thus-far in life.

It is at such times that Gabriel blows his Horn and “resurrects” us from the ‘grave’ into which we have fallen in despair; and out of the darkness around us walks The Beloved, changed in Image and Form.. and suddenly WE ARE ALIGHT WITH LOVE AND DESIRE AGAIN. that is “Moon Magic” and “Sexual Magic” and DIVINE TANTRA: the gift of Spirit’s Love for each of it’s children.

As we all FEEL deep inside from around Puberty onwards, we were NOT created to walk through Life entirely ALONE. The presence of THE BELOVED in some form is essential to Happiness AND Health as well. In the famous “Sacred Mysteries” of SEXUAL DESIRE and LOVE BETWEEN SPOUSES we see in fact the very reason for the Creation of the Universe and everyone in it. Like us each when Shaddai El Chiam walks out of the emptiness to share Life’s Water with our thirsty roots, our Creator built US EACH into the Foundation of his OWN life.. to walk beside him and make the empty ages and empty reaches of space A DELIGHT rather than a burden.

LOVE and PLEASURE are the gifts of Yesod; given BY and UNTO every Soul and it’s Perfect Companion, Shaddai El Chiam. Whenever you are LONELY and dis-spirited, call and hold out your hand. That is all he needs; your DESIRE.

Called SHU and TEVNUT, the Cosmic Twins, in the ‘Paut Neteru’ or Great Company of the Gods of ancient Egypt.. and considered the gods of both Fertility and Relating.. the God-Aspect of Yesod is indeed both ‘a unified, single Self’ AND a pair of “Lovers” who literally give birth to each other by desiring to be together. That Unified ‘Twinship’ of Self (Lover and Beloved) is indeed the Foundation of happiness, and we must each learn to shape the life we want by shaping both our SELF and it’s LOVER, so they can truly UNITE and live as One.

MALKUTH: The Kingdom Of Matter

DEFINITION:

Identified by Kaballah as “the Sephirah Malkuth,” this Sphere of Aura-energy encompasses both Legs, Feet, Knees, Ankles and BASE OF THE SPINE; any or all of which can become ‘sore’ or traumatized by a crisis over ONE’S PLACE WITHIN THE KINGDOM OF MATTER; from wealth to health to ecology, every detail of one’s relationship with NATURE and it’s countless materials and lifeforms, including your fellow man.

Malkuth means ‘The Kingdom;’ and depicts the Material World of Nature as the “Kingdom” in which we must find a personal Way Of Life (or PATH) that puts us in harmony with all other parts of Nature. THAT IS NOT EASY TO DO!.. for we all have many desires, needs and interests that conflict with others. For instance, in order to eat, we kill other forms of life (plant as well as animal;) and SOMEHOW we must ‘balance’ that by giving-up some of our OWN life IN RETURN.. such as our labor and time spent replanting and caretaking Nature which we have “used” for our own satisfactions.

How to “use” and BE “used” within Nature HAPPILY and for the benefit of all we touch is the special focus of all Malkuth-related crises and life-situations. All of that can be summed-up as WALKING RIGHTLY in Life; consequently, Malkuth is called the Sephirah of PATHWALKING.. and whatever brought you here is connected with how to FIND and PERFECT your personal Path as a Soul.

Like all Branches of The Tree Of Life, Malkuth connects us with FOUR LEVELS of the Spiritual Hierarchy or “chain of command.” Anytime your search for Holistic Synthesis or Wholeness points to this Sephirah, there is a strong probability that YOU WILL NEED TO CONTACT THIS CHAIN OF COMMAND IN SOME WAY before

your crisis or problem will resolve itself completely. The Four Levels of this Branch Of Life are:

ASSIAH: The PHYSICAL Level.

The Physical Level of Hierarchy in all Sephiroth is the same; Astrological INFLUENCES and/or THE "I CHING" LIFE-CALENDAR. See the end of this Section..

For any event involving this Sephirah that began suddenly and has not diminished since then, the Life-Calendar is probably the source of the influence; you should be able to see the pattern clearly (including when to expect it to end) by reading the Year-Hexagram from that Calendar. Any PROCESS that seems to be EVOLVING into ever-changing forms over a long period of time is probably due to ASTROLOGICAL CHANGES affecting one's place in the world around you, as reflected by Planetary Changes. Note that you will need both a Natal (Birth) Horoscope AND a Transit Chart for the current year, in order to understand these Planetary Cycles. The Planet EARTH (including Ascendant, Decendant, Midheaven and Nadir) directly governs this Sephirah in Astrology.

YETZIRAH: The PSYCHIC-SCIENCES Level.

The Science of Malkuth is TOTEMIC ANIMISM; the practice of relating with all parts of Nature AS LIVING SPIRIT-ALLIES who deserve our respectful and kindly COOPERATION. All ancient tribal societies are Animistic, and view the entire Universe as a Living Kingdom within which man has an 'office' of both great power and great responsibility. Animistic Pathwalking recognizes every plant, mineral, animal, element and force in Nature as HOLY and capable of being either wisely or unwisely related-to. It is the task of the individual Pathwalker to recognize each 'chance meeting' within Nature as MEANINGFUL for one's own life; and use that information to guide one's Path in life. Naturally, that requires a deep knowledge of the 'meaningfulness' of every part of Nature; the language of SYMBOLISM is an essential part of Animistic Science.

On it's simplest level, Animism begins with 'substances' such as the Mineral Elements.. using Crystals as a Meditation-tool, for instance. Later adding Herbology and dietary science to that, one can 'attune' one's body to Nature in such a way to become very "Organic" spiritually.. and begin to see and hear the great harmonious "Kingdom" of Nature speaking to you from the mouths of Birds, Animals, forces of the Weather and those subtler voices of the Nature Spirits who cultivate the whole of Nature's Garden.

Totem-Science.. the understanding that every Animal-Spirit caretakes a certain kind of GNOSIS or 'Special Wisdom' WHICH WE CAN OURSELVES ABSORB BY IDENTIFYING OURSELVES WITH THAT ANIMAL-SYMBOL, is the highest level of Malkuth-development. Whether through tattoos on the body, jewelry, artwork upon which one meditates or wearing some portion of the Totem Animal as a personal 'talisman,' totemic Animism bonds one to the Totem Animal and imbues oneself with the Gnosis-Wisdom and SKILLS of that Spirit-Animal. Eventually, Kaballah recognizes that the greatest Totem of them all will come to call upon any Totemic Pathwalker (like the Totem Animals themselves, often in DREAMS;) Adonai Malakh.. in the form of a half-man/half-animal "diety" who blesses one as part of his OWN Kingdom, and bestows the authority of a 'lesser King' over Nature upon the faithful Friend Of All The World. Closely associated with Franciscianism, this Nature-God-contact is the final goal of all Animistic Paths.

To learn the meanings of the many plant, animal, mineral and Nature-forces in the Kingdom of Malkuth, study the PHYSICAL ANALYSIS SECTION, under "THE NATURAL WORLD." Some involvement with this material may be necessary for the solving of your Malkuth-related crisis.

BRIAH: The ARCHANGELIC Level.

Most western societies know of the great “Spiritual Intermediaries” who caretake our relationship with the Great Spirit, and refer to them as “Archangels.” Asian societies normally call them “Boddhisattvas” and will need to turn to their own cultural traditions for guidance in contacting the right Bodhisattva for their Malkuth-related problems.. though ANYONE can call upon ANY Spiritual Authority and get useful results. The Archangel of Malkuth is named “Sandalphon,” and he connects us with our Creator in the form called “Adonai Malakh” which is Hebrew for ‘Lord King’ or THE LORD OF NATURE.

The Angelic Order (or lineage of Devic Spirit-Workers, if you prefer) who serve this Sephirah are called the “KERUBIM;” who are depicted as Tetramorphic Creatures composed of equal parts of the Ox, Eagle, Lion and Man. These beings “underlay” Nature, in the invisible realm of the ‘almost-physical;’ and CAN be but seldom are glimpsed by human beings. Often called ‘Nature Spirits,’ and Devas by other cultures of the world, the Kerubim are responsible for “Ruling” the many Kingdoms of Plant, Animal, Mineral and Energy-based Nature. When we contact Sandalphon and his own King Adonai Malakh, our request for assistance in our Life-Path-Walking is answered by the Plants, Animals, Minerals and Energies within Nature, set in motion for us by the Kerubim.

To contact the Archangel of Pathwalking in the most direct way possible, jot-down the names just mentioned and then study the KABALLAH-CIRCLE RITES a few pages further on.. where a reliable, long-used Ritual Meditation is listed.. and simply perform it as shown, inserting the proper names where prompted. This will trigger as much immediate Spiritual HELP for your problem or crisis as possible right now.

Repeated contact with this Archangel (asking each time for yet MORE clarity about your Right Path and more help with solving the specific details of your crisis or condition) over a period of days or weeks may prove extremely useful.. until you finally attain your OWN little “Kingdom Within Nature” perfectly-balanced with the rest of Life, which will finally end your Malkuth-related problem.

ATZILUTH: The GOD-ASPECT Level.

The “Aspect” or FORM of the Creator connected-with at Malkuth may look like ‘Pan,’ or Pegasus, Hanuman the Monkey-god of India or the Falcon-God Horus of Egypt; or he may take a very individualized form that holds meaning only for YOU.. but whatever form he takes in your life depicts YOUR LIFE WITHIN HIS KINGDOM. Like all of the God-Aspects of mankind’s pantheons, Adonai Malakh is A MIRROR OF THE SOUL. As we progress in our Soul-development, learning ever-higher uses of our own potential and powers of mind and hand, he brings to us different and better SYMBOLIC “FOOD” for our Souls to grow-by. Even if you cannot right now see that this is so, THAT IS HOW ALL OF YOUR EXPERIENCES OF HEALTH, WEALTH AND LIFESTYLE ARE BROUGHT TO YOU.

Mankind living in great cities has a tendency to forget that we are PERMANENTLY part of Nature. The gentle voices of the world of animals, the elements of wind, wood and water have become strange to us, since our ears have been lulled by the drone of engines and machines; but NATURE HAS NOT FORGOTTEN US. Still the totems walk through our sleeping hours.. even if we do not recognize them as Friends come to tell us about the coming events of our lives and the fulfillment of our personal needs and goals. “Tertium Organum” the Living Universe which the Greeks called Gaia, or Mother Nature, cannot be ‘abandoned.’ Even if we think we have left the Organic World behind with our cave-life early beginnings, it is still there and STILL rules our very survival. The Wise deliberately reconnect with it, and their Health, Wealth and Harmony is restored.

Many western peoples have forgotten that Nature is not “base” or ‘unholy’ but CREATED BY HEAVEN AS OUR HOME-GARDEN, and we were placed within it to “dress and keep it.” It is not until we remember that and return to God as The King Of Beasts as well as the King of Heaven, that we truly understand the meaning of Life. Spirituality requires us to be PART OF NATURE as well as part of Heaven’s family; indeed the two are ONE. It is the realization and attainment of your own Animal-Spirituality that brought you here to Malkuth.. poor, ill, inharmonious or LOST. Call out in the wilderness, and your King will hear you, and he will return your Wholeness to you. May your Kingdom COME! All around the edges of your city, it awaits you, beckoning with little hands of Fur, Feather, Fin and FRIENDSHIP.

Called ANUBIS (the Jackal-headed God) in the ancient Egyptian “paut Neteru” or Great Company of the Gods.. and considered the god of “Guidance” who leads ‘the dead’ onto the Path to Paradise.. the God-Aspect of Malkuth has always been associated with Pathwalking (a symbol of our personal Spiritual journey) as well as Friendly Companionship.. for Anubis is Egypt’s version of the Dog (“man’s Best Friend.”) You may think of Anubis/Adonai Malakh as THE JOURNEY OF LIFE itself.. for (in terms of Spiritual Destiny) we are all already a bit ‘dead;’ and trying to come to Life by finding out who we are and where we are going as Souls. All of that is caretaken by Malkuth and it’s Animal-God Soul-Guide, by any name.

KABALLAH-CIRCLE INVOCATION

DEFINITION:

“Invocation” means ‘To SUMMON’ or Call-Upon, especially through Speech. “Invocational Rites” are THE SUMMONING OF SPIRITUAL POWERS. Many traditions of ‘magic’ utilize such Rites; but none more-so than the Hebraic Mystical Science of Kaballah.

Virtually ALL Invocational Rites utilize a few basic principles.. which are apparently Truths in themselves. Having been arrived at independently by cultures from different continents and ages of history, these principles should be accepted as simply WORKING METHODOLOGIES, rather than anything to ‘believe’ or ‘believe in;’ like the methods for summoning your pet with a dog-whistle, the Rites of Invocation merely utilize principles that WORK upon their intended subjects, even though you may not yourself be able to hear or see the ‘sense’ of it all!

PRINCIPLES OF INVOCATION

THE MAGIC CIRCLE

All Invocational Rites occur within a Magical Circle, drawn by the Practitioner for the occasion, and then erased or ended to ‘release’ the Powers to go on with their performing of the work the Rite asked of them. The Magic Circle of Kaballah can be drawn in any way one wishes; the method we recommend is yours to modify or change for your convenience.. though the central issue of CIRCLE-DRAWING is indispensable.

SQUARING THE CIRCLE

Because the Powers invoked in Kaballah are ‘World’ or COSMIC Powers, Kaballist Rites require the “summoning” of all four Points of the Compass, “invoked” as THE FOUR LETTERS THAT SPELL THE NAME OF THE CREATOR, IN HEBREW. Those letters (‘the Tetragrammaton’ or Name Of Four Letters) are YHWH in modern Hebrew, and YHVH in older spellings. These form the name commonly pronounced ‘Yahweh’ or Jehovah.. but originally YOVE (or Jove) in the older, pre-Hebrew Proto-Semitic. The Circle Rite of Kaballah has been preserved from that oldest phase of mesopotamian history, and we recommend that you view “Yove” as the pronunciation of the Sacred Name unless you happen to be Jewish (in which case your Rabbi is the authority on THAT!)

SUMMONING THE POWERS

It is the ARCHANGEL of the particular Sephirah you need to ‘balance’ or regulate yourself within, that is actually “summoned.” The ten Archangels are considered to be ‘intermediaries’ or GO-BETWEENS whose job it is to listen for human words and emotions toward the Creator.. and respond to our wishes by ARRANGING DIVINE CONTACT FOR US. Ordinary human beings often FEAR the Great Spirit (however silly or strange that may be!, since God is simply OUR PARENT;) and the Archangels are there to ‘connect us’ to the Spirit and it’s Powers of Creation SAFELY and with a minimum of personal anxiety. Since they are “God’s Lieutenants” closely related to our own human forms and society, the Archangels innately understand our needs, and can easily relate with anything that we feel in NEED of.

The following "SAMPLE INVOCATIONAL RITE" is the 'Initiation Rite' of The Maitreyan Order Of Hsien Tao.. by which new Initiates announce their intention to walk the Path of Kaballah all the way to direct God-Contact. It is performed using the name of the Archangel SANDALPHON, his God-Aspect ADONAI MALAKH and the Angelic Order of THE KERUBIM at the first Initiation Rite (for those are the Powers of PATHWALKING TO GOD, which Initiation begins.) It is normally recommended that you perform this Initiation rite as your FIRST contact with the Archangels.. and then you are free to address any OTHER Archangel whose help you want with the concerns or needs of their specific Sephiroth.

The "Rites Of Invocation"

[Stand in any place where you can be alone and undisturbed for a few minutes, and FACE (roughly) NORTH.] YOU MAY HOLD A PAGE WITH THIS RITE WRITTEN ON IT, IN YOUR LEFT HAND.. TO READ FROM.

Point NORTH with your Right Hand, and Invoke the First Letter; "Yud" (pronounced just like "jude" but with a Y instead of a J.)

Pivot to face EAST and point your Right Hand to the East, invoking the Second Letter; "Hay" (pronounced just like the hay farmers feed their livestock!) That is the letter H.

Pivot to face SOUTH and point there with your Right Hand, invoking the Third Letter; "Vuv" (pronounced just like 'Love' but with a V instead of an L.) That is the letter V.

Pivot to face WEST and point there with your Right Hand, invoking the Fourth Letter; "Hay" is repeated, for the final letter H.

Pivot back to face NORTH and point there, stating "THIS CIRCLE IS NOW MADE WHOLE AND SACRED."

Raise your Right Hand pointing to Heaven, and Invoke "NOW LET THE ARCHANGEL _____ NOW COME TO ME, AND CARRY MY WORDS TO HIS GOD-ASPECT _____ AND HIS ANGELIC HELPERS, THE _____." "ARCHANGEL _____, PLEASE HELP ME AND BLESS ME IN THE FOLLOWING WAYS:"

[Now specify EITHER the solving of some particular problem in your life (anything from health to wealth to spiritual wisdom.. whatever you actually NEED 'fixed' in your life right now) SPECIFY CLEARLY: OR the following Path-Walking Initiation rite:

"LET MY FEET NOW FIND THE PATH TO CLOSENESS WITH MY CREATOR. PLEASE HELP ME; GUIDE MY FEET ONTO THE RIGHT PATH, AND HELP ME RECOGNIZE AND ACT-UPON EVERY CHOICE THAT I MUST MAKE IN ORDER TO MAKE MY PATH LEAD WHERE MY CREATOR INTENDS FOR ME. LET ME FIND GOD, AND SERVE HIM PERFECTLY, AS I WAS CREATED TO DO."

"AMEN. THANK YOU!" [Now point your right Hand to the North, and pivot in a full circle, saying] "THIS CIRCLE IS NOW ENDED, AND TRULY BEGUN!"

When you have erased the Magical Circle, the Rite is completed. All further action is up to HEAVEN; you have done YOUR PART, now the hierarchy will do IT'S PART. That is the Covenant of Kaballah! The Initiation Rite needs be performed only ONCE; though you will need to connect with the Archangel of Pathwalking (Sandalphon) many, many times as your Path leads upward to Kether at the top of the Tree Of Life; and every other Archangel has unique Powers to use in your behalf also.

LISTEN IN YOUR DREAMS FOR SYMBOLS AND OTHER FORMS OF "CONVERSATION" BACK TO YOU FROM THE HIERARCHY; AND WATCH THE EVENTS OF YOUR DAILY LIFE ALSO.. FOR IN EVERY PART OF OUR LIVES, THE SPIRIT MOVES TO ACCOMPLISH WHAT IT'S CHILDREN NEED. IT IS OUR WORK, TO LEARN TO RECOGNIZE IT'S GIFTS AND HEAR THE SOMETIMES GENTLE WORDS WITH WHICH IT ANSWERS US.

ASTROLOGY: The Science Of Patterns

Reality as a Whole is recognized by Metaphysical Philosophies as A SINGLE, VAST LIVING THING.. whose 'body' AND 'mind' operates through "organs" so huge and timeless that we little fellows living on this one speck of dust in outer space can only call them 'Cosmic Wonders.' We name them THE GALAXY, and within that OUR SOLAR SYSTEM.

Though considered nothing but 'dead matter' by most physical 'scientists' today, the Planets and other Bodies in Space are SEEN by Metaphysically-sighted people as LIVING CREATURES, each forming part of that larger Life called 'The Living Universe' or "Gestalt" (Great Spirit, in German.) Each of those Planetary "Beings" can appear to the Metaphysically-sighted as "a god." These have been named and studied in their movements for countless centuries.. and the science of studying them is called Planetary Astrology.

The primary discovery made by Astrology from any continent or period of history is the same: ALL OBJECTS AND BEINGS IN THE UNIVERSE OBEY PATTERNS SET BY THE PLANETARY MASSES IN SPACE; and THESE EVEN LEND US THEIR OWN "PERSONALITY" UNTIL WE DISCOVER OUR OWN INNER SELF, AND BECOME SOMETHING MORE THAN A MERE BODY MOVED-ABOUT BY THEIR FORCES.

That "Personality" lent us by the Planets is called EGO., and (while it IS very natural and gets us through our early years ok,) it is NOT intended as permanent. As you study the Ego-Self identified by the Planetary Placements listed below (for which you will need your Natal Chart, to identify your Placements,) remember that this is only your "training-wheels!" The Greater Self is not HERE but in the four Identity-Strands of the Psyche, listed earlier.

The Planetary "gods"

THE SUN

Called HELIOS ("the Bright One") by the Greeks, Ra by the Egyptians and Sol to modern science, the Sun bestows LIFE ITSELF on our Solar System.. for all living things "eat" sunshine in some form (photosynthesis in plants, for a start.) As the gravitic Center of our Solar System, HELIOS our Star is the symbol of all of our Daily Activities and "Life-styles;" look to his placement in your Birth Chart for a description of your IN-BORN EGO-IDENTITY.. for it was "loaned you" by HIM.

URANUS

The "Father Of The Gods" of the ancient Greeks (called AMEN by the Egyptians,) URANUS is the symbol of the 'Primum Mobile' or God as Creator; and his placement in your birth chart shows what YOUR PART in his great Plan of Creation is. As the source of Societal Evolution, Uranus lends you your personal "view" of human society and what it NEEDS TO BECOME.. as well as the Urge to MAKE IT THAT WAY.

KETHER is the name of THE CROWN CHAKRA of Yoga, in Kaballah. Kether is ruled by Uranus.

PLUTO

PLUTON was the Greek name of the Lord of the Afterlife.. who either ushers us into the Fields of Blessedness OR "sentences" us to PAY-OFF ALL "WRONGS" done in our lives. He is thus the symbol of LIBERATION FROM SUFFERING, and rules both Death-and-Rebirth and Sexuality (for THAT too is part of Blessedness, to our species.) Look to his placement in your birth chart for clues to your own Liberation and what you are here to Liberate for the world.

DAATH is the name in Kaballah for the Realm of Pluton.. which is part of THE THROAT CHAKRA of Yoga.

CHIRON

The most recently-discovered member of our Star-System is tiny Chiron (often called a Planetoid or Meteor because he is so small.) Named for CHIRON the King of the Centaurs (half man/half horse) who was the wise Sage who advised even Zeus on Olympus, this planet points-out your relationship with HOLISM and

SAGEHOOD.. your own God-Self, in other words.. by his placement in your birth chart.

NEPTUNE

Called POSEIDON by the Greeks, the Lord Of The Sea is traditionally associated with Dreams, Inspiration and VISIONS OF THINGS TO COME. Look to his placement in your birth chart for an understanding of YOUR OWN "GUIDING DREAM" in life, as well as what inspires and how you inspire OTHERS.

CHOKMAH is the station of Kaballah ruled by Neptune.. which is part of THE BROW CHAKRA of Yoga.

SATURN

Named KRONOS in Greek, Saturn is The Lord Of Time.. who sets us each a LABOR to do, for which he is called The Taskmaster in Astrology. Look to his placement in your birth chart for a description of your LIFE'S WORK; the "karma" you cannot avoid, and the Skill you were born to perfect in life, the Task you given to do for all of time.

BINAH is the Kaballist name for the portion of THE BROW CHAKRA of Yoga ruled-over by Saturn.

JUPITER

Called ZEUS by the Greeks, this is the Lord Of Heaven BY ANY OTHER NAME including 'Kristos.' As Lord Of Heaven, ZEUS "Blesses;" every Blessing in your life (from Wealth to Opportunity to Expand, and everything ELSE that gives you JOY) comes to you from your natal Jupiter-placement. Look here for how to be Blessed when you need it.

CHESED is the part of Kaballah ruled-over by Jupiter.. which is part of THE THROAT CHAKRA of Yoga.

VENUS

Named ATHENA by the Greeks, this Goddess Of Wisdom-Victorious rules LOVE (of every type EXCEPT the Erotic.. which is governed by the Moon.) Look to her placement in your birth chart for What, How and Why you LOVE WISELY. As the Patroness of Culture, Athena bestows the Arts, Music, Dance and other trappings of Civilization as she Wisely guides our hearts.

NETZACH is the name in Kaballah for that part of the SOLAR PLEXUS CHAKRA ruled by Venus.

MARS

Called ARIES by the Greeks, the Lord Of Battles rules all types of Warfare; from actual conflict with others to The Battle To Succeed at our careers, athletic skills and other "struggles." Look to his placement to find your own natural Field Of Struggle, and how to WIN at it. Naturally, your "temper" is his to shape!

GEBURAH is the portion of Kaballah ruled by Mars.. which is part of THE THROAT CHAKRA of Yoga.

MERCURY

Called HERMES by the Greeks and Thoth by the Egyptians, the wing-footed Messenger Of Heaven is the planetary symbol of THE MIND and it's proper uses. From Communication to Scientific Study, "hobbies" and your relationship (if any) to Publishing and the Media, MERCURY's placement in your birth chart points-out your way of Bearing The News.

HOD is the name given by Kaballah to that part of the SOLAR PLEXUS CHAKRA of Yoga which is ruled by the Planet Mercury.

MOON

Called both Aphrodite and Eros by the Greeks (for this looney companion of Earth is in fact BOTH genders at the same time,) the Moon governs DESIRE (especially SEXUAL desire,) FERTILITY and EMOTIONAL HAPPINESS. We simply cannot be HAPPY without the “arrows of Cupid” (Eros’ Roman name) to keep us ENTHUSED about life. Look to the Moon’s placement for your OWN Fertile PASSIONS.

YESOD is the Kaballist name for the SEXUAL CHAKRA of Yoga, which is governed by the Moon.

EARTH

Though it does not move through the horoscope but rather “anchors” it to our own physical location, the Earth truly IS part of your birth-chart.. giving you the PLACE you were born. Called GAIA by the Greeks, Earth is the symbol of Mother Nature. The horizons of her body gives shape to your birth-chart.

MALKUTH

is the station in Kaballah ruled by the Earth, which is called THE ROOT CHAKRA in Yoga.

ASCENDANT

Though not a “planet” but the Eastern Horizon of Earth at the moment of your birth, the Ascendant is a VERY important placement.. for it depicts the “Destined Future” of the individual; the Career Specialty and way of life one is born to GROW INTO. Typically emerging in one’s personality around the age of 21 to 30, the Ascendant reshapes in from the basic Sun-Sign “Ego” into a more “professional” Ego-form that occupies the middle part of our lives.

Look here for what you NEED TO BECOME, in order to fulfill your natural talents, instincts and drives to Evolve.

MIDHEAVEN

90 degrees straight UP from the Ascendant (at the very top-center of the horoscope) is the MIDHEAVEN.. which denotes your place in the Public Eye. Look here for those things (if any, for not everyone can be “famous!,”) which will bring you Renown and public note. This can occur at any time in one’s life, though usually such public recognitions occur when a planet (such as Jupiter) passes over this part of the natal chart.

ARIES	TAURUS	GEMINI	CANCER
Mar 21 - Apr 20	Apr 20 - May 21	May 21 - Jun 22	Jun 22 - Jul 23
LEO	VIRGO	LIBRA	SCORPIO
Jul 23 - Aug 23	Aug 23 - Sep 23	Sep 23 - Oct 24	Oct 24 - Nov 23
SAGITTARIUS	CAPRICORN	AQUARIUS	PISCES
Nov 23 - Dec 22	Dec 22 - Jan 21	Jan 21 - Feb 20	Feb 20 - Mar 21

TIPHERETH is the part of the Light-Body the Sun rules in the science of Kaballah.. which is THE HEART CHAKRA of Yoga.

DECENDANT

Directly opposite the Ascendant on the Western Horizon is the placement which rules what you will “harvest” in life as you take-on the Ascendant’s Lesson of Self-Remaking. Look here for the Reward you will get for all that EFFORT.

NADIR

Directly opposite the chart from the Midheaven lies the NADIR, which is your most PRIVATE part of Life.. those things which you do NOT share with the rest of the world, and keep entirely to yourself as a private or “secret” treasury. Here are your hobbies, secret longings and most private emotions, shared only with those you trust COMPLETELY.

The Zodiac or star-map

The “gods” just mentioned are displayed for our view (as the earth rotates daily) in a great “Circle-Dance” called “the Zodiac,” which is composed of twelve divisions, originally named for whatever Constellation of Stars happened to be there when astrology was first being formulated. These divisions (or “rooms” of Heaven) are themselves Metaphysical POWERS just like the Planetary ‘gods’ (though these can only be FELT, not seen.) Not only the Planets but the Constellations themselves move through these “rooms” of the Zodiac as the ages pass, and Astrology long-ago learned that whichever “room” (or SIGN as they are called) a Planet is in identifies the type of “work” that “god” is doing.

Use the list of the Twelve Signs, below, to identify what the Planetary “gods” were up to when they made you ‘happen;’ that is your EGO and LIFE’S WORK. Furthermore, whatever they are up-to at any given moment determines the kind of experiences you will have at that time.

The Signs Of The Zodiac

Aries

Named for the ancient Greek God Of War, this is the Sign of PERSONAL AGGRESSION.. though War is only one manifestation of that potential. Other forms of Arien activity include engineering, design, invention and pioneering. As the first Sign of the zodiac, Aries is the cosmic ‘child’ of Astrology; and can be found wherever youth, energy and the willingness to TRY SOMETHING NEW is needed. Strongly focused on THE SELF and it’s needs, Aries relegates all decisions to PERSONAL PREFERENCE; if Aries wants it, Aries does it!

Called “the RAT” in Chinese Astrology, Aries is an Adventurer with a child’s fresh attitude toward life.. though anything that tries to block the Arien Intentions soon learns why WAR is considered the specialty of the Sign! The western Astrological symbol of Aries is THE RAM.. who is quite happy to butt his head against ANY obstacles until he WINS; that is the style and temperment of this forceful and daring Sign. It should be noted that the Rat is one of the “hoarders” of the Chinese Zodiac; saving-up for a rainy day is part of their nature. Though free-handed with friends in need, Aries is very aware of Security.. and makes sure the old Rat Hole is both SAFE and WELL-STOCKED.

Taurus

Meaning “the Bull,” Taurus is the Sign of THE OX to both western and Chinese Astrology. Apparently the whole world agrees on one thing.. which is that the Ox Is STRONG (AND Stubborn!) “Bull-headed” is a well-worn term for Taureans, though it must also be said in their defense that this stubborn streak only comes out when they are defending their Private Pasture. Taureans have a long-accepted Way Of Doing Things; as long as that is respected, and you don’t try to force them to do things they did not PLAN to do, they are genuinely placid, gentle and hard-working people. Try to force them in any way, and a head-down Charge is likely!

The special skill and interest of Taureans is WORK of the right kind; the Ox pulls the Plow, treads the grain and carries the produce to market; Taurus is intimately connected to Food Production as an industry, though anyplace where Strength and Stubborn Will are needed may likely have a few Taureans on the scene. Wildly FERTILE, the Ox is a natural Parent.. and tends to be an understanding and patient one at that.. though it is

really Sex that the Ox sets-out after, they DO tend to accept the 'consequences' with placid serenity, afterwards. It is also a trait of this Sign that the Ox is deeply Philosophic in outlook; most Taureans have studied the ancient Philosophies well-enough to have a Fitting Quote for every occasion!

Gemini

The Sign of Gemini is named for "THE TWINS," originally Castor and Pollux from Greek myth.. a pair of Wrestlers who could individually only be defeated by their own Twin! That BEGINS to explain this rather enigmatic Sign.. for all Geminis tend toward a Partnership arrangement in life, though ONLY with the "right" Partner (and even then, NEVER "peacefully!".. for Gemini simply MUST "Wrestle" with their Partner.) Perhaps the best way of getting a grasp on Gemini is to mention that it's name in Chinese Astrology is THE TIGER.. that huge, restless king of the jungle who spends it's time planning-out it's next Hunt while seeming to 'nap' in the shade. That is how it is with Gemini personalities; they are ALWAYS in two places at once.. one Physically, the OTHER in Spirit.

Gemini is the Sign of BUSINESS in general, and all Gemini natives are good at it. Instinctively competitive and goal-oriented, the Gemini Tiger-Twins specializes at planning and Strategy, and can be found wherever those skills are needed; politics, research-and-development, administration and sales all appeal to Geminian skills of Hunting The Prey. When well-fed and well-exercised by day, the Tiger enjoys purring to their Partner (once they have wrestled them into submission,) though even then, they will be planning-out Tomorrow's HUNT!

Cancer

Meaning "the Crab," the word Cancer has gotten a bad name of late (a disease was named for it, which Cancerians did not ask-for OR deserve.) It was named "The Crab" because this is the Sign of THE HOME.. and crabs carry theirs on their own back! In China, Cancer is called "The RABBIT," another animal which loves and depends on having a safe Home to hide from predators in. In both case, however, the real Spirit of the Sign is WARM AND COZY FAMILY LIFE, embodied.. for that is what this Sign does BEST. "As prolific as Rabbits" is a popular way of describing the sex-life of this Sign; for Cancerians are VERY fond of EVERYTHING that goes on in the burrow (especially by night!)

Strongly associated with Literature (Cancerians LOVE books!,) this Sign is devoted to PRESERVING THE PAST for future generations to enjoy. Whether this is done through journalism, social services, the fine arts or some other Past-oriented career, the Rabbit-Crab personality will find SOME way to NURTURE, for that is it's most precious service to anyone or anything they Love.

Leo

Meaning "THE LION," Leo is the western Astrology Sign of The King Of Beasts, and that is all you need to know about a Leo; bow (at least a LITTLE) when you first encounter them every morning, pay them at least A LITTLE "Tribute" now and again, and try to imply "Yes, Your Majesty" in your tone of speech toward them.. and Leos will defend you as a Worthy Citizen and a person of Excellent Taste and Good Sense! Fail in your duty, and the Lion MAY Roar a few times at you.. but more likely, they will simply stalk proudly away and pay you no mind again. The King simply will NOT endure "lack of proper respect."

Those who wish to know the deeper side of Leo (and they DO have one!,) should know that this slinky, proud Sign is called "The Dragon" in Chinese Astrology; that huge, magical mythic creature who can lay waste to everything around it with a single breath, gathers up Jewels plundered from far and near to sleep on, and who is more than just a little bit vain. All of that would be merely amusing were it not for the fact that ONLY THE DRAGON CAN REALLY MAKE A NATION (or any OTHER gathering of people) "NOBLE" AND PROSPEROUS; for The Dragon truly IS a Monarch, and it's words can make one a Lord or Lady of the Court.

Leo the Dragon-King rules Public Relations, Advertizing, Theatre, Modeling and all other professions where The Right Example can make the world "obey" by merely POSING for the adoring masses.. for that is the way it IS with Lions and Dragons alike. In-between Royal Audiences, Leos must be careful of the rich foods, drink and other Extravagances they are prone to (and SOMEBODY ELSE had better handle the checkbook!, for Leo has no sense at all with money;) but those are not "faults".. merely the Way It IS when you are Royal.

Virgo

Virgo means “the Virgin,” and implies a form of purity most of us lose fairly early-on; maybe THAT is why they make us a bit self-conscious. Oh, one may absolutely KNOW FOR CERTAIN that a particular Virgo is no longer all THAT pure, but you will never be able to convince THEM of that; for Virgoans are PERMANENTLY ‘pure,’ and there is nothing anybody can do to sully them. Chinese Astrology calls Virgo “The Snake,” not only because the Snake can crawl around in holes in the ground without ever getting dirty, but also because the Snake is a bit of a Hypnotist. Many small creatures simply “freeze” when the Snake looks at them; much the same way Virgoans can make YOU feel at bit ‘on the spot’ with their glance. No; they are NOT intending to eat you!.. only looking back at you with the simple purity-of-intent of A CHILD. That is after all what ‘virgin’ REALLY means; a youth still pure of heart.

Like the Snakes coiled around the Caduceus (or winged staff) of Mercury which is used as a symbol of Medicine (which Virgo rules) this Sign is expert at slithering-into secret parts of people, and emerging with the Truth about them. That is why Snakes have a special relationship with Healing the world over. Virgo specializes at Healthcare, Psychology and Sanitation as well as all of the Logical Sciences; for Virgoans are profoundly Analytical in their way of thought. Virgoan Logic is not a cold or calculating thing, but a warmly Human way of trying to UNDERSTAND and HELP everyone they meet. Perhaps that is the best summary of their Nature, in the end; Virgo HEALS.

Libra

Meaning “The Balance-Scales,” Libra is the Sign of Harmonious Balance. While many other Signs can be happy with one-sided arrangements, Libra simply cannot ENDURE the idea of one side getting the better of the other. Perhaps that is why Libra is associated with Justice and all other Fair Trade professions which regulate and maintain Harmonious Balance in society. Called “The Horse” by Chinese Astrology, Librans truly ARE “Herd Animals,” and simply MUST have a social Herd in order to be happy; left to themselves, a Libran will sink into despair and solitary sadness.. but a new Circle of Friends will brighten them up in an INSTANT.

The real clue to Libran psychology is ROLE-PLAY. Like the Horse, Librans have a strong need to “act-out” their feelings in a social setting.. and you will normally find them out dining, dancing, sipping a glassful decorously with other Nice Specimens as often as possible; for Libra takes JOY from the Social Role itself and simply MUST get into the Herd and Mingle. Naturally, Libra governs such professions as Diplomacy, Acting and all other Performance-Arts.. as well as Public Relations and Broadcasting. But BEWARE THE TIPPED SCALE! When Libra goes “out of Balance” or the Horse goes Mad from nervous tension (something Libra is prone to,) a VERY unhappy and UN-harmonious result can occur.. and you may wish you had never met this Lovely yet powerful Sign.

Scorpio

Scorpius is Latin for Scorpion, and anyone who lives in any of the world’s great deserts know what THAT means: a nocturnal, secretive and potentially deadly thing that you do NOT want anywhere near you! On first contact, many Scorpions stir exactly those feelings.. but one more is also always there, which the scorpion does NOT have; Scorpio is the Sign of SEXUALITY as well as life-and-death-struggles. That may surprise you at first, but consider for a moment what sex really is; two people struggling to share personal pleasure, as a consequence of which a new Life may be conceived. So, even though Scorpio IS a bit frighteningly-intense, it also SEDUCES.. and few of us are immune to that ‘sting!’

To better understand this Sign you should consider it’s Chinese Astrology equivalent; The SHEEP, Ram or (as our Order prefers to name it,) THE UNICORN. All of those animals are summed-up in the Chinese word meaning “Great Horned One,” and (since Chinese makes no distinction between Sheep and Goats) ANY Great Horned One is SCORPIO; the Sign of Aggression, Life-And-Death Struggle and SEXUAL PROWESS. But, of them all, the Unicorn is the only Great Horned One which ALSO implies the sort of ‘holy purity’ and Mystical Wisdom for which this Sign is famous. Scorpio is in fact the most misunderstood Sign of Astrology precisely because it IS a Sacred Mystery.

Scorpio governs all professions which struggle with Death for the benefit of the living; Surgery, the Military, Police, Fire Departments, Criminal Investigation, Funeral Services, Psychoanalysis and Spiritual Philosophy to name but a few.. though it is not so much the 'field' they are in as it is the Power they wield within it, that Scorpio specializes at. Look for them wherever Sacred Mysteries must be served, and where Death can be averted through heroic Struggle.. and then, once the sun has set, look ANY PLACE where sexual passions are being stirred to a fever pitch.

Sagittarius

The Sign of "THE ARCHER" depicts Chiron, the King of the Centaurs.. taking aim with his bow and arrow; and if you know your Greek Mythology you know that Chiron was the wise SAGE who taught the Greeks their Sciences, Philosophy and Medical Arts.. though you may NOT know that he was also the co-ruler of Olympus along with Zeus. In fact, Zeus ruled "publicly" from the top of Olympus, while Chiron ruled "mystically" or in secret, from his cave hidden in the woods. That is a perfect picture of the Sagittarian native; seldom found in the limelight, yet ALWAYS relied-upon for their special skills performed alone in their hidden Library, Den or "lair."

The symbol from Chinese Astrology for this Sign is THE MONKEY; that cleverest of animals who symbolizes LEARNING BY MIMICRY.. the Sagittarian specialty. Very clever and inventive with their hands as well as their minds, Sagittarian Monkey-people excel at Education, Engineering and other hands-on trades, athletics and all other forms of Recreation (for the Monkey is irrepressibly PLAYFUL.) Often also found in advertizing, government and "special-interest groups," Sagittarius is the great 'Propagandist' of society.. and their skill at swaying people through their words is part of the "sage-hood" of their Sign.. though sincere belief in what they are doing and saying is ALWAYS there, or the Sage will have no part of it.

Capricorn

The Capricornus is a mythical creature who is half fish and half goat, and who pulls the chariot of Poseidon (Neptune) the Lord Of the Sea. To understand this strong, hardy and very Reliable creature, you need to understand what that means; Poseidon is the "god" of INSPIRATION (symbolized by the Sea and it's fishes,) so all Capricorns MUST (in order to be healthy and happy) serve SOMETHING Inspiring that they truly BELIEVE IN. Whether that be the Family, Government, Church, Philosophy or "the Social Good," Capricorns specialize at doing the WORK of getting Inspiration DELIVERED.

In Chinese Astrology, this is the Sign of THE ROOSTER (or Cock;) that rather pushy, forceful fellow who Crows every morning and tells us all that it is time to get Up and Busy. It is the Rooster's Job to Inspire us, and he does it EVERY DAY without fail.. and you and I had best not fail to OBEY! Capricorns are virtually ALWAYS connected with some form of Authority Structure.. for they deeply NEED to both Know what Matters and SERVE that as well.

Aquarius

Aquarius means "THE WATER-BEARER," and depicts someone pouring water onto the ground to help plants grow. Water is the 'essence of Life' and Aquarius specializes at pouring-out whatever is ESSENTIAL to the lives they touch; from a few well-chosen words of advice to LOTS of words of friendly encouragement, a shoulder-rub when needed or a few spare bucks for those down on their luck, Aquarius simply cannot HELP Helping Life Grow. The symbol in Chinese Astrology for Aquarius is THE DOG.. and every tree-trunk and fire hydrant on earth knows that the Dog Waters, too! But Man's Best Friend is far more famous for it's most familiar service; BEING THERE TO PAL AROUND WITH. In short, this is the Sign of FRIENDSHIP.

Like any good Dog, Aquarians are expert at Communicating; they instinctively sing along with every song they hear (Aquarians are innately musical and often quite brilliantly talented,) and they are prone to howl at the moon (especially if they feel a bit Lonely.. the only real "problem in life" ANY Aquarian ever has.) Friendship is the very Water of Life itself to this Sign; and plenty of friends and happy places to gather together for a good time is really all they value in life. That they are also brilliant thinkers with a natural skill at electronics, engineering, invention and other technical fields, merely makes the Watering-Dog that much MORE enjoyable to know.

Pisces

Meaning “THE FISHES” in Latin, this is the Sign of those who live in The Sea (the symbol of Inspiration;) Pisceans are by birth Native to Inspired Thinking, and THAT is their Home. Chinese Astrology calls Pisces THE BOAR.. not because they are ‘boring’ but because (like the pig or boar itself) all Pisceans are capable of eating “garbage” and turning that into a set of healthy Hams; Pisceans are the natural ‘Alchemists’ of human-kind.. taking-in all of the things the rest of humanity considers poisonous, and THRIVING on it. They do this not to prove themselves clever, but to BLESS OTHERS by removing bad things from the world.

Alchemy (the transformation of “base” or bad stuff into “noble” or healthy stuff,) is one way of wording the Piscean specialty; another word for it is MAGIC.. for all Pisceans have the ability to perform Magic for other people. That Magic is really a matter of FAITH.. for it takes the Faith of the Boar to restore the courage and healthy attitudes of those who have been injured or passed-by in life. This Spiritual Healing is so natural to the Piscean Magician that they may not realize how valuable they really are to society; the Sign is prone to depression, loss-of-hope and despair (symbolized by the western Astrology Sign.. one fish swimming UP to New Happiness, one swimming DOWN to despair.) All Piscean natives need someone to trust-in, who can help THEM with a little Magic of their own.

Naturally talented at Writing, Poetry, the Arts and other Inspirational fields (including Mystical Philosophy and Healing,) Pisceans are often found in the fields of Healthcare, Counseling, the Ministry and Mystical Orders.. though the only real requirement for them is that wherever they are, they MUST be able to help others overcome despair (so they TOO can survive the pull of their only real ‘enemy,’ loss of FAITH.)

The Houses Of The Horoscope

Once you have come into being yourself, you too have a “little zodiac” all your own.. a twelve-room ‘heaven’ called The Horoscope (or Personal Chart.) This map of your PERSONAL Life is made up not of Signs but of “houses,” through which the twelve Signs of the Zodiac AND all of the Planetary “gods” move. As a Sign or Planet enters one of the Houses of your Personal Horoscope, you yourself get “up to things;” this is how Astrology can ‘predict’ what types of personal interests and activities you will get into as the years go by.

Use the following House List to identify which part of your life each Sign and Planet was in at the time of your birth; this is your Natal “Ego-Identity” in full. Furthermore, whatever Planet moves into a given House of your Horoscope as the years go by, reflects the changes you will go through as you evolve your OWN “dance” within the “gods” greater ballet.

1st House: The SELF

Eastern Horizon (the Ascendent) to 30 degrees Below horizon: your BODY, physical Activities and Ego-life.

2nd House: SHARING

30 to 60 degrees Below Eastern Horizon: Shared Resources; Partnership and Joint Ventures; MONEY.

3rd House: COMMUNICATING

60 to 90 degrees below Horizon (called the Nadir, directly under your feet:) COMMUNICATION, Business and other Transactions.

4th House: The HOME

Nadir (directly under foot) to 60 degrees below West Horizon: The HOME-FRONT; genetic family, history, and the Home.

5th House: GIVING BIRTH

60 to 30 degrees under West Horizon: CREATIVITY; raising children or OTHER things you give ‘birth’ to; Innovation.

6th House: HEALTH

30 degrees below, to West Horizon (the Decendent:) your relationship with HEALING; illness, medical attention and Health careers.

7th House: Social CONTRACTS

Decendent (West Horizon) to 30 degrees into Western Sky: Marriages, Court Appearances, Contract Negotiations and other LEGAL matters.

8th House: Various ORGASMS

30 to 60 degrees up the Western Sky: RELIEF; sex, inheritances, death-and-rebirth, recreation and OTHER forms of “going to one’s Reward.”

9th House: EDUCATION & PHILOSOPHY

60 to 90 degrees West (“straight up” called the Midheaven:) “Learning By Mimicry;” Philosophy, Attitudes and ‘Propaganda.’

10th House: PUBLIC LEADERSHIP

Midheaven (straight UP) to 60 degrees of the Eastern Sky: Acclaim, Publicity, Leadership Roles and “being in the Limelight.”

11th House: Groups & FRIENDS

60 to 30 degrees above the Eastern Horizon: COMPANIONSHIP; group affiliations and other Friendship-based activities.

12th House: SPIRITUALITY & MAGIC

Ascendent (Eastern Horizon) to 30 degrees above it: the Unconscious and Superconscious Mind; your relationship with Spirit and Dreams.

The Thirty Degrees Of Arc

Taken from “the First Wing” of I CHING, The Book Of Change, the following “standard definitions” apply to the specific degrees of ANY Sign of the zodiac:)

DEGREE 00

“KING:” the subject specializes in CONSCIOUSNESS-RAISING. Associated with the powers of a Sage, “King” exerts influence through Education of the masses.

DEGREE 01

“QUEEN:” the subject specializes in PHYSICAL MANIFESTATION; like the fertile Earth itself.

DEGREE 02

“CHURN:” the subject specializes in INITIAL EFFORTS requiring some problem-solving; like the sprouting of new leaves, or the stirring of a Churn.

DEGREE 03

“MANIC:” the subject specializes in YOUTHFUL EXUBERANCE which may seem ‘manic’ at times; but if a youth in sincere, there in no blame in their exuberant vitality.

DEGREE 04

“SOON:” the subject specializes in those changes which require some PATIENT WAITING; what has been made ready-for can only come in it’s time.

DEGREE 05

“SUING:” the subject specializes in CONFLICT-RESOLUTION which may require some direct action to bring about.

DEGREE 06

“ESSAY:” the subject specializes in GROUP ACTION such as the Army or political organizations that “essay-forth” to bring social change.

DEGREE 07

“PEACE:” the subject specializes in HOLDING TOGETHER in peaceful unity and harmony.

DEGREE 08

“SMALL ZOO:” the subject specializes in the POWER OF THE SMALL; among the lesser folk where conflict with Ruling Powers must be kept from harming the humble and small.

DEGREE 09

“RIGHT:” the subject specializes in TREADING CAREFULLY so as to remain free of blame.. as in stepping (carefully!..) on the tail of a Tiger.

DEGREE 10

“TIE:” the subject specializes in ABSOLUTE EQUALITY with all persons in perfect accord.

DEGREE 11

“VIE:” the subject specializes in WRESTLING PROBLEMS TO A STANDSTILL to bring-about Peace. This DEADLOCK must be done carefully to prevent it from producing constant strife.

DEGREE 12

“THRONGSMEN:” the subject specializes in FELLOWSHIP WITH PEERS, such as membership in clans, clubs, unions and other alliances. Countryside settings benefit this greatly.

DEGREE 13

“DIVINE:” the subject specializes in HEAVEN-LIKE BENEVOLENCE. Heaven shines far, and all things stand-out brilliantly for those devoted to the Divine.

DEGREE 14

“KINDLY:” the subject specializes in MODEST KINDLINESS which all the world loves and honors. Even in a humble position, others will not strive against one who is truly humble and kind.

DEGREE 15

“JOY:” the subject specializes in ENTHUSIASM AND HARMONY. Spiritual sympathy with others leads to enthusiastic encouragement of all things, producing Joy.

DEGREE 16

“SWAY:” the subject specializes in FOLLOWINGS.. following others, and having followers oneself, such as might be seen in social activity, politics, faith, entertainment or anyplace where SWAY-ing others is essential.

DEGREE 17

“COUP:” the subject specializes in OVERTHROWING CORRUPTION. What has been corrupted by one may be set-right by another. Abuses of freedom are overcome by a Coup 'd Etat, such as a change in the regime which rules peoples lives.

DEGREE 18

“LINK:” the subject specializes in Approaching Others and LINKING-UP with them; which leads to collective improvements.

DEGREE 19

“ACCOUNT:” the subject specializes in Examining and Contemplating of people, places and things, to produce AN ACCURATE ACCOUNT OF THEM. This leads to positions of trust, when one’s Account is looked-to by the people.

DEGREE 20

“CHEW-HOLD:” the subject specializes in GNAWING-THROUGH OBSTACLES, to achieve a desired result. With effort, success is certain., though some obstacles must be chewed-at with patience, to succeed.

DEGREE 21

“PREEN:” the subject specializes in ADDING GRACEFUL ADORNMENT and beautifying all things. Grace adds Joy and Peace to things, though it cannot itself create them. Thus, in small matters, creativity is aided by PREEN-ing.

DEGREE 22

“FOE:” the subject specializes in OPPOSING THINGS THAT ARE NOT FITTING to the peaceful state. This splitting-apart and making oneself a Foe must be done with care, keeping all Oppositions true to Justice; then such a Foe is useful indeed.

DEGREE 23

“FREE:” the subject specializes in LIBERATION. When a turning-point has been reached and problems are at last in retreat, we must RETURN TO FREEDOM. That is the meaning of Liberation.

DEGREE 24

“RUE WRONG:” the subject specializes in INNOCENCE. Innocence is always unexpected yet it is most natural. In serving innocence, what is most essential is that lack of virtue be set-aside. To “rue” or regret wrong-doing rights all wrongs and produces a return to Innocence.

DEGREE 25

“STATURE:” the subject specializes in GREATNESS, such as is passed-down from great sages of old, or such as the power and majesty of a noble spirit which leads others to strive toward STATURE themselves.

DEGREE 26

“NEEDS:” the subject specializes in PROVIDING NOURISHMENT. Like a cook who provides what is needed by others, the wise “cook-up” solutions for every Need around them. One must decide what NEEDS nourished and what will fill those NEEDS.

DEGREE 27

“GREAT COUP:” the subject specializes in OVERTHROWING WHAT IS POT-HEAVY and at the point of breaking from strain. some situations are like the beam holding up a roof too heavy for it to bear; there must be relief from such pressure, and only a GREAT COUP can overcome this.

DEGREE 28

“CANYON:” the subject specializes in negotiating a way through ROUGH TERRAIN and broken ground, where survival skills and adaptability are needed. Like one born in a deep Canyon filled with dangerous precipices, one must be careful of one’s footing and rely upon one’s wits.

DEGREE 29

“ALLY:” the subject specializes in CLINGING TO THE LIGHT. Like the heat and glow of a fire which “clings” to the burning log, the Ally cleaves to what is best in their company, and thus is a worthy ALLY to those around them.

“The Kuei-Shan I Ching” Life-Calendar

CONSCIOUSNESS-RAISING

YEAR 1

(Replays as YEAR 65)



Birth to 1st Birthday

(Replays as 64th to 65th Birthday)

1 CHUNG: "King! Creative power.

IMAGE: making oneself strong and untiring...."

PSYCHOLOGY: Exploring physical reality. Body-awareness.

EGYPTIAN: Pylon 1 - CONQUERING
PHYSICAL LIMITATION

1st 2 months: "Hidden dragon; do not act."

2nd 2 months: "Dragon appears in the field."

3rd 2 months: "All day and all night, active!"

4th 2 months: "Wavering flight (learning mobility.)"

5th 2 months: "Flying dragon in the heavens. Everyone watches!"

6th 2 months: "Arrogant dragon will have cause to repent."

YOGA: This is the Year of the 1st (SACRAL) CHAKRA.
Patterns acquired here resurface in Year 8, to be updated.

PHYSICAL MANIFESTATION

YEAR 2

(Replays as YEAR 66)



1st to 2nd Birthday

(Replays as 65th to 66th Birthday)

1 CHUNG: "Queen! Devotion to one gender polarity: cultural orientation is at work.

IMAGE: Receptive Devotion.

PSYCHOLOGY: Rhythmic behaviors, sensuality and pleasure are the focus.

EGYPTIAN: Pylon 2 - CONQUERING
GENDER PATTERNS.

1st 2 months: "Where it is already underfoot, solidity will follow!"

2nd 2 months: "Foursquare, straightforward mimicry!"

3rd 2 months: "Hidden perseverance serves one's devotions."

4th 2 months: "A tied-up sack; blame and praise bring quiet reserve."

5th 2 months: "Aristocratic undergarments: good fortune!"

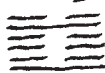
6th 2 months: "Dragons fight in the meadow."

YOGA: This is Year of the 2nd (Sexual) Chakra. Patterns learned here resurface in Year 9, to be refined through same-gender role-games.

INITIAL EFFORTS

YEAR 3

(Replays as YEAR 67)



2nd to 3rd Birthday

(Replays as 66th to 67th Birthday)

1 CHANG: "Churn. Struggling to attain individuality."

1 IMAGE: "Order emerges from chaos...."

PSYCHOLOGY: Textural and appetite preference becomes a focus of learning.

EGYPTIAN: Pylon 3 - CONQUERING EGOTISM

1st 2 months: "Difficult beginnings require helpers."

2nd 2 months: "Joining forces with approaching friends."

3rd 2 months: "Hunting in the woods still requires a Guide!"

4th 2 months: "Striving for togetherness. Everything is fun."

5th 2 months: "Difficulty being understood. Patience needs help."

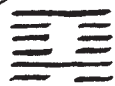
6th 2 months: "Injured tears flowing is better than folded hands!"

YOGA: This is the Year of the Solar Plexus (Stomach) Chakra. Patterns begun here replay in Year 10 for further refinement of the Willpower.

EAGER INTENSITY

YEAR 4

(Replays as YEAR 68)



3rd to 4th Birthday

(Replays as 67th to 68th Birthday)

1 CHANG: "Manic! Youthful folly asks again and again!"

1 IMAGE: "Youth fosters it's character...."

PSYCHOLOGY: Romantic Phase of learning: the basic emotional responses are refined. Song and music emerge.

EGYPTIAN: Pylon 4 - CONQUERING DEPENDENCY

1st 2 months: "Discipline, but the fetters should be removed."

2nd 2 months: "Responsibility within the household brings good fortune."

3rd 2 months: "Servile devotion should not be encouraged!"

4th 2 months: "Obstinate entanglements bring humiliation."

5th 2 months: "Childlike simplicity. Good!"

6th 2 months: "Punishment is inferior to prevention."

YOGA: This is the Year of the 4th (Heart) Chakra. Patterns developed here resurface in the 11th Year as early romantic attachments.

EMERGING SOON

YEAR 5

(Replays as YEAR 69)



4th to 5th Birthday

(Replays as 68th to 69th Birthday)

1 CHANG: "Soon! Things come in their own time.
Waiting requires patience."

IMAGE: Eat, drink and be of good cheer...."

PSYCHOLOGY: Communication skills improving leads to personality interaction and group-play.

EGYPTIAN: Pylon 5 - **CONQUERING SELF-EXPRESSION**

1st 2 months: "Waiting in the meadow. A regular life is wanted."

2nd 2 months: "Waiting in the sand: gossip does no harm!"

3rd 2 months: "Waiting in the mud: 'enemies' arrive. No problem!"

4th 2 months: "Waiting in the pit: a little blood instructs."

5th 2 months: "Waiting at meat and drink: patience needs pleasure!"

6th 2 months: "Falling in the pit with friends: **GOOD!**"

YOGA: This is the Year of the 5th (Throat) Chakra. Patterns established here resurface in Year 12.

THAT SOLVES THAT PROBLEM

YEAR 6

(Replays as YEAR 70)



5th to 6th Birthday

(Replays as 69th to 70th Birthday)

1 CHANG: "Suing! Conflict-resolution requires diplomacy."

IMAGE: Spiritual trends are at the heart of matters...."

PSYCHOLOGY: The world of **IDEAS** emerges with individualized consequences. Memorization, mimicry improve.

EGYPTIAN: Pylon 6 - **CONQUERING THE LEARNING PROCESS**

1st 2 months: "If the adversary is stronger, accept the gossip!"

2nd 2 months: "The people of the town seek one's betterment."

3rd 2 months: "Nourishing oneself on ancient offerings. Good fortune."

4th 2 months: "Going back with changed attitude brings peace."

5th 2 months: "Reciting before him brings supreme happiness."

6th 2 months: "Decorated in the morning; 3 times wiser by evening!"

YOGA: This is the Year of the Brow (Third Eye) Chakra. Patterns experienced here resurface in Year 13.. establishing the teenage self-image.

DOING IT TOGETHER

YEAR 7

(Replays as YEAR 71)



6th to 7th Birthday

(Replays as 70th to 71st Birthday)

1 CHING: "Essay?! In the Army, a beloved leader succeeds."

IMAGE: generous strength wins enthusiastic love and nurtures ability....

PSYCHOLOGY: Here child-development enters the realm of spirituality. A poetic, philosophical mood is cultivated.

EGYPTIAN: Pylon 7~ **CONQUERING SENSITIVITY**

1st 2 months: "Setting forth in proper order is necessary."

2nd 2 months: "Decorated in the midst of the Army. Very good!"

3rd 2 months: "Representing one's ancestors can be difficult!!!"

4th 2 months: "An orderly **KETREAT: NO BLAME**. Help is needed."

5th 2 months: "The game is in the field. Let the eldest lead."

6th 2 months: "A realm has been gained, the family honored."

YOGA: This is the Year of the Crown (Thousand-Petaled Lotus) Chakra.. the pinnacle of our being. Once we have devoted a year each to the Chakras **WE HAVE ACQUIRED KARMA** (earned reward) and must **MASTER** it in coming cycles. With this chakra, child development is superceeded by **EDUCATION**.. and we return to the 1st Chakra as an already-formed and growing individual. From here onward, we replace "Yoga" with "**KARMA**.. since mastering **THAT** is our Yoga henceforward.

ABOUT UNITING WITH

YEAR 8

(Replays as YEAR 72)



(7th to 8th Birthday)

(Replays as 71st to 72nd Birthday)

1 CHING: "Peace! Holding together in friendship."

IMAGE: peace requires friendly relations with similar spirits...."

KARMA: Review Year 1 For causes of present experience. Note under Year 15 any major events of this year (with date).. for they will replay then.

EGYPTIAN: Pylon 8~ **CONQUERING COURAGE.**

1st 2 months: "Truthful loyalty brings good fortune to friends."

2nd 2 months: "Hold to them inwardly. Depth of friendship is essential."

3rd 2 months: "Sociability with strangers; but depth of intimacy with friends."

4th 2 months: "Hold to them outwardly also! Open attachment brings no blame."

5th 2 months: "Pursuing only that which is similar; **GOOD!**"

6th 2 months: "Hesitation does not benefit holding together."

A LITTLE SOMETHING WANTED

YEAR 9

(Replays as YEAR 73)



8th to 9th Birthday

(Replays as 72nd to 73rd Birthday)

1 CHING: "SMALL ZOO. Adults are tamed and coaxed into jumping through hoops.

1 IMAGE: "Taming power of the small.. thus one refines expression of their nature...."

KARMA: Replaying patterns of Year 2. Patterns of Year 16 are created.

EGYPTIAN: Pylon 9 - CONQUERING FAIRNESS

1st 2 months: "Return to the natural Way. How could there be blame?"

2nd 2 months: "One allows oneself to be drawn into returning by example. Good."

3rd 2 months: "Man and wife roll their eyes at broken wagon wheel. VERY good."

4th 2 months: "Sincerity averts blows, fear gives way."

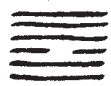
5th 2 months: "Sincere and loyal, one is rich in neighbors."

6th 2 months: "Rainy days show character the woman would lament! GOOD."

WALKING RIGHT

YEAR 10

(Replays as YEAR 74)



9th to 10th Birthday

(Replays as 73rd to 74th Birthday)

1 CHING: "Right: treading carefully, lest the Tiger bite when one steps on it's tail.

1 IMAGE: "by careful attention to the roles of Ruler and Ruled one's thinking improves...."

KARMA: Now replay events of Year 3. Patterns created here will replay in Year 17.

EGYPTIAN: Pylon 10 - CONQUERING AGGRESSION.

1st 2 months: "Simple conduct. Blameless progress."

2nd 2 months: "A 'Dark Stranger' travels a smooth road free of entanglements."

3rd 2 months: "A one-eyed lame man steps on Tiger's tail. The Tiger bites!"

4th 2 months: "Cautiously stepping on Tiger's tail, one is NOT harmed!"

5th 2 months: "Resolute conduct, aware of the dangers."

6th 2 months: "Looking at one's conduct, weighing the favorable signs."

PEACEFUL CO-EXISTANCE

YEAR 11

(Replays as YEAR 75)



10th to 11th Birthday

(Replays as 74th to 75th Birthday)

1 CHING: "Tie: there is an end of all feuds. Harmony and peace reign as Ruler and Ruled reach equality."

1 MAG: one sees how "gifts are regulated through attention to timing..."

KARMA: Replaying Year 4. Creating Year 18.

EGYPTIAN: Pylon 11 ~ **CONQUERING MOON CHANGES.**

1st 2 months: "Each according to their kind; like-minded people join in."

2nd 2 months: "One manages to bear it all and walk in the middle."

3rd 2 months: "Do not complain. Enjoy the fortune you still possess!"

4th 2 months: "Together with one's neighbor, guileless and sincere."

5th 2 months: "One shares one's belongings. Good fortune."

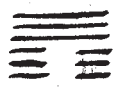
6th 2 months: "The wall falls back into the ditch.
Use no Army now!"

NUMEROLOGY: The 11th Year is **SPECIAL** in that during it we receive our "human initiation" and learn how to navigate adult society safely. 11 years later the same thing occurs in our spiritual neighborhood.. but **THIS IS THE CHARACTER-BUILDING YEAR.**

WHEN THINGS ARE DIFFICULT

YEAR 12

(Replays as YEAR 76)



11th to 12th Birthday

(Replays as 75th to 76th Birthday)

1 CHING: "Vie: opposing camps at odds come to **STANDSTILL.**
Powers are not relating."

1 MAG: one falls back on inner life and does not accept revenue....

KARMA: Replaying Year 5. Creating patterns for Year 19.

EGYPTIAN: Pylon 12 ~ **CONQUERING DISCIPLINE.**

1st 2 months: "Each according to it's kind, even if solitary!"

2nd 2 months: "They bear and endure until success is attained."

3rd 2 months: "They bear shame. This is a turn for the better!"

4th 2 months: "Obeying commands. Those of like mind also benefit."

5th 2 months: "Standstill is ending. "What if I should fail?"

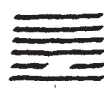
GOOD FORTUNE.

6th 2 months: "First standstill, then good fortune. Effort has been learned."

FELLOWSHIP BETWEEN PEERS

YEAR 13

(Replays as YEAR 77)



12th to 13th Birthday

(Replays as 76th to 77th Birthday)

1 CHING: "Throngsmen: fellowship in the open
1MAGÆ: in the country, clans and groups form, based upon
similarity of natures...."

КАРМА: Replaying Year 6. Creating patterns for Year 20.

EGYPTIAN: Pylon 13 - **CONQUERING PRIVACY NEEDS.**

1st 2 months: "Fellowship at the gate. No blame."

2nd 2 months: "Fellowship only with the clan. Humiliating!"

3rd 2 months: "One hides ones weapons in a thicket. For 3 years, no action."

4th 2 months: "One climbs the wall but cannot attack. Good!"

5th 2 months: "Fellowship that first weeps then laughs. Struggle is shared."

6th 2 months: "Fellowship in the meadow. **NO REMORSE.**"

NUMEROLOGY: The number 13 is **SPECIAL** to all cultures, though it's "reputation" varies with whom you ask: 'conservative' establishments (including most families!) frown on the 13, while 'revolutionaries' highly favor it. This is because the number 13 denotes **REVOLUTIONARY PROGRESS**. During this year the most radical departures from the old order are first displayed. Like puberty, **NOTHING CAN STOP THESE REVOLUTIONS**. The wise find things about them to **PRAISE**, thus winning a friend!

SPIRIT PROVIDES

YEAR 14

(Replays as YEAR 78)



13th to 14th Birthday

(Replays as 77th to 78th Birthday)

1 CHING: "DEU. Spiritual Light is discovered and accorded honor.

1MAGÆ: possessing greatness, one curbs what is weak and furthers what is good and benevolent...."

КАРМА: Replaying Year 7. Creating patterns for Year 21.

EGYPTIAN: Pylon 14 - **CONQUERING THE BODY.**

1st 2 months: "No relation with what is harmful. No blame."

2nd 2 months: "A big wagon for loading: one wants to undertake something."

3rd 2 months: "A princely offer! A petty person cannot do this."

4th 2 months: "One is different from one's neighbor. No blame!"

5th 2 months: "One's truth is accessible yet dignified. Good fortune."

6th 2 months: "One is blessed by Heaven. Everything furthers one."

OF SINCERE INTENT

YEAR 15
(Replays as YEAR 79) ≡ ≡ 14th to 15th Birthday
≡ ≡ (Replays as 78th to 79th Birthday)

1 CHING: "Kind! Modesty brings true strength, which allows success."

1 IMAGE: "One weighs things, and makes them equal...."

KARMA: Replaying Year 8. Creating patterns for Year 22.

EGYPTIAN: Pylon 15 - CONQUERING THE UNCONSCIOUS.

1st 2 months: "Modest about one's modesty. Good fortune!"

2nd 2 months: "Out of the fullness of the heart the mouth speaks."

3rd 2 months: "Modest merit brings things to conclusion."

4th 2 months: "Modesty in movement. Everything furthers one."

5th 2 months: "No boasting before one's neighbor. GOOD!"

6th 2 months: "Modesty disciplines one's own affairs."

KABBALAH: Please note that this 15th Year foreshadows the actual EVENTS of the 22nd Year, the Year of SPIRITUAL INITIATION. Close attention to this and the 11th Year (in which the social initiation occurs) is vital to understanding what to expect in that upcoming self-discovery.

JOYOUS ENTHUSIASM

YEAR 16
(Replays as YEAR 80) ≡ ≡ 15th to 16th Birthday
≡ ≡ (Replays as 79th to 80th Birthday)

1 CHING: "Joy! Enthusiasm sets armies marching forth. It furthers one to install helpers."

1 IMAGE: "Joy makes glad music and offers it, inviting all to be present...."

KARMA: "Replaying Year 9. Creating karma for Year 23."

EGYPTIAN: Pylon 16 - CONQUERING SELF-REPRESSION

1st 2 months: "Enthusiasm is expressed unwisely to any but one's own kind."

2nd 2 months: "Firm as a rock will not wait a whole day."

3rd 2 months: "Enthusiasm that hesitates creates remorse."

4th 2 months: "One gathers friends around you as a clasp gathers one's hair."

5th 2 months: "Persistently ill but not dying! Not medicine, but DEEDS!"

6th 2 months: "Deluded enthusiasm that changes it's mind. Very good!!"

SHARED WITH FOLLOWERS

YEAR 17

(Replays as YEAR 81)

≡≡≡ 16th to 17th Birthday

≡≡≡ (Replays as 80th to 81st Birthday)

1 **THING**: "Sway: moving others to follow; following those whom one admires."

1**MAGE**: "at nightfall one goes home to rest after all this following!..."

KARMA: Replaying Year 10. Creating karmic patterns for Year 24.

EGYPTIAN: Pylon 17 ~ **CONQUERING PARENTAL EXAMPLE**

1st 2 months: "Standards are changing. Associating widely is beneficial."

2nd 2 months: "Either the youth or the adult: one cannot be both at once!"

3rd 2 months: "Parting with the youth in the interests of the adult."
PATIENCE.

4th 2 months: "A following creates success. Go your way in sincerity."

5th 2 months: "Following what seems good. Good fortune."

6th 2 months: "One meets with firm allegiance. Introductions take place."

A NEW STATE OF THINGS

YEAR 18

(Replays as YEAR 82)

≡≡≡ 17th to 18th Birthday

≡≡≡ (Replays as 81st to 82nd Birthday)

1 **THING**: "**COUP**: a revolution in one's affairs, setting right what has been "spoiled" by parental example"

1**MAGE**: "decay requires stirring-up the Spirit strongly..."

KARMA: Replaying Year 11. Creating patterns for Year 25.

EGYPTIAN: Pylon 18 ~ **CONQUERING "ROMANTIC" VIOLENCE.**

1st 2 months: "If a son succeeds, there is no blame on the father."

2nd 2 months: "Fixing mother's mistakes.. but not too drastically!"

3rd 2 months: "Fixing father's. A little remorse; no great blame."

4th 2 months: "Tolerating father's ways. Humiliation if tolerated for long."

5th 2 months: "Praiseworthy improvement of father's ways. Good!"

6th 2 months: "One sets oneself higher goals than even serving a King."

LINKED: JOINTLY

YEAR 19

(Replays as YEAR 83)



18th to 19th Birthday

(Replays as 82nd to 83rd Birthday)

1 CHING: "Link! Approaching that greatness which is one's destined way, despite the limitations of the moment."
IMAGE: linking-up with destiny requires patience and tact...."
KARMA: Replaying Year 12. Creating patterns for Year 26.
EGYPTIAN: Pylon 19 ~ **CONQUERING TRADITIONAL MORALITY**

1st 2 months: "Joint approach: mutual influence is occurring."
2nd 2 months: "Joint approach which furthers everything. Good fortune."
3rd 2 months: "Too comfortable an approach can cause grief!"
4th 2 months: "Complete approach: very favorable!"
5th 2 months: "Wise approach: a Prince is clearly arising."
6th 2 months: "Greathearted approach. Blameless good fortune."

ACCURATELY UNDERSTOOD

YEAR 20

(Replays as YEAR 84)



19th to 20th Birthday

(Replays as 83rd to 84th Birthday)

1 CHING: "CROWNED! One stands on a high place, displayed for all to admire, even as one admires the one who bestowed the crown."
IMAGE: the young noble visits the provinces of the world...."
KARMA: Replaying Year 13. Creating patterns for Year 27.
EGYPTIAN: Pylon 20 ~ **CONQUERING OVER-REVELATION OF ONESELF**

1st 2 months: "Childlike contemplation of the hidden kingmaker."
2nd 2 months: "Glimpsing the kingmaker through a crack of the door."
3rd 2 months: "Contemplation of one's life decides: advance or retreat."
4th 2 months: "Contemplating the light of Kingdom by visiting the King."
5th 2 months: "Contemplating one's life makes one free of blame."
6th 2 months: "Contemplating one's life as blameless. Very good!"

METAPHYSICS: Please note that the number 20 is **VERY SPECIAL** to esoteric cultures, ranging from ancient Lemuria to the Rogerene Quakers and the Maya. 20 designates "the spectrum of natural action", and is the equivalent of a lifetime-en-capsulated. You have now completed the **LIFETIME YOU INHERITED**. Now comes **THE LIFETIME YOU HAVE ENVISIONED FOR YOURSELF**. Ending in your 40th Year, this "lifetime" will be replaced by **THE LIFETIME THE WORLD ENVISIONS FOR YOU**. And, after Year 60, yet another, the **LIFETIME THAT CONTAINS THEM ALL**. Knowing this, use wisdom in these next 20 years, to prepare for a life even greater than your dreams!

TEETHING: CUTTING ONE'S TEETH

YEAR 21

(Replays as YEAR 85)



20th to 21st Birthday

(Replays as 84th to 85th Birthday)

1 CHING: "Chew-hold. One bites into one's work and is acquainted with justice and reward."

IMAGE: one learns how sages of old made firm their laws and realms.."

KARMA: Replaying Year 14. Creating patterns for Year 28.

EGYPTIAN: Pylon 21 - **CONQUERING UNDER-REVELATION OF ONESELF.**

1st 2 months: "A toe-hold only. No blame."

2nd 2 months: "Biting through up to the nose. No blame."

3rd 2 months: "Biting into something unpleasant. Humiliating, but blameless."

4th 2 months: "Biting off a hard mouthful filled with arrows. **CAUTION.**"

5th 2 months: "Bites in and finds gold! **CONSTANT CAUTION.**"

6th 2 months: "All the way up to the ears! **LISTEN OR SUFFER.**"

YOGA: With this third repetition of the 7-year cycle of the Chakras one's **EDUCATION** is considered finished, and is replaced with **INTEGRATION** into society. As such, the Pylon-system of Egypt ends here, beyond which one arrives at the very crux of things; **ONE'S DESTINED PART IN LIFE.** This "initiation" built into life begins manifesting immediately after the 21st birthday, and will be explained in the next entry.

IN MATTERS OF OUTER FORM

YEAR 22

(Replays as YEAR 86)



21st to 22nd Birthday

(Replays as 85th to 86th Birthday)

1 CHING: "Preen. You become an adornment of society. Only see to it that in all things you adorn yourself and society with **LASTING VALUES.**"

IMAGE: Grace clears up affairs of the moment...."

KARMA: Replaying Year 15. Creating patterns for Year 29.

EGYPTIAN: "INITIATION!"

1st 2 months: "Lending grace to one's directions and mode of progress."

2nd 2 months: "Lending grace to one's appearance in the eyes of others."

3rd 2 months: "Graceful at one's cups; over-indulgence is a danger!"

4th 2 months: "Grace or simplicity?! **ENLIGHTENMENT COMES LIKE A FLYING HORSE!**"

5th 2 months: "Grace in hills and gardens, though one's riches are meager."

6th 2 months: "Simple grace. One is graced by what one finds oneself to be."

INITIATION: It is initially surprising to discover that there is a purpose beyond our own imaginings in the life we have imagined for ourselves! It is thus understandable that we are usually thrown into inner chaos at the very moment we first glimpse the fulfillment of our hopes and wishes. This year has woven into it the fulfillment of everything we have sought for ourselves **PLUS** the seeds of everything Life will demand of us for the rest of our days. **WATCH THE EVENTS OF THIS YEAR OF INITIATION CLOSELY.** and be advised that you have exactly **ELEVEN YEARS** ahead of you in which to bring **ALL** of this into personal fullness; for, in our 33rd Year all of these **GIFTS** come due. Everything we now set out to attain will then be either lifted onto a much higher level of **WORLD SERVICE**.. or it will turn to dust in our hands. It all depends on how you handle this "destiny" you are here given; whether you **PERFECT IT**, or trade it in for somebody else's "second-hand dreams." It is now in your hands entirely. **WELCOME TO SELF-RESPONSIBILITY!!!!!!**


A NEW LIFESTYLE

YEAR 23  22nd to 23rd Birthday
(Replays as YEAR 87)  (Replays as 86th to 87th Birthday)

1 CHING: "FOE. One splits apart from one's origins, to battle the limitations thereof."
IMAGE: making one's position secure requires generous giving to those from whom one is splitting away...."
KARMA: Replaying Year 16. Creating karma for Year 30.

1st 2 months: "The legs of the bed split apart. Resting elsewhere is good."
2nd 2 months: "The bed splits at the edge. As yet, no friendly offers."
3rd 2 months: "ONE SPLITS WITH THEM. No blame!"
4th 2 months: "Split to the skin: it can no longer be avoided."
5th 2 months: "Favor comes through the court ladies. Everything furthers!"
6th 2 months: "A large fruit still uneaten. A carriage is received. The house is split apart."

RESTORATION: FREEDOM RETURNS

YEAR 24  23rd to 24th Birthday
(Replays as YEAR 88)  (Replays as 87th to 88th Birthday)

1 CHING: "FREE !!!!!!! To and fro goes the path. Friends come without blame."
IMAGE: a turning-point - the old is discarded and the new taken on..."
KARMA: Replaying Year 17. Creating patterns for Year 31.

1st 2 months: "Returning from a short distance. No need for remorse."
2nd 2 months: "Quiet freedom. Good fortune."
3rd 2 months: "Repeated return; danger but no blame."
4th 2 months: "Walking among others, one returns alone."
5th 2 months: "Noblehearted return. NO REMORSE!"
6th 2 months: "DO NOT MISS THE MOMENT FOR RETURNING TO FREEDOM! Caution."

NATURAL IMPULSES

YEAR 25

(Replays as YEAR 89)



24th to 25th Birthday

(Replays as 88th to 89th Birthday)

- 1 CHING:** "Unwrong. The innocent and natural gains unexpected influence and success."
IMAGE: Nature and it's child nourish and foster all beings...."
KARMA: Replaying Year 18. Creating patterns for Year 32.
- 1st 2 months:** "Innocent impulses of the heart bring good fortune."
2nd 2 months: "If one does not count the harvest too soon, one may act now."
3rd 2 months: "Undeserved misfortune from what someone else deserves."
4th 2 months: "The patient remain free of blame."
5th 2 months: "Use no medicine in illness not your own. It will pass."
6th 2 months: "Innocent action that does not further one: caution."

MAHAYANA: GREAT STATUERE

YEAR 26

(Replays as YEAR 90)




25th to 26th Birthday

(Replays as 89th to 90th Birthday)

- 1 CHING:** "Stature. Great power is acquired, taming all that it encounters. Not eating at home brings good fortune."
IMAGE: the powerful study sayings and deeds of the past...."
KARMA: Replaying Year 19. Creating patterns for Year 33.
- 1st 2 months:** "Danger is at hand: desist, and await an outlet for this power."
2nd 2 months: "One's carriage is halted. Action will come later."
3rd 2 months: "A good horse, lead by others. One has somewhere to go."
4th 2 months: "Restraining the young bull. Great good fortune."
5th 2 months: "The tusks of a gelded boar: wild force is eradicated."
6th 2 months: "One attains the way of heaven. Success!"
- KARMA:** As this is the year during which the all-important 33rd YEAR is karmically set in motion, great care and attention to our actions and desires is wise! Close attention to your goals this year can show you much of the next 7 years time..

EXACTLY WHAT IS NEEDED

YEAR 27  26th to 27th Birthday
(Replays as YEAR 91) (Replays as 90th to 91st Birthday)

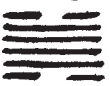
1 CHING: "Needs. Nourishment for one's actual needs is emphasized. Eating and drinking are examined."
IMAGE: providing nourishment; care with one's words...."
KARMA: Replaying Year 20. Creating patterns for Year 34.

1st 2 months: "Do not drop your magic token, to envy rich neighbors!"
2nd 2 months: "Do not turn from the high road to seek nourishment from a hill."
3rd 2 months: "Do not turn away from nourishment, reeling from place to place."
4th 2 months: "Wise spying-about with eyes like a hungry tiger!"
5th 2 months: "Turning away from the path to find one's way in wise example."
6th 2 months: **THE SOURCE OF NOURISHMENT.**
One may begin great deeds."

ATLAS:

YEAR 28
(Replays as YEAR 92)

SOLITARY RESPONSIBILITY

 27th to 28th Birthday
(Replays as 91st to 92nd Birthday)

1 CHING: "GREAT COUP! Holding up the sky is too great a burden. There must be relief from this pressure."
IMAGE: if one must renounce the world to remain free, one is undaunted...."
KARMA: Replaying Year 21. Creating patterns for Year 35.

1st 2 months: "Spreading pure reeds as a foundation. No blame."
2nd 2 months: "A dry poplar sprouts at the root: an elder loves a youth! **GOODY!**"
3rd 2 months: "Not making a crisis occur is wisdom."
4th 2 months: "The roof is braced. Good motives are rewarded."
5th 2 months: "A withered poplar has flowers, though barren. **NO BLAME.**"
6th 2 months: "One must pass through water above one's head. Be serene!"

IN ROUGH TERRAIN

YEAR 29

(Replays as YEAR 93)



28th to 29th Birthday

(Replays as 92nd to 93rd Birthday)

1 CHING: "Canyon. One must plunge in and flow without fear or resistance, or turn back."

IMAGE: finding the **RIGHT CHANNEL** for one's life, one learns to swim in its dangerous flow...."

KARMA: Replaying Year 22. Creating patterns for Year 36.

1st 2 months: "Do not turn the Channel into a rut!"

2nd 2 months: "Strive for small gains in the face of such powers."

3rd 2 months: "Abyss upon abyss! Pause and await clear footing."

4th 2 months: "A jug of wine and bowl of rice simply handed one. Success!"

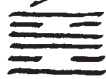
5th 2 months: "The channel is filled only to the brim. No blame."

6th 2 months: "Do not be bound, shut in or lose your way! **CAUTION.**"

HAVING AN ALLY

YEAR 30

(Replays as YEAR 94)



29th to 30th Birthday

(Replays as 93rd to 94th Birthday)

1 CHING: "ALLY! Finding one who shines with your own light, cling to them!"

IMAGE: doubled light illumines everywhere..."

KARMA: Replaying Year 23. Creating patterns for Year 37.

1st 2 months: "Footprints running crisscross. If you are sincere, no blame."

2nd 2 months: "Mid-day light. Supreme good fortune."



3rd 2 months: "Declining allies boast and lament!"

4th 2 months: "What comes on suddenly, flames up, dies down and is discarded."

5th 2 months: "Tears in flood, sighing and lamenting. Wonderful fortune!"

6th 2 months: "The King uses one to march forth. Blameless success."

SYNCHRONOUS EVENTS (IT'S MUTUAL!)

YEAR 31  30th to 31st Birthday
(Replays as YEAR 95)  (Replays as 94th to 95th Birthday)

1 CHANG: "ESSENCE INFLUENCES are WORKING you!

IMAGE: *Espousing them is wise!*
by readiness to receive them, one encourages people to approach...."

KARMA: Replaying Year 24. Creating patterns for Year 38.

1st 2 months: "ESSENCE influence has a toe-hold."

2nd 2 months: "ESSENCE influence seeks your action, remain still til proven."

3rd 2 months: "ESSENCE influence seeks you speedily: your own patiently awaits."

4th 2 months: "ESSENCE influence now emanates from you. Friends will follow."

5th 2 months: "ESSENCE influence in the back of the neck. No remorse!"

6th 2 months: "ESSENCE influence shows in the jaws, cheeks and tongue."

IN CONTINUOUS OPERATION

YEAR 32  31st to 32nd Birthday
(Replays as YEAR 96)  (Replays as 95th to 96th Birthday)

1 CHANG: "Hinge. Enduring as the motion of the planets or the attraction of man and wife, one attains to a state of primacy.

IMAGE: the Hinge upon which all things turns itself stands firm and unchanging...."

KARMA: Replaying Year 25. Creating patterns for Year 39.

1st 2 months: "Do not SEEK duration. IT MUST BE GIVEN YOU."

2nd 2 months: "Remorse disappears!"

3rd 2 months: "Give duration especially to your character."

4th 2 months: "NO GAME IN THE FIELD."

5th 2 months: "Knowing when to endure and when not to is wisdom."

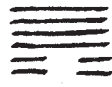
6th 2 months: "Restlessness as an enduring condition is not wise."

KABALLAH: And now you have completed the CHANGES that flowed from your INITIATION in Year 22. You have mastered it well enough to endure and become a "fixture" in the community. Now prepare yourself for the Great Test, the "Dark Night of the Soul" that will determine whether the "fixture" is ETERNAL or a passing phase in your life's story!

IN STRATEGIC RETREAT

YEAR 33

(Replays as YEAR 97)



32nd to 33rd Birthday

(Replays as 96th to 97th Birthday)

1 CHING: "DONE! Having exerted as far as one's ability can reach, one must now face inevitable **RETREAT**, while destiny reshapes our Path to conform to life's intentions for our future.

IMAGE: with dignified reserve, one retires from the old way..."

KARMA: Replaying Year 26. Creating patterns for Year 40.

NUMEROLOGY: Heraldng the New Enlightenment... which will "make or break" the life you have already built.

1st 2 months: "One must not wish to undertake anything; keeping still is wise."

2nd 2 months: "Holding fast to Duty: no one can tear you loose."

3rd 2 months: "Nerve-wracking Retreat! Retaining servants brings blessings."

4th 2 months: "Voluntary retreat: only the great can do this."

5th 2 months: "Friendly retreat. Patience will succeed."

6th 2 months: "Cheerful retreat. Everything serves to further one."

VOGA: Suddenly, here at the very peak of personal attainment.. all one's hopes and dreams within your grasp.. a shadow falls across the Way, and your personal peak becomes a valley. You had thought your life well-established; now you see that it has yet to truly begin. All the illusions of your youth rise up to be dealt with; you must surrender them all, or become their puppet.. living only to serve what has become hollow and unreal. By surrendering, allowing your previous ways to fall from you like ragged clothing, and accepting the new ways that now come forward, you can be raised up above all those petty things.. but you must **CHOOSE** now: your old way or the new. Either choice will commit you to **ENDLESS SERVICE**: the one to worn-out dreams, the other to **LIFE'S NEEDS**, for which you were born.

STAYING STRONG

YEAR 34

(Replays as YEAR 98)



33rd to 34th Birthday

(Replays as 97th to 98th Birthday)

1 CHING: "Stay Strong! The power of **DESTINY** places your feet on the right path. Movement occurs in full clarity

IMAGE: treading the **NECESSARY** Way..."

KARMA: Replaying Year 27. Creating patterns for Year 41.

1st 2 months: "Power only in the toes. Cautious waiting benefits one."

2nd 2 months: "Cautious perseverance brings good fortune."

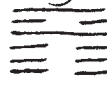

3rd 2 months: "No boast of power: no dangerous entanglements!"

4th 2 months: "The hedge opens and remorse disappears. A big wagon helps."

5th 2 months: "One loses stubborn resistance easily. No remorse."

6th 2 months: "If one ventures too far, deadlock! **CAUTION.**"

IN FULL FORCE

YEAR 35  34th to 35th Birthday
(Replays as YEAR 99)  (Replays as 98th to 99th Birthday)

1 CH'ING: "SUN! Rapid progress is easy now. Thrice a day, one is interviewed. Ever-widening expansion brings honor."

1MAGE: One brightens one's bright virtues."

KARMA: Replaying Year 28. Creating patterns for Year 42.

1st 2 months: "Progressing, but turned back. Remain calm; no mistake."

2nd 2 months: "Progressing sadly; then help is obtained from the Ancestress."

3rd 2 months: "All are in accord. Remorse disappears."

4th 2 months: "Progress like a hamster should not be continued too long!"

5th 2 months: "Do not take either gain or loss to heart!"

6th 2 months: "Offense is permissible only in one's own domain. CAUTION."

FOR SELECTED VIEWING

YEAR 36  35th to 36th Birthday
(Replays as YEAR 100)  (Replays as 99th to 100th Birthday)

1 CH'ING: "Meekly. Wounded by the adversity of the times, one must preserve one's affairs as if under a cloud."

1MAGE: one veils one's light, yet still shines...."

KARMA: Replaying Year 29. Creating patterns for Year 43.

1st 2 months: "Darkness as one flies: the wings droop. Gossip harms not!"

2nd 2 months: "Though tamed a little, one gives aid like a horse."


3rd 2 months: "Capturing the prize, hunting in the south. PATIENCE."

4th 2 months: "One gets to the heart of the cloud, and leaves its domain."

5th 2 months: "Enduring the cloud like a great Prince. Good!"

6th 2 months: "From heaven to earth it plunges, til the cloud is broken."

LINEAGE DYNAMICS

YEAR 37  36th to 37th Birthday
 (Replays as YEAR 101) (Replays as 100th to 101st Birthday)

1 CH'ING: "Children! The family relates best when the Nurturer perseveres."

1MAGE: the CLAN gets established lastingly...."

KARMA: Replaying Year 30. Creating patterns for Year 44.

1st 2 months: "Firm seclusion within the family. Remorse disappears."

2nd 2 months: "Do not follow whims: go attend the cooking!"


3rd 2 months: "Good fortune, despite flaring tempers and indulgent dallying."

4th 2 months: "One is the treasure of the house!"

5th 2 months: "As a King one approaches the family. Fear not!"

6th 2 months: "One's work commands respect. Good fortune comes in the end."

PERSONAL LIFESTYLES

YEAR 38  37th to 38th Birthday
 (Replays as YEAR 102) (Replays as 101st to 102nd Birthday)

1 CH'ING: "Crazes?! Everybody has their personal natures, seeking personal aims despite mutual dependency."

1MAGE: opposition.. thus amid all fellowship one retains their own Ways...."

KARMA: Replaying Year 31. Creating patterns for Year 45.

1st 2 months: "Do not run in pursuit: one's own returns of its own accord."

2nd 2 months: "One can meet one's Lord only on the sidewalk. No blame!"

3rd 2 months: "Not a good beginning, but a good end."

4th 2 months: "Isolated, one meets a like-minded faithful friend. Good!"

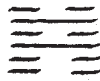
5th 2 months: "The companion cuts away obstructions. Go and meet with them!"

6th 2 months: "One doubts one's companions, then lays aside the doubt."

AVOIDING KNOWN PITFALLS

YEAR 39

(Replays as YEAR 103)



38th to 39th Birthday

(Replays as 102nd to 103rd Birthday)

1 CH'ING: "Shun. Surrounded by OBSTRUCTIONS, one must extricate oneself from them through patient refusal to be bound."

IMAGE: one molds one's character carefully...."

KARMA: Replaying Year 32. Creating Patterns for Year 46.

1st 2 months: "GOING meets obstruction. AWAITING meets praise."

2nd 2 months: "The servant is beset, but it is not their fault."

3rd 2 months: "Going on leads to obstruction, hence one comes back."

4th 2 months: "Continuing leads to obstruction, changing leads to union."

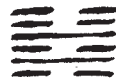
5th 2 months: "In the midst of obstructions, friends come to help."

6th 2 months: "One must not SHUN the world.. only the world's stupidity."

RELIEF AND DELIVERANCE

YEAR 40

(Replays as YEAR 104)



39th to 40th Birthday

(Replays as 103rd to 104th Birthday)

1 CH'ING: "SAVED!! Deliverance is just beginning, and a new phase is felt."

IMAGE: liberation requires the pardoning of past misdeeds...."

KARMA: Replaying Year 33. Creating patterns for Year 47.

1st 2 months: "BLAMELESS."

2nd 2 months: "Three with one stone! Golden arrows are received."

3rd 2 months: "Too much show of wealth invites misfortune."

4th 2 months: "Deliver yourself from unwise beginnings, and friends come."

5th 2 months: "If only one can save oneself, others will believe in it."

6th 2 months: "One hits the high target one has aimed at. Very good!"

METAPHYSICS: And now you have ended your 2nd 20-year cycle in life. Go back to Year 20, and re-read the guidance contained there. As you see, this year you complete the "encapsulated" LIFETIME YOU ENVISIONED FOR YOURSELF as a youth. Now prepare for a 20-year "lifetime" devoted to WHAT LIFE (or God, if you prefer) DEMANDS OF YOU here. Ending at your 60th Birthday, this "lifetime" may resemble the "last one" in some ways, but will be VICTATED to you by NECESSITY and CIRCUMSTANCE. Your dreams have ALREADY come true. Now, allow LIFE'S DREAMS to do likewise! As you ponder this momentous change, let us add to your understanding of self-growth by mentioning that this is in fact the 3rd Phase in the Jungian "process of individualization", called the "Self-Phase." Already you have completed the "Shadow" Phase (Birth to age 20) and the "ANIMA-ANIMUS" Phase (age 20 to 40). The Phase you now enter requires a deep FULFILLMENT of all your potentials as a Self in society.. and represents the most productive period of human life. For 20 years you will so labor at life's intention...and thus earn the peaceful serenity that begins at age 60. So, take a long deep breath and march forward. LIFE WILL NOW CALL THE STEPS FOR YOU TO MARCH TO!

IN THE OFFICIAL SERVICE

YEAR 41

(Replays as YEAR 105)



40th to 41st Birthday

(Replays as 104th to 105th Birthday)

1 CH'ING: "Swoon! Allowing oneself to **SURRENDER POWER** and be unashamed of simplicity.

IMAGE: by resting the heart, even two small bowls are a sufficient offering...."

KARMA: Replaying Year 34. Creating patterns for Year 48.

1st 2 months: "Going quickly when work is done, yet not asking too much."

2nd 2 months: "Without hurting oneself, one helps others greatly."

3rd 2 months: "When one is lonely, a companion hastens to come."

4th 2 months: "If one decreases one's tension, companions hasten to come."

5th 2 months: "Someone does indeed increase one: destiny decrees it!"

6th 2 months: "One obtains servants, but no longer dwells apart."

INCREASE: GROWING UP

YEAR 42

(Replays as YEAR 106)



41st to 42nd Birthday

(Replays as 105th to 106th Birthday)

1 CH'ING: "Yeast: one **RISES** and **INCREASES** others by devoted service.

IMAGE: to rule is truly to serve the good...."

KARMA: Replaying Year 35. Creating patterns for Year 49.

1st 2 months: "Great deeds! Supreme good fortune."

2nd 2 months: "One acquires merit in the eyes of Heaven. Success!"

3rd 2 months: "One benefits even from misfortune.. and carries official seals."

4th 2 months: "One is used in the relocation of the Capitol, if you will help."

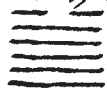
5th 2 months: "Without a word, one's virtue is seen in your deeds."

6th 2 months: "One ought increase others. If not, misfortune."

INVOKÉ: AN AROUSING SPELL, UTTERED

YEAR 43

(Replays as YEAR 107)



42nd to 43rd Birthday

(Replays as 106th to 107th Birthday)

1 CHING: "ACCUSE! Truthfully it must be announced, with awareness of the danger. Resolute but without violence!"

IMAGE: "BREAK-THROUGH. Do not rest on your laurels!"

KARMA: Replaying Year 36. Creating patterns for Year 50.

1st 2 months: "If one goes beyond one's power, a mistake is made."

2nd 2 months: "A cry of alarm; armor at evening! FEAR NOT."

3rd 2 months: "One walks firmly resolved. People murmur."

NO BLAME."

4th 2 months: "Be lead like a sheep. LISTEN!! It is really wise!"

5th 2 months: "In dealing with weeds, firm resolve is needed."

No blame."

6th 2 months: "If no cry is heard, no defense is possible."

SPEAK."

COMING-ON STRONG

YEAR 44

(Replays as YEAR 108)



43rd to 44th Birthday

(Replays as 107th to 108th Birthday)

1 CHING: "Jolt! Coming to meet is a powerful influence... such as may be inviting, yet should not be made a lasting associate."

IMAGE: proclaiming one's services to the world, calmly...."

KARMA: Replaying Year 37. Creating patterns for Year 51.

1st 2 months: "If not curbed, such new influence will bring chaos later."

2nd 2 months: "Influence must not be allowed to spread. No blame."

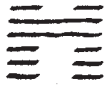

3rd 2 months: "Difficulty walking, but no mistakes if one is careful."

4th 2 months: "If nothing to endure, nothing to enjoy!"

5th 2 months: "First hidden, it then drops down from above, like a ripe fruit."

6th 2 months: "Finding JOLTS humiliating and unworthy game: blameless."

GAINING THE POWER

YEAR 45  44th to 45th Birthday
(Replays as YEAR 109)  (Replays as 108th to 109th Birthday)

1 CH'ING: "Persuade. Gathering together, people seek common deeds. Spiritual forces are called forth."
1MAGÉ: one prepares to meet the unforeseen...."
KARMA: Replaying Year 38. Creating patterns for Year 52.

1st 2 months: "Dedicated persuasion to the end. Speak, and be applauded."
2nd 2 months: "Letting oneself be persuaded brings good fortune."
3rd 2 months: "Gathering amid sighs; humiliating but blameless."
4th 2 months: "Great good fortune. No blame."
5th 2 months: "Sublime endurance is needed if some are not yet sincere."
6th 2 months: "Lamenting and sighing, floods of tears. NO BLAME!"


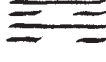
PROGRESS: UPWARD MOBILITY

YEAR 46  45th to 46th Birthday
(Replays as YEAR 110)  (Replays as 109th to 110th Birthday)

1 CH'ING: "Ascent. Pushing upward has success. FEAR NOT!
1MAGÉ: heaping up, small things achieves something high and great...."
KARMA: Replaying Year 39. Creating patterns for Year 53.

1st 2 months: "Pushing upward that meets with confidence. Good!"
2nd 2 months: "If one is sincere, even small gifts are acceptable."
3rd 2 months: "Pushing upward into an empty city. No resistance!"
4th 2 months: "The King offers one the Holy Mountain. Blameless and good."
5th 2 months: "One pushes upward by steps. Patient progress."
6th 2 months: "Pushing upward into darkness. Unremitting caution!"

SIMPLY WITHSTANDING IT ALL

YEAR 47  46th to 47th Birthday
(Replays as YEAR 111)  (Replays as 110th to 111th Birthday)

1 CH'ING: "Crawl. Exhausted by the resistance, one is forced to move slowly."

1MAGE: "the wise will not be deterred from a wise determination..."

KARMA: Replaying Year 40. Creating patterns for Year 54.

1st 2 months: "One sits under a bare tree in gloom. **FIND INNER PEACE!**"

2nd 2 months: "Eat and drink: a Prince arrives soon! Be blameless."

3rd 2 months: "Do not be oppressed by things, nor fail to see your comfort."

4th 2 months: "Quietly oppressed in a golden carriage?! **PATIENCE.**"

5th 2 months: "Joy comes softly. Make offerings to Heaven."

6th 2 months: "If one casts off stagnation, good fortune comes."

A FOUNTAINHEAD OR SOURCE

YEAR 48  47th to 48th Birthday
(Replays as YEAR 112)  (Replays as 111th to 112th Birthday)

1 CH'ING: "SPRING! One is become the Wellspring of one's community, always filled but never overflowing."

1MAGE: "one encourages the people at their work and exhorts them to help one another..."

KARMA: Replaying Year 41. Creating patterns for Year 55.

1st 2 months: "Do not be an old and muddy well; no one will drink of it!"

2nd 2 months: "Do not be a neglected well, broken and leaky!"

3rd 2 months: "Do not be a well-maintained well that nobody can visit!"

4th 2 months: "The well is being re-lined. No blame."

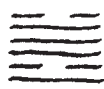
5th 2 months: "A clear, cold spring from which one can drink. Good!"

6th 2 months: "A well that is dependable and unhindered. Supremely good!"

OF SELF-TRANSFORMATION

YEAR 49

(Replays as YEAR 113)



48th to 49th Birthday

(Replays as 112th to 113th Birthday)

1 CHING: "GO! A revolution that has long been building now comes about."

1MAGE: like a leopard changing his spots, one "moults" and changes one's way of being, in accord with changing times...."

KARMA: Replaying Year 42. Creating patterns for Year 56.

1st 2 months: "Wrapped in the old skin, refraining from premature action."

2nd 2 months: "When one's day comes, revolution may be launched. **NO BLAME.**"

3rd 2 months: "Only when thrice-discussed will the change be acceptable."

4th 2 months: "Changing the government: men believe one's words. Good fortune."

5th 2 months: "Changing like a Tiger: even before asked, people believe you."

6th 2 months: "Changing oneself also changes others. Patience!"

KABBALAH: Having now completed **SEVEN CYCLES** of **SEVEN YEARS EACH**, we have sown and reaped **KARMA** through each of the Chakras so thoroughly that (were the universe without mercy) we would be utterly **TRAPPED** in our "just desserts." But suddenly, **BY LAW** rather than choice!.. we are freed of a Karmic burden: the **EARNED REWARD** (or consequences) of 49 years of learning **FALLS FROM US** as if in a state of Grace., which it is! For this is the Law of Jubilee known to ancient Israel, when all slaves must be set free and debts forgiven. Now, beginning next year, you may start all over again with a clean slate. This "new deal" of life's cards means **AS COMPLETE A BREAK WITH THE PAST AS YOU WILL ACCEPT.** The power is there. **IS THE WILL ALSO?!!** You alone will decide.. but life's Laws will do everything possible to encourage your **LIBERATION.**

NOURISHING ONE'S OWN LINEAGE

YEAR 50

(Replays as YEAR 114)



49th to 50th Birthday

(Replays as 113th to 114th Birthday)

1 CHING: "**ESTEEM.** Life becomes a deliberate "vessel" of one's chosen civilization. Now one puts into the vessel what one loves.. removing what one dislikes."

1MAGE: by making one's life **CORRECT**, one consolidates one's "fate"....

KARMA: Choosing a **NEW LIFE, FREELY!** Creating patterns for Year 57.

KABBALAH: "**YEAR OF JUBILEE!**"

1st 2 months: "Pouring out the contents of the vessel for re-filling it."

2nd 2 months: "Not arousing envy over one's new content brings good fortune."

3rd 2 months: "One is impeded in one's new life: but in the end, success."

4th 2 months: "The vessel tips over, spilling some contents."


5th 2 months: "New handles: new carrying rings. Continuing benefits."

6th 2 months: "Blessed ornamentation of the vessel: Heaven approves!"

KABBALAH: No, life does **NOT** end at 50, though much of it's familiar grief does! Now that clean slate has been written upon, and each year that follows will be **RE-WRITTEN** with the flavor and character **CHOSEN** as of this year. To see how your Story will sound henceforth, review the **KARMA** of each future Year, simply **DELETING** all the patterns you **DROPPED** this year, and adding those that you took on during this Jubilee Year. Only those patterns which still **FIT YOU** will replay now. **ISN'T LIFE KIND?!**

THUNDER-BOLTS OF POWER RELEASED

YEAR 51

(Replays as YEAR 115)  50th to 51st Birthday
(Replays as 114th to 115th Birthday)

1 CHING: "GONG! Shocking thunder amazes everyone but you. You do not drop your cup, remaining composed and at peace."

1MAGE: **AROUSING SHOCK!** One sets one's life in order through self-examination...."

KARMA: Recreating Year 44. Creating patterns for Year 58.

1st 2 months: "SHOCK comes.. then laughing words.

Good fortune."

2nd 2 months: "Your treasures seem all vanished. In seven cycles they return!"

3rd 2 months: "If SHOCK spurs one to action, no blame."

4th 2 months: "SHOCK is mired down."

5th 2 months: "Hither and thither, danger: nothing lost, but things to do."

6th 2 months: "SHOCKing events cause gazing around and some talk. NO 'BLAME.'"

CALM ATTENTION

YEAR 52

(Replays as YEAR 116)  51st to 52nd Birthday
(Replays as 115th to 116th Birthday)

1 CHING: "Calm. When the heart is at rest, the body is still, and the mind makes no mistakes. As Yoga teaches peace, calmness teaches Yoga."

1MAGE: one does not go in thought beyond one's situation...."

KARMA: Recreating Year 45. Creating patterns for Year 59.

1st 2 months: "Keeping the toes calm: NO UNWISE BEGINNINGS."

2nd 2 months: "Keeping the calves calm: ONE CANNOT REALLY RESCUE OTHERS!"

3rd 2 months: "Keeping the hips calm: ENFORCED STILLNESS CAN STIFLE."

4th 2 months: "Keeping the torso calm: FORGETTING THE SELF. No blame."

5th 2 months: "Keeping the jaws calm: ONE'S WORDS BECOME ORDERLY."

6th 2 months: "NOBLEHEARTED KEEPING CALM. COMPLETELY FORTUNATE."

THE LONG-TERM WAY

YEAR 53

(Replays as YEAR 117)



52nd to 53rd Birthday

(Replays as 116th to 117th Birthday)

1 CHING: "Gain. Developments that proceed gradually, like the marriage of a maiden; one step at a time."

IMAGE: one abides in patient dignity in order to improve conditions...."

KARMA: Recreating Year 46. Creating patterns for Year 60.

1st 2 months: "Gradual progress for a lonely youth: talk but no blame."

2nd 2 months: "Eating and drinking together in peace. Good fortune."

3rd 2 months: "Not going off prematurely prevents misfortune!"

4th 2 months: "Perhaps one will find a resting place. No blame."

5th 2 months: "After barren years, a child! **GOOD FORTUNE!**"

6th 2 months: "Perfected development: **ORDERLY RELATIONS IN BLESSED FORMATION.**"

INTIMATE ARRANGEMENTS

YEAR 54

(Replays as YEAR 118)



53rd to 54th Birthday

(Replays as 117th to 118th Birthday)

1 CHING: "Acquired maid. One has relations with one not of one's own class or stature. This may not be wise if one seeks traditional approval; but **AFFECTION** is the Law of life!"

IMAGE: one understands the passing moment with ageless eyes...."

KARMA: Recreating Year 47. Creating patterns for Year 61.

1st 2 months: "Though hindered, one is able! Good fortune."

2nd 2 months: "Perseverance despite separation is blameless."

3rd 2 months: "The acquired servant gains stature through affection."

4th 2 months: "A late union is better than none for the sincere!"

5th 2 months: "A union not concerned with outer forms: **GOOD!**"

6th 2 months: "Acquiring a maid only to preserve the forms."

A PUBLIC RESOURCE

YEAR 55 ≡≡≡ 54th to 55th Birthday
(Replays as YEAR 119) ≡≡≡ (Replays as 118th to 119th Birthday)

1 CHING: "FONT! One has become the FOUNTAINHEAD and source of abundance. BE NOT SAD! Be like the Sun at mid-day!"
1 IMAGE: abundance causes one to decide upon cases of law and established order...
XARXMA: Recreating Year 48. Creating patterns for Year 62.

1st 2 months: "Finding one's Source: NO MISTAKE. Recognition follows."
2nd 2 months: "If one rouses through truth and insight, good fortune."
3rd 2 months: "Underbrush hinders the Source. NO BLAME."
4th 2 months: "One meets one's Source, who is of like kind. GOOD!"
5th 2 months: "Blessings and fame draw near. VERY GOOD!"
6th 2 months: "Not noticing others due to one's abundance is misfortune!"

WHERE ONE HAS BEEN SENT

YEAR 56 ≡≡≡ 55th to 56th Birthday
(Replays as YEAR 120) ≡≡≡ (Replays as 119th to 120th Birthday)

1 CHING: "LIEU: One who travels in the service of their Ruler. Such a "Stranger in a Strange Land" needs cautious humility."
1 IMAGE: one is clear-minded and unpretentious...
XARXMA: Recreating Year 49. Creating patterns for Year 63.

1st 2 months: "Not busying oneself with trivia is fortunate."
2nd 2 months: "A wanderer with property wins the steadfastness of a youth."
3rd 2 months: "A wanderer loses the steadfast youth: DANGER OF ALOOFNESS."
4th 2 months: "Shelter, tools, yet "My heart is not glad!" Peace is wanting."
5th 2 months: "One's offerings are acceptable: one wins praise and office."
6th 2 months: "Carelessness brings danger of misfortune. CAUTION."

SOWING SEEDS OF CHANGE

YEAR 57



56th to 57th Birthday

(Replays as YEAR 121)

(Replays as 120th to 121st Birthday)

1 CH'ING: "Sowing: like wind one gently penetrates one's environment.. cultivating and tapping hidden resources, to bring forth order."

IMAGE: one spreads one's commands and carries out undertakings..."

KARMA: Recreating Year 50. Creating patterns for Year 64.

1st 2 months: "Advancing and retreating, persevering like a warrior."

2nd 2 months: "Cultivating hidden mysteries like a priest or magician."

3rd 2 months: "Repeated efforts would be humiliating."

4th 2 months: "Thrice-useful game is caught. Remorse vanishes."

5th 2 months: "Before the change, 3 days thought: after it, the same. **GOOD!**"

6th 2 months: "Ceaseless cultivation of hidden things would be unfortunate."

JOYOUS PLEASURE

YEAR 58



57th to 58th Birthday

(Replays as YEAR 122)

(Replays as 121st to 122nd Birthday)

1 CH'ING: "**TOY!** Playful joyousness gladly takes on labors of love. This happiness is our **PROPER ATTITUDE** toward Life, God and Man."

IMAGE: one joins with friends for discussion and mutual interests....

KARMA: Replaying Year 51. Creating patterns for Year 65.. which re-begins the **1 CH'ING** Cycle at Year 1.

1st 2 months: "Contented joyousness. Good fortune."

2nd 2 months: "Sincere joyousness. Remorse disappears."

3rd 2 months: "Anticipating joyousness would be a mistake."

4th 2 months: "After ridding oneself of cares, one has joy."

5th 2 months: "**TOYing**, with harmful influences is dangerous and unwise."

6th 2 months: "Seductive **TOYing** would overturn one's joy."

SETTLING-INTO A NEW COURSE

YEAR 59



58th to 59th Birthday

(Replays as YEAR 123)

(Replays as 122nd to 123rd Birthday)

1 CHING: "WAN. When one is filled to overflowing **DISPERSION** should occur.. to dissolve the personality-self which divides us from others. Thus one now **DISSOLVES** one's ego, gathering oneself back into the cosmic Whole.

IMAGE: like the Moon one must **WAN** after the season of fullness...."

KARMA: Replaying Year 52. Creating patterns for Year 66(2.)

1st 2 months: "One brings help with the strength of a horse. **GOOD!**"

2nd 2 months: "One sees the disunion and hurries back for support."

3rd 2 months: "One dissolves one's self. No remorse!"

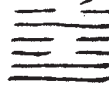
4th 2 months: "One dissolves one's group. Ordinary people do not understand."

5th 2 months: "One's cry is like a dissolving sweat. **CRISIS**, but blameless."

6th 2 months: "One dissolves one's blood-ties, rescuing one's kin."

WITHIN FIXED PARAMETERS

YEAR 60



59th to 60th Birthday

(Replays as YEAR 124)

(Replays as 123rd to 124th Birthday)

1 CHING: "Stay: fixed limitation sets boundaries within which action can occur. However, there must be limits even to such limitations or we would not **STAY** within them!"

IMAGE: one measures and outlines one's realm and the conduct of one's affairs...."

KARMA: Replaying Year 53. Creating patterns for Year 67(3.)

1st 2 months: "Not leaving the door and courtyard is without blame."

2nd 2 months: "Not leaving the door and courtyard **WOULD** bring blame!"

3rd 2 months: "One who knows no limitation would have cause to lament."

4th 2 months: "Contented limitation. **SUCCESS.**"

5th 2 months: "Sweet limitation: good fortune. Movement brings high esteem."

6th 2 months: "Galling limitation is not long endured. Remorse disappears."

METAPHYSICS: And now you have completed the 3rd 20-Year Cycle of life.. which correlates with the Self Phase in Jungian terminology. Review the data listed in Years 20 and 40 to put this past Cycle in perspective. Now, **WHAT WILL YOU DO WITH THE LAST PHASE** in the "process of individualization?" Here, as we reach the evening of human or personal life, a new Life begins.. the Super-personal or Cosmic Life. Will you grasp it firmly and become a creature of Light like the stars among which our future could now only occur.. or will you try to **STAY** as you have been despite the limitations of the human form and frail, swift passing? **THESE ARE THE THINGS YOU WILL DECIDE AS YOU LIVE THIS AND ALL YEARS TO COME....**

OF SIMILAR-HEARTED CREATURES

YEAR 61

(Replays as YEAR 125)



60th to 61st Birthday

(Replays as 124th to 125th Birthday)

1 CHING: "CONFERR! A heart free of prejudice is open to the truth and mutuality. Such a person can move even pigs and fishes to agreement, by letting them act freely upon the psyche."

1MAGE: one discusses the force of Law and the prevention of harshness..."

KARMA: Replaying Year 54. Creating patterns for Year 68 (4.)

1st 2 months: "Preparedness requires the absence of secret designs."

2nd 2 months: "Where there is joyous mood, a comrade will share a goblet."

3rd 2 months: "One finds a comrade; emotional feelings are displayed."

4th 2 months: "Those who do not CONFERR do not follow the same path. No blame."

5th 2 months: "One possesses Truth, which links together. Good!"

6th 2 months: "Mere crowing to Heaven? DO NOT PERSEVERE IN THIS."

METAPHYSICS: The new Phase.. your "Lifetime of Unified Being" begins here with a sudden new access to **INNER COMMUNICATION**, described by the term "CONFERR." Cultures based on this type of communication (such as the American Indians) claim that merely by "looking across" at any other being eye-to-eye, they can understand the thoughts or feelings of the creatures of nature, such as "pigs and fishes." Sometimes called "telepathy" or "empathy", this form of communication which surfaces strongly now is a **SPIRITUAL FORCE** contained even by many things not usually considered "living." The next time you find yourself "musing" upon ideas and feelings new to you while gazing at the stars, try re-wording that experience in light of this CONFERRANCE. And, the next time you feel in need of such companionship, see if you just "happen" to begin feeling better when "looking across eye-to-eye" at someone very like yourself disguised as a tree! Such are the Lessons of CONFERR.

IN A CONTAINED AREA

YEAR 62

(Replays as YEAR 126)



61st to 62nd Birthday

(Replays as 125th to 126th Birthday)

1 CHING: "SMALL COOP. It is not well to strive upward when one ought to stay in one's nest! A little bird brings the example: it is better to perch where comfort lies."

1MAGE: one is on the side of the lowly; unpretentious and exceptionally aware of one's duty..."

KARMA: Replaying Year 55. Creating patterns for Year 69 (5.)

1st 2 months: "One would meet with misfortune through flying."

2nd 2 months: "One wisely passes by the Prince to meet with his assistant."

3rd 2 months: "One ought to have eyes in the back of one's head! CAUTION."

4th 2 months: "BLAMELESS RESTRAINT FROM ACTION."

5th 2 months: "When blessings are withheld, one is sought out quietly."

6th 2 months: "DO NOT STRIVE NEEDLESSLY OR NOR PASS BY WITHOUT A MEETING!"

FINALLY PERFECTED

YEAR 63

(Replays as YEAR 127)



62nd to 63rd Birthday

(Replays as 126th to 127th Birthday)

1 CH'ING: "KEEP KEY! Order has at last been reached; now it is necessary that one be unremittingly cautious lest disorder recur.

1MAGE: one takes thought of misfortune that might occur, and arms oneself against it in advance...."

KA'KMA: Replaying Year 56. Creating patterns for Year 70 (6.)

1st 2 months: "Applying the brakes just in time. No problem!"

2nd 2 months: "Do not seek what seems lost: it will return of itself."

3rd 2 months: "The Illustrious Ancestor applies discipline.

ABLE EMPLOYEES ONLY."

4th 2 months: "Fine clothing can turn to rags!

BE CAREFUL ALWAYS."

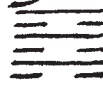
5th 2 months: "Small offerings that are sincere out-shine envied wealth."

6th 2 months: "DO NOT LOOK BACK, CROSSING A RIVER!
Danger without blame."

AN UNFOLDING EVOLUTION

YEAR 64

(Replays as YEAR 128)



63rd to 64th Birthday

(Replays as 127th to 128th Birthday)

1 CH'ING: "WEIGH KEY. One holds the keys in one's hand and warily, carefully administers one's affairs.

1MAGE: one finds for each thing its rightful place...."

KA'KMA: Replaying Year 57. Creating patterns for Year 71 (7.)

1st 2 months: "Lack of caution would be humiliating."

2nd 2 months: "One brakes one's wheels. Patience will succeed."

3rd 2 months: "Attacking before ready would be unfortunate."

4th 2 months: "One shocks the opposition. In time, one is rewarded."

5th 2 months: "One's light is true. NO REMORSE."

6th 2 months: "In genuine confidence there is drinking of wine—
MODERATELY!"

END OF CYCLE!

For Year 65 and onward, return to the beginning at Year 1.
This "second childhood" has been EARNED! ENJOY IT DEEPLY
AND LONG, WE PRAY!

MENTAL-EMOTIONAL Analysis

DEFINITION:

Aside from the Process of Individualization which follows soon, the primary determining factor in human emotional happiness and behavior is a simple matter of SELF-CONTAINMENT and it's absence. For any problem involving such things as INTROVERSION, INABILITY TO PUT ONESELF FORWARD TO OTHERS, LACK OF SELF-CONTROL, HYPERACTIVITY or THE INABILITY TO RELAX, what you need to immediately master is:

CONTROLLING ONE'S ENERGY

It is the primary 'precept' or principle of Metaphysics that human reality has two "sides:" IN-side and OUT-side. When we forget this crucial fact, we can become 'trapped' inside OR outside ourselves.. leading to profound distortions of our lives. "Balancing" this Inside/Outside division of life is really not difficult to do.. IF YOU KNOW HOW THE PROCESS WORKS. Here it is!..

Centering

To "Center" oneself means to go IN-side and CONTAIN yourself, and it is used when one is too 'externalized' or focused OUTSIDE YOURSELF.. on "things" and "doing things" and "relating" with others, leaving no time, energy for and access to your Self. To Center, merely CLASP YOUR HANDS TOGETHER and keep them that way. This channels the energy of your hands (which are what you DO THINGS with) IN-side and focuses your attention on your Self.

Self-CONTAINMENT can really HURT, if you have avoided it for a long time; your habit of going OUT-side yourself will become painfully CLEAR to you, and a profound sense of frustration and INNER TENSION can result from Centering yourself for the first few times. In order to get 'used to' this you may have to perform this Centering Technique every few minutes throughout the day for a week or more.. taking as much of the pressure each time as you can bear. While you are practicing Centering, TRY to focus your thoughts on BEING HAPPY ALONE, being NON-NEEDY and LIKING YOURSELF EXACTLY AS YOU ARE. Your excessive interest in other people, places and things CAN be overcome by this simple Centering Meditation.. but you will have to WORK at it steadily to get results. Trying it once or twice and then giving it up will leave you exactly as you were; STUCK IN THE WORLD AROUND YOU with no inner peace to give meaning and purpose to all the things, people and activities you have used for so long as a HAPPINESS-SUBSTITUTE. Simply REMEMBERING to Center is half of the battle! Try pinning-up a picture of clasped or folded hands where you can see it first thing every morning, and throughout the day while you work, and especially while you relax. Normally this technique pays-off with an Inner Life of some degree of happiness within a fairly short period of time.. though you will have to FACE the dependencies, 'addictions' and other 'things' that have kept you 'out of your own mind' for so long. CHANGING YOUR MIND is Work; and only you can do it.

"Coming-Out"

To EXTERNALIZE yourself after a period of excessive INWARDNESS is equally simple.. though just as tough to cope-with! You probably have noticed that you spend a LOT of time either clasping your hands, folding your arms across your chest or otherwise TOUCHING YOU instead of touching the World AROUND you. Well, simply STOP THAT!! Literally force yourself to Un-clasp your hands, UN-cross your arms UN-focus on YOU; you will immediately begin to 'interact' instead of internalize. And then you will see WHY you have spent so much of your life 'hiding' Within.. for the outer world full of places, things and especially PEOPLE had become too stressful for you to cope-with. WHY IS THAT?!

"Coming OUT" of your inner hiding-place will require you to FACE and DEAL WITH the very stresses that sent you scurrying inside, to hide. Are you AFRAID OF PEOPLE?.. or do you think that other people don't like YOU? Are you for some reason 'ashamed of yourself' over some behavioral or physical trait that you consider just too horrid for others to accept from you.. such as how you talk, how you feel, how you relate or how you look? FACE THE FACTS ABOUT YOURSELF, and get busy MAKING PEACE WITH YOURSELF. Nobody on earth goes around laughing-at or judging other people for such things.. or if they do, they are FAR worse-off than you are! The truth is that the vast majority of human beings ACCEPT OTHERS AS THEY ARE, and only need to be SHOWN or TOLD how someone is, in order to be happy about that.

If you can only begin to TELL THE TRUTH, the world can support and relate with you. Learning not to hide the facts about yourself is half of the battle; the OTHER half is replacing anyone in your life who will NOT accept you as you are. Whether family-members or 'friends' who judge you for being what and how you are, to entire social-groups and communities tainted by a bigotry or bias that you cannot be happy around, you MAY have to stop associating with judgemental people, in order to let yourself OUT fully. Whatever it takes.. FIND PLACES AND PEOPLE WHO WILL LET YOU BE YOURSELF, and stop trying to fit into any situation which genuinely dislikes you; and you will be FREE to be yourself AND FIND PEACE.

Remembering not to simply fold your hands and ACCEPT DEFEAT is really the hardest part of this process; remember that your "Body Language" tells the truth not only to others but YOUR SOUL AS WELL. Stop telling your Soul that it must HIDE!.. and it will Come Out to the world and find a life that it can live OUT LOUD.

THE PROCESS OF INDIVIDUALIZATION

The human 'Mind' is composed of "Universal Mind" ('God' or the Collective Super-Ego) and the four 'Identity-strands' listed in the Spiritual/Metaphysical Level section.. which take turns emerging into conscious awareness as The Process Of Individualization first described by the Swiss Psychoanalyst Carl G. Jung.. PLUS a 'temporary Life-Story' (the EGO-self) portrayed by the Horoscope or Planetary Astrology Chart. That temporary (Astrological) Level we will cover in the section on 'Physical Analysis;' for all of the real 'issues' of self-development are not temporary but EVOLUTIONARY.

All human development ATTEMPTS TO OCCUR in the following Cycle or Process. "Mainstream" human societal patterns, however, are limited (at this time at least) to only the first TWO Stages; full 'completion' of the second Phase produces so powerful a change in the psyche of the individual as to set them apart from (or actually, a bit ABOVE) the societal 'norm' (the 'self-actualized' personality;) while completion of the final Phase has been historically so rare as to create the outstanding individuals whose life-stories fill 'Who's Who' and other catalogs of the 'remarkable.'

THE SHADOW (Wizard) PHASE:

"Conscious Meets Unconscious"

From birth until somewhere between eight and fifteen years of age (usually) children spent the majority of their INNER LIVES dealing with THE FREUDIAN "ID".. the Unconscious Mind. This is a vast, dark world of SHADOWS, where strange symbols flicker almost clearly, yet strangely 'mysterious' and slightly "spooky." It is NATURAL to fear the Id! The Id is a VERY powerful part of the human Psyche; it is from within the Id that our Dreams come to us, surfacing IN SYMBOLIC IMAGERY, whatever the Ego or conscious mind is struggling to understand or integrate. Thus, "Monsters!" Also, since the Id is the home of Psychic Forces in general, it symbolizes itself to young minds as Witches, Wizards, Dragons and magical Temples presided-over by masterful sorcerers who are ALL merely symbols of the youngster's own emerging Id-relationship. Carl Jung named this Phase "The Shadow Phase of Individualization" and recognized that each individual must pass THROUGH it successfully in order to be a healthy, fearless person.

If a youngster is NOT able to deal with the fearful images surfaced by the Id, a wide variety of psychic INJURIES can occur; including abnormal FEAR and nervousness that can cause 'fixations' on anything from The Dark to Crowds, Heights, certain Animals or even certain types of People; 'Dependency Patterns' in which the child CLINGS DESPERATELY to the security of a Parental Figure (or religious image, representing that Parental "security-blanket;") and/or 'Fetishism' (including Obsessive-Compulsive behavior) in which certain objects ("fetishes") or Compulsive Behaviors (such as hand-washing or other Rituals) are considered 'necessary' for their safety and survival.. simply because such a technique ONCE helped them escape from a nightmare in the depths of the Id. None of these situations are either 'bad' or 'incurable;' they are simply TOUGH SITUATIONS resulting from one of life's first Tough Lessons. Anyone suffering from any of these problems MAY be somewhat helped by Holistic Counseling.. but they SHOULD also be referred to a professional Psychologist, Psychiatrist or other Therapist specializing in that particular disorder.

As is well-known to most therapists, INNER CONFLICT due to severe religious programming (which labels many ordinary, natural human behaviors as 'unacceptable' and therefore guilt-producing) is at the heart of many such psychic injuries. Attention to religious programming is a wise detail to consider in all mental-emotional issues.

Normally, however, youngsters DO find the self-strength (or Ego-development) necessary to Brave It Out; and slowly they conquer the Shadow.. gaining along the way a symbolic 'understanding' or RELATIONSHIP WITH THEIR ID-CONTROLLING SYMBOLS that allow them to pass through this Phase relatively unscathed. Since the Id is really 'just' one's OWN Unconscious Mind, there is really nothing to fear but Oneself and one's Similar.. and this truth dawns on the youngster in time, leading to THE ABILITY TO REMAIN STRONG, SELF-RELIANT AND FEARLESS even in the face of challenging situations and other strong individuals. Since this Phase happens to most of us during what has been called 'the Natural Homosexual Phase of Child Development,' most youngsters experiment with same-gender sexuality-play as part of conquering their own Shadow. This is both 'normal' and perfectly NECESSARY; for it builds the sense of SAFETY with one's own gender-group that will allow them to form deep and lasting LOVE of the form called 'Friendship' with their same-gender friends throughout life.

One of the few things that can really prevent Shadow-Phase Completion (other than the Id-fears already mentioned) is a powerful trauma or injury during the 'sex-play' stage of this Phase; individuals who find it impossible (for reasons ranging from parental or religious judgementalism, to rejection or injury by the play-mates one first 'open's up to' during this stage,) to fully integrate the Shadow.. leaving one trapped in the Id's dark domain, running from a Shadow-Wizard who represents one's own frustrated same-gender LOVE, which both frightens and attracts. Such trauma requires specialized Counseling, and some form of 'acceptable outlet' in which the 'enemy' can be finally LOVED and made an Ally.

[TECHNICAL REFERENCES: The Shadow reflects the arising of the OX-Tetramorph of The Holy Living Creatures in Kaballah; which is the Platonic TETRAHEDRON; and the 1st, BLACK (Massa Confusa) PHASE of Mystic Alchemy.]

THE ANIMA-ANIMUS (Lover) PHASE:

"Boy Meets Girl"

At around Puberty (usually.. though parental or societal pressure CAN cause this to occur as early as six or eight years of age..) we enter the Phase of life when we focus our Inner World upon the Freudian LIBIDO (or Psycho-Sexual Identity) through THE OPPOSITE SEX. Carl Jung coined the terms 'Anima' (the Female Beloved of a young Man) and 'Animus' (the Male Beloved of a young Woman) to describe these Inner 'turn-ons' which the Libido brings to our attention. The Libido, of course, is FAR MORE than sexuality; called "Shakti" in Yoga, the Libido is our entire Psycho-Sexual "Light Body" or aura.. a permanent structure described in detail in the PHYSICAL section of this Manual.. though sexuality is Libido's most noticeable early form of expression.

The Libido is an EXTREMELY powerful part of Psyche! It is in fact SO POWERFUL that (if the individual has been trained to think that there are things it 'dare' not resemble on penalty of social 'rejection,') the Libido can OVERWHELM THE CONSCIOUS MIND COMPLETELY.. leading to 'dissociation' that can range from periods of severe 'delusionary states' to actual 'split personality' forms of mental illness. Bluntly, in all contests between social 'programming' and the Libido, the Libido will ALWAYS win.. for it is part of THE SOUL, and it has the RIGHT to govern the individual. Any form of dissociation or 'split-reality' conditions should be immediately referred to a psychologist or psychiatrist for in-depth analysis and (usually, also) medication to ease the pain of the inner conflict that caused the problem. In time, even such injured Psyche's MUST "integrate" the Libido, in order to progress as a person.. and that means overcoming anything that has condemned or 'blocked' it's natural self-expression.

Only those children who were either seriously injured emotionally OR those who really 'found themselves' during the Shadow Phase (and happily accepted a same-gender sexuality as their permanent Identity) can fail to enter this Phase by the time they are fourteen to sixteen.. though even homosexuals usually complete this Phase right along with everyone else, just to prove that they CAN..for the Libido's drive to be integrated is

extremely hard (and unhealthy) to resist.

The individual who has NOT successfully entered the Anima-Animus Phase of individualization will go no further in life UNTIL THEY DO SO. Literally 'hovering' at the edge of heterosexual relating.. yet held back from that by the psychic injuries or negative self-opinions suffered in the Shadow-Phase, such young people are driven almost 'compulsively' to WANT a 'normal relationship life' (which they may over-idealize severely) yet they do not have the personal strength, self-confidence and comfort with others that an integrated Shadow can give us. Counselors meeting such delayed Anima-Animus individuals are well-advised to recommend professional Psychological Therapy to help FIX what the Shadow injured in them.. so they, too, can absorb in a healthy way the traits of the opposite sex.

Unfortunately the VAST majority of ordinary Heterosexuals never really COMPLETE this Phase. If the Shadow-Phase is the source of many possible injuries to the mind and emotions, the Anima-Animus Phase is the source of most TRAPPED or 'sexually FIXATED' psychologies.. which (strangely!.) society considers 'Normal!' But IS IT? Well, it is the CURRENT Societal 'Norm;' and if that is what determines one's idea of Health, then it IS; but it is only the SECOND PHASE of self-development.. and those who remain permanently fixated on the opposite sex as their 'salvation' and Happiness in life are really CRUELLY DEPRIVED of the REST of their potential.

The actual RESULT or 'product' of this Phase is two-fold; 1) we learn to share LOVE and sexual pleasure with the opposite sex (thus perpetuating the species,) and 2) WE BEGIN TO ABSORB THE MENTAL-EMOTIONAL TRAITS OF THE OPPOSITE SEX, through a sort of magical 'osmosis' that Asian Metaphysics calls 'Tantra.'

The way the 'trick' works is simple: WHATEVER YOU LOVE AND CALL 'GOOD' IS REALLY JUST A REFLECTION OF YOU YOURSELF, newly 'surfaced' for you to study. Just as the Id was STILL just YOU even though you feared it during the Shadow Phase, so the Lover is also still JUST YOU even though you idolize it 'outside yourself.' Given time, the Anima or Animus begins to CHANGE even as YOU do; both partners begin to RESEMBLE each other more and more, until one of two critical events occurs. The most common of those two events is A TRADE-IN: deciding that the opposite-sex Lover has begun 'competing' with yourself out of rivalry, you "throw away" the 'spoilt goods' and seek a NEW Beloved with whom you can keep the same old FIXATED fires alive (until they too begin to spoil things by resembling you!) Sadly, this is the "Societal Norm" in all western societies today. Currently, the 'trade-in rate' is every three years.. not a very good success rate for 'the sacred state of holy matrimony!' But there is a second option we COULD take.

The OTHER (and FAR more rare) choice some people make at 'trade-in' time is to ACCEPT THE "TANTRA" AS RIGHT AND NECESSARY.. and ACCEPT the Intermixing of the Genders in oneself and one's partner alike.

This Tantric Choice Carl Jung called INITIATION.. for it DOES Initiate us into MYSTICAL WHOLENESS.

Sometimes it also re-Initiates us back into the pleasure of same-gender love as well; many 'Initiate Couples' continue to live together and love each other AS FRIENDS while they also add same-gender Lovers into the mix of lifestyles they have formulated together.. though that is not always the case. Many others simply 'accept Singleness' as a consequence of 'aging' and drift away from long-term intimacy altogether.. arriving at a sort of Platonic Friendship Ideal that is less stressful than EITHER option for them. Many people fully integrate their opposite-sex partner as A FRIEND yet manage to keep the fires of sexuality alight by replacing 'fixation on the opposite sex' with simple PLEASURE BETWEEN FRIENDS who just 'happen' to be of the opposite gender. SOME form of adjustment is inevitable.

But a successfully COMPLETED Anima-Animus Phase leaves one A GENDER-UNIFIED "WHOLE" capable of Loving EVERYONE FOR WHATEVER THEY HAPPEN TO BE; and in this broadness-of-view they move on into the NEXT Initiation life makes 'possible' though not 'mandatory.' Like Initiation itself, all higher Stages are and MUST BE a matter of Personal CHOICE and Commitment; a commitment to HIGHER Learning, and an aspiration toward the Cosmic or Divine levels of Individualization.

[TECHNICAL REFERENCES: the Anima-Animus Phase reflects the arising of the MAN-Tetramorph of The Holy Living Creatures in Kaballah; which is the Platonic HEXAHEDRON; and the 2nd, WHITE (Purificatio) PHASE of Mystic Alchemy.]

THE SELF PHASE:

“Ego Meets Reality”

Every so often throughout life we each have moments when we suddenly find ourselves feeling ALONE IN THE COSMOS. Oh, we may not really THINK we have no friends or similars, but we FEEL our solitary UNIQUENESS so powerfully that it makes our relationship drives seem somehow ‘petty’ and selfish. Such moments may occur now and then, only to be shunted-aside as quickly as possible, to get back into the ‘happy togetherness’ we have used for so long to shield us from that solitary self-responsibility. Yet (for SOME of those struggling to keep a personal sexuality, career and Lifestyle alive toward the end of the previous (Anima-Animus) Phase,) that solitary self-responsibility becomes too large to shunt-aside.

As THE SELF surfaces as the primary focus of our personal happiness (or lack thereof!), one begins to “see THROUGH” the Freudian EGO-personality. Though it has seemed unquestionably ‘you’ all your life long.. accepted as simply as the shape of one’s body, as a self-definition.. the Ego MAY suddenly become an unwelcome ‘hangover’ from childhood’s silly role-playing. This can HURT, a LOT! Realizing that one is in fact NOT the patterns of thought, behavior and ‘personality’ that you have spent decades telling everyone how wonderfully LIKE “THIS” you were; you may wonder if you are ANYTHING WORTH MENTIONING AT ALL. This rather devastating yet eventually very healing Phase is EGO-TRANSFORMATION or ‘Self-Growth’ due to what is normally called ‘The Existential Crisis’ (the crisis over who one REALLY is.)

As anyone makes the crucial decision called ‘Initiation’.. by which we choose to DROP the ‘fixated view’ that Happiness is a response to sexual attractions, we have actually set the process in motion; now we are faced with dropping yet ANOTHER fixated view.. the view that the Ego is ‘right.’ Most of us have known hundreds of ‘mature’ people who still think, speak and behave exactly as they did back in their youth. Whether forty or ninety, such people are obviously ‘stuck in the past’ and most of us both understand and pity them for their inability to keep pace with their own aging. But when it happens to US, we realize how VERY difficult it really is to transform life-long patterns, and CHANGE YOURSELF.

“Ego-fixed Personalities” and people still stuck in the past are sadly the ‘societal norm.’ Because self-transformation can be HARD TO DO, many people shunt it aside FOR LIFE, and die ‘as’ the same Ego they began life ‘as.’ Fortunately, there have always been some who succeed at getting-over their Uniqueness, to enter a higher Self-definition based not on Ego but on the Soul itself. Such people impress us all with their ‘mature confidence’ and an easy sense of commonality with everyone they meet.. for they truly ARE ‘beyond mere Ego’ in their view of people in general, and themselves in particular. Often called ‘a man (or woman) of the World’ though they are in fact becoming truly UNIVERSAL ‘citizens,’ such Self-Phase Initiates may still have miles to go (in their own opinion) before they will truly be HAPPY with themselves; but they no longer EXPECT the world to make them Happy.. and that is the defining Trait of the Self. To all in this Phase, Happiness is NOT SUFFERING FROM FOOLISH EGOTISM.. and whatever they must do to get there, they WILL eventually do.

But exactly HOW do you get-over ‘yourself?’ Well, one typical approach is by following the good example set by others whom we admire; and this ‘hero-mimicry’ is a well-known part of (at least early-stage) Ego-transformation. In many cases this Hero-Teacher is simply ‘recognized’ or chosen consciously.. and used as a model for some period of time, as one ‘tantrically’ absorbs their traits of Greater-Than-Egoic Self-Identity, but we CAN also discover them in our dreams, fantasies and even in a movie we have enjoyed. For however long they accurately portray where we are personally ‘going’ in our self-growth, they may guide us; but eventually even THEY must be dropped too, for NO SELF BUT OUR OWN can really ‘complete’ this Phase. Eventually all Heroes fall away, and THE SOUL ITSELF is all that is left to us. Happily, that is the REAL answer we were looking for all along!

And what IS the Soul rather than the Ego, as a Lifestyle? Well, that is the part that each person must DISCOVER for themself. It will ‘contain’ the entire original Libido (minus Ego’s delusions ABOUT sexuality and self-importance,) and it will be governed not by the Ego but the SUPER-Ego or God-relationship which this Phase culminates in.. but exactly what the ‘picture’ of Soul will look like for any given individual can only be discovered through a deliberate embodying of the basic Soul-Identity ‘strands’ enumerated in the Spiritual/ Metaphysical section of this Manual. To learn about your Soul, begin THERE.. and then compare that with your current self-descriptions, and you will see the Work that lies ahead.

Whether or not one will actually COMPLETE the Self Phase depends very much on whether you approached the process from a 'psychological' or a MYSTICAL direction. Psychology certainly DOES recognize this Ego-transformation Phase, and workshops are routinely offered for those seeking to outgrow old patterns and replace them with 'up-scale' or "progressive" lifestyle options. Many people find an acceptable Lifestyle in such Encounter-Groups and Power Luncheon-circuits.. though the natural hunger for spiritual Truth is NOT satisfied by anything short of the Soul. Mystically-inclined people (or those who 'happen' to DISCOVER the existence of Mystical Lifestyles and resources in the community around them) up-date their lives in a more directly satisfying (if socially less 'mainstream') way, by actually learning how to re-become the Soul they were born to grow-into. But we each simply follow the path of our SELF.. whatever that may actually be at the time.

From whichever direction we began our quest for non-Egoic Identity, we MAY (though this is far from inevitable) suddenly experience the NEXT great Initiation.. that of the God-Self Phase.. and literally NEVER have to deal with the idea of Self again. For that tiny few alone, this Phase has actually ENDED. For all the rest of humanity in general, the Self may be itself a Goal too high to strive toward. Only the individual's NEEDS and CHOICES can determine that for ANYONE.

[TECHNICAL REFERENCES: the Self Phase reflects the arising of the EAGLE-Tetramorph of The Holy Living Creatures in Kaballah; which is the Platonic PENTAHEDRON (or Pyramid): and the 3rd, RED (Fulminato) PHASE of Mystic Alchemy.]

THE GOD-SELF PHASE:

"Soul Meets God"

If it happens at all, it can happen ANYTIME after the Self has been confronted and forced to outgrow old Egotisms. One may be just out strolling through the village or working in the garden as you have a thousand times before; you may merely walk past a mirror in your own home or look up at the sky from the office window; and suddenly GOD IS "SEEN" TO BE WITH YOU. This is not easy to describe! How many times have you looked in the mirror and seen nothing but 'you?' THAT is how unprepared you will be when you casually glance at the reflection and see not you but your Maker smiling back at you. How many little stones have you idly picked-up and rolled in your hand for no reason at all? THAT is how unprepared you will be when you suddenly realize that THIS is the very Stone which your Maker put there for you to find Him in. How many Trees have you admired without ever once feeling anything but awe and fondness for Life and it's beauty? THAT is how unprepared you will be when you suddenly realize that the very stick you just picked-up is from THE Tree which your Maker planted to grow into YOU.

No, there is no way of pre-defining this; the best we can do is cope with it's aftermath. It does not come to all people in their whole lifetime; and it comes to each in a form unique to their own Soul and it's relationship with it's Maker. But the God-Self Initiation (once it HAS occurred) leaves the individual with FAR MORE than a mere pebble, twig or clod of earth in their hand.. for the specific object (though thenceforth PERMANENTLY an object of holiness and magical force to the happy recipient) is also "just" a SYMBOL; the symbol of Oneself to one's Maker. By this ordinary little object, one attains INTEGRATION into the Life of the Universe itself.. permanently ending the human notion of 'Self' and replacing that with WHAT YOU REALLY ARE on a cosmic and eternal level.

What that is, is not just your Soul's unique, permanent Identity alone, but that PLUS a permanent BOND or UNION with the Universal Spirit; a Union that has been described variously as a Partnership, a Sacred Marriage and Cosmic Twinship. In every case, this Union clarifies for you your exact relationship not only to your Partner-Twin-Spouse but ALL OTHER PARTS OF REALITY as well; for one discovers that the unique Soul-Identity you have is also a 'specialization' of SKILLS that perfectly suits you to perform certain specific roles within the Cosmos. This 'Hieratic Office' or Sacred Craft born into us each quickly replaces any remaining 'Self-interests' we may still contain, and one finds oneself to be finally 'at home' with your 'Self' as never before possible. This Cosmic Homecoming gives us at last access to the final portion of our whole reality; the original 'psychoplasma' of Universal Mind, which bonds us AS ONE VAST LIVING THING with all other Sentience in the Universe. Frequently called 'Cosmic Consciousness' or 'Macroprospectus' this fifth 'element' in our makeup launches us not into another Phase (for all Phases END!.) but into Infinity.. our real and lasting Home.

[TECHNICAL REFERENCES: the God-Self Phase reflects the arising of the LION-Tetramorph of The Holy Living Creatures of Kaballah; which is the Platonic DODECAHEDRON; and the last, GOLD (Magnum Opus) PHASE of Mystic Alchemy.]

INFINITY

“Everyone Meets Everything”

Islamic traditions teach that each perfected Soul, upon leaving mortal life, ascends to Heaven encased along with their Beloved within an everlasting Pearl. This Pearl represents both the original Psychoplasma of Universal Mind from which we each divided at our creation, and the ‘Philosopher’s Stone’ which culminates the transformations of Self within Mystic Alchemy. Called ‘Ain Soph Aur’ or Limitless Enlightened Self-transcendence, this protoplasmic ‘stuff’ from which all Sentience is formed is the only ‘place’ or ‘stuff’ (other than the four ‘strands’ of Identity just described) which is lastingly REAL. Everything that we call ‘real’ in the material universe will TRANSFORM endlessly, like dream-life (which it truly IS in the long run.) Rising into this “Pearl” as Libido’s cosmic Light Body made fully self-aware, we are encased with our Maker AND ALL OF OUR BROTHERS AND SISTERS as well, infinitely. Pearls made of indestructible, Living Light forming a cosmos-wide ‘gestalt’ or Group Life completely interlaced psychically, we finally ARE who and what we started out to become; a ‘God-fragment’ floating in a sea of uniquely lovely peers, each with their own remarkable story to share. This “Family of Heaven” (Elohim, in Hebraic Kaballah) explains and justifies all of the little human lessons we have grown through in The Process Of Individualization, as the nursery-room explains and justifies the attraction between the genders; both are lovely, loving Means by which Wisdom is born.

[TECHNICAL REFERENCES: Universal Mind is the Platonic ICOSAHEDRON; and THE PHILOSOPHER’S STONE of Mystic Alchemy. With it’s attainment, the Great Work is COMPLETE.]

RETARDED, BRAIN-INJURED AND OTHER SPECIAL CASES

While the already-mentioned Four-Part Cycle or Process of Individualization is quite universal to humankind, those born with severe genetic or physical injuries that alter the Consciousness itself must be excused for not following exactly the same process as the rest of us. Being Special People, they have Special PROCESSES to follow.

But before we can go very far into those, we need to answer the question of WHY someone would be born Retarded, Brain-Injured or otherwise Special. Many philosophies have attempted to answer that with theoretical ideas.. but Metaphysically-sighted observers long ago solved the riddle. It is very simple, but MAY prove difficult for you to ACCEPT; for the answer lies in the subject of “Transmigration Of The Species,” one obscure though long-known principle within the broader subject of Reincarnation.

For ages it has been taught in Asia (especially by the Hindu culture) that not only do human souls reincarnate as a way of gaining further experience and learning, but SO DO ANIMALS. Furthermore, animals Evolve through reincarnation, moving from lower or more simple forms of life upward through the Tree Of Life into higher and more complex life-forms. Thus, a cow might very well move up in their next incarnation into dog-form, and from there into a human incarnation. This principle is so well-known in Asia as to be immediately agreed-upon by virtually all who hear it.. for Asia has it’s Metaphysical Mind “open for business.” Western societies, however, are still predominately Logical/ Analytical in their mind-usage.. and the idea of Transmigration across species lines is often considered either shocking or absurd.

Well, too bad.. because it happens to be TRUE. Metaphysically-sighted persons can literally SEE which animal species is being evolved-upon through the incarnations of those who are just learning how to be human. We can and do apologize for any shock this may cause you, but we do not apologize for the OCCURRENCE: Spirit has the right to bless it's lower life-forms by lifting them up the ladder of Life by whatever means it wishes. The only thing there is in the whole process to 'pity' is human misunderstanding.. for the process itself is quite lovely and Divine.

A few typical Transmigrating Species

The most widely-known form of genetic retardation is the 'mongoloid' or Down's Syndrome child.. recognized as generally a Transmigrating Dog.. often incarnating as the child of the same people who encouraged it into higher progress through their loving attentions in a recent incarnation. Cats too have been blessed and deliberately Transmigrated by the thousands by both Egyptian and Tibetan Masters over the centuries, and many of those first experience life as Hydrocephalic ("water on the brain" defect) children. Other common Transmigrations include Horses (often identifiable only through their physical strength and beauty combined with a learning-disability and rather nervous temperament;) Dolphins, who are often considered 'hyperactive' as well as 'attention-deficit' children; and the higher apes (chimpanzees, orang utans and gorillas as well as several of the larger monkeys) all of whom tend to be somewhat physically and emotionally challenged though fairly bright 'hands-on' (kinesthetic) learners.

It is the general principle of Transmigration that NONE of the lower animals can fit perfectly into human society in a single lifetime; the Retarded human child represents the one "Transitional Form" during which the initial adjustment occurs. This is then followed by a very ordinary if somewhat 'slow-learning' human incarnation, and then finally a perfectly bright, original and individualistic human life-pattern. In dealing with any child who does not seem to fit-into ordinary levels of development, it is wise to at least CONSIDER the possibility that the individual is one of those three phases of human-pattern integration in a Transmigrating Species.

About the only known 'trick' to helping such Special Friends adjust to their new Species is LOVING CARE from those who have been blessed with their birth; and THE SOCIETY OF THEIR OWN PEERS.. and by that I mean both human retarded of their own level of retardation AND THE HIGHER ANIMALS AS WELL; for all Transmigrating Souls seem to "recognize" dogs, dolphins, horses, cats and monkeys as "peers," which (on a Metaphysical Level of development) they ARE. Many cases of remarkable socialization and accelerated learning have been recorded as a result of exposing the retarded or learning-disabled child to the right Animal Friends early-on in their lives.

In Summary..

It is important to ADMIT the 'difference' or uniqueness of the Retarded, Brain-injured and Learning-Disabled.. and find a way to RESPECT THEM from birth as a valuable addition to the human community.. and not some 'sad' freak of nature. I know of no other explanation that makes this possible, other than the Transmigration Of Souls. Without wishing to seem 'dogmatic' on the subject, I offer you this explanation as TRUE from personal observation. Your own trust of Nature's good intentions is the only remaining factor to consider: you must decide for yourself how to treat our Special People. I hope you will treat them as GIFTS from Nature to man.

“INVERSION” AND NEGATIVITY

We will close this section by describing what we hope will be the least-frequent MENTAL/EMOTIONAL Crisis you (or anyone else!) will ever be called-upon to deal with; the deliberate, malicious “wickedness” or ‘evil’ psychological condition.

That such people DO indeed occur cannot be doubted. From the Marquis De Sade to Vlad the Impaler, Jack the Ripper and Adolph Hitler, human history is troubled by thousands of examples of such “evil” personalities.. to whom life is nothing but a nightmare, and they the Starring Horror. How do such people come to be?.. and how are we as a society to cope with them? These are the questions which have empowered not only “Law And Order” but the ‘Church Militant’ throughout the world.

It is current psychological orthodoxy to explain such distortions of the normal human mind as a Response to Negative (or traumatic) Conditioning in early childhood. That millions of other people have experienced as bad or worse conditions in youth and grown into healthy, loving people is also undeniable.. leaking much of the conviction out of that theory. Genetics has been blamed by others, even though it is undeniable that twins with identical genetics often walk opposite sides of the spiritual “street.” Bluntly, there is no scientific theory about the rise of antisocial, negative personalities that actually explain the facts in a credible way. In other words, SCIENCE HAS NO AUTHORITATIVE ANSWER.. and no effective “cure” for this condition.

What we as Metaphysicians CAN know and do about the Inverted is to RECOGNIZE the signs of Spiritual Inversion, and warn both the Inverted and their associates of their condition. The signs are QUITE plain and easy to recognize. Inversion means TO TURN THINGS UPSIDE-DOWN.. and all of the Psychic Symbols of Inversion are Upside-Down Symbols. The most commonly encountered Totemic Symbol of this is THE BAT.. an animal which literally sleeps upside-down. Poisonous snake, spider and prehistoric reptile species (including aligators and crocodiles) are often also part of the dream and fantasy life of the Inverted. While half-man/half-animal symbols are universal and quite wholesome (such as the Centaur, Anubis and Horned God of the Celts) to the Inverted these become distorted into deadly and vicious variations of the Werewolf, Minotaur, Vampire “Bat-Man” and other Life Turned Upside Down symbols of “ANTI-LIFE” negative behavior.

Spiritual Inversion is PAIN, aimed at everyone around the Inverted individual. The Holistic Counselor may attempt to uncover the source and origins of this in the hope of allowing the psyche to heal and revert to Uprightness; but NOTHING IN THE UNIVERSE CAN MAKE THE INVERTED “WANT” TO BE WHOLE AGAIN.. and that is the one absolute requirement for any holistic healing. In the final analysis Inversion is a CHOICE that only the individual can make or unmake.

The Physical “Dimension”

THE NATURAL WORLD
MANMADE OBJECTS
HUMAN LIFE-EXPERIENCES

REMEMBER..

There is NO DIFFERENCE (symbolically) BETWEEN ‘REAL’ AND “DREAM” THINGS; both are STILL ‘materials’ to be analyzed by these same Symbolic Logic.

Parts Of Nature

THE NUMBERS

0 = Self-Transcendence: Void-of-Ego, one expands into the Many
1 = Unity: the Self (on a Cosmic Level)
2 = Duality: relating based on natural NEEDS
3 = Interactivity: Wholeness; Body-Mind-Spirit Integration
4 = Location: Physical Quadrants; denoting a Home or Abode
5 = Substance: Elemental Matter in it's five phases; Power
6 = Harmonization: two body-mind-spirits come together
7 = Creative Intellect: a Hidden Creator known only to the Wise
8 = Industry: Wealth, construction, business skills and success
9 = Providence: humanitarian benevolence; blessing ALL things
10= Society: Community as a Life-form; the Gestalt
11= Spiritual MASTERY: mystical and philosophic study, perfected
12= Universality: finding one's natural place within the Whole
13= "Destined:" blessed by Mother Nature as 'good' for the world
20= Relatedness: having the ability to relate with all peoples
22= Material MASTERY: creative and organization skills, perfected
33= Holistic MASTERY: a Messenger of Future Social Evolution
40= Completeness: every possible permutation carefully analyzed

THE COLOR SPECTRUM:

BLACK: The New & Unknown, and therefore a bit 'scary'
WHITE: The Pure and Spiritualized (Black 'cleaned-up!')
GREY: Education, Law and Wisdom
BROWN: Materiality; Physical & Bodily interest; Sensuality
SILVER: Purification; Refinement Underway
GOLD: Immortalization; Nobility-recognized
RED: The Root Chakra; Survival-needs & Physicality
ORANGE: The Sexual Chakra; Sexual & Creative Activities
YELLOW: Solar Plexus Chakra; Business; Authority & Willpower
GREEN: The Heart Chakra; Love, Devotion; 'beliefs'
BLUE: The Throat (Astral) Chakra; Personality-Expression:
 Bright "Electric" Blue: Divinity; Spiritual Identity
 Sky Blue: Awareness; Clarity & Peace of Mind
 Navy Blue: Problem-Solving; Adventures in pursuit of Clarity
 Midnight Blue: Problem-Dropping; letting-go of old Mistakes
PURPLE: 3rd Eye (Psychic) Chakra; Truth, Spiritual Law
VIOLET: The Crown Chakra; Humanitarian Service & 'Ministry'
ROSE-PINK: Romance; Sexual Desire & Feminine "culture"
LAVENDER-ROSE: Fraternity; Brotherly Love, Masculine "culture"

THE NATURAL ELEMENTS

AIR: 'shared atmosphere;' TELEPATHIC COMMUNICATION
CLOUDS: Spiritual GIFTS on their way; future Blessings
DAWN (Sunrise:) New Beginnings; things just starting to occur
DAYTIME: Conscious Self: the Ego and Super-Ego (God-Self)
DUSK (Sundown:) Endings; letting go of past events or situations
EARTH (soil:) Materiality; bodily Health and Wealth
 MOUNTAIN: Masculinity (Yang) Creative Drive
 VALLEY: Femininity (Yin) Receptive Nurturing
FIRE: Creative Enthusiasm; Sexuality, Passion and other INSPIRATIONS

FOG, STEAM, SMOKE: Magical Forces at work; CREATION UNDERWAY
FOREST (or Jungle:) Society; unexplored human potential
ICE: Strengthening of the Spirit; incoming powers or assets
LIGHTENING (& Thunder:) Divine Intervention; the finger of God
MERCURY (quick-silver:) Mental Alertness; responding to communication
NIGHT (darkness:) Unconscious Self; the Id & Libido (the Dream-Time)
RAIN: Blessings pouring down; HELP in answer to our needs
SALT: Purification; removing impurities and burning-away decay
SKY: World-Mind; Consciousness, filling all things; Telepathy
SNOW: Purification directed to us from Spirit; forgiveness of the past
STAR-FIELD (Space): Cosmic Consciousness; meeting 'God;' Divine Guidance
SULPHUR: Sterilization; preventing contamination by unwanted life-forces
WATER: Spiritual SYMPATHY: being comforted and helped by others
LAKE: Pleasure, contentment, joy
RIVER: "the Happy Flow" of Life
OCEAN: the Spiritual Universe, or Gestalt

MINERALS:

The Metals:

ALUMINUM: Expendability; temporary but useful service
BRASS: Efficiency; precision-crafted tools of 'science'
BRONZE: Honor; Pomp & Ceremony Honoring "Nobility" of things
COPPER: Conduction; channeling Energy into bodily strength
GOLD: Immortalization; preserving things unchanged through Time
IRON: Force; survival through Strength; 'Might Does Right'
LEAD: Density; Impenetrable 'Ignorance;' Blocking Things Off
PLATINUM (White Gold:) Acceptance; reaching a Compromise
SILVER: Refinement; removing impurities; Improvement
STEEL: Effectiveness; the ability to get the Job done
TIN: Preservation; preventing Decay from occurring
TITANIUM: Strength; handling otherwise unbearable stresses
ZINC: Workability; turning the impractical into the practical

The Stones:

AGATE: Physical Structures; Reality's "bones;" the Facts
ALABASTER: Self-Worth; recognizing unique beauty & value
AMBER: 'Ancient Fire Of The Sun;' opens Soul-memory & Passions
AMETHYST: Spiritual Healing; conquering the Lower Self; Spirit
AQUAMARINE: Nature-Spirit Contact; Token of the Djinn & Devas
AZURITE: the Mystic Messenger; Astral-Plane & Dream control
BERYL: "Seal Of Authenticity;" proves a connection to be Real
BLOODSTONE: Ego-Survival; strengthens weak self-identity
CARNELIAN: Physical Power; the driving 'muscles' of the Self
CHRYSOBERYL (Two Varieties:) Spiritual Consequences; Karma
Alexandrite: Imperial Fortunes; "Rise Or FALL!"
Cat's-Eye: Charity & Helpfulness; helping others to Rise
CHRYSOCHOLLA: Self-Expression; Personality & Identity Clarity
CHRYSOPTASE: Ideals Manifested; embodying heartfelt commitments
CITRINE: Lightheartedness; cheer, hope and gladness; Laughter
CORAL: honor & Dignity of the Soul; Divine Favor Bestowed
DIAMOND: Unchangeability; preserving things down through Time
EMERALD: Everlasting Protection; Fidelity; Archangelic Help

FLINT: Useful Power; harnessing the Elements for survival
 GARNET: Revelation; ability to see the hidden facts; Insight
 GRANITE: Inhospitable Environment; confining dangerous forces
 HEMATITE: Holistic Balance; uniting Body, Mind & Spirit
 JADE: where Heaven and Earth meet; Spiritual Blessedness
 JASPER: see Agate
 LAPIS LAZULI: divine Intent Enacted; Spiritual Law manifested
 LIMESTONE: "brought-about by History itself;" a natural event
 LODESTONE (Magnetite:) sexual attraction obeyed; Love-potion
 MALACHITE: physical Embodiment; Health, Wealth & Fertility
 MARBLE: "produced by long effort;" high cultural Excellence
 MOONSTONE: "token of Wicca;" bestows Prophecy and Magic
 OBSIDIAN (Volcanic Glass:) "forged under stress;" hard-won
 ONYX: Eney-Blocking; prevents interference or excesses
 OPAL: Self-Image & Personality; "the Eye of the Beholder"
 PEARL: Mystic Alchemy; evolution of the Soul through Wisdom
 PERIDOT: Humor & foresight; Inspired Living guided by Joy
 QUARTZ (Crystal:) the Communion Stone; aligns Self with Cosmos
 RUBY: Triumph; courage and strength in the face of adversity
 SANDSTONE: "a product of many hands;" community-based affairs
 SAPPHIRE: the Supernal Realm; carries one beyond mortal limits
 SLATE: Utility; serving society's needs; humanitarianism
 TERRA-COTTA (clay, pottery, Brick & Tile:) Manufacturing
 TIGEREYE: Quickness of Mind & Body; Adaptability and Skill
 TOPAZ: "Stone of Ra;" psycho-sexual vitality; Seductive Charm
 TURQUOISE: "Stone of Gaia:" Blessing and Harmonization; Beauty
 ZIRCON (Jacinth:) Protection from Danger or Fear; Safety

PLANTS: (All symbols of LIBIDO or Soul-types)

TREES and their Fruit

ACACIA: Accounting; Supply & demand
 ALAMO: See COTTONWOOD
 ALMOND: Attraction; Magnetism
 APPLE: Seductive Desirability
 APRICOT: Treasure; Hidden Wealth
 ASH: (Asia-Wood) Sacred Knowledge
 ASPEN: Freshness; a "clean slate"
 AVOCADO: Well-Provided-For Leisure
 BAMBOO: Nature as Parent; Providence
 BASSWOOD: See LINDEN
 BAY (Laurel): Nobility, Honor, Fame
 BEECH: Personality, Unique 'mood'
 BIRCH: Aspiration; Faith and Hope
 CACTUS: Survival Skills
 CAROB: Productivity; work skills
 CEDAR: Preservation; the Past
 CHERRY: Patient ENDURANCE
 CHESTNUT: CIVILITY; Law & Order
 COTTONWOOD: Reproductive Drive
 CRUCIFIXION TREE: Ritual Magic
 CYPRESS: MYSTERY; Things Hidden
 DOGWOOD: Respect; Confidence
 EBONY: Unchangeable Identity
 ELDER: Luxury; Exotic Richness

ELM: Care; Mercy and Compassion
 EUCALYPTUS: Fitting Into The Ecology
 FIG: Spiritual Wealth; Divinity
 GRAPEFRUIT: Healing; Recovery
 GRAPE VINE: Abundance; Shared Plenty
 HEMLOCK: Courage; Danger Defied
 HICKORY: Perverserence; Insistence
 HONEYSUCKLE: Harmony; peaceful Unity
 IRONWOOD: Impenetrable Defenses
 JUNIPER: Hardy Adaptability
 LARCH: Wilderness-Spirit; Freedom
 LEMON: Purification & Cleansing
 LIME: Foresight; Careful Planning
 MAHOGANY: Practical Utility; Value
 MANGROVE: A Stable, Secure Home
 MAPLE: Generosity; Friendliness
 MESQUITE: Living Off-Of Nature
 MULBERRY: Independent Strength
 OAK: Powers of the Soul; Magic
 OLIVE: "Peace With Honor"
 ORANGE: Sexuality; happy relating
 OSAGE: JOY; happy Outlook
 PALMIGRANATE: Holistic Integration
 PALM (Coconut:) Child-like Innocence
 PALM (Date:) Providence; "Miracles"
 PEACH: Fertility; Sexual Desire
 PEAR: Abundant Plenty; Wealth
 PECAN: Legacies; Saved-Up Wealth
 PERSIMMON: Clever Ingenuity; Craft
 PISTACHIO: Hard-Won Achievement
 PINE: Meditation; Protected Privacy
 PLUM: Sweet Surrender; Acceptance
 POPLAR: Youth; Energetic Vitality
 QUINCE: Intelligence; Mental Clarity
 REDWOOD: Libido; Primordial Urges
 ROSE (Briar:) Love; Romantic Passion
 SANDALWOOD: Spiritual Ministry
 SPRUCE: Acceptability; Worthiness
 SYCAMORE: Majesty; Stately Dignity
 TAMARISK: Agelessness; Longevity
 TEAK: Immortality; Spirituality
 WALNUT: Splendor; Renown; Fame
 WATER BIRCH: Sympathy; Fellowship
 WILLOW: Wild, Untamed Nature
 WITCH-HAZEL: Magical Protection
 YEW: Docile Socialization

THE ANIMALS: (Totems of BEHAVIOR & Activities)

Mythologicals:

CAPRICORNUS (Sea-Goat:) Spiritual Motivations; Yogic & Shamanic traditions
 CENTAUR (Man-Horse:) the Social Animal; Social rather than Personal values
 DRAGON: Magic; Miracle; Supernatural Forces; the power to command Nature
 GARGOYLE: Monsters of the Id; Nightmare-remembered; fear of the Psyche
 MINOTAUR(bull-man:) Authoritarianism; "herd-bull psychology;" egomania

SPHINX (Egyptian:) Eternal Wisdom; Lasting Overview of Reality; Sagehood
(Greek, winged:) Eternal Mysteries; the Riddle of the Genders; Sex
TETRAMORPHS (Ox, Man, Eagle & Lion:) the Four Worlds controlled; Mastery
UNICORN: Divinity; Spiritual rather than human power; Purity of Intent

Biologicals:

AARDVARK: Social Services Administration and social policy-setting
ALLIGATOR: prehistoric hungers still unsatisfied; unevolved psychology
ALPACA: see LLAMA
ANTELOPE (any specie:) Aloofness; swift departure from danger
APE (any specie:) Natural Social Arrangements
ARMADILLO (and other armored anteaters:) Boundaries; setting social limits
ASS (Donkey:) Patient perseverance; steady WORK
BADGER: Independence; defense of one's own individuality
BAT: INVERSION (negativity;) Reality turned Upside-Down; Hidden Motives
BEAR: "Dharma-Lord;" Meditative skills perfected; caretaking Spirituality
BEAVER: Builders; creative activities and Construction of new institutions
BIGHORN SHEEP: Sexual Self-Display.. sometimes leading to ego-competition
BIRDS: (all symbols of individual SOUL-SPECIALIZATIONS:)
 ALBATROSS: Ceaseless Observation; spiritual contemplation
 BLACKBIRD (any:) Future hopes; new places, people & things
 BLUEBIRD: Love Of Life; contentment, happiness and PEACE
 BLUEJAY: Reminders Of Duty; the Policemen of NAture: "BE CAREFUL!"
 CANARY: Love EXPRESSED; music, art, poetry & other RAPTURES
 CARDINAL: Divine Presence; protection and guidance from Spirit
 CATBIRD: Passing-on local News; stimulating conversations
 CHICKADEE: Friendship; relaxed time with close friends
 CHICKEN: Domestic Service; usefulness to the immediate vicinity
 CONDOR: see Vulture
 COOKOO: See Mockingbird
 CRANE: Marriage; Fidelity, and Happy Relating FOR LIFE
 CROW: the Laws Of Spirit; communication from Heaven to Earth
 DOVE: True Love; the ability to care for others unselfishly
 DUCK (any:) Wealth, Prosperity, Abundance
 EAGLE (Bald & Fishing:) Spiritual Victory; rising above pettiness
 (any other type:) Military Victory; the Strongest RULE
 FLAMINGO, SPOONBILL, ETC: Relaxed, sociable 'retirement'
 GOOSE: Security; Home and Family Life
 GROUSE (any:) Life's DANCE; rituals of one's Society
 GULL: Guardian of the Margin between Life & Death; SOUL-Guides
 HAWKS: (MESSAGE-BEARERS, by specific Type:)
 FALCONS: "Soldiers Of Peace;" direct Spirit Authority
 GOSHAWK, FISHING HAWKS: Maintaining the Purity of Nature
 GREAT NORTHERN HAWK: Reassuring Presence of Protection
 HARRIS' & MOST OTHER HAWKS: Crafts; practical skills
 MARSH HAWK: Modernization; removing out-worn patterns
 RED-TAILED, SHOULDERED: "baby-sitting" the weak & small
 HERON: The needs of Nature; ecological balance, maintained
 HUMMINGBIRD: JOY; Love and Wonder; the Child Within
 IBIS: Scholarship; education; esoteric knowledge
 KIWI: Mystery; the hidden wonders of Spirit & Nature
 LOON: Pristine Nature; undisturbed Wilderness preserved
 MOCKINGBIRD: role-rehearsal; learning how to relate socially
 OSTRICH: Royalty; Splendor & the glamor of Worldly Power
 OWLS: (all symbols of WISDOM, by Type:)

BARN OWL: Local Wisdoms; helping the immediate vicinity
 BARRED OWL: Wise Mercy; helping the old, weak & infirm
 BURROWING OWLS: Private Wisdom; Gnosis, Self-Truth
 ELF OWL: Hidden, SACRED Wisdoms; esoteric sciences
 GREAT HORNED OWL: Spiritual Wisdom; the Needs of SOULS
 GREY OWL: Wise RELATING; how everything fits TOGETHER
 SCREECH OWL: Wilderness Wisdom; life & Death SURVIVAL
 SPOTTED OWL: Ecological Wisdom; what NATURE needs
 PARAKEETS: Companionship; Group Behaviors
 PARROT: Mimicry; learning by recital; Education
 PEACOCK: Mysticism; serene spiritual Power at work
 PENGUIN: Endurance; surviving in Nature without distress
 PHEASANT: Blessing; the Proof of ACCEPTABILITY & Honor
 PIGEON: "Fitting IN;" the ability to merge with the group
 QUAIL: Innocent Purity; childlike Simplicity of behavior
 RAVEN: Magical Truths; Enlightened Use Of Divine Power
 ROBIN: Minding one's own business; good-neighborliness
 SANDPIPER: Endless Motion; TIME and how to 'flow' with it
 SPOONBILL: see Flamingo
 STORK: Birth; Fertility; the ability to Create
 TURKEY: Philanthropy; Giving freely to others; charity
 VULTURE: Keeping the world CLEAN; caretaking Nature
 WAXWINGS (any:) Integration; sharing it ALL with EVERYONE
 BOAR (also see Pig:) Spiritual Survival in a world of dangers
 BOBCAT: Hardiness; the enjoyment of rough conditions
 BUFFALO (Bison:) Abundant answers to prayers; Providence
 (Water:) Useful Power Harnessed; successful skill
 (Cape:) Violent Self-Defense; "Don't Tread On ME!"
 BULL: Aggressive Creative Drive (economic AND sexual)
 CAMEL: Perseverance in Hardship; the power of FINISH tasks
 CAPYBARA: see Muskrat
 CARIBOU: Loyalty to the Group; committed relationships
 CAT: Mental "Prowling;" restless curiosity and self-amusement
 CHEETAH: Swiftness greater than any other; Successful Speed
 CHINCHILLA: see Hamster
 CHIPMUNK: Thrift and Economy; saving-up for the future
 COATI-MUNDI: same meaning as Llama
 CONEY: see Rabbit
 COUGAR (American Lion:) Solitary self-authority; private Space
 COW: Abundance; Wealth and Security
 COYOTE: Cleverness; the ability to survive by Wit & "Tricks"
 CROCODILE: see Alligator
 DEER (any specie:) Innocence and Purity of Nature
 DOG: Friendship and Companionability; "man's best friend"
 ELEPHANT: Endless Memory; past-life memory and History
 ELK: Nobility and Strength; Male Honor at it's highest
 ERMINE: Royal Beauty and Privileges; Aristocracy
 FERRET: Irrepressible curiosity and explorative cunning
 FISH: (and Marine Creatures:) ALL SYMBOLS OF LIFESTYLES
 ABALONE: Protected Treasures; secure fortunes
 ANEMONE: Income; career-skills and practices
 BELUGA (white Whale:) see Porpoise
 CATFISH: The value of ordinary or 'lowly' things
 CLAM: Closed Environs; inaccessibility to outsiders
 COD: see Haddock

CRAB: Impenetrable Exterior: safety from invasion
DOLPHIN: see Porpoise
EEL (any:) Libido; unexplored sexual interests
FLYING FISH: Liberation; escaping one's background
GOLDFISH: Domestic Serenity; cultural harmony
HADDOCK & other White Food Fish: USEFULNESS, utility
JELLYFISH: Undesireable entanglements; caution
NARWHAL (Sea Unicorn:) Capricornus; Spiritual Authority
OCTOPUS: Entanglement; "Destiny or KARMA?"
PERCH: Recreational Play and self-enjoyments
PIKE: Agressive, slightly dangerous individuality
PIRANHA: Overt Hostility; attack-mode psychology
PORPOISE: Spiritual Sympathy; Brotherhood with all Life
PORTUGUESE MAN-O-WAR: Risk; foolhardy courting of danger
RAY (any:) Underlying danger; hidden threat
SALMON: Reliability; traditional & instinctive patterns
SARDINE: Efficiency; maximum use of available resources
SHARK: Brute Instinct; the deadly side of personality
SNAIL, SLUG: Progress; a continuing process underway
SQUID: Self-Interest; mundane or worldly ambition
STURGEON: Royal, Aristocratic Personality; Leadership
SWORDFISH: Danger Defeated; dominance over all enemies
TROUT: Youth; liveliness, vitality, enthusiasm
TUNA: Bounty; Prosperity and Abundant Wealth
WHALE (any but Beluga, Narwhal:) Wisdom; Soul-Memory
FOX: Invisibility; the ability to do one's work unobserved
FROG: Humanity Anticipated; omens of future human evolution
GIRAFFE: Overview; prophetic, visionary powers of mind
GOAT: Survival instinct; sexual and material aggression
GOPHER: Minding One's Own Business; self-contentment
GROUNDHOG: Intuitive Powers; prophecy of coming changes
HAMSTER: Sublimated sexuality; constant activity, fantasies
HARE: see Rabbit
HEDGEHOG: Specialized 'niches,' finding one's Place
HOG: see Pig, Boar
HYENA: Survival through violent strategies; success in war
HIPPO: Dominion; uncontested Authority over one's space
HORSE: Social status; useful strengths WITHIN THE HERD
IGUANA: Age-old, tribal dignity; customs of the society
INSECTS or Bugs: ALL SYMBOLS OF ACTIVITY:
ANT: serving the needs of the community
BEETLE: Creative Industry; shaping Reality
BEES: Productive Industry FOR THE SOCIAL ORDER
BUTTERFLY: Transformation; shape-shifting at will
BUMBLE-BEE: self-absorbed enjoyment of life
CATERPILLAR: Un-completed, impending Evolution
CENTIPEDE: entrenched habits; outdated patterns
COCKROACH: Poverty; unhappy squalor; hopelessness
DRAGONFLY: Imaginary Worlds; illusory fantasies
FIREFLY & GLOW-WORM: Sexual Fantasy and arousal
GNAT or MIDGE: the Local Ground rules; environment
GRASSHOPPER: Relaxed, indulgent contemplation
HORNET or WASP: Territorial Defense; angry reactions
HOUSEFLY: Spoilage; the beginning of decay
LOCUST: Mass-psychology; the Mob and it's actions
MAGGOT: New possibilities emerging from the dead past
MOTH: following one's attractions wherever the lead

PRAYING MANTIS: Disguised Intent; the public facade
 SCORPION: Vengeful defense of one's privacy
 SPIDER: Weaving Stories; the power to alter history
 TARANTULA: Fight-or-Flight reactions; survival
 WASP: see hornet
 WORM: Secret Lives; previously hidden activities
 JACKAL: Intimate knowledge of the Dead; Soul-Guidance
 JAGUAR: Autocratic Power; control of one's territory
 KANGAROO: Social role-play; dramatic 'acting-out'
 KOALA BEAR: Safety; knowing how to stay secure
 LEMUR: Timid self-image; delicate, careful actions
 LEMMING: Social Trends; living by 'fads' and popular styles
 LEOPARD: Self-confidence; an aura of invincibility
 LION (African:) Leadership skills; Example Rules Others
 (American) see Cougar
 LIZARD: Dream-Time; the power to see the mystical world
 LLAMA: Geographically-specialized Lifestyles; insularity
 MANATEE (Sea Cow:) Peaceful Co-existence
 MINK: Sensuality; sexual prowess
 MOLE: Hidden Worlds; Privacy and Secrecy
 MOUNTAIN GOAT & Chamois: Skillful maneuvering; Expertise
 MOUSE: Exploration; adventure and inventiveness
 MULE: Sterile, unfulfilled lives; all work and no play
 MUSK OX: Organized community response; group defenses
 MUSKRAT: Self-Employment; solitary, private industry
 NEWT (water dog:) Adaptability; changing with the times
 OPOSSUM: Surrender; passive serenity and Trust
 ORANGUTAN: Isolated Lifestyles; the Hermit
 OTTER: Friendly, playful living; feminine charm
 OX: Patient Service; hard and productive work
 PANDA (Giant:) Protected Meditation; secluded serenity
 (Lesser:) see Raccoon
 PANTHER: see Cougar; if black, see Leopard
 PIG: Spiritual Purification; the Magic of Spiritual Alchemy
 PLATYPUS: Marvelous Specialization; unique adaptability
 POLAR BEAR: Uncontested Strength; Mastery of one's World
 PORCUPINE: Protection of Purity and Sacred Places
 RABBIT: Home-territory interests; Family & Friends
 RACCOON: Ingenuity; finding a way to one's goals
 RAT: Pioneering, getting there FIRST; inventive skill
 REINDEER: Service to one's society; usefulness
 RHINOCEROS: Invincible Brute Strength
 SALAMANDER: Magical Power; the ability to transform things
 SEA COW: see Manatee
 SEAL and SEA LION: Companionship in the Spirit; Community
 SHEEP: Community-life; a well-cared-for citizenry
 (also see Bighorn)
 SHREW: Desperate survival-level fear of betrayal
 SKUNK: Respect; the dignity of the individual
 SLOTH: Refusal to change one's ways; individualism
 SNAKE: (any NON-poisonous:) Libido; sexual forces, Healing
 (any POISONOUS:) Negative Sexuality; fear, revulsion
 (COBRA) Mastery; control over Nature's dangers; Adeptship
 (RATTLESNAKE:) Violent Defense of Territory
 (any CONSTRICTOR:) Crushing Forces; confinement, tyranny
 SOW (also see Pig:) Providing for others despite hardships
 SQUIRREL: Security-skills; hoarding one's wealth

STOAT: see Weasel
 TADPOLE: Transformation On It's Way; about to start over
 TAPIR: Humble Strength; docile and obedient 'commoners'
 TIGER: Hunting (business) Skills; enjoyment of the Chase
 TOAD: Mankind's Dark Past Remembered; reminders of old pain
 TORTOISE: Immortal Truths; longevity and eternal overview
 TURTLE: Mother Nature as one's home; contentment in all environments
 VOLE: Timid but friendly Contact; Shy Sincerity
 WALRUS: Sexual Prowess; collecting a Harem
 WEASEL: Cleverness, successful schemes
 WOLF: Wilderness' Teacher; communicating hard Truths
 WOLVERINE: Relentless pursuit of victory; stalking skills
 WOMBAT: Hidden Lifestyles; Secret (esoteric) Societies
 YAK: Rugged, hard-working self-sufficiency
 ZEBRA: Herd-Identity; the Gestalt; the ability to vanish into a crowd

Manmade Physical Objects

AIRPLANE: Progress through Consciousness itself; Psychic Growth
 ALTAR: Divine or Magical Forces CONTROLLED; Spiritual Adeptship
 ASTRONAUT: Progress through Cosmic Truths; Spiritual Awakening
 BADGE: the powers of an 'ordained' office; Hieratic (rightful) Authority
 BED: see HOUSE
 BELT: "Holding-in" one's gut-level feelings in public; Polite 'Reserve'
 BOOKS: Learning; information to be studied (also see Scriptures)
 BOOTS: Personal Career directions; being ready to WORK
 BUS: A local community 'gestalt;' one's familiar social environment
 CAR: Personal Directions Of Progress; CAREER DIRECTIONS
 CAULDRON, Kettle or Vat: Nourishing Others; serving the community
 CASKET or COFFIN: The Past Is DEAD: letting go old worries
 CUP or Chalice: a Shared COMMUNION of Spirits; LOVE, Spirituality
 CLOTHING: specialized ROLES; what one is DOING
 DISHES: Socially-accepted Mores or Manners; Polite Lifestyles
 DRUM: Rhythm; the Pace at which things get done (also see Musical Instruments)
 EARRINGS: and other pierced jewelry: Advertized Attractiveness; Seduction
 EYEGASSES: Improved INSIGHT; seeing things more realistically
 FUNNEL: Concentrating or 'narrowing-down' something to manageable form
 GASOLINE or Petrol: the Power to get where you are going (often MONEY!)
 GUNS or FIREARMS: Changing other-people's Intentions; forced growth
 HATS Wigs & Headwear: Social roles; filling a niche in the community
 HELICOPTER: Strategic Progress through Consciousness; Problem-Solving skills
 HOUSE: Symbolic of THE OWNER'S LIFESTYLE (if a Mansion or Palace; LIFE'S HOUSE)
 ENTRY: Open-ness to others; Sociability
 LIVING ROOM: Social PASTIMES; how one entertains oneself & others
 KITCHEN: biologically, the Stomach & Spleen; Nurturing Individual Needs
 STOVE: Willpower; the ability to 'turn-on' and "get cooking!"
 SINK: Purification; 'cleaning-up your act' and staying Healthy
 GARBAGE-DISPOSAL: Getting RID of the CRAP you once needed
 TABLE or COUNTER: Working Procedures you use in helping others
 REFRIGERATOR: Memory; storing things for future consideration
 FREEZER: Long-term Memory; precious things from the past
 MICROWAVE: "Quick Solutions;" pat answers, immediate responses
 OVEN: Long-term Nurture; relationships that LAST
 SILVER & CRYSTAL: Etiquette; the Social Graces
 BEDROOM: Personal Identifications; one's most intimate circle or family
 DRESSING-TABLE or DRESSER: Self-Image; how we wish to be SEEN

BED: One's most PRIVATE self-identity; the Soul
 BATHROOM: Sexuality; biologically, the reproductive organs
 TUB, Shower & Sink: see SINK (Kitchen)
 TOILET: Letting Go of the past; Flushing old situations
 MIRROR: Self IMAGE; perfecting one's own Persona
 DINING ROOM: Self-EDUCATION; what we 'ingest' or take into ourselves
 GAME ROOM Den or Playroom: Recreation; how we pass our free time
 FLOOR OF THE HOUSE or any other building: LEVELS OF MANIFESTATION:-
 BASEMENT or Cellar: The SUB-Conscious; instinct & Libido
 GROUND FLOOR: the Physical Level; the Body and Materiality
 SECOND FLOOR: the Mental Level; the Mind and Psychology
 THIRD FLOOR: the Spiritual Level; the Soul and Spirituality
 ATTIC: The SUPER-conscious; Divinity and the God-Self
 APPLIANCES & ACCESSORIES: also see color, numbers & etc.
 LAMPS & Lights: Understanding; "seeing clearly"
 CHAIRS: "settling-in;" finding one's current place or situation
 CANDLES: Meditation; enlightened contemplation; prayer
 CLOCKS & CALENDARS: the passing of Time; PRECISE TIMING of things
 RADIO: Hear-Say or Gossip; what others are (or MAY be!.) saying
 TELEVISION: Insight; learning about OTHER PEOPLE and their lives; Feedback.
 TELEPHONE: Telepathy; hearing things from mind to mind
 COMPUTER: Logic; how to really get the Facts clearly understood
 FIREPLACE or WOOD STOVE: 'Old Fashioned Romance;' intimacy needs
 VACUUM CLEANER, Mops and Brooms: Lifestyle-CLEANING; Evolving Oneself.
 ROBOT or MACHINES: Habitual Patterns; maintaining one's preferred Lifestyle.
 MASKS, Sunglasses & Disguises: Incognito; hiding one's true identity temporarily
 MUSICAL INSTRUMENTS: Creativity; the need to bring a new improvement into being
 OFFICIAL UNIFORMS and those who wear them:
 POLICE: Laws of one's society; ENFORCEMENT
 ARMY: Defense of the society: PROTECTION
 NAVY, AIR FORCE: Directions of the society; PROGRESS
 SWORD: Truth & Justice

Human Life-Experiences

BATHING: Removing signs of previous problems; Getting Over Things
 BELCHING: Releasing Social Pressures in socially-acceptable ways
 BIRTH: (Being Born:) Entering a new Life-Pattern; "reincarnated" lifestyle
 (Giving Birth:) Trait-Transference; a new Life-Pattern BROUGHT-ABOUT
 BLEEDING: Sacrificing some of one's own life for others or some new Creation
 BREATHING: Internalizing one's social environment; "taking-in" other spirits
 COPULATING: (Vaginal Intercourse:) Rehearsing Future "Births" and Beginnings
 (Anal Sex:) Releasing past FEAR and moral JUDGEMENTS
 (Oral Sex:) BECOMING one's sexual partner; as in Tantra Yoga
 (Masturbation:) Loving oneself and being happy with your "lot"
 COUGHING: Expelling unwanted Subtle (telepathic) Communications or pressure
 DEATH: Liberation; one's Learning Phase completed, one goes to one's Reward
 DEFECATION: Letting go of past circumstances; dropping the old 'crap!'
 DREAMING (that you are Dreaming!:) The Power Of MAGIC (Causal Authority)
 DRINKING: Ingesting Spiritual Nourishment; "taking-in the Essence" of things
 DRUNKENNESS: Spirit-Rapture; overwhelmed by the force of Divinity
 EATING: Ingesting or Taking-Into-Oneself the BOUNTY OF NATURE; Being BLESSED
 EJACULATING (in Males:) Cosmic "Release;" re-merging with the Creator
 FAINTING: "Temporary Death;" Going "to Heaven" briefly to get Help
 FALLING: Psychic Exploration; finding the depths of the Unconscious Mind

FARTING: Releasing domestic Pressures that would go otherwise unmentioned
FLOATING: "Lightening-up" or becoming more carefree
FLYING: Rising above previous limitations; Self-Liberation
LAUGHING: Experiencing RELIEF at the end of a crisis
NAKEDNESS: Self-DISCLOSURE; revealing hidden parts of oneself to others
PREGNANCY: Filled with new Creations; Inspiration at work
RUNNING: Progressing RAPIDLY; a very energetic phase of self-evolution
SEX: see Copulation
SHAVING: Rejuvenation; removing the signs of Time passing; renewal
SHIVERING: in need of COMFORT, one displays a need to be EMBRACED
SMOKING: adding INSPIRATION and MAGICAL FORCES to one's "air" or MANNER
SNEEZING: rejecting unwanted interpersonal pressures; self-CENTERING
SLEEP: Rebirth; ending old patterns and taking on new ones by dreaming
SWIMMING: Making Progress through the EMOTIONAL CURRENTS of life
URINATING: Releasing SOCIAL PRESSURE and tension; relaxing socially
VOMITING: Rejecting Unpleasantness; un-well input is EXPELLED
WAKING: "Realization;" insight from Dreams, as powerful as a 'shake'
WALKING: Routine Progress; daily living; "getting by" on one's own
WEEPING: Gaining SYMPATHY from Spirit; receiving Magical Help
YELLING: Being IGNORED, one TRIES to get attention, unsuccessfully

ORGANIC ANALYSIS: The Body

HAIR (head)

SOCIAL 'STATEMENT.' The hair and how it is 'worn' or grown on the head is the most immediate personal statement made by individuals as to their preferred ROLE in life. Often used as a sexual attractant, the hairdo (like all other 'parts' of our whole Self-identity) can become HOLISTICALLY-ENFORCED through time; resulting in a physical 'proof' of one's personal Statement.. as in the 'tonsure' or Franciscan-style skull-cap baldness tendency in (especially) men, who wish to cultivate a public 'image' of themselves as a peace-loving, kind 'brother' even though that image CONFLICTS with certain tendencies to the contrary. Hair loss may coincide with sudden changes in self-image, often due to traumatic experiences that challenge one's previous self-Statement. GENETIC TENDENCIES must, naturally, be considered a significant factor.

SCALP

SPIRITUAL SENSITIVITY. As the 'highest' actually 'living' tissue of the body, the scalp reflects CONTACT WITH HIGHER TRUTHS. Conflicts of religious opinion, philosophy or strong 'psychic phenomena' that are difficult to deal with may trigger a sympathetic development of skin-distress to the scalp.

LEFT TEMPLE AREA, see "BINAH" in Kaballah, in SPIRITUAL/METAPHYSICAL ANALYSIS.

CENTER OR BACK OF SCALP, see "DAATH" in the Kaballah.

RIGHT TEMPLE AREA, see "Chokmah" in the Kaballah section.

SKIN

SOCIAL SENSITIVITY. Touch is the most potent form of interpersonal contact available to us; any traumatic or conflict-generating events in life may trigger a sympathetic reaction to the skin AT THE LOCATION ON THE BODY WHICH 'DESCRIBES' THE AREA OF STRESS. Whether eczema, rashes, boils or more serious skin-conditions, the holistic implication is that one's inner sensitivities are being challenged or 'outraged' by events that require us to OVER-RIDE our normal responses, behaviors and feelings.

BRAIN & NERVOUS SYSTEM

INFORMATION-PROCESSING. While there are many other things that we value highly and rely upon in life, INFORMATION or 'factual input' and how we deal with it is a powerful influence in life. Anytime we are forced to deal with INFORMATION-OVERLOAD or CONFLICTING IDEAS ABOUT REALITY, we may experience a sympathetic response from our brain and nervous system which processes that information. From migraine headache to spinal meningitis or other brain-and-spinal conditions, Information-related crises require deep analysis of one's Information-Conflicts and how to restore a sense of ORDERLY COMPREHENSION OF REALITY.

SKULL

PSYCHIC SELF-'CONTAINMENT.' Our ability to BE OUR OWN UNIQUE TYPE OF PERSON is holistically centered in the bones of the skull. Trauma, injury or illness affecting this area indicates a difficulty 'remaining who we are.' The holistic suggestion is that one look at events or circumstances that may be FORCING CHANGE to the self-identity of the individual psyche, and seek ways to resolve the IDENTITY-stresses.

FACE

SHOWING ONE'S TRUE FEELINGS. 'Expression' or 'the look on one's face' is subject to stress from any situation which limits our ability to fully EXPRESS our inner feelings. From having to conceal or 'falsify' our feelings, to having to 'face' strong opposition to those feelings from others, the face can experience a sympathetic response ranging from partial paralysis to inflammations, rashes, neurological 'ticks' or other abnormalities. Full, honest and stress-free SELF-EXPRESSION is, of course, the holistic 'recommendation' in all such situations.. though that often requires changes in the interpersonal 'climate' or lifestyle-situation.

EARS

GETTING THE 'MESSAGE.' Other people are constantly 'telling' us their feelings, needs and opinions. When we (for whatever reason) cannot or do not RECEIVE those feelings or give them credence, a sympathetic response may occur in the ears and auditory canal. From earache to tinnitus ('ringing in the ears') or inner-ear infections or hearing-loss, such reactions indicate a 'message-barrage' that we are incapable of dealing with. A typical example would be the 'input-overload ear-ache' experienced by young children unaccustomed to school-room levels of 'message-input' from teachers, classmates and parents combined. While some hearing conditions do not respond to holistic improvements, in general it is recommended that a 'break' be taken in the message-input department while the stress is released. NOTE: some instances of auditory abnormalities are connected with unusual PSYCHIC STATES, including 'spirit-communication.'

LEFT EAR ONLY, see "Binah" in the Kaballah, SPIRITUAL/METAPHYSICAL ANALYSIS.

RIGHT EAR ONLY, see "Chokmah" in the Kaballah.

EYES

RECOGNIZING OBJECTIVE FACTS. 'Seeing is Believing!' We sometimes have to see and admit facts that we would prefer NOT to have to admit. Such conflicts between INNER 'VISION' and OBJECTIVE FACTS can cause a sympathetic response from the eyes and optical nerves.. leading to pain, impaired vision or other abnormalities. The holistic recommendation in such cases is to ADMIT THE TRUTH and find new ways to 'see' the future that are more realistic. NOTE: there are SOME things that we can see which challenge every conventional idea of 'reality.' Whether called hallucination, clairvoyance or 'divine visions' these events, too, can only be accepted and DEALT WITH as 'in-SIGHT' into the Self and it's relation to a Reality which may be far stranger than any of us realize!

LEFT EYE ONLY, See "Binah" in Kaballah, in SPIRITUAL/METAPHYSICAL ANALYSIS.

RIGHT EYE ONLY, see "Ckohmah" in the Kaballah.

SINUSES

PSYCHIC SOUNDBOARDS; how we 'register' subliminal input from others. Human beings are not always completely 'up-front' with each other about their real feelings. Sometimes we are being sent one 'message' verbally, and quite another on a silent, emotional level. In such situations, the Sinus cavities in the face and skull can have a sympathetic response in the form of pressure, blockage and infection which informs us that we are receiving PSYCHIC INPUT in between people's words. The holistic recommendation is CLEARING THE AIR through communication; asking others their feelings and expressing one's own, until eventually one can 'track-down' the source of the pressure. NOTE: some extremely sensitive 'psychics' experience sinus-blockage as part of their telepathic and clairvoyant sensitivity, and only advanced psychic-development training can help them 'track-down' THOSE sources.

NOSE

TESTING THE AIR AROUND US. Mankind may be thousands of years away from the other animals in intellectual development, but we retain many animal-level senses and instincts that our 'civilized' lifestyles do not teach us to recognize. The sense of SMELL is one of those. Recognized as the most direct sensory pathway into the brain, Smell informs us on an instinctive or animal-level of our safety, social 'welcome' and natural association with others. When we attempt to over-ride this instinctive, unconscious knowledge, we may experience a sympathetic response in the form of nose bleeding, blockage, pressure or other afflictions to the nasal cavity and linings. The holistic recommendation is greater PERSONAL SPACE, and the ability to surround ourselves with the people and other 'smells' that we ENJOY personally.

LIPS

THE SOCIAL INVITATION. No other part of the body so reflects our happiness or it's absence as do the lips. Smiling or frowning, open with anticipation or trembling with emotion, the lips are almost a barometer of human feelings. When our feelings toward others is severely traumatized, we may experience a sympathetic response in the form of cold sores, blisters, inflammations or other painful conditions.. or even impaired nerve control of the lips and mouth. The holistic recommendation is to 'clear the air' through honest communication, restoring the sense of social 'desirability' and permission to relate as we are inclined to do.

MOUTH, TEETH & GUMS

INCOME AND THE EARNING OF WEALTH. We truly live 'hand to mouth,' no matter how wealthy or removed from manual labor we may be.. for the Body/Mind/Spirit Interface 'knows' that all 'income' MEANS 'food.' When we are undergoing financial stress or change, we may experience a sympathetic response in the form of pain, infections or other trauma to the teeth, gums or inner mouth regions. The holistic recommendation is Career-stress reduction, financial planning or other work-and-wealth related improvements designed to minimize or end the stress over 'how to earn the food' one needs.

NECK

KEEPING YOUR HEAD ON STRAIGHT! Structurally, the only real 'meaning' of the neck is that it holds our head on. Anytime one experiences a conflict between Ideals and Reality, the neck may experience a sympathetic response in the form of mis-aligned bones, nerve pain or difficulty moving or turning the head. The holistic recommendation is to find ways to narrow the gap between Idea and Fact; either making our Ideals more realistic or making our Reality more ideal.. or BOTH!, whatever it takes to remove the CONFLICT and 'get your head on straight' again.

THROAT & LARYNX

KEEPING IT IN OR GETTING IT OUT! The throat has the unique role of EITHER swallowing things (such as food and drink) or expressing things (such as words or song.) Sometimes, however, we get the two functions confused, and start 'eating words' (your own or someone else's.) This can cause a sympathetic response in

the throat; in the form of sore throat, laryngitis (loss of voice) or even difficulty with the swallow-reflex. The holistic recommendation is to decide whether one is 'having something shoved down your throat' or whether you are swallowing words that YOU really WANT to speak. In most cases, one or the other will be occurring, and merely deciding to change that pattern is enough to end the sympathetic reaction. NOTE: many throat stresses become severe enough to allow the development of virus-infections, requiring medical attention to fully correct it.

SHOULDERS

BEARING THE LOAD. The shoulders are the only part of the body which can carry a heavy weight for any great length of time. As such, they 'mean' exactly that to the Body/Mind/Spirit Interface. Anytime we experience stress or change to the burden-bearing part of our life.. such as too much responsibility at work, or a change in our work 'load'.. we may experience a sympathetic response in the form of pain, loss of strength or nerve-conditions to the shoulder areas. The holistic recommendation is **WORK-LOAD REDUCTION**.. though that is easier said than done, in many cases. Often we feel we simply **MUST** 'bear it' because other cannot; and our condition may worsen instead of getting better from knowing why the problem began! However, since massage, heat, acupuncture, chiropractic care and other treatments can often reduce the pain of work-load stress, many people continue to overwork long after the body has advised them to stop it. Eventually, the body **INSISTS!**, and severe distress is it's final word.

LEFT SHOULDER ONLY see "Geburah" in Kaballah in SPIRITUAL/METAPHYSICAL ANALYSIS.
RIGHT SHOULDER ONLY, see "Chesed" in the Kaballah.

ARMS

REACHING OUT TO OTHERS. The 'social Embrace' or how we reach-out to other people depends on both US and THEM; problems reaching-out OR a difficult relationship either can traumatize us about **RELATING**, and a sympathetic response may occur that causes pain, weakness, numbness or other distress to the arms. The holistic recommendation is **RELATIONSHIP COUNSEL**; find the **STRESS** and **REMOVE IT**. Sometimes that means working on one's **OWN** relating skills, while other situations may require work on our partners, co-workers or other important social contacts. The real focus must be; **RELATING** and **RELATABILITY**. The details will differ from case to case.

LEFT ARM ONLY, see "Geburah" in Kaballah in SPIRITUAL/METAPHYSICAL ANALYSIS.
RIGHT ARM ONLY, see "Chesed" in the Kaballah.

WRISTS

THE SOCIAL 'POSE.' Everyone (even those who think themselves completely 'natural' in their way of relating!.) has a 'pose' or **ATTITUDE** toward Relating; and this is visible in how one 'postures' the hand, using the **WRISTS** to position them. From 'limp-wristed' to 'hand-fluttering' to 'stiff-armed' we identify our Social Attitude to others, constantly. When any form of conflict or injury to our Social 'Pose' occurs, there may be a sympathetic response in the form of pain, inflamed joints, weakness or other abnormalities to the wrist. The holistic suggestion is to discover what the trauma **WAS** and **CORRECT IT** through re-building self-confidence and social 'poise.' Grace with strength might be a good motto for wrist-trauma healing; for we need **BOTH** in order to be both strong and flexible enough to remain ourselves in a world full of **OTHER** approaches to social contact.

HANDS & FINGERS

OUR TOOLS OF THE TRADE. To the Body/Mind/Spirit Interface, our hands are our **PROFESSION** in life. Whatever we have 'put our hands to' as a career, our relationship to it is reflected in the strength and health of our hands and fingers. Any sudden trauma or change to our work-skills (such as a lay-off or job-transfer) can cause a sympathetic response in the form of pain, weakness or other distress to the hands. The holistic suggestion is that one should re-evaluate your professional skills and job-performance, seeking a less stressful or more enjoyable work for your hands to do. While this **MAY** involve career-change, it may also be a

simple matter of Continuing Education or even shared work-duties, to free your hands for happier 'employment.'

RIBS & TORSO

ONE'S PERSONAL 'BOUNDARIES.' We each occupy 'personal SPACE' in life. Some need more, some less of it. But anytime we are being either 'invaded' or having our space taken away from us, we may experience a sympathetic response in the form of injury, pain or other distress to the rib cage and surrounding muscles. The holistic recommendation is that you try to identify how (or whether) your personal Space is being altered by circumstances you cannot control.. and find ways to ADAPT to it if you cannot keep it from happening. In any case, setting WORKABLE 'BOUNDARIES' for your own territorial needs is the real issue.

THE INTERNAL ORGANS:

LUNGS

PERSONAL 'BREATHING ROOM.' Crowding or the over-pressurized emotions of living too closely-inter meshed with others from whom one cannot get enough distance to 'be yourself' can trigger a sympathetic response from the lungs and bronchial airway leading to asthmatic pressures, coughing, respiratory infections or other ailments. The holistic recommendation is for SPACE-CHANGE; restructuring one's lifestyle to allow 'Breathing Room' and the permission to BE YOURSELF without constant stress from those around you. NOTE: if water-retention is involved (as in pneumonia or emphysema) a 'Sympathy Crisis' or excess of EMOTIONAL CONCERN for (or FROM!..) others is often involved.

HEART & ARTERIES

STAYING IN THE FLOW. We live our lives by COMMITMENT to the people, places and things we LOVE or 'believe in.' Anytime this 'flow of life' which we have committed-to becomes UN-TENABLE for us (and we MUST allow change in things we do not WANT to see change,) we may experience a sympathetic response from the Heart and it's arteries.. leading to irregular heartbeat, abnormalities of blood-flow or 'upheavals' such as heart-attack. The holistic recommendation is for a thorough re-evaluation of your COMMITMENTS in life; from career to family, relationships to recreation.. seeking areas of commitment that are no longer SUPPORT-ABLE as a 'happy FLOW' in your life. Updating one's commitments may reduce the stress to these vital life-sustaining tissues.

DIAPHRAGM/PERICARDIUM

THE 'DRIVING FORCE' OF PERSONAL PREFERENCE. Of the many human emotions, DESIRE is among the most central to our happiness. When we cannot get the things we desire, we may become angry, frustrated, depressed or lethargic.. and we may experience a sympathetic response from the great muscles which pump our lungs (the Diaphragm) or the muscle which pumps the Heart (the Pericardium;) leading to irregularities of heartbeat, blood-pressure, breath-control or circulation of blood throughout the body. The holistic recommendation is for an honest re-appraisal of one's REAL DESIRES IN LIFE, seeking areas of personal affection that are missing, difficult to relax about or otherwise traumatic. The real issue is HAPPINESS; what is preventing that MUST be addressed, to restore a sense of contentment.

THE METABOLIC GLANDULAR SYSTEM

OBEYING THE AUTHORITIES THAT RULE US. We are each 'ruled' by whatever we consider 'the Authority Structure' in our lives. Whether the Law, our Spouse, Family, Traditions, Divine Authority or 'destiny' these Rulers literally DRIVE US to obey their wishes through deep psychological influences which govern the secretions of our endocrine or ductless gland system (most of which are located in the brain and torso;) leading to such problems as abnormal weight-conditions, energy-crises such as exhaustion or insomnia, and fluctuations in the body-temperature and other metabolic changes. The holistic recommendation is a re-evaluation of the things which 'Rule' you; seeking ways to either change them, relax about them or make them less stressful. A

basic guideline is that NO ONE IS REALLY JUST A 'SERVANT;' and we do not have to spend our lives 'obeying' others. HAPPINESS rather than 'duty' is the key to healthy living.

THE LIVER

'THE ONE LIVING INSIDE YOU.' The Soul or Spirit may not be a 'medically recognized' organ, but it DOES have profound implications for our wellbeing. Anytime we become 'dis-spirited,' self-judgmental or in any other way SOUL-'sick' we may experience a sympathetic response from the inner organ which performs the same job for the body that the Soul does for the whole Self; the LIVER.. which purifies the body and stores-up the nutrients in our blood-stream for future use. Imbalances of Soul or Spirit can lead to blood-impurities, hardening or inflammations of the Liver and other potentially life-threatening conditions. The holistic recommendation is SPIRITUAL 'HOUSE-CLEANING;' finding the areas of self-judgement, guilt, shame or other spiritual crises, and 'making Peace with one's Spirit.' NOTE: a strong connection between such judgements and out-worn religious fears is often part of liver-related conditions.

GALL BLADDER

CRITICAL ANALYSIS: The Ability To JUDGE WISELY. Bile (or Gall) is a powerful 'analytic acid' secreted by the Liver and stored in the adjoining Gall Bladder for later secretion into the digestive organs.. where it breaks-down (or 'analyzes') our food. Anytime we are under great stress to 'analyze' things accurately in our lives we may experience a sympathetic response in the form of DIGESTIVE-ACID IMBALANCES leading to under or over-acid stomach, indigestion, pain or inflammation of the gall bladder (or the development of 'gall stones' in the gall bladder.) The holistic recommendation is ACCURATE ANALYSIS OF THE STRESSES WE ARE UNDER. Often these will be found to be relationships or situations in which we have failed to be properly CRITICAL.. allowing less than honest opinions to be expressed, and thereby damaging our sense of FAIRNESS. Honest expression of one's critical opinions and a full 'venting' of one's feelings is recommended.

STOMACH

THE SATISFYING OF AMBITIONS. Our personal 'appetite' for food and our ability to 'digest' (or analyze) it properly is reflected in the primary digestive organ of the Stomach. Anytime we undergo change in our Ambitions (or 'appetite for success') in life, we may experience a sympathetic response in the form of stomach distress. From nausea (the desire to reject our former ambitions) to lack of appetite (uncertainty about what we really WANT in life) or nervous stomach (anxiety about whether our ambitions will be successful) or even the development of stomach ulcers (over-emphasis on 'success' of our ambitions,) such imbalances imply AN AMBITION-CRISIS. The holistic recommendation is a thorough analysis of what you consider 'success' to be, and finding new ways to be HAPPY about your 'success drive' until you can again happily 'stomach' your life.

SMALL INTESTINE

SYSTEMATIC ATTAINMENT. The ability to plan-out and logically attain one's goals through the 'daily grind' of WORK-EFFICIENCY is the natural follow-up to our ambitions.. having an exact mirror in the function of the Small Intestine into which our food passes from the Stomach, to be 'ground-up' and systematically reduced to useful elements. Anytime our ability to 'grind ahead' in attaining our goals is impaired, we may experience distress to this intestine, leading to cramping, burning, pain or bowel gas-buildups or other digestive problems. The holistic recommendation is for career and goal re-evaluation followed by streamlining of work-systems, logical problem-solving and efficiency-improvements.. until we can again turn the 'daily grind' into a sense of daily ACCOMPLISHMENT.

SPLEEN

NURTURING THE BLOODLINE. As our food is finally reduced to useable elements it is passed to the Spleen to be distributed to the body via the bloodstream.. which is a mirror-reflection of how the human FAMILY and HOME-LIFE caretake the individuals within it. Anytime we are having problems with DOMESTIC or FAMILY

'NURTURE' we may experience a sympathetic response in the form of poor food-assimilation or the inability to properly USE the nutrition we are taking-in.. leading to bloating, gas, diarrhea, exhaustion or pain in the mid-back and abdominal areas. The holistic recommendation is FAMILY or DOMESTIC RELATIONSHIP COUNSEL, directed at finding where the 'Nurture' or SUPPORT Crisis is in one's life, and restore the sense of being 'taken care of' by the 'bloodline' or household.

PANCREAS & BLOOD-SUGAR LEVELS

PERSONAL 'SWEETNESS.' One of the primary nutrients of the body is Blood Sugar.. the most immediately-useable nutrient sent into the blood after digestion. This sugar is regulated by the Pancreas and it's glands, which determine the LEVEL or AMOUNT of sugar in the blood. Anytime we are having difficult with our own INNER 'sweetness' as a person, we may experience a sympathetic response in the form of blood-sugar imbalances including hypoglycemia and diabetes. The holistic recommendation is a full review of the subject of personal 'sweetness.' Are you TOO 'SWEET' for your own good.. meaning incapable of expressing your angers, frustrations and personal needs? Or do you 'bounce' between 'sweet' and SOUR or BITTER as a personality? Such questions rightly answered may have some influence over blood-sugar levels; though genetic patterns may also have great influence over it as well.

LARGE INTESTINE / COLON / APPENDIX / RECTUM

LETTING GO OF THE PAST. Once we have digested our experiences in life, we need to RELEASE them, just as the body does with past food-intake. Anytime we have difficulty letting go of past experiences.. whether from guilt, attachment to the status-quo or other 'anal-retentive' tendencies.. we may experience a sympathetic response from the lower bowel, leading to pain, inflammation, bleeding or even rupture (or perforation) of the Colon and it's Appendix. The holistic recommendation in for LIFE-CHANGE: allow yourself to let go of the situations (or, if need be, the relationships) which are no longer 'right' for you.. and (like yesterday's food) 'pass along' the way. NOTE: refusal to let go when we know we really WANT TO can produce life-threatening situations. Caution and speedy resolution is needed.

KIDNEYS

HEALING THE BLOODLINE. Our 'bloodline' or genetic family or household is just as capable of having things to let go of as the individual body is. Whether old 'traditions' or such stresses as child (or parent) abuse, religious opinions that make happy relating impossible or other traumatic 'legacies' such problems may become intolerable and lead to a sympathetic response from the organs which perform the function of purifying the blood for the body.. the Kidneys; leading to infections, kidney stones or even kidney failure. The holistic recommendation is LETTING GO OF FAMILY-ENFORCED PATTERNS, beliefs or behaviors that one does not 'agree' with. While this may lead to interpersonal stresses of it's own, such Self-liberation may have a healing effect on the Kidneys.. and you simply cannot LIVE without their help! The issue to remember is that 'family traditions' are only valuable if they are HEALTHY for all members of the bloodline.

BLADDER

RELEASING SOCIAL PRESSURES. Water, which forms the vast majority of our bodies, represents to the Body/Mind/Spirit Interface SHARED EMOTION. Anytime we are having difficulty getting our society to SHARE with us emotionally, we may experience a sympathetic response in difficulty releasing urine from the urinary bladder. On the other extreme, over-pressurized social situations may inflame the bladder and urinary tract, leading to incontinence (inability to control urination) or infections to the urinary tract. Sexually transmitted viruses (rightly called 'social diseases') are another indication of over-emphasis on RELATING within society. The holistic recommendation in all bladder complaints is RELEASE OF PRESSURE. Look for ways to RELAX about how society sees you and your way of fitting-into it.

THE REPRODUCTIVE ORGANS

RE-CREATING LIFE. Regardless of our sexual gender, we each have the ability to 'give life' on an almost godlike level.. through sexual reproduction and OTHER acts of CREATIVITY. From the arts and music to social reform, there are many ways of Re-Creating Life; and ALL of them are symbolized to the Body/Mind/Spirit Interface as our Sexual Organs and their functions. While we can all see the reproductive 'reason' for sexual attraction between breeding pairs, we often overlook the fact that (holistically speaking) ALL SEXUAL DESIRE IS THE DESIRE TO 'RE-CREATE' LIVING PEOPLE. Anytime one is having any form of distress or dysfunction to the sexual organs, the holistic recommendation is to look-anew at your sexual DESIRES, trying to see them as a desire to RE-CREATE the people and sexual behaviors you are attracted-to.. for stress or dysfunction to the sexual organs holistically MEANS 'CREATIVITY CRISIS.' What you are here to 're-create' and how your sexual nature fits into that is part of the puzzle you must solve! Look to Creativity for answers to any problem involving (in women) the uterus, vagina and ovaries.. and (in men) the penis, testes and prostate (all of which are part of the need to Re-Create Life through shared Sexual PLEASURE.)

THE SPINE

THE UPRIGHT ATTITUDE or Philosophy. How we 'hold ourself upright' as a person (our posture) 'means' to the Body/Mind/Spirit Interface SELF-OPINION.. which is determined by our basic Philosophy in life. Anytime we experience trauma to that philosophy or the self-esteem it gives us, we may experience a sympathetic change in the spinal bones.. leading to a wide array of pains, spasms, nerve-flow abnormalities and other problems. The holistic recommendation is Philosophic Review.. looking for any possible out-dated ideas about ourselves that the trauma points-out.. as well as any SELF-ESTEEM problems we may be having. NOTE: structural injuries are extremely difficult to correct without professional help! Chiropractic, Spinology, Yoga, Massage or Physical Therapy may be needed, as you address the inner issues of OPINION and SELF-ESTEEM that influence your 'posture' in life.

SAECRUM (BASE OF THE SPINE)

THAT WHICH IS 'SACRED.' At the very 'foundation' of one's philosophy in life is SOMETHING that one holds 'sacred' or LIFE-GIVING. Whatever that happens to be for you (divinity by any name) influences your relationship with the base of the spine. Anytime one experiences anything that challenges or upsets one's relationship with divinity, there may be a sympathetic response in the form of Saecral pain, bone-misalignment or other injury. The holistic recommendation is a reconnection with divinity by whatever means is possible; whether meditation training, spiritual development courses or even religious 'rebirth' if that is one's opinion of divinity. The real issue is RE-ALIGNMENT WITH DIVINITY: the details must fit your own ideas or experience of what divinity IS.

HIPS

THE PACE OF ONE'S LIFE. The hips set the 'pace' or speed of our walking movements. Consequently anything that challenges or changes the pace of our life (anything from aging to sudden demands for faster progress) can cause trauma to the Hips. The holistic recommendation is re-evaluation of the 'pace' of our daily lives, with an eye to MORE SENSIBLE or MORE EFFECTIVE 'pacing.' Are you moving TOO fast for your own good.. running a bit too hard?.. or in need of a sudden 'kick-start' to get you moving faster? The hips will tell you CLEARLY! Listen to their advice, and they will normally return to 'a happy pace' on their own.

LEFT HIP ONLY, see "Hod" in Kaballah in SPIRITUAL/METAPHYSICAL ANALYSIS.

BOTH HIPS, see "Yesod" in the Kaballah.

RIGHT HIP ONLY, see "Netzach" in Kaballah.

LEGS

'SUPPORTING' YOURSELF. The Legs are our primary 'supports' in life, and the way we 'stand up' for ourselves. As such, they reflect the Holistic 'meaning' of RIGHT LIVELIHOOD (or financial self-sufficiency) and other expressions of self-WORTH. Anything that distresses or changes our ability to Support ourselves can

cause a sympathetic response in the form of pain, injury, strain or other problems with the Legs. The holistic recommendation is for SELF-SUPPORT (career or financial) PLANNING.. and changes to make self-support more viable for you. Also, if you are having difficulty in defending yourself against other points of view or authoritative personalities, self-confidence or even martial-arts training may be useful in healing Leg-related conditions.

KNEES

'BOWING TO THE GREATER GOOD.' Life often puts us in situations where, in order to serve what we see as the Greater Good (such as the needs of the family, company or society) we must 'bend the knee' and BUCKLE-DOWN to our 'duty.' Such situations can trigger a sympathetic response in the form of pain, nerve abnormalities or other problems with the Knees. The holistic recommendation is to EXPRESS YOUR FEELINGS FULLY while going on with whatever you feel you MUST do for the Greater Good. This can give you the inner feeling of properly honoring your own best interests as well as those that are 'greater' than personal in importance. Long-term knee-stress would indicate a need for greater emphasis on the Self, and less on 'duties' that are obviously stress-producing for you.

ANKLES

CHANGING DIRECTIONS IN LIFE. No other part of our anatomy is so crucial to our DIRECTION OF WALKING as the Ankles are. Consequently any trauma or stress over which direction to proceed in (or conflict with others over directions you are jointly moving in together) can cause a sympathetic response in the form of pain, strain or injury to the Ankles. The holistic recommendation for all Ankle problems is a careful analysis of your LIFE-DIRECTIONS in every area from career to lifestyle, relationships to long-term plans.. and try to find any areas of CONFLICT with others in your immediate 'support-group.'

FEET

TAKING A 'STAND' IN LIFE. We are deeply influenced by our relationships with others, and it is often difficult to make our own personal 'stand' on things known and respected by those we care about or work around. Anytime the stress this creates becomes more than we can 'stand' there may be sympathetic response in the form of pain, injury or other problems to the Feet, toes or toenails. The holistic recommendation in all such situations is to clearly define where you 'stand' on matters of importance at the time.. and get that recognized and validated by those around you. Look for any areas of CONFLICT between where you stand and the stand of others, for is is normally conflict that generates PAIN.

SOLES OF THE FEET

CONTACT WITH NATURE. The skin of our feet is our most constant contact with Mother Earth, and consequently the Soles carry all of the stresses we may have over contact with Nature. Injury or other problems to the Soles indicates a greater need for 'naturalism' in your lifestyle. Look for new ways to contact the Earth.. including gardening, hiking, swimming, etc... as ways to help comfort the Soles.

TYPES OF ILLNESS

ASTHMA: Ego-Pressure; personal Ego-desires are conflicting with one's commitments to others

BLEEDING: Releasing Genetic History; letting go of past patterns inherited from one's family or society

CANCER: Un-Natural Self Image; considering oneself 'inhuman' or WRONG in one's (usually intimate relationship) Lifestyle: GUILT.

CHILLS, COLDNESS: In-Coming New Patterns; Evolutionary Inspiration underway

DIABETES: Sweetness Crisis; enforced 'squelching' of ANGER over long periods of time, usually family-enforced patterns

ECZEMA, Skin Rashes: Abrasion Crisis; having to tolerate unacceptable contacts or activities

EMPHYSEMA: Telepathic Overload; "drowning" in unexpressed interpersonal emotions toward oneself

FEVERS, INFECTIONS: Ego-Transcendence; releasing old patterns of self-identity and behavior

GOUT: Pampered Temper; a self-image in permanent 'pout'
NUMBNESS, WEAKNESS: Avoidance Crisis; something is being 'abdicated' or denied
PAIN however caused: Inflamed Focus; a problem-area pointed-out
PALSY, uncontrollable SPASMS: Response Crisis; not knowing how to react to others or situations
PNEUMONIA: Depression Crisis; "drowning" in Self-Pity over things that cannot be 'fixed' except by forgiveness

SYNTHESIS: the Second Half of Holism

DEFINITION:

The process of Holistic Counseling entails two steps; 1) ANALYSIS (or taking-apart the 'problem' to see what makes it 'tick;') and 2) SYNTHESIS (putting it back together, ticking better!)

YOU SHOULD HAVE ALREADY DONE THE FIRST PART: NOW PUT IT ALL BACK TOGETHER.

HOW? Take ALL OF THE DATA you found in the Analysis of the problem, and **LAY IT BEFORE THE INDIVIDUAL TO SEE.** Nobody can 'put Humpty Dumpty back together again' except **THEMSELF.**

It is the principle of Holism that **WE TRANSFORM FROM A FULL OVERVIEW OF OUR PROBLEM..** if we **CAN** transform at all; so the task of the Counselor is to carefully Analyze and then **COMMUNICATE THE OVERVIEW** to the individual.

And, **NO;** there is no guarantee that the individual **DOES** want to transform. Bluntly, that is not the Counselor's "business" but the individual's choice to make. Faced with sometimes lifestyle-wide transformation **OR** doing nothing, many people simply will not be willing to make the changes that are needed; and doing nothing will be their choice. But the Counselor can see to it that they make an **INFORMED CHOICE** rather than a blind one.

Examples of Synthesis

Example Case #1

A man in his late Anima-Animus Phase of Individualization came to the author displaying Carcinoma (cancer) on the left side of his face.. a cancer that was resisting medical treatment. The following information was provided him, from the Analysis:-

ANALYSIS:

Cancer= "un-natural self-image; considering oneself 'inhuman' or **WRONG**

Left Side= relating to Females and/or the Anima (female) side of Self

Face= the public 'facade'.. how we present ourself to others

Summary: Individual is dealing with massive self-loathing for something they are not doing 'right' in relating with women or femininity. The condition cannot be expected to heal until that is cleared-up and made "natural" and healthy again.

SYNTHESIS:

The man, faced with this information, saw the 'point' immediately; he had been hiding a secret relationship with another woman from his wife.. whom he no longer liked at all, but was not telling the truth to, "for the children's sake." Faced with this falsity and 'un-natural' relating pattern as the root of his **HOLISTIC IMBALANCE**, the man told his wife the truth (which ended his un-natural marriage) and his cancer began to respond immediately to medical treatment. He was completely free of the cancerous cells within a month or so.

Example Case #2

A housewife with two teenage children and a devoted husband came to the author with pain alternating with numbness and weakness in both arms; apparent nerve damage affecting the neck, shoulders, jaw and both arms was being treated by a wide range of specialists, but without much success.

ANALYSIS:

Weakness, Numbness= "Avoidance Crisis; failing to deal with important issues in life"

Both Arms= "the Social Embrace; how we reach-out to others"

also= The Throat Chakra: "Personality and Self-Expression"

Summary: Individual is dealing with some crisis-level problem in relating with others whom she "should" be able to embrace but cannot, for she is avoiding it out of Personality-reaction. The condition cannot be expected to 'heal' itself until she finally DOES "embrace" whoever it is, and gets over her personality-reactions.

SYNTHESIS:

The woman, faced with this information, immediately began relating (in a rather embarrassed fashion) that she had recently learned that her husband was a secret "cross-dresser" (Transvestite.) While he insisted that this was NOT an expression of homosexuality, she feared that it MUST be, and did not trust that it could ever really be 'ok.' Their relationship had devolved from warm intimacy into a rather tense social arrangement 'for the children's sake,' and she was in great emotional pain over the problem.. which she had not confided in anyone else as of yet, out of embarrassment. A long-term and family-wide program of Counseling was begun, helping both parents learn how to cope with "Dressing" as a rare but perfectly acceptable part of all human societies.. with emphasis on it's value in tribal societies, where it is seen as a sign of Shamanic and Spiritual Leadership skills. The wife was encouraged to share in this research, and she became more and more comfortable with the situation.. until finally she decided that she wanted to accompany her husband 'in drag' for occasional trips out in public, to support him as a person and share that part, too, of his life. Her arm, shoulder and neck conditions began to lessen and slowly ended while this Counseling program was underway.. though several additional therapies (Chiropractic, TMJ Jaw-realignment, etc..) were pursued at the Counselor's referral. Client was dismissed symptom-free in less than one year of weekly counseling sessions.

The details will vary from person to person, case to case.. but **THAT IS HOW THE PROCESS WORKS**. Good Luck with your practice of Holism, and thank you very sincerely for helping Buddha make yet **MORE** of our people **WHOLE and HAPPY!**

Khiron,
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